



Het Ravijn
Zwemmen | Waterpolo | Synchroonzwemmen



Open Nederlandse Masters Kampioenschappen Zwemmen 2013 Korte Baan



Uitslagen
25, 26 & 27 januari 2013

1 - ONMK 2013 kb sessie 1

25-01-2013 - 9:00

Programmanr. 2
25-01-2013 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Nanda de Vries	HZ&PC Heerenveen	10:03.06	199204328	9:52.76	+0,72		
	50m: 32.23	32.23	250m: 2:57.55	36.65	450m: 5:27.47	37.86	650m: 8:00.47	37.98
	100m: 1:07.83	35.60	300m: 3:34.55	37.00	500m: 6:05.96	38.49	700m: 8:38.86	38.39
	150m: 1:44.18	36.35	350m: 4:11.95	37.40	550m: 6:44.08	38.12	750m: 9:16.53	37.67
	200m: 2:20.90	36.72	400m: 4:49.61	37.66	600m: 7:22.49	38.41	800m: 9:52.76	36.23
2.	Sigrit Aarten	Deltasteur	10:19.76	199302868	10:27.86	+1,00		
	50m: 33.50	33.50	250m: 3:09.84	40.06	450m: 5:50.31	39.95	650m: 8:30.41	39.41
	100m: 1:10.82	37.32	300m: 3:49.87	40.03	500m: 6:30.88	40.57	700m: 9:10.29	39.88
	150m: 1:49.88	39.06	350m: 4:30.06	40.19	550m: 7:10.85	39.97	750m: 9:49.60	39.31
	200m: 2:29.78	39.90	400m: 5:10.36	40.30	600m: 7:51.00	40.15	800m: 10:27.86	38.26
3.	Sunanda van Heteren	De Geul	10:50.84	198901728	10:54.57	+0,79		
	50m: 35.53	35.53	250m: 3:17.16	41.54	450m: 6:05.27	41.97	650m: 8:53.77	41.59
	100m: 1:14.15	38.62	300m: 3:58.88	41.72	500m: 6:47.49	42.22	700m: 9:35.92	42.15
	150m: 1:54.80	40.65	350m: 4:40.84	41.96	550m: 7:29.92	42.43	750m: 10:17.57	41.65
	200m: 2:35.62	40.82	400m: 5:23.30	42.46	600m: 8:12.18	42.26	800m: 10:54.57	37.00
4.	Irmgard van Weeghel	Octopus	10:38.32	199204834	10:57.61	+0,80		
	50m: 35.39	35.39	250m: 3:18.04	41.51	450m: 6:04.79	41.81	650m: 8:53.18	41.82
	100m: 1:14.65	39.26	300m: 3:59.85	41.81	500m: 6:46.92	42.13	700m: 9:35.21	42.03
	150m: 1:55.42	40.77	350m: 4:41.17	41.32	550m: 7:29.29	42.37	750m: 10:17.25	42.04
	200m: 2:36.53	41.11	400m: 5:22.98	41.81	600m: 8:11.36	42.07	800m: 10:57.61	40.36
5.	Desiree Baltes	ZPC De Hof	11:50.12	198900182	11:35.07	+0,93		
	50m: 38.46	38.46	250m: 3:35.16	44.61	450m: 6:31.11	43.69	650m: 9:27.05	44.27
	100m: 1:21.98	43.52	300m: 4:18.92	43.76	500m: 7:14.73	43.62	700m: 10:11.01	43.96
	150m: 2:06.72	44.74	350m: 5:03.28	44.36	550m: 7:58.51	43.78	750m: 10:54.08	43.07
	200m: 2:50.55	43.83	400m: 5:47.42	44.14	600m: 8:42.78	44.27	800m: 11:35.07	40.99
6.	Rebecca van Eeren	SCOM	12:01.78	199306910	12:20.38	+0,80		
	50m: 37.64	37.64	250m: 3:33.26	45.06	450m: 6:41.98	48.05	650m: 9:57.60	49.09
	100m: 1:19.86	42.22	300m: 4:19.27	46.01	500m: 7:30.24	48.26	700m: 10:46.66	49.06
	150m: 2:03.67	43.81	350m: 5:06.56	47.29	550m: 8:19.31	49.07	750m: 11:34.63	47.97
	200m: 2:48.20	44.53	400m: 5:53.93	47.37	600m: 9:08.51	49.20	800m: 12:20.38	45.75
7.	Liesbeth Bruinekoel	Zuiderzeezwemmers	17:04.89	199007958	16:33.84	+0,97		
	50m: 53.81	53.81	250m: 5:04.27	1:03.14	450m: 9:15.77	1:03.12	650m: 13:27.74	1:03.52
	100m: 1:54.62	1:00.81	300m: 6:07.23	1:02.96	500m: 10:19.21	1:03.44	700m: 14:30.35	1:02.61
	150m: 2:57.28	1:02.66	350m: 7:10.36	1:03.13	550m: 11:22.37	1:03.16	750m: 11:34.24	1:03.89
	200m: 4:01.13	1:03.85	400m: 8:12.65	1:02.29	600m: 12:24.22	1:01.85	800m: 16:33.84	59.60
Masters 25+								
1.	Lisanne Andeweg	Zuiderzeezwemmers	9:51.30	198800092	9:35.66	+0,87		
	50m: 32.15	32.15	250m: 2:57.67	36.81	450m: 5:23.99	36.25	650m: 7:48.61	36.12
	100m: 1:07.62	35.47	300m: 3:34.56	36.89	500m: 6:00.19	36.20	700m: 8:24.70	36.09
	150m: 1:44.12	36.50	350m: 4:11.16	36.60	550m: 6:36.36	36.17	750m: 9:00.72	36.02
	200m: 2:20.86	36.74	400m: 4:47.74	36.58	600m: 7:12.49	36.13	800m: 9:35.66	34.94
2.	Laura Oosterbroek	Swol 1894	10:11.58	198803264	10:09.14	+0,70		
	50m: 34.37	34.37	250m: 3:07.53	38.80	450m: 5:42.43	38.93	650m: 8:16.10	38.62
	100m: 1:12.54	38.17	300m: 3:45.70	38.17	500m: 6:20.71	38.28	700m: 8:54.87	38.77
	150m: 1:50.27	37.73	350m: 4:24.40	38.70	550m: 6:59.38	38.67	750m: 9:32.67	37.80
	200m: 2:28.73	38.46	400m: 5:03.50	39.10	600m: 7:37.48	38.10	800m: 10:09.14	36.47
3.	Petra Wolsing	De Futen	11:12.19	198402796	11:09.54	+0,87		
	50m: 36.12	36.12	250m: 3:23.48	43.25	450m: 6:14.41	42.95	650m: 9:04.64	42.01
	100m: 1:16.14	40.02	300m: 4:05.98	42.50	500m: 6:57.06	42.65	700m: 9:47.40	42.76
	150m: 1:58.20	42.06	350m: 4:48.81	42.83	550m: 7:39.63	42.57	750m: 10:29.56	42.16
	200m: 2:40.23	42.03	400m: 5:31.46	42.65	600m: 8:22.63	43.00	800m: 11:09.54	39.98
4.	Annette Vogelsang	ZV De Bron	11:32.03	198402632	11:47.42			
	50m: 35.50	35.50	250m: 3:22.65	43.67	450m: 6:22.73	45.43	650m: 9:27.33	46.13
	100m: 1:14.48	38.98	300m: 4:07.10	44.45	500m: 7:08.84	46.11	700m: 10:15.04	47.71
	150m: 1:56.27	41.79	350m: 4:52.11	45.01	550m: 7:55.27	46.43	750m: 11:02.12	47.08
	200m: 2:38.98	42.71	400m: 5:37.30	45.19	600m: 8:41.20	45.93	800m: 11:47.42	45.30

Programmanr. 2, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Karin Hovenkamp	De Spatters	11:51.04	198701850	12:03.76			
	50m: 40.04	40.04	250m: 3:41.85	45.55	450m: 6:46.50	46.36	650m: 9:51.26	45.95
	100m: 1:25.20	45.16	300m: 4:27.99	46.14	500m: 7:32.77	46.27	700m: 10:36.77	45.51
	150m: 2:10.74	45.54	350m: 5:14.08	46.09	550m: 8:18.83	46.06	750m: 11:21.13	44.36
	200m: 2:56.30	45.56	400m: 6:00.14	46.06	600m: 9:05.31	46.48	800m: 12:03.76	42.63

Masters 30+

1.	Mirjam Belderbos	Zwemlust-den Hommel	9:43.98	198300128	9:45.85	+0,89		
	50m: 32.99	32.99	250m: 2:59.89	37.18	450m: 5:28.50	37.29	650m: 7:56.68	36.82
	100m: 1:08.85	35.86	300m: 3:36.83	36.94	500m: 6:05.66	37.16	700m: 8:33.66	36.98
	150m: 1:45.54	36.69	350m: 4:14.18	37.35	550m: 6:42.71	37.05	750m: 9:10.74	37.08
	200m: 2:22.71	37.17	400m: 4:51.21	37.03	600m: 7:19.86	37.15	800m: 9:45.85	35.11
2.	Bianca Cox	PSV	10:22.54	198000214	10:22.87	+0,89		
	50m: 34.75	34.75	250m: 3:09.66	39.09	450m: 5:46.44	39.31	650m: 8:24.54	39.92
	100m: 1:13.08	38.33	300m: 3:48.83	39.17	500m: 6:25.68	39.24	700m: 9:04.30	39.76
	150m: 1:51.89	38.81	350m: 4:27.85	39.02	550m: 7:05.08	39.40	750m: 9:44.02	39.72
	200m: 2:30.57	38.68	400m: 5:07.13	39.28	600m: 7:44.62	39.54	800m: 10:22.87	38.85
3.	Yvonne Gerritsen	WVZ	11:08.81	198000342	11:08.76	+0,88		
	50m: 37.96	37.96	250m: 3:26.43	42.41	450m: 6:16.59	42.32	650m: 9:05.14	41.61
	100m: 1:18.61	40.65	300m: 4:09.20	42.77	500m: 6:58.98	42.39	700m: 9:46.56	41.42
	150m: 2:01.30	42.69	350m: 4:51.83	42.63	550m: 7:41.06	42.08	750m: 10:28.31	41.75
	200m: 2:44.02	42.72	400m: 5:34.27	42.44	600m: 8:23.53	42.47	800m: 11:08.76	40.45
4.	Marjolein Kiewiet	Aquapoldro	13:23.74	197901404	13:07.22	+0,96		
	50m: 40.72	40.72	250m: 3:55.50	49.78	450m: 7:17.63	50.49	650m: 10:40.67	50.01
	100m: 1:27.87	47.15	300m: 4:45.73	50.23	500m: 8:09.09	51.46	700m: 11:31.08	50.41
	150m: 2:16.73	48.86	350m: 5:36.65	50.92	550m: 9:00.02	50.93	750m: 12:20.35	49.27
	200m: 3:05.72	48.99	400m: 6:27.14	50.49	600m: 9:50.66	50.64	800m: 13:07.22	46.87

Masters 35+

1.	Janneke Harmsen - Bakker	De Spatters	10:29.62	197700938	10:13.86	+0,87		
	50m: 33.60	33.60	250m: 3:05.29	38.22	450m: 5:40.18	38.71	650m: 8:17.54	39.80
	100m: 1:11.13	37.53	300m: 3:43.90	38.61	500m: 6:19.15	38.97	700m: 8:57.27	39.73
	150m: 1:48.87	37.74	350m: 4:22.53	38.63	550m: 6:58.47	39.32	750m: 9:36.24	38.97
	200m: 2:27.07	38.20	400m: 5:01.47	38.94	600m: 7:37.74	39.27	800m: 10:13.86	37.62
2.	Petra Guijt	Aqua-Novio'94	11:26.76	197600978	11:25.12	+0,93		
	50m: 36.14	36.14	250m: 3:24.30	43.21	450m: 6:19.73	43.80	650m: 9:16.44	44.08
	100m: 1:16.44	40.30	300m: 4:07.94	43.64	500m: 7:04.11	44.38	700m: 10:00.71	44.27
	150m: 1:58.27	41.83	350m: 4:51.91	43.97	550m: 7:48.12	44.01	750m: 10:44.23	43.52
	200m: 2:41.09	42.82	400m: 5:35.93	44.02	600m: 8:32.36	44.24	800m: 11:25.12	40.89
3.	Anneke de Groot	De Fuut	13:16.81	197701140	12:37.35			
	50m: 39.31	39.31	250m: 3:46.67	48.27	450m: 7:00.87	48.39	650m: 10:15.17	48.58
	100m: 1:23.84	44.53	300m: 4:35.09	48.42	500m: 7:49.60	48.73	700m: 11:03.78	48.61
	150m: 2:10.71	46.87	350m: 5:24.00	48.91	550m: 8:37.96	48.36	750m: 11:51.94	48.16
	200m: 2:58.40	47.69	400m: 6:12.48	48.48	600m: 9:26.59	48.63	800m: 12:37.35	45.41
4.	Clementine van Bruxvoort	ZPB H&L Productions	14:04.55	197700138	14:02.79	+0,91		
	50m: 42.71	42.71	250m: 4:08.86	51.79	450m: 7:41.53	53.41	650m: 11:20.64	54.99
	100m: 1:33.36	50.65	300m: 5:01.29	52.43	500m: 8:36.36	54.83	700m: 12:15.76	55.12
	150m: 2:24.70	51.34	350m: 5:54.45	53.16	550m: 9:31.16	54.80	750m: 13:10.96	55.20
	200m: 3:17.07	52.37	400m: 6:48.12	53.67	600m: 10:25.65	54.49	800m: 14:02.79	51.83

Masters 40+

1.	Annette de Visser	Oceanus	10:42.73	197100602	10:51.40	+0,88		
	50m: 36.08	36.08	250m: 3:17.65	41.14	450m: 6:02.34	40.78	650m: 8:48.43	41.97
	100m: 1:15.15	39.07	300m: 3:59.16	41.51	500m: 6:43.46	41.12	700m: 9:30.01	41.58
	150m: 1:55.56	40.41	350m: 4:40.49	41.33	550m: 7:24.97	41.51	750m: 10:11.41	41.40
	200m: 2:36.51	40.95	400m: 5:21.56	41.07	600m: 8:06.46	41.49	800m: 10:51.40	39.99
2.	Annet Kootstra	Swol 1894	11:50.95	197100344	12:16.96	+1,10		
	50m: 40.07	40.07	250m: 3:41.69	46.24	450m: 6:50.05	47.01	650m: 9:59.56	47.17
	100m: 1:23.99	43.92	300m: 4:28.48	46.79	500m: 7:37.23	47.18	700m: 10:46.74	47.18
	150m: 2:09.42	45.43	350m: 5:15.90	47.42	550m: 8:24.46	47.23	750m: 11:32.36	45.62
	200m: 2:55.45	46.03	400m: 6:03.04	47.14	600m: 9:12.39	47.93	800m: 12:16.96	44.60
3.	Claudia Broeke	De Fuut	12:49.08	197300058	12:22.70	+0,85		
	50m: 39.89	39.89	250m: 3:44.85	46.60	450m: 6:54.04	46.77	650m: 10:03.86	46.82
	100m: 1:25.18	45.29	300m: 4:32.18	47.33	500m: 7:42.34	48.30	700m: 10:52.15	48.29
	150m: 2:11.79	46.61	350m: 5:19.71	47.53	550m: 8:29.47	47.13	750m: 11:38.88	46.73
	200m: 2:58.25	46.46	400m: 6:07.27	47.56	600m: 9:17.04	47.57	800m: 12:22.70	43.82

Programmanr. 2, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Kristien Van de Moortel	Shark	12:32.88	ShaRK/315/69	12:49.92	+0,84		
	50m: 42.96	42.96	250m: 3:58.57	48.82	450m: 7:13.24	48.55	650m: 10:27.49	48.42
	100m: 1:32.01	49.05	300m: 4:47.40	48.83	500m: 8:02.16	48.92	700m: 11:16.78	49.29
	150m: 2:21.05	49.04	350m: 5:36.06	48.66	550m: 8:50.75	48.59	750m: 12:04.44	47.66
	200m: 3:09.75	48.70	400m: 6:24.69	48.63	600m: 9:39.07	48.32	800m: 12:49.92	45.48
5.	Greta Wyma	DWK	15:11.07	197100696	13:58.14	+0,95		
	50m: 46.34	46.34	250m: 4:12.73	52.69	450m: 7:48.22	54.19	650m: 11:22.32	53.86
	100m: 1:36.86	50.52	300m: 5:06.36	53.63	500m: 8:42.06	53.84	700m: 12:15.03	52.71
	150m: 2:28.43	51.57	350m: 5:59.93	53.57	550m: 9:35.57	53.51	750m: 13:07.91	52.88
	200m: 3:20.04	51.61	400m: 6:54.03	54.10	600m: 10:28.46	52.89	800m: 13:58.14	50.23

Masters 45+

1.	Margreet van der Pol	Oceanus	11:41.76	196600276	11:55.79	+0,90		
	50m: 38.71	38.71	250m: 3:38.02	45.68	450m: 6:39.98	45.18	650m: 9:42.16	45.56
	100m: 1:22.50	43.79	300m: 4:23.78	45.76	500m: 7:25.64	45.66	700m: 10:27.37	45.21
	150m: 2:07.15	44.65	350m: 5:09.57	45.79	550m: 8:11.11	45.47	750m: 11:12.91	45.54
	200m: 2:52.34	45.19	400m: 5:54.80	45.23	600m: 8:56.60	45.49	800m: 11:55.79	42.88
2.	Hetty Smalheer	SCOM	12:33.81	196700352	13:01.48	+1,06		
	50m: 41.59	41.59	250m: 3:54.55	49.34	450m: 7:12.49	49.35	650m: 10:32.15	50.37
	100m: 1:28.00	46.41	300m: 4:42.81	48.26	500m: 8:02.64	50.15	700m: 11:22.50	50.35
	150m: 2:16.09	48.09	350m: 5:32.14	49.33	550m: 8:52.24	49.60	750m: 12:13.14	50.64
	200m: 3:05.21	49.12	400m: 6:23.14	51.00	600m: 9:41.78	49.54	800m: 13:01.48	48.34
3.	Uschi Koster	WWV	13:26.66	196400372	13:24.89	+1,07		
	50m: 43.64	43.64	250m: 4:06.99	50.60	450m: 7:33.03	51.82	650m: 10:57.76	51.26
	100m: 1:33.44	49.80	300m: 4:57.93	50.94	500m: 8:25.13	52.10	700m: 11:48.71	50.95
	150m: 2:24.36	50.92	350m: 5:49.23	51.30	550m: 9:16.06	50.93	750m: 12:38.92	50.21
	200m: 3:16.39	52.03	400m: 6:41.21	51.98	600m: 10:06.50	50.44	800m: 13:24.89	45.97
4.	Miranda Keijl	Zignea	13:48.87	196500588	13:37.01	+1,07		
	50m: 46.28	46.28	250m: 4:09.87	51.62	450m: 7:38.99	51.66	650m: 11:07.73	51.39
	100m: 1:35.03	48.75	300m: 5:02.12	52.25	500m: 8:31.32	52.33	700m: 12:00.12	52.39
	150m: 2:26.28	51.25	350m: 5:54.27	52.15	550m: 9:23.52	52.20	750m: 12:51.03	50.91
	200m: 3:18.25	51.97	400m: 6:47.33	53.06	600m: 10:16.34	52.82	800m: 13:37.01	45.98
5.	Betty van Kemenade	PSV	13:52.91	196800832	13:46.94	+1,03		
	50m: 45.51	45.51	250m: 4:11.05	51.49	450m: 7:41.44	52.54	650m: 11:11.67	51.74
	100m: 1:35.06	49.55	300m: 5:03.95	52.90	500m: 8:34.32	52.88	700m: 12:04.04	52.37
	150m: 2:26.95	51.89	350m: 5:56.47	52.52	550m: 9:27.72	53.40	750m: 12:56.76	52.72
	200m: 3:19.56	52.61	400m: 6:48.90	52.43	600m: 10:19.93	52.21	800m: 13:46.94	50.18
6.	Agnes ter Elst	Nat Utrecht	14:19.36	196500442	14:03.77			
	50m: 46.10	46.10	250m: 4:16.75	52.98	450m: 7:51.88	53.54	650m: 11:28.35	54.16
	100m: 1:37.76	51.66	300m: 5:10.03	53.28	500m: 8:45.97	54.09	700m: 12:22.58	54.23
	150m: 2:31.09	53.33	350m: 6:03.86	53.83	550m: 9:40.01	54.04	750m: 13:14.69	52.11
	200m: 3:23.77	52.68	400m: 6:58.34	54.48	600m: 10:34.19	54.18	800m: 14:03.77	49.08

AFGEM Marion Broekhuis WS Twente 12:11.54 196800060

Masters 50+

1.	Jacqueline Rolloos-Bakker	De Lansingh	10:59.69	196300222	11:05.46	+0,68		
	50m: 36.99	36.99	250m: 3:24.54	41.98	450m: 6:13.45	42.53	650m: 9:02.63	42.28
	100m: 1:18.66	41.67	300m: 4:06.68	42.14	500m: 6:55.60	42.15	700m: 9:44.51	41.88
	150m: 2:00.60	41.94	350m: 4:48.89	42.21	550m: 7:37.95	42.35	750m: 10:26.22	41.71
	200m: 2:42.56	41.96	400m: 5:30.92	42.03	600m: 8:20.35	42.40	800m: 11:05.46	39.24
2.	Patty Verhagen	PSV	11:08.20	195900146	11:21.01	+0,74		
	50m: 39.41	39.41	250m: 3:29.44	42.33	450m: 6:20.69	42.84	650m: 9:12.40	43.02
	100m: 1:21.51	42.10	300m: 4:12.42	42.98	500m: 7:03.47	42.78	700m: 9:55.52	43.12
	150m: 2:04.56	43.05	350m: 4:55.20	42.78	550m: 7:46.44	42.97	750m: 10:38.72	43.20
	200m: 2:47.11	42.55	400m: 5:37.85	42.65	600m: 8:29.38	42.94	800m: 11:21.01	42.29
3.	Jeannette Ruesink	WS Twente	11:18.27	196300212	11:38.81			
	50m: 39.92	39.92	250m: 3:33.34	43.67	450m: 6:29.76	44.06	650m: 9:26.37	44.52
	100m: 1:22.56	42.64	300m: 4:17.51	44.17	500m: 7:13.65	43.89	700m: 10:10.74	44.37
	150m: 2:05.80	43.24	350m: 5:01.42	43.91	550m: 7:57.33	43.68	750m: 10:55.31	44.57
	200m: 2:49.67	43.87	400m: 5:45.70	44.28	600m: 8:41.85	44.52	800m: 11:38.81	43.50
4.	Francine Sommer	Triton	12:05.39	196200384	11:44.23	+0,81		
	50m: 37.36	37.36	250m: 3:33.48	45.29	450m: 6:31.95	44.67	650m: 9:31.35	45.29
	100m: 1:19.45	42.09	300m: 4:18.69	45.21	500m: 7:16.62	44.67	700m: 10:16.55	45.20
	150m: 2:03.93	44.48	350m: 5:02.81	44.12	550m: 8:01.06	44.44	750m: 11:01.04	44.49
	200m: 2:48.19	44.26	400m: 5:47.28	44.47	600m: 8:46.06	45.00	800m: 11:44.23	43.19

Programmanr. 2, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Inge Wolfs	PLONS	11:43.01	196000304	12:00.08	+1,02		
	50m: 36.97	36.97	250m: 3:25.77	43.49	450m: 6:28.57	45.99	650m: 9:38.24	47.17
	100m: 1:17.18	40.21	300m: 4:10.87	45.10	500m: 7:15.31	46.74	700m: 10:25.76	47.52
	150m: 1:59.21	42.03	350m: 4:56.31	45.44	550m: 8:02.90	47.59	750m: 11:13.73	47.97
	200m: 2:42.28	43.07	400m: 5:42.58	46.27	600m: 8:51.07	48.17	800m: 12:00.08	46.35
6.	Riny Zeijveld	De Berkelduikers	12:58.81	196000204	12:39.02	+0,86		
	50m: 41.75	41.75	250m: 3:50.02	48.09	450m: 7:03.79	48.39	650m: 10:16.20	48.20
	100m: 1:27.78	46.03	300m: 4:38.39	48.37	500m: 7:51.56	47.77	700m: 11:04.91	48.71
	150m: 2:14.71	46.93	350m: 5:27.11	48.72	550m: 8:39.72	48.16	750m: 11:53.51	48.60
	200m: 3:01.93	47.22	400m: 6:15.40	48.29	600m: 9:28.00	48.28	800m: 12:39.02	45.51
7.	Pia van der Molen	HZ&PC Heerenveen	13:02.20	196000116	13:36.22	+0,91		
	50m: 41.38	41.38	250m: 3:59.11	51.63	450m: 7:30.10	52.46	650m: 11:01.84	53.66
	100m: 1:27.78	46.40	300m: 4:51.04	51.93	500m: 8:22.30	52.20	700m: 11:53.90	52.06
	150m: 2:16.88	49.10	350m: 5:44.40	53.36	550m: 9:14.88	52.58	750m: 12:45.78	51.88
	200m: 3:07.48	50.60	400m: 6:37.64	53.24	600m: 10:08.18	53.30	800m: 13:36.22	50.44
8.	Jacqueline Brouwer	ZV De Bron	14:45.61	196100296	15:41.44	+1,02		
	50m: 46.27	46.27	250m: 4:38.29	1:01.57	450m: 8:41.94	59.94	650m: 12:47.02	1:00.14
	100m: 1:38.73	52.46	300m: 5:39.69	1:01.40	500m: 9:44.00	1:02.06	700m: 13:47.02	1:00.00
	150m: 2:36.28	57.55	350m: 6:40.79	1:01.10	550m: 10:45.51	1:01.51	750m: 14:47.04	1:00.02
	200m: 3:36.72	1:00.44	400m: 7:42.00	1:01.21	600m: 11:46.88	1:01.37	800m: 15:41.44	54.40
9.	Irene Hoenderdos	Aquapoldro	19:35.80	196300428	16:57.83	+1,21		
	50/100/200/400m*							
	50m: 51.61	51.61	250m: 5:04.58	1:05.54	450m: 9:24.72	1:05.24	650m: 13:48.76	1:06.34
	100m: 1:50.59	58.98	300m: 6:09.81	1:05.23	500m: 10:30.50	1:05.78	700m: 14:55.28	1:06.52
	150m: 2:53.80	1:03.21	350m: 7:15.00	1:05.19	550m: 11:36.16	1:05.66	750m: 16:00.61	1:05.33
	200m: 3:59.04	1:05.24	400m: 8:19.48	1:04.48	600m: 12:42.42	1:06.26	800m: 16:57.83	57.22

Masters 55+

1.	Monica Bakker	ZVZ	12:46.70	195600082	12:39.63	+1,16		
	50m: 41.65	41.65	250m: 3:50.64	47.73	450m: 7:03.93	48.15	650m: 10:16.95	48.44
	100m: 1:27.78	46.13	300m: 4:38.78	48.14	500m: 7:52.28	48.35	700m: 11:06.04	49.09
	150m: 2:15.27	47.49	350m: 5:27.19	48.41	550m: 8:40.78	48.50	750m: 11:54.52	48.48
	200m: 3:02.91	47.64	400m: 6:15.78	48.59	600m: 9:28.51	47.73	800m: 12:39.63	45.11
2.	Elly Kiestra-Broertjes	Zignea	13:42.68	195600100	14:22.67	+1,11		
	200m*							
	50m: 42.49	42.49	250m: 4:17.99	56.39	450m: 8:01.84	55.41	650m: 11:42.23	54.61
	100m: 1:32.25	49.76	300m: 5:13.97	55.98	500m: 8:57.48	55.64	700m: 12:38.00	55.77
	150m: 2:26.87	54.62	350m: 6:11.56	57.59	550m: 9:52.63	55.15	750m: 13:30.78	52.78
	200m: 3:21.60	54.73	400m: 7:06.43	54.87	600m: 10:47.62	54.99	800m: 14:22.67	51.89
3.	Mies Kuipers	Old Dutch	17:46.32	195800202	17:35.95			
	50m: 59.65	59.65	250m: 5:23.50	1:06.21	450m: 9:50.41	1:07.49	650m: 14:18.40	1:07.11
	100m: 2:05.17	1:05.52	300m: 6:29.90	1:06.40	500m: 10:57.49	1:07.08	700m: 15:27.05	1:08.65
	150m: 3:11.83	1:06.66	350m: 7:36.42	1:06.52	550m: 12:03.94	1:06.45	750m: 16:35.27	1:08.22
	200m: 4:17.29	1:05.46	400m: 8:42.92	1:06.50	600m: 13:11.29	1:07.35	800m: 17:35.95	1:00.68

Masters 60+

1.	Conny Boer-Buys	ZVVS	11:24.30	195000006	11:26.90	+0,91		
	50m: 37.43	37.43	250m: 3:31.51	43.86	450m: 6:27.48	43.77	650m: 9:21.86	43.70
	100m: 1:19.54	42.11	300m: 4:15.52	44.01	500m: 7:10.69	43.21	700m: 10:04.78	42.92
	150m: 2:03.68	44.14	350m: 4:59.36	43.84	550m: 7:54.29	43.60	750m: 10:47.80	43.02
	200m: 2:47.65	43.97	400m: 5:43.71	44.35	600m: 8:38.16	43.87	800m: 11:26.90	39.10
2.	Ineke Weekers	PSV	12:06.00	195300050	11:40.95			
	50m: 40.90	40.90	250m: 3:36.32	43.79	450m: 6:31.58	44.08	650m: 9:29.61	44.47
	100m: 1:24.76	43.86	300m: 4:19.85	43.53	500m: 7:15.93	44.35	700m: 10:14.36	44.75
	150m: 2:08.56	43.80	350m: 5:03.37	43.52	550m: 8:00.47	44.54	750m: 10:58.97	44.61
	200m: 2:52.53	43.97	400m: 5:47.50	44.13	600m: 8:45.14	44.67	800m: 11:40.95	41.98
3.	Ineke Meijer	HZ&PC Heerenveen	13:47.56	195200034	14:01.94			
	50m: 45.20	45.20	250m: 4:13.49	53.86	450m: 7:47.77	54.02	650m: 11:24.45	54.22
	100m: 1:34.77	49.57	300m: 5:06.63	53.14	500m: 8:41.65	53.88	700m: 12:18.77	54.32
	150m: 2:26.48	51.71	350m: 5:59.96	53.33	550m: 9:36.15	54.50	750m: 13:11.61	52.84
	200m: 3:19.63	53.15	400m: 6:53.75	53.79	600m: 10:30.23	54.08	800m: 14:01.94	50.33
4.	Gonnie Bak	PSV	15:19.18	195100064	14:40.68	+0,81		
	50m: 47.52	47.52	250m: 4:29.31	57.18	450m: 8:13.82	55.87	650m: 11:57.90	55.49
	100m: 1:41.71	54.19	300m: 5:25.36	56.05	500m: 9:09.58	55.76	700m: 12:54.03	56.13
	150m: 2:36.46	54.75	350m: 6:21.38	56.02	550m: 10:05.80	56.22	750m: 13:49.64	55.61
	200m: 3:32.13	55.67	400m: 7:17.95	56.57	600m: 11:02.41	56.61	800m: 14:40.68	51.04

Programmanr. 2, Dames, 800m vrije slag

Masters 65+

1. Matty van der Veen	Old Dutch	14:23.50	194400020	14:40.97	
50m: 47.60	250m: 4:23.06	54.95	450m: 8:05.71	56.37	650m: 11:51.11
100m: 1:39.90	300m: 5:18.11	55.05	500m: 9:02.24	56.53	700m: 12:47.74
150m: 2:33.87	350m: 6:13.75	55.64	550m: 9:58.50	56.26	750m: 13:44.63
200m: 3:28.11	400m: 7:09.34	55.59	600m: 10:55.00	56.50	800m: 14:40.97
2. Annie Smits	PSV	14:52.23	194600016	15:14.11	+1,25
50m: 51.53	250m: 4:41.82	58.57	450m: 8:33.86	57.72	650m: 12:25.56
100m: 1:47.43	300m: 5:40.37	58.55	500m: 9:31.85	57.99	700m: 13:23.59
150m: 2:45.04	350m: 6:38.40	58.03	550m: 10:29.72	57.87	750m: 14:19.92
200m: 3:43.25	400m: 7:36.14	57.74	600m: 11:27.69	57.97	800m: 15:14.11

Masters 75+

1. Bep van Riessen	Aquapoldro	20:14.80	193700006	18:43.21	+1,05
50m: 58.95	250m: 5:38.40	1:10.62	450m: 10:23.78	1:10.86	650m: 15:11.46
100m: 2:06.77	300m: 6:50.54	1:12.14	500m: 11:35.96	1:12.18	700m: 16:23.23
150m: 3:17.12	350m: 8:01.34	1:10.80	550m: 12:47.92	1:11.96	750m: 17:34.70
200m: 4:27.78	400m: 9:12.92	1:11.58	600m: 13:59.72	1:11.80	800m: 18:43.21
DIS Annie de Vos	Old Dutch	17:34.34	193400004	AF	
50m:	250m:		450m:		650m:
100m:	300m:		500m:		700m:
150m:	350m:		550m:		750m:
200m:	400m:		600m:		800m:

Programmanr. 3
25-01-2013 - 10:56

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Jan-Willem v.d. Graaff	Het Y	16:30.67	198901023	17:00.08	+0,85
	<i>Nederlands Masters Record</i>					
	50m: 30.68	30.68	450m: 5:05.84	34.34	850m: 9:39.92	34.41
	100m: 1:04.79	34.11	500m: 5:40.45	34.61	900m: 10:14.33	34.41
	150m: 1:39.27	34.48	550m: 6:14.11	33.66	950m: 10:48.87	34.54
	200m: 2:14.21	34.94	600m: 6:47.98	33.87	1000m: 11:23.33	34.46
	250m: 2:48.62	34.41	650m: 7:22.26	34.28	1050m: 11:57.22	33.89
	300m: 3:22.81	34.19	700m: 7:56.60	34.34	1100m: 12:31.24	34.02
	350m: 3:57.15	34.34	750m: 8:31.19	34.59	1150m: 13:05.52	34.28
	400m: 4:31.50	34.35	800m: 9:05.51	34.32	1200m: 13:39.89	34.37
2.	Dennis Wijbenga	Stadskanaal	17:12.88	199003283	17:50.98	+0,93
	50m: 31.25	31.25	450m: 5:15.42	35.81	850m: 10:05.77	36.22
	100m: 1:05.66	34.41	500m: 5:51.34	35.92	900m: 10:42.53	36.76
	150m: 1:41.22	35.56	550m: 6:27.63	36.29	950m: 11:19.45	36.92
	200m: 2:16.91	35.69	600m: 7:04.14	36.51	1000m: 11:55.12	35.67
	250m: 2:52.36	35.45	650m: 7:40.83	36.69	1050m: 12:29.92	34.80
	300m: 3:28.09	35.73	700m: 8:17.54	36.71	1100m: 13:05.16	35.24
	350m: 4:03.96	35.87	750m: 8:53.62	36.08	1150m: 13:41.34	36.18
	400m: 4:39.61	35.65	800m: 9:29.55	35.93	1200m: 14:18.26	36.92
3.	Tim Bunnik	Triton	18:03.78	199000505	17:54.17	+0,80
	50m: 30.32	30.32	450m: 5:16.30	35.41	850m: 10:05.45	36.45
	100m: 1:04.52	34.20	500m: 5:52.54	36.24	900m: 10:42.44	36.99
	150m: 1:40.31	35.79	550m: 6:28.79	36.25	950m: 11:18.94	36.50
	200m: 2:16.43	36.12	600m: 7:05.07	36.28	1000m: 11:54.78	35.84
	250m: 2:52.63	36.20	650m: 7:41.27	36.20	1050m: 12:31.06	36.28
	300m: 3:29.05	36.42	700m: 8:17.62	36.35	1100m: 13:07.46	36.40
	350m: 4:05.45	36.40	750m: 8:53.64	36.02	1150m: 13:44.36	36.90
	400m: 4:40.89	35.44	800m: 9:29.00	35.36	1200m: 14:20.29	35.93
4.	Wessel Everloo	De Veene	18:02.07	198906597	S14 17:54.21	+0,85
	<i>NR Gehandicapt</i>					
	50m: 30.97	30.97	450m: 5:16.62	35.54	850m: 10:06.80	36.38
	100m: 1:05.57	34.60	500m: 5:53.00	36.38	900m: 10:43.48	36.68
	150m: 1:41.41	35.84	550m: 6:29.62	36.62	950m: 11:19.11	35.63
	200m: 2:17.80	36.39	600m: 7:05.43	35.81	1000m: 11:55.13	36.02
	250m: 2:53.98	36.18	650m: 7:42.99	37.56	1050m: 12:31.53	36.40
	300m: 3:29.91	35.93	700m: 8:19.73	36.74	1100m: 13:08.19	36.66
	350m: 4:05.97	36.06	750m: 8:55.86	36.13	1150m: 13:45.01	36.82
	400m: 4:41.08	35.11	800m: 9:30.42	34.56	1200m: 14:20.37	35.36

Programmanr. 3, Heren, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Maik Steenkamp	Montferland	18:15.96	199103847	19:07.92	+0,81		
	50m: 31.18	31.18	450m: 5:24.45	37.37	850m: 10:34.85	39.08	1250m: 15:53.11	40.29
	100m: 1:05.98	34.80	500m: 6:02.39	37.94	900m: 11:14.20	39.35	1300m: 16:33.44	40.33
	150m: 1:41.69	35.71	550m: 6:40.81	38.42	950m: 11:54.25	40.05	1350m: 17:13.45	40.01
	200m: 2:17.88	36.19	600m: 7:19.92	39.11	1000m: 12:33.49	39.24	1400m: 17:53.10	39.65
	250m: 2:54.76	36.88	650m: 7:58.23	38.31	1050m: 13:13.09	39.60	1450m: 18:31.52	38.42
	300m: 3:31.92	37.16	700m: 8:37.16	38.93	1100m: 13:52.74	39.65	1500m: 19:07.92	36.40
	350m: 4:09.20	37.28	750m: 9:16.53	39.37	1150m: 14:32.78	40.04		
	400m: 4:47.08	37.88	800m: 9:55.77	39.24	1200m: 15:12.82	40.04		

Masters 25+

1.	Daan Glorie	DAW	16:41.27	198801115	16:59.82	+0,81		
	50m: 30.93	30.93	450m: 5:05.48	34.39	850m: 9:39.09	34.20	1250m: 14:13.11	34.19
	100m: 1:04.70	33.77	500m: 5:39.52	34.04	900m: 10:13.23	34.14	1300m: 14:47.47	34.36
	150m: 1:38.96	34.26	550m: 6:13.83	34.31	950m: 10:47.53	34.30	1350m: 15:21.72	34.25
	200m: 2:13.50	34.54	600m: 6:48.08	34.25	1000m: 11:21.67	34.14	1400m: 15:56.08	34.36
	250m: 2:47.81	34.31	650m: 7:22.14	34.06	1050m: 11:55.85	34.18	1450m: 16:29.85	33.77
	300m: 3:22.12	34.31	700m: 7:56.47	34.33	1100m: 12:30.00	34.15	1500m: 16:59.82	29.97
	350m: 3:56.63	34.51	750m: 8:30.61	34.14	1150m: 13:04.46	34.46		
	400m: 4:31.09	34.46	800m: 9:04.89	34.28	1200m: 13:38.92	34.46		

2.	Sander van Elburg	Het Y	17:40.14	198800937	17:20.56	+0,81		
	50m: 30.28	30.28	450m: 5:05.09	34.95	850m: 9:44.51	34.66	1250m: 14:26.04	35.66
	100m: 1:03.67	33.39	500m: 5:39.95	34.86	900m: 10:19.23	34.72	1300m: 15:01.42	35.38
	150m: 1:37.67	34.00	550m: 6:14.95	35.00	950m: 10:54.15	34.92	1350m: 15:37.00	35.58
	200m: 2:11.89	34.22	600m: 6:50.11	35.16	1000m: 11:29.22	35.07	1400m: 16:12.35	35.35
	250m: 2:46.16	34.27	650m: 7:25.23	35.12	1050m: 12:04.27	35.05	1450m: 16:47.20	34.85
	300m: 3:20.31	34.15	700m: 8:00.28	35.05	1100m: 12:39.56	35.29	1500m: 17:20.56	33.36
	350m: 3:54.98	34.67	750m: 8:35.22	34.94	1150m: 13:14.82	35.26		
	400m: 4:30.14	35.16	800m: 9:09.85	34.63	1200m: 13:50.38	35.56		

3.	Emiel Huisken	ZPC De Hof	18:55.64	198501139	17:41.69	+0,78		
	50m: 29.19	29.19	450m: 5:04.82	35.90	850m: 9:55.34	36.05	1250m: 14:44.17	36.04
	100m: 1:01.99	32.80	500m: 5:40.97	36.15	900m: 10:31.40	36.06	1300m: 15:20.12	35.95
	150m: 1:35.65	33.66	550m: 6:17.23	36.26	950m: 11:07.72	36.32	1350m: 15:56.40	36.28
	200m: 2:09.64	33.99	600m: 6:53.81	36.58	1000m: 11:43.88	36.16	1400m: 16:32.26	35.86
	250m: 2:43.91	34.27	650m: 7:30.13	36.32	1050m: 12:20.09	36.21	1450m: 17:07.59	35.33
	300m: 3:18.21	34.30	700m: 8:06.43	36.30	1100m: 12:55.99	35.90	1500m: 17:41.69	34.10
	350m: 3:53.31	35.10	750m: 8:43.29	36.86	1150m: 13:32.03	36.04		
	400m: 4:28.92	35.61	800m: 9:19.29	36.00	1200m: 14:08.13	36.10		

4.	Richard Huisken	ZPC De Hof	17:16.89	198501141	18:02.57	+0,71		
	50m: 30.10	30.10	450m: 5:11.82	37.20	850m: 10:06.08	36.86	1250m: 15:00.50	36.84
	100m: 1:03.46	33.36	500m: 5:49.16	37.34	900m: 10:42.73	36.65	1300m: 15:37.12	36.71
	150m: 1:37.71	34.25	550m: 6:26.82	37.66	950m: 11:19.77	37.04	1350m: 16:14.04	36.83
	200m: 2:12.65	34.94	600m: 7:03.09	36.27	1000m: 11:56.56	36.79	1400m: 16:50.55	36.51
	250m: 2:47.71	35.06	650m: 7:39.65	36.56	1050m: 12:33.48	36.92	1450m: 17:26.75	36.20
	300m: 3:22.62	34.91	700m: 8:15.99	36.34	1100m: 13:10.43	36.95	1500m: 18:02.57	35.82
	350m: 3:58.16	35.54	750m: 8:52.61	36.62	1150m: 13:46.61	36.18		
	400m: 4:34.62	36.46	800m: 9:29.22	36.61	1200m: 14:23.66	37.05		

5.	Niels Albrechts	De Schoteijl	19:22.53	198800039	18:45.21	+0,92		
	50m: 34.22	34.22	450m: 5:33.61	37.57	850m: 10:35.49	37.95	1250m: 15:39.38	38.57
	100m: 1:10.92	36.70	500m: 6:10.88	37.27	900m: 11:13.39	37.90	1300m: 16:16.88	37.50
	150m: 1:48.39	37.47	550m: 6:48.86	37.98	950m: 11:50.56	37.17	1350m: 16:54.87	37.99
	200m: 2:25.99	37.60	600m: 7:26.61	37.75	1000m: 12:28.27	37.71	1400m: 17:33.24	38.37
	250m: 3:03.67	37.68	650m: 8:04.36	37.75	1050m: 13:06.95	38.68	1450m: 18:11.03	37.79
	300m: 3:41.35	37.68	700m: 8:42.27	37.91	1100m: 13:44.57	37.62	1500m: 18:45.21	34.18
	350m: 4:18.93	37.58	750m: 9:20.60	38.33	1150m: 14:22.81	38.24		
	400m: 4:56.04	37.11	800m: 9:57.54	36.94	1200m: 15:00.81	38.00		

Masters 30+

1.	Alexander Hulleman	Steenwijk 1934	17:07.83	198300989	17:15.66	+0,87		
	50m: 31.52	31.52	450m: 5:04.76	34.44	850m: 9:40.79	34.34	1250m: 14:20.30	35.47
	100m: 1:05.17	33.65	500m: 5:39.53	34.77	900m: 10:15.45	34.66	1300m: 14:55.51	35.21
	150m: 1:39.02	33.85	550m: 6:13.86	34.33	950m: 10:50.06	34.61	1350m: 15:30.89	35.38
	200m: 2:13.29	34.27	600m: 6:48.30	34.44	1000m: 11:24.66	34.60	1400m: 16:06.65	35.76
	250m: 2:47.45	34.16	650m: 7:22.79	34.49	1050m: 11:59.40	34.74	1450m: 16:42.52	35.87
	300m: 3:21.51	34.06	700m: 7:57.27	34.48	1100m: 12:34.28	34.88	1500m: 17:15.66	33.14
	350m: 3:55.95	34.44	750m: 8:31.74	34.47	1150m: 13:09.47	35.19		
	400m: 4:30.32	34.37	800m: 9:06.45	34.71	1200m: 13:44.83	35.36		

Programmanr. 3, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Remco van Althuis	SBC2000	17:35.30	198300029	17:22.83	+0,91		
	50m: 30.63	30.63	450m: 5:04.71	34.64	850m: 9:45.40	35.17	1250m: 14:27.11	35.05
	100m: 1:04.21	33.58	500m: 5:39.45	34.74	900m: 10:20.71	35.31	1300m: 15:02.31	35.20
	150m: 1:38.21	34.00	550m: 6:14.45	35.00	950m: 10:56.02	35.31	1350m: 15:37.38	35.07
	200m: 2:12.16	33.95	600m: 6:49.71	35.26	1000m: 11:31.40	35.38	1400m: 16:12.83	35.45
	250m: 2:46.46	34.30	650m: 7:24.58	34.87	1050m: 12:06.60	35.20	1450m: 16:48.30	35.47
	300m: 3:20.75	34.29	700m: 7:59.67	35.09	1100m: 12:41.81	35.21	1500m: 17:22.83	34.53
	350m: 3:55.13	34.38	750m: 8:34.93	35.26	1150m: 13:17.00	35.19		
	400m: 4:30.07	34.94	800m: 9:10.23	35.30	1200m: 13:52.06	35.06		
3.	Pieter Pickhardt	ZPC De Hof	17:34.29	198301657	17:29.25	+0,95		
	50m: 31.22	31.22	450m: 5:07.11	34.97	850m: 9:48.69	35.14	1250m: 14:32.38	35.35
	100m: 1:04.72	33.50	500m: 5:41.96	34.85	900m: 10:24.01	35.32	1300m: 15:08.12	35.74
	150m: 1:38.79	34.07	550m: 6:17.15	35.19	950m: 10:59.52	35.51	1350m: 15:43.40	35.28
	200m: 2:13.18	34.39	600m: 6:52.55	35.40	1000m: 11:34.86	35.34	1400m: 16:18.83	35.43
	250m: 2:47.57	34.39	650m: 7:27.43	34.88	1050m: 12:10.44	35.58	1450m: 16:54.52	35.69
	300m: 3:22.32	34.75	700m: 8:02.77	35.34	1100m: 12:45.88	35.44	1500m: 17:29.25	34.73
	350m: 3:57.21	34.89	750m: 8:38.32	35.55	1150m: 13:21.43	35.55		
	400m: 4:32.14	34.93	800m: 9:13.55	35.23	1200m: 13:57.03	35.60		
4.	Marcel Reefhuis	WS Twente	18:24.07	198101381	18:21.18	+0,86		
	50m: 32.88	32.88	450m: 5:24.62	36.64	850m: 10:19.96	37.38	1250m: 15:17.85	37.17
	100m: 1:08.83	35.95	500m: 6:01.40	36.78	900m: 10:57.03	37.07	1300m: 15:55.13	37.28
	150m: 1:45.13	36.30	550m: 6:38.36	36.96	950m: 11:34.30	37.27	1350m: 16:32.65	37.52
	200m: 2:21.59	36.46	600m: 7:15.29	36.93	1000m: 12:11.53	37.23	1400m: 17:10.30	37.65
	250m: 2:58.02	36.43	650m: 7:52.29	37.00	1050m: 12:48.91	37.38	1450m: 17:47.30	37.00
	300m: 3:34.84	36.82	700m: 8:29.05	36.76	1100m: 13:26.19	37.28	1500m: 18:21.18	33.88
	350m: 4:11.38	36.54	750m: 9:05.99	36.94	1150m: 14:03.34	37.15		
	400m: 4:47.98	36.60	800m: 9:42.58	36.59	1200m: 14:40.68	37.34		
5.	Jeroen Vogelsang	DAW	19:49.12	198001645	19:27.81	+0,87		
	50m: 32.01	32.01	450m: 5:27.76	38.01	850m: 10:44.87	39.98	1250m: 16:10.43	41.74
	100m: 1:07.34	35.33	500m: 6:06.42	38.66	900m: 11:25.81	40.94	1300m: 16:52.19	41.76
	150m: 1:43.40	36.06	550m: 6:45.92	39.50	950m: 12:06.56	40.75	1350m: 17:31.94	39.75
	200m: 2:19.54	36.14	600m: 7:26.43	40.51	1000m: 12:46.88	40.32	1400m: 18:12.30	40.36
	250m: 2:56.39	36.85	650m: 8:05.69	39.26	1050m: 13:27.96	41.08	1450m: 18:51.01	38.71
	300m: 3:33.99	37.60	700m: 8:45.45	39.76	1100m: 14:09.40	41.44	1500m: 19:27.81	36.80
	350m: 4:11.54	37.55	750m: 9:25.70	40.25	1150m: 14:48.54	39.14		
	400m: 4:49.75	38.21	800m: 10:04.89	39.19	1200m: 15:28.69	40.15		
6.	Freddie Geerlings	Mosaqua Gulpen	19:04.79	197900379	19:30.08	+0,85		
	50m: 33.44	33.44	450m: 5:32.38	37.87	850m: 10:46.13	39.63	1250m: 16:10.99	40.72
	100m: 1:10.08	36.64	500m: 6:10.81	38.43	900m: 11:26.41	40.28	1300m: 16:51.87	40.88
	150m: 1:46.89	36.81	550m: 6:49.18	38.37	950m: 12:06.34	39.93	1350m: 17:32.10	40.23
	200m: 2:23.94	37.05	600m: 7:27.91	38.73	1000m: 12:46.65	40.31	1400m: 18:11.83	39.73
	250m: 3:00.85	36.91	650m: 8:07.29	39.38	1050m: 13:27.74	41.09	1450m: 18:51.68	39.85
	300m: 3:38.27	37.42	700m: 8:46.90	39.61	1100m: 14:08.66	40.92	1500m: 19:30.08	38.40
	350m: 4:16.20	37.93	750m: 9:26.17	39.27	1150m: 14:49.85	41.19		
	400m: 4:54.51	38.31	800m: 10:06.50	40.33	1200m: 15:30.27	40.42		

Masters 35+

1.	Erik van der Wel	SBC2000	20:53.61	197401101	20:36.21	+1,06		
	50m: 36.15	36.15	450m: 6:04.82	41.84	850m: 11:39.29	41.73	1250m: 17:12.02	41.70
	100m: 1:16.79	40.64	500m: 6:46.17	41.35	900m: 12:21.08	41.79	1300m: 17:53.83	41.81
	150m: 1:57.63	40.84	550m: 7:27.71	41.54	950m: 13:02.77	41.69	1350m: 18:35.80	41.97
	200m: 2:38.52	40.89	600m: 8:09.02	41.31	1000m: 13:44.03	41.26	1400m: 19:17.12	41.32
	250m: 3:19.70	41.18	650m: 8:50.88	41.86	1050m: 14:25.78	41.75	1450m: 19:57.43	40.31
	300m: 4:00.56	40.86	700m: 9:32.94	42.06	1100m: 15:07.18	41.40	1500m: 20:36.21	38.78
	350m: 4:41.75	41.19	750m: 10:15.28	42.34	1150m: 15:48.57	41.39		
	400m: 5:22.98	41.23	800m: 10:57.56	42.28	1200m: 16:30.32	41.75		

Masters 40+

1.	Agnus Gerringa	Zuiderzeewimmers	19:57.70	197100285	19:50.01	+0,89		
	50m: 32.22	32.22	450m: 5:44.44	40.19	850m: 11:07.70	40.87	1250m: 16:33.23	40.67
	100m: 1:08.68	36.46	500m: 6:24.70	40.26	900m: 11:48.46	40.76	1300m: 17:13.11	39.88
	150m: 1:46.98	38.30	550m: 7:04.73	40.03	950m: 12:29.21	40.75	1350m: 17:53.02	39.91
	200m: 2:25.66	38.68	600m: 7:45.29	40.56	1000m: 13:10.01	40.80	1400m: 18:32.83	39.81
	250m: 3:04.61	38.95	650m: 8:25.60	40.31	1050m: 13:50.32	40.31	1450m: 19:12.15	39.32
	300m: 3:44.04	39.43	700m: 9:05.92	40.32	1100m: 14:31.04	40.72	1500m: 19:50.01	37.86
	350m: 4:24.33	40.29	750m: 9:46.25	40.33	1150m: 15:11.84	40.80		
	400m: 5:04.25	39.92	800m: 10:26.83	40.58	1200m: 15:52.56	40.72		

Programmanr. 3, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	Roy Danckaerts	De Fuut	20:43.02	197000231	20:03.34	+0,96
	50m: 34.82	34.82	450m: 5:56.76	40.78	850m: 11:19.51	40.06
	100m: 1:13.80	38.98	500m: 6:37.80	41.04	900m: 12:00.18	40.84
	150m: 1:53.62	39.82	550m: 7:18.12	40.32	950m: 12:40.60	40.42
	200m: 2:34.05	40.43	600m: 7:58.27	40.15	1000m: 13:20.81	40.21
	250m: 3:14.83	40.78	650m: 8:38.49	40.22	1050m: 14:01.77	40.96
	300m: 3:55.40	40.57	700m: 9:19.06	40.57	1100m: 14:41.64	39.87
	350m: 4:35.86	40.46	750m: 9:59.18	40.12	1150m: 15:21.77	40.13
	400m: 5:15.98	40.12	800m: 10:39.45	40.27	1200m: 16:02.96	41.19
3.	Paul van den Heuvel	Arethusa	21:58.48	197000441	20:37.02	+0,89
	50m: 35.33	35.33	450m: 5:54.34	40.36	850m: 11:22.38	41.49
	100m: 1:14.25	38.92	500m: 6:34.70	40.36	900m: 12:04.11	41.73
	150m: 1:54.41	40.16	550m: 7:15.09	40.39	950m: 12:46.25	42.14
	200m: 2:33.95	39.54	600m: 7:56.33	41.24	1000m: 13:28.25	42.00
	250m: 3:13.48	39.53	650m: 8:37.05	40.72	1050m: 14:10.80	42.55
	300m: 3:53.43	39.95	700m: 9:18.29	41.24	1100m: 14:53.72	42.92
	350m: 4:33.43	40.00	750m: 9:59.40	41.11	1150m: 15:36.26	42.54
	400m: 5:13.98	40.55	800m: 10:40.89	41.49	1200m: 16:19.20	42.94
4.	John Pfaff	Zwemlust-den Hommel	20:25.45	196901475	21:15.62	+0,87
	50m: 35.43	35.43	450m: 6:14.25	43.84	850m: 11:57.36	43.23
	100m: 1:15.49	40.06	500m: 6:57.06	42.81	900m: 12:40.50	43.14
	150m: 1:56.88	41.39	550m: 7:39.33	42.27	950m: 13:24.63	44.13
	200m: 2:38.97	42.09	600m: 8:22.61	43.28	1000m: 14:07.53	42.90
	250m: 3:21.25	42.28	650m: 9:05.54	42.93	1050m: 14:50.68	43.15
	300m: 4:04.36	43.11	700m: 9:47.95	42.41	1100m: 15:33.78	43.10
	350m: 4:47.13	42.77	750m: 10:30.74	42.79	1150m: 16:16.85	43.07
	400m: 5:30.41	43.28	800m: 11:14.13	43.39	1200m: 17:00.45	43.60

Masters 45+

1.	Johan Neevel	Deltasteur	19:12.04	196501475	18:59.16	+0,82
	50m: 34.33	34.33	450m: 5:36.69	37.66	850m: 10:41.59	38.25
	100m: 1:11.01	36.68	500m: 6:15.08	38.39	900m: 11:20.06	38.47
	150m: 1:48.90	37.89	550m: 6:53.23	38.15	950m: 11:58.45	38.39
	200m: 2:28.52	37.62	600m: 7:31.40	38.17	1000m: 12:37.33	38.88
	250m: 3:04.66	38.14	650m: 8:09.00	37.60	1050m: 13:16.25	38.92
	300m: 3:42.47	37.81	700m: 8:47.04	38.04	1100m: 13:54.99	38.74
	350m: 4:20.50	38.03	750m: 9:25.14	38.10	1150m: 14:32.88	37.89
	400m: 4:59.03	38.53	800m: 10:03.34	38.20	1200m: 15:11.12	38.24
2.	Ronald van Maurik	Nat Utrecht	19:53.64	196600509	19:24.82	+0,83
	50m: 33.06	33.06	450m: 5:39.02	39.42	850m: 10:56.37	39.55
	100m: 1:08.76	35.70	500m: 6:18.64	39.62	900m: 11:35.93	39.56
	150m: 1:46.19	37.43	550m: 6:58.30	39.66	950m: 12:15.71	39.78
	200m: 2:24.89	38.70	600m: 7:38.27	39.97	1000m: 12:55.05	39.34
	250m: 3:03.30	38.41	650m: 8:18.17	39.90	1050m: 13:34.52	39.47
	300m: 3:41.90	38.60	700m: 8:58.12	39.95	1100m: 14:14.11	39.59
	350m: 4:20.50	38.60	750m: 9:37.37	39.25	1150m: 14:53.80	39.69
	400m: 4:59.60	39.10	800m: 10:16.82	39.45	1200m: 15:32.79	38.99
3.	Marc van den Broeke	Deltasteur	20:03.13	196601485	20:00.92	+1,00
	50m: 33.98	33.98	450m: 5:49.15	40.51	850m: 11:11.68	40.90
	100m: 1:11.70	37.72	500m: 6:28.99	39.84	900m: 11:52.18	40.50
	150m: 1:51.02	39.32	550m: 7:09.55	40.56	950m: 12:32.75	40.57
	200m: 2:30.45	39.43	600m: 7:49.49	39.94	1000m: 13:13.43	40.68
	250m: 3:09.98	39.53	650m: 8:29.89	40.40	1050m: 13:53.78	40.35
	300m: 3:49.42	39.44	700m: 9:10.08	40.19	1100m: 14:33.79	40.01
	350m: 4:28.77	39.35	750m: 9:50.53	40.45	1150m: 15:15.17	41.38
	400m: 5:08.64	39.87	800m: 10:30.78	40.25	1200m: 15:56.45	41.28
4.	Joost de Kroon	AquAmigos	21:18.38	196400999	20:52.63	+1,03
	50m: 36.67	36.67	450m: 6:06.46	41.26	850m: 11:45.22	42.66
	100m: 1:16.40	39.73	500m: 6:49.39	42.93	900m: 12:27.18	41.96
	150m: 1:57.14	40.74	550m: 7:32.47	43.08	950m: 13:09.01	41.83
	200m: 2:37.63	40.49	600m: 8:14.43	41.96	1000m: 13:52.84	43.83
	250m: 3:19.88	42.25	650m: 8:55.79	41.36	1050m: 14:34.79	41.95
	300m: 4:01.27	41.39	700m: 9:37.63	41.84	1100m: 15:17.05	42.26
	350m: 4:43.03	41.76	750m: 10:19.77	42.14	1150m: 16:00.52	43.47
	400m: 5:25.20	42.17	800m: 11:02.56	42.79	1200m: 16:42.90	42.38
DIS	Jo-an Mudde	Zeester-Meerval	18:46.54	196701457	AF	
	50m:		450m:	850m:	1250m:	
	100m:		500m:	900m:	1300m:	
	150m:		550m:	950m:	1350m:	
	200m:		600m:	1000m:	1400m:	
	250m:		650m:	1050m:	1450m:	
	300m:		700m:	1100m:	1500m:	
	350m:		750m:	1150m:		
	400m:		800m:	1200m:		

Programmanr. 3, Heren, 1500m vrije slag

Masters 50+

1. Gustav van den Berg		TriVia	20:18.36	196100991	20:08.06	+1,06					
50m:	35.51	35.51	450m:	5:53.90	39.92	850m:	11:14.93	39.91	1250m:	16:41.13	41.79
100m:	1:14.55	39.04	500m:	6:34.24	40.34	900m:	11:54.64	39.71	1300m:	17:22.05	40.92
150m:	1:54.21	39.66	550m:	7:14.35	40.11	950m:	12:35.43	40.79	1350m:	18:03.10	41.05
200m:	2:34.41	40.20	600m:	7:53.96	39.61	1000m:	13:16.27	40.84	1400m:	18:45.44	42.34
250m:	3:14.35	39.94	650m:	8:34.08	40.12	1050m:	13:57.71	41.44	1450m:	19:26.64	41.20
300m:	3:54.05	39.70	700m:	9:14.14	40.06	1100m:	14:38.21	40.50	1500m:	20:08.06	41.42
350m:	4:33.96	39.91	750m:	9:54.65	40.51	1150m:	15:18.43	40.22			
400m:	5:13.98	40.02	800m:	10:35.02	40.37	1200m:	15:59.34	40.91			
2. Marius Ros		ZCNF'34	20:09.18	195900779	20:11.48	+0,87					
50m:	35.99	35.99	450m:	5:53.28	40.19	850m:	11:17.55	40.87	1250m:	16:47.52	41.54
100m:	1:14.70	38.71	500m:	6:33.71	40.43	900m:	11:58.30	40.75	1300m:	17:29.23	41.71
150m:	1:54.17	39.47	550m:	7:14.14	40.43	950m:	12:39.26	40.96	1350m:	18:10.98	41.75
200m:	2:33.43	39.26	600m:	7:54.44	40.30	1000m:	13:20.82	41.56	1400m:	18:52.21	41.23
250m:	3:12.99	39.56	650m:	8:34.62	40.18	1050m:	14:02.08	41.26	1450m:	19:32.96	40.75
300m:	3:52.93	39.94	700m:	9:15.02	40.40	1100m:	14:43.22	41.14	1500m:	20:11.48	38.52
350m:	4:32.87	39.94	750m:	9:55.94	40.92	1150m:	15:24.47	41.25			
400m:	5:13.09	40.22	800m:	10:36.68	40.74	1200m:	16:05.98	41.51			

Masters 55+

1. Marten de Groot		HZ&PC Heerenveen	18:53.18	195800149	18:46.20	+0,81					
<i>Kampioenschaps Record, tt 800m KR</i>											
50m:	34.15	34.15	450m:	5:32.25	37.31	850m:	10:32.98	37.71	1250m:	15:38.93	37.81
100m:	1:11.87	37.72	500m:	6:10.33	38.08	900m:	11:11.00	38.02	1300m:	16:16.70	37.77
150m:	1:48.97	37.10	550m:	6:48.11	37.78	950m:	11:49.05	38.05	1350m:	16:54.53	37.83
200m:	2:26.36	37.39	600m:	7:25.55	37.44	1000m:	12:27.26	38.21	1400m:	17:32.35	37.82
250m:	3:03.64	37.28	650m:	8:02.95	37.40	1050m:	13:05.45	38.19	1450m:	18:10.54	38.19
300m:	3:40.68	37.04	700m:	8:40.57	37.62	1100m:	13:43.88	38.43	1500m:	18:46.20	35.66
350m:	4:17.77	37.09	750m:	9:17.99	37.42	1150m:	14:22.74	38.86			
400m:	4:54.94	37.17	800m:	9:55.27	37.28	1200m:	15:01.12	38.38			
2. Otto Zeijveld		Aquapoldro	20:06.97	195800497	20:20.78	+0,88					
50m:	34.62	34.62	450m:	6:02.38	41.33	850m:	11:31.49	40.98	1250m:	17:00.60	40.73
100m:	1:14.08	39.46	500m:	6:43.78	41.40	900m:	12:12.47	40.98	1300m:	17:41.72	41.12
150m:	1:54.94	40.86	550m:	7:25.04	41.26	950m:	12:53.37	40.90	1350m:	18:22.86	41.14
200m:	2:36.15	41.21	600m:	8:06.06	41.02	1000m:	13:34.12	40.75	1400m:	19:03.91	41.05
250m:	3:17.44	41.29	650m:	8:47.41	41.35	1050m:	14:15.97	41.85	1450m:	19:44.60	40.69
300m:	3:58.80	41.36	700m:	9:28.36	40.95	1100m:	14:57.48	41.51	1500m:	20:20.78	36.18
350m:	4:39.83	41.03	750m:	10:09.54	41.18	1150m:	15:38.74	41.26			
400m:	5:21.05	41.22	800m:	10:50.51	40.97	1200m:	16:19.87	41.13			
3. Henk Slomp		De Pinquin	21:19.13	195500359	21:39.08	+0,86					
50m:	36.38	36.38	450m:	6:16.81	43.31	850m:	12:08.49	43.61	1250m:	18:02.49	44.76
100m:	1:17.15	40.77	500m:	7:00.40	43.59	900m:	12:52.37	43.88	1300m:	18:47.56	45.07
150m:	1:59.60	42.45	550m:	7:43.83	43.43	950m:	13:36.80	44.43	1350m:	19:31.16	43.60
200m:	2:42.19	42.59	600m:	8:27.61	43.78	1000m:	14:21.41	44.61	1400m:	20:15.22	44.06
250m:	3:24.41	42.22	650m:	9:12.29	44.68	1050m:	15:05.31	43.90	1450m:	21:01.00	45.78
300m:	4:07.06	42.65	700m:	9:56.45	44.16	1100m:	15:48.77	43.46	1500m:	21:39.08	38.08
350m:	4:50.22	43.16	750m:	10:41.07	44.62	1150m:	16:32.92	44.15			
400m:	5:33.50	43.28	800m:	11:24.88	43.81	1200m:	17:17.73	44.81			
4. Paul Bunnik		Triton	22:04.14	195600413	22:31.78	+0,98					
50m:	37.03	37.03	450m:	6:25.84	44.85	850m:	12:31.15	46.01	1250m:	18:42.08	47.07
100m:	1:18.51	41.48	500m:	7:10.94	45.10	900m:	13:16.51	45.36	1300m:	19:29.48	47.40
150m:	2:01.14	42.63	550m:	7:56.32	45.38	950m:	14:02.34	45.83	1350m:	20:16.22	46.74
200m:	2:44.01	42.87	600m:	8:41.45	45.13	1000m:	14:48.68	46.34	1400m:	21:03.18	46.96
250m:	3:28.11	44.10	650m:	9:27.43	45.98	1050m:	15:34.54	45.86	1450m:	21:49.42	46.24
300m:	4:11.83	43.72	700m:	10:12.93	45.50	1100m:	16:21.91	47.37	1500m:	22:31.78	42.36
350m:	4:55.78	43.95	750m:	10:59.16	46.23	1150m:	17:08.51	46.60			
400m:	5:40.99	45.21	800m:	11:45.14	45.98	1200m:	17:55.01	46.50			
5. Lex Hoogendam		MNC Dordrecht	22:54.82	195700541	22:59.38	+1,16					
50m:	37.99	37.99	450m:	6:40.20	45.94	850m:	12:53.08	46.66	1250m:	19:07.11	46.84
100m:	1:20.88	42.89	500m:	7:26.64	46.44	900m:	13:39.86	46.78	1300m:	19:54.01	46.90
150m:	2:05.53	44.65	550m:	8:13.55	46.91	950m:	14:26.50	46.64	1350m:	20:40.77	46.76
200m:	2:50.96	45.43	600m:	9:00.08	46.53	1000m:	15:13.40	46.90	1400m:	21:27.50	46.73
250m:	3:36.55	45.59	650m:	9:46.43	46.35	1050m:	16:00.25	46.85	1450m:	22:14.51	47.01
300m:	4:22.23	45.68	700m:	10:33.07	46.64	1100m:	16:46.72	46.47	1500m:	22:59.38	44.87
350m:	5:07.79	45.56	750m:	11:19.61	46.54	1150m:	17:33.51	46.79			
400m:	5:54.26	46.47	800m:	12:06.42	46.81	1200m:	18:20.27	46.76			

Masters 60+

Programmanr. 3, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Jean-Marie Cadiat <i>Belgisch Masters Record</i>	CNSW	20:43.37	557/53	19:42.81	+0,92		
	50m: 33.76	33.76	450m: 5:43.51	39.14	850m: 11:02.23	39.97	1250m: 16:25.73	40.62
	100m: 1:12.20	38.44	500m: 6:22.44	38.93	900m: 11:42.44	40.21	1300m: 17:06.02	40.29
	150m: 1:49.98	37.78	550m: 7:02.22	39.78	950m: 12:22.49	40.05	1350m: 17:46.11	40.09
	200m: 2:28.52	38.54	600m: 7:42.07	39.85	1000m: 13:02.88	40.39	1400m: 18:25.99	39.88
	250m: 3:07.02	38.50	650m: 8:21.41	39.34	1050m: 13:43.36	40.48	1450m: 19:05.78	39.79
	300m: 3:45.86	38.84	700m: 9:01.78	40.37	1100m: 14:24.06	40.70	1500m: 19:42.81	37.03
	350m: 4:25.01	39.15	750m: 9:41.88	40.10	1150m: 15:04.58	40.52		
	400m: 5:04.37	39.36	800m: 10:22.26	40.38	1200m: 15:45.11	40.53		
2.	Piet Schop	De Bevelanders	23:09.00	195000109	23:26.35	+0,70		
	50m: 39.34	39.34	450m: 6:56.00	47.56	850m: 13:16.49	47.52	1250m: 19:37.38	47.38
	100m: 1:24.05	44.71	500m: 7:43.50	47.50	900m: 14:03.97	47.48	1300m: 20:25.04	47.66
	150m: 2:10.70	46.65	550m: 8:30.98	47.48	950m: 14:51.34	47.37	1350m: 21:13.11	48.07
	200m: 2:58.06	47.36	600m: 9:18.13	47.15	1000m: 15:39.12	47.78	1400m: 22:00.24	47.13
	250m: 3:45.46	47.40	650m: 10:05.91	47.78	1050m: 16:26.62	47.50	1450m: 22:46.37	46.13
	300m: 4:33.01	47.55	700m: 10:53.51	47.60	1100m: 17:14.33	47.71	1500m: 23:26.35	39.98
	350m: 5:20.87	47.86	750m: 11:40.81	47.30	1150m: 18:02.08	47.75		
	400m: 6:08.44	47.57	800m: 12:28.97	48.16	1200m: 18:50.00	47.92		
3.	Hugo Staudt	WS Twente	23:20.84	195300253	24:11.05	+1,00		
	50m: 41.01	41.01	450m: 7:13.13	49.46	850m: 13:43.85	48.88	1250m: 20:12.64	48.31
	100m: 1:27.67	46.66	500m: 8:02.53	49.40	900m: 14:32.57	48.72	1300m: 21:01.00	48.36
	150m: 2:16.36	48.69	550m: 8:51.48	48.95	950m: 15:21.35	48.78	1350m: 21:49.18	48.18
	200m: 3:05.76	49.40	600m: 9:40.38	48.90	1000m: 16:10.43	49.08	1400m: 22:37.59	48.41
	250m: 3:55.11	49.35	650m: 10:28.88	48.50	1050m: 16:58.83	48.40	1450m: 23:25.31	47.72
	300m: 4:45.12	50.01	700m: 11:17.60	48.72	1100m: 17:47.77	48.94	1500m: 24:11.05	45.74
	350m: 5:34.33	49.21	750m: 12:06.19	48.59	1150m: 18:36.09	48.32		
	400m: 6:23.67	49.34	800m: 12:54.97	48.78	1200m: 19:24.33	48.24		

Masters 65+

1.	Donald Uijtenbogaart	Het Y	19:59.41	194700107	20:22.41	+0,79		
	50m: 36.66	36.66	450m: 6:06.39	40.99	850m: 11:35.75	41.23	1250m: 17:03.47	40.84
	100m: 1:16.94	40.28	500m: 6:47.77	41.38	900m: 12:16.72	40.97	1300m: 17:43.98	40.51
	150m: 1:57.97	41.03	550m: 7:29.09	41.32	950m: 12:57.63	40.91	1350m: 18:24.95	40.97
	200m: 2:39.45	41.48	600m: 8:10.32	41.23	1000m: 13:38.66	41.03	1400m: 19:05.63	40.68
	250m: 3:20.90	41.45	650m: 8:51.34	41.02	1050m: 14:20.10	41.44	1450m: 19:45.36	39.73
	300m: 4:02.30	41.40	700m: 9:32.56	41.22	1100m: 15:00.92	40.82	1500m: 20:22.41	37.05
	350m: 4:43.69	41.39	750m: 10:13.64	41.08	1150m: 15:41.66	40.74		
	400m: 5:25.40	41.71	800m: 10:54.52	40.88	1200m: 16:22.63	40.97		
2.	Wout Hemmes	De Plons	22:58.49	194800059	23:27.71	+0,95		
	50m: 37.70	37.70	450m: 6:45.48	47.38	850m: 13:10.42	47.92	1250m: 19:32.35	48.00
	100m: 1:20.58	42.88	500m: 7:33.60	48.12	900m: 13:59.55	49.13	1300m: 20:20.24	47.89
	150m: 2:06.27	45.69	550m: 8:22.52	48.92	950m: 14:48.07	48.52	1350m: 21:07.98	47.74
	200m: 2:51.89	45.62	600m: 9:10.11	47.59	1000m: 15:34.32	46.25	1400m: 21:56.18	48.20
	250m: 3:38.22	46.33	650m: 9:57.84	47.73	1050m: 16:21.37	47.05	1450m: 22:43.91	47.73
	300m: 4:24.00	45.78	700m: 10:45.70	47.86	1100m: 17:08.98	47.61	1500m: 23:27.71	43.80
	350m: 5:11.18	47.18	750m: 11:33.91	48.21	1150m: 17:57.23	48.25		
	400m: 5:58.10	46.92	800m: 12:22.50	48.59	1200m: 18:44.35	47.12		

Masters 70+

1.	Rob Hanou	PSV	24:05.71	194300109	25:30.33 *	+1,10		
	50m: 42.22	42.22	450m: 7:34.36	51.64	850m: 14:25.37	49.88	1250m: 21:15.94	51.29
	100m: 1:32.12	49.90	500m: 8:25.23	50.87	900m: 15:16.79	51.42	1300m: 22:07.73	51.79
	150m: 2:23.84	51.72	550m: 9:16.39	51.16	950m: 16:07.91	51.12	1350m: 22:58.71	50.98
	200m: 3:15.39	51.55	600m: 10:08.44	52.05	1000m: 16:59.26	51.35	1400m: 23:50.23	51.52
	250m: 4:07.11	51.72	650m: 11:00.06	51.62	1050m: 17:49.71	50.45	1450m: 24:40.58	50.35
	300m: 4:58.82	51.71	700m: 11:52.26	52.20	1100m: 18:41.17	51.46	1500m: 25:30.33	49.75
	350m: 5:50.46	51.64	750m: 12:43.54	51.28	1150m: 19:32.96	51.79		
	400m: 6:42.72	52.26	800m: 13:35.49	51.95	1200m: 20:24.65	51.69		

Masters 75+



Open Nederlandse Masters
Kampioenschappen 2013 korte baan
Nijverdal, 25-27 januari 2013



Programmanr. 3, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT					
1.	Nico Geers	Z&PC De Gouwe	23:21.02	193800007	25:00.47	+1,02					
<i>Nederlands Masters Record, tt 400/800m NMR</i>											
50m:	43.37	43.37	450m:	7:21.28	50.67	850m:	14:10.63	51.66	1250m:	20:57.46	50.61
100m:	1:31.05	47.68	500m:	8:12.39	51.11	900m:	15:02.37	51.74	1300m:	21:46.40	48.94
150m:	2:20.11	49.06	550m:	9:02.74	50.35	950m:	15:52.57	50.20	1350m:	22:37.22	50.82
200m:	3:09.38	49.27	600m:	9:54.15	51.41	1000m:	16:43.39	50.82	1400m:	23:27.33	50.11
250m:	3:59.25	49.87	650m:	10:45.07	50.92	1050m:	17:33.99	50.60	1450m:	24:15.87	48.54
300m:	4:49.45	50.20	700m:	11:36.83	51.76	1100m:	18:24.17	50.18	1500m:	25:00.47	44.60
350m:	5:40.55	51.10	750m:	12:27.29	50.46	1150m:	19:14.88	50.71			
400m:	6:30.61	50.06	800m:	13:18.97	51.68	1200m:	20:06.85	51.97			

2 - ONMK 2013 kb sessie 2

25-01-2013 - 14:00

Programmanr. 5
25-01-2013 - 14:00

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT			
100+, Dames								
1.	PSV 2	PSV	9:47.02	9:49.28	+0,75			
	Stephanie Rombout	88	+0,75	29.92	1:03.51	1:38.66	2:13.94	2:13.94
	Jolanda van Gendt	78	+0,46	34.85	1:14.42	1:55.78	2:37.16	2:37.16
	Nienke van Stipriaan	87	+0,32	33.26	1:11.76	1:51.58	2:31.02	2:31.02
	Bianca Cox	80	+0,64	32.87	1:10.16	1:49.23	2:27.16	2:27.16
100+, Gemengd								
1.	Zuiderzeezwemmers 1 <i>Nederlands Masters Record</i>	Zuiderzeezwemmers	8:52.83	8:43.79	+0,75			
	Ralf van der Poel	84	+0,75	27.85	58.28	1:30.47	2:02.69	2:02.69
	Jen-Ai van Soelen	90	+0,32	30.78	1:06.72	1:45.09	2:21.97	2:21.97
	Lisanne Andeweg	88	+0,31	30.79	1:04.77	1:39.97	2:14.62	2:14.62
	Erik van der Heide	88	+0,33	27.88	59.20	1:31.74	2:04.51	2:04.51
2.	De Schotejil 1	De Schotejil	9:20.98	9:37.93	+0,92			
	Susanne van Hooven	68	+0,92	34.59	1:14.37	1:56.17	2:39.66	2:39.66
	Martijn van Hoom	89	+0,47	30.85	1:06.35	1:43.95	2:23.12	2:23.12
	Danica Koedoot	93	+0,53	32.07	1:08.42	1:45.90	2:23.63	2:23.63
	Niels Albrechts	88	+0,31	30.57	1:04.33	1:38.55	2:11.52	2:11.52
120+, Heren								
1.	Het Y 1 <i>Nederlands Masters Record</i>	Het Y	8:30.30	8:37.39	+0,85			
	Donald Uijtenbogaart	47	+0,85	35.01	1:13.31	1:52.29	2:30.12	2:30.12
	Raoul Engelenburg	89	+0,77	28.40	59.08	1:29.90	2:00.64	2:00.64
	Sander van Elburg	88	+0,51	28.04	58.63	1:30.72	2:03.74	2:03.74
	Jan-Willem v.d. Graaff	89	+0,45	28.12	59.81	1:31.46	2:02.89	2:02.89
2.	Steenwijk 1934 1	Steenwijk 1934	9:00.18	8:59.28	+0,73			
	Lauren Vis	82	+0,73	27.98	59.47	1:32.51	2:05.47	2:05.47
	Huyb Stegeman	67	+0,46	33.97	1:12.35	1:52.66	2:34.46	2:34.46
	Rick Driezen	86	+0,35	28.43	1:00.06	1:34.96	2:11.35	2:11.35
	Alexander Hulleman	83	+0,43	28.66	1:00.62	1:34.09	2:08.00	2:08.00
3.	De Futen 1	De Futen	9:02.48	9:30.34	+0,88			
	Erwin Sneek	91	+0,88	30.13	1:04.16	1:40.79	2:18.57	2:18.57
	Bas Spoelstra	77	+0,51	35.14	1:14.13	1:52.90	2:30.91	2:30.91
	Erwin Zijndervelt	75	+0,76	32.07	1:07.26	1:44.09	2:21.80	2:21.80
	Arnold de Rover	64	+0,36	31.79	1:07.05	1:42.91	2:19.06	2:19.06
120+, Gemengd								
1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	9:15.00	8:57.15	+0,71			
	Casper Hut	78	+0,71	28.61	1:01.36	1:33.18	2:02.62	2:02.62
	Nanda de Vries	92	+0,33	30.40	1:05.26	1:40.49	2:14.42	2:14.42
	Karin van Dijk	86	+0,37	32.92	1:10.71	1:50.16	2:29.57	2:29.57
	René Beetsma	69	+0,59	29.30	1:02.37	1:36.77	2:10.54	2:10.54
2.	ZVVS 1	ZVVS	9:17.59	9:46.68	+0,76			
	Nadya Putter	83	+0,76	32.40	1:06.76	1:41.69	2:17.00	2:17.00
	Rene de Jong	66	+0,44	30.91	1:06.82	1:45.36	2:23.33	2:23.33
	Joyce Brummelkamp	70	+0,76	39.19	1:23.01	2:07.63	2:50.48	2:50.48
	Bas van den Nouwelant	80	+0,48	30.40	1:05.06	1:40.29	2:15.87	2:15.87
160+, Heren								
1.	Takas 1 <i>Lithuanian Masters Record</i>	Takas	10:00.00	9:47.74	+0,95			
	Linas Kersevicius	71	+0,95	33.27	1:09.54	1:46.43	2:23.06	2:23.06
	Anvydas Burinskas	69	+0,59	32.73	1:08.50	1:45.27	2:20.23	2:20.23
	Artlandas Juodeska	61	+0,52	34.57	1:14.94	1:56.90	2:38.31	2:38.31
	Arturas Tuomas	61	+0,35	33.93	1:11.99	1:50.03	2:26.14	2:26.14

Programmanr. 5, 4 x 200m vrije slag

160+, Gemengd

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen		11:05.00				11:11.94	+0,80
	Tiemen Stegenga	71	+0,80	31.82	1:08.25	1:47.80	2:28.93	2:28.93	
	Arnold Jonker	70	+0,64	41.89	1:29.07	2:15.92	3:01.70	3:01.70	
	Pia van der Molen	60	+0,45	39.37	1:24.48	2:12.56	3:00.97	3:00.97	
	Berdie Eghuizen	83	+0,60	37.08	1:17.45	1:59.66	2:40.34	2:40.34	

200+, Dames

1.	Swol 1894 1	Swol 1894		10:51.03				11:05.16	+0,86
	<i>Nederlands Masters Record, 100m*</i>								
	Christien Nieuwenhuis	51	+0,86	35.27	1:16.15	1:59.76	2:43.79	2:43.79	
	Mathilde Vink	58	+0,65	39.88	1:23.78	2:07.48	2:49.68	2:49.68	
	Annet Kootstra	71	+0,63	38.41	1:20.81	2:04.69	2:48.85	2:48.85	
	Annemarie Vuist	63	+0,51	37.91	1:19.51	2:01.23	2:42.84	2:42.84	

200+, Heren

1.	Neckarsulmer 1	Neckarsulmer		9:12.00				9:08.21	+0,75
	<i>Europees Masters Record</i>								
	Peter Fischer	62	+0,75	29.11	1:00.95	1:34.63	2:08.49	2:08.49	
	Georg Meckl	58	+0,49	31.03	1:05.47	1:40.60	2:14.58	2:14.58	
	Stefan Sell	64	+0,48	30.32	1:04.57	1:39.88	2:14.73	2:14.73	
	Thomas Kilian	61	+0,78	33.95	1:10.93	1:50.49	2:30.41	2:30.41	

200+, Gemengd

1.	AZ&PC 1	AZ&PC		9:25.65				9:13.45	+0,81
	<i>Nederlands Masters Record, Startzwemster NMR</i>								
	Atie Pijtak-Radersma	56	+0,81	33.90	1:11.24	1:49.77	2:28.05	2:28.05	
	Ron Korzelius	65	+0,44	30.68	1:05.29	1:40.38	2:14.48	2:14.48	
	Marja Bloemzaad	61	+0,36	32.96	1:10.15	1:48.38	2:26.06	2:26.06	
	Edwin v. Norden	63	+0,31	28.62	1:00.15	1:32.34	2:04.86	2:04.86	
2.	Old Dutch 1	Old Dutch		12:35.84				12:58.93	+0,83
	Phil Trethewie	65	+0,83	33.48	1:10.70	1:48.26	2:24.55	2:24.55	
	Karin van den Heuvel	66	+0,51	38.32	1:20.61	2:04.51	2:48.41	2:48.41	
	Mar van Geel	47	+0,97	44.33	1:34.98	2:28.72	3:22.49	3:22.49	
	Mies Kuipers	58	+0,88	1:01.24	2:09.34	3:17.46	4:23.48	4:23.48	

240+, Dames

1.	PSV 1	PSV		12:02.96				12:00.45	+0,70
	<i>Nederlands Masters Record</i>								
	Katrin Pennings	64	+0,70	32.92	1:10.96	1:51.43	2:32.60	2:32.60	
	Annie Smits	46	+0,50	46.07	1:39.11	2:32.98	3:24.64	3:24.64	
	Lottie Geurts	35	+0,64	46.32	1:37.78	2:30.61	3:21.91	3:21.91	
	Patty Verhagen	59	+0,48	38.04	1:18.97	2:00.35	2:41.30	2:41.30	

280+, Dames

1.	Old Dutch 1	Old Dutch		16:22.58				18:11.49	
	Matty van der Veen	44		46.68	1:39.50	2:34.34	3:29.48	3:29.48	
	Truus Ruiters	40		54.69	1:58.52	3:03.48	4:09.13	4:09.13	
	Annie de Vos	34		1:16.18	2:39.68	4:04.55	5:29.86	5:29.86	
	Tineke de Bueger	37	+0,82	1:07.46	2:24.89	3:46.13	5:03.02	5:03.02	

Programmanr. 6
25-01-2013 - 14:32

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Chantal Nap <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	28.76	198903004	28.85	+0,69
2.	Jen-Ai van Soelen	Zuiderzeezwemmers	30.12	199003510	29.92	+0,72
3.	Linda van der Hout	Piranha	30.85	199300344	30.13	+0,71
4.	Nanda de Vries	HZ&PC Heerenveen	30.93	199204328	31.03	+0,73
5.	Anouk van der Pliigt	ZOB'66	30.54	199303296	31.21	+0,67
6.	Elmi Roelofsen	ZVV	30.82	199008198	31.28	+0,90
7.	Sabine Lina	One Team Swimming	31.48	198902680	31.54	+0,74
8.	Kim Wijnja	De Biesboschswemmers	31.42	199107812	31.56	+0,70
9.	Janet van der Poel	LZ 1886	30.87	199301842	31.88	+0,75
10.	Cynthia Grooteboer	SBC2000	32.42	198901462	32.83	+0,80
11.	Suzanne Robberegt	De Meer	33.06	199203132	34.11	+0,86
12.	Nynke de Pijper	De Veene	35.07	199300600	34.21	+0,89
13.	Whitley Rens	De Schotejil	33.65	199007520	34.47	+0,86
14.	Rebecca van Eeren	SCOM	33.70	199306910	34.73	+0,80
15.	Lindsey Hol	De Meer	34.92	199008088	36.38	+0,78
16.	Laura van Dijk	Aquarijn	38.18	198905642	38.70	+0,82
17.	Eline Schoenmaker	De Duinkickers	36.24	199003322	39.17	+0,69
18.	Wieteke Jansen	Montferland	37.69	199001750	40.75	+1,06

Masters 25+

1.	Pauline Gouwens	DWK	28.11	198400790	28.78	+0,76
2.	Stephanie Rombout	PSV	29.14	198803696	29.74	+0,79
3.	Sandra Zwaanswijk	DAW	31.66	198503934	31.01	+0,74
4.	Roshendra Vrolijk	DES	32.57	198403268	31.60	+0,77
5.	Christien Kruithof	Stadskanaal	31.17	198602124	31.80	+0,84
6.	Roos Lemmen	Eurode KZC	32.12	198403078	32.07	+0,83
7.	Annelette de Vries	WS Twente	32.51	198603908	32.34	+0,84
8.	Sandra Pannekeet	DAW	33.24	198403458	32.84	+0,76
9.	Carly Noordermeer	ZOB'66	32.54	198702984	33.23	+0,71
10.	Nienke van Stipriaan	PSV	33.26	198703970	33.29	+0,93
11.	Bianca Paape	DAW	35.88	198502262	34.53	+0,85
12.	Lisette Prins	WVZ	34.06	198803522	35.08	+0,92
13.	Marije Jansen	Montferland	33.32	198504088	35.32	+0,94
14.	Annette Vogelsang	ZV De Bron	36.54	198402632	36.43	+0,91
15.	Eline Roeland	De Schotejil	36.51	198805970	36.45	+0,83
16.	Channe Noort	DAW	37.64	198605032	37.20	+0,82
	Esther Steltenpohl	DAW	38.07	198504116	37.20	+0,74
18.	Marloes Rebel	WS Twente	48.37	198403474	46.73	+0,99
NG.ZA	Alexandra Romanenkova	Sprut	30.39	019003		
AFGEM	Chantal Kranenburg	DAW	36.48	198604528		

Masters 30+

1.	Delia Badoux	Zoetermeer	29.39	198000042	30.03	+0,78
2.	Laura Badoux	DAW	30.91	198200038	31.44	+0,81
3.	Esther Versteeg	Van Vliet-Barracuda	31.42	198302112	32.01	+0,87
4.	Patricia Strohm	De Dinkel	33.47	198102110	33.34	+0,88
5.	Berdie Eghuizen	HZ&PC Heerenveen	35.00	198301388	35.97	+0,82

Masters 35+

1.	Inez Heideman	WS Twente	32.37	197500198	32.43	+0,85
2.	Petra Verstegen	WVZ	35.04	197700906	35.01	+0,86
3.	Marian Nederlof	DWF	36.57	197600950	37.40	+0,80

Programmanr. 6, Dames, 50m vlinderslag

Masters 40+

1.	Marjo Goelema-Koek	De Biesboschzweimmers	33.62	196900192	33.91	+0,84
2.	Henriëtte Manting	GZVW	35.33	197100246	35.87	+0,96
3.	Tony de Groot	De Futen	36.28	197300758	36.33	+0,84
4.	Ilonka Hesseling	DES	40.38	196900958	36.59	+0,72
5.	Mengsanne Heijnen	Zignea	37.04	197100878	37.24	+0,91
6.	Joyce Brummelkamp	ZVVS	40.46	197000952	39.13	+0,90
7.	Kristien Van de Moortel	Shark	39.75	ShaRK/315/69	41.20	+0,84
8.	Irna van der Molen	WS Twente	39.93	196900938	41.23	+0,75
9.	Claudia Sutin	De Schelde	43.94	197200908	44.85	+0,82

Masters 45+

1.	Caroline Schreuder	Triton	35.46	196700550	35.60	+0,83
2.	Jeanette Smits	Orca	42.24	196600312	42.70	+0,90

Masters 50+

1.	Inge Wolfs	PLONS	37.79	196000304	35.29	+0,82
2.	Jacqueline Rolloos-Bakker	De Lansingh	34.71	196300222	35.63	+0,87
3.	Marijke Kraak-Beckers	WS Twente	36.65	196000240	37.21	+0,99
4.	Loreta Kabasinskiene	Takas	42.48	1963KAB	41.12	+1,26
5.	Joke Burgers	Swol 1894	47.64	196000226	51.34	+0,81

Masters 55+

1.	Mathilde Vink	Swol 1894	34.18	195800128	34.94	+1,02
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Masters 60+

1.	Conny Boer-Buys	ZVVS	34.17	195000006	34.71	+0,88
2.	Christien Nieuwenhuis	Swol 1894	35.87	195100022	35.78	+0,82

Masters 65+

1.	Leny Kamp	Aquapoldro	1:17.48	194400008	1:20.95	+1,13
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Programmanr. 7
25-01-2013 - 14:44

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris	De Schotejil	25.66	199202327	25.69	+0,70
	<i>Kampioenschaps Record</i>					
2.	Thomas Hansen	LZ 1886	27.99	199204327	27.60	+0,74
3.	Marcel Noordermeer	ZOB'66	26.91	199003455	27.63	+0,66
4.	Ruben Stolk	ZOB'66	28.81	199005665	28.80	+0,81
5.	Erwin Sneek	De Futen	28.66	199102153	29.18	+0,77
6.	Mike Stoffer	WVZ	28.96	198903041	29.26	+0,75
7.	Tyrick de Kort	DES	30.73	198906745	29.45	+0,72
8.	Boy Heijnekamp	LZ 1886	28.01	198901161	30.03	+0,83
9.	Sven van Zanten	De Duinkickers	29.38	199003405	30.49	+0,75
10.	Roel van Beek	Montferland	30.60	198905861	30.58	+0,79
11.	Mark Pijtak	AZ&PC	30.09	199002287	30.78	+0,81
12.	Martijn van Hoorn	De Schotejil	29.53	198901343	30.80	+0,79
AFGEM	Kevin Eltink	DWK	26.31	199100589		

Programmanr. 7, Heren, 50m vlinderslag

Masters 25+

1.	Filipp Müller <i>Nederlands Masters Record</i>	Piranha	25.26	198604633	25.42	+0,72
2.	Merijn Ellenkamp	DWK	26.87	198500691	26.42	+0,70
3.	Jean Pierre Bisslik	DES	28.40	198705243	26.97	+0,60
4.	Roderik Meijers	ZOB'66	27.83	198602063	27.49	+0,77
5.	Rick Driezen	Steenwijk 1934	27.61	198600713	27.97	+0,90
6.	Sander van Elburg	Het Y	29.02	198800937	28.67	+0,74
7.	Eric Bisslik	DES	29.63	198403265	29.40	+0,80
8.	Remko Hooft	De Duinkickers	29.53	198701405	29.91	+0,75
9.	Wesley van Diejen	PSV	30.36	198604551	30.34	+0,73
10.	Arjen van der Boom	Zignea	30.32	198604449	30.49	+0,90
11.	Harmen Reemst	ZOB'66	32.99	198702715	33.95	+0,80

Masters 30+

1.	Lauren Vis	Steenwijk 1934	27.73	198201883	27.01	+0,75
2.	Thijs van Valkengoed	WVZ	29.30	198302141	27.41	+0,67
3.	Michiel Beemster	WS Twente	27.80	198000063	27.79	+0,89
4.	Nol van Thull	ZOB'66	28.12	198001513	27.83	+0,83
5.	Anne Hollaar	ZOB'66	29.23	198300943	28.39	+0,68
6.	Freddie Geerlings	Mosaqua Gulpen	29.80	197900379	29.37	+0,79
7.	Erik Kusters	Noord Veluwe	29.23	198000837	29.53	+0,85
8.	Remco van Althuis	SBC2000	29.23	198300029	30.08	+0,89
9.	Bas v.d. Laan	WVZ	29.77	198302471	30.54	+0,91
10.	Jos Timmermans	Stadskanaal	31.83	197901223	31.39	+0,87
11.	Simon van Ravesteijn	Zoetermeer	30.54	198002263	35.41	+0,86
12.	Gino Martijn	RZ	36.64	197901865	35.81	+0,74
NG.ZA	Hans Cligge	De Futen	35.02	198100315		

Masters 35+

1.	Casper Hut <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	26.95	197800471	26.79	+0,68
2.	Jeroen Zelsmann	AZ&PC	28.22	197701551	27.82	+0,70
3.	Alex Damen	DAW	31.07	197501371	29.21	+0,78
4.	Dennis Schouten	Upstream Amsterdam	31.32	197501351	29.32	+0,76
5.	Kars Luttk	DAW	28.85	197800675	29.95	+0,76
6.	Wouter Hulleman	ZVV	29.86	197401261	30.23	+0,71
7.	Victor Barnar	GoSwim	34.14	197801805	32.03	+0,81
8.	Bas Streutgers	HPC	35.22	197401213	32.80	+0,79

Masters 40+

1.	Marcel van Winssen	De Gelenberg	29.13	197101477	29.13	+0,80
2.	Arjon de Bok	De Biesboschzwemmers	29.02	196900125	29.64	+0,83
3.	Arvydas Burinskas	Takas	30.71	1969BUR	29.84	+0,85
4.	Heiner Stevens	Zignea	29.56	197201299	29.98	+0,74
5.	Kees Akershoek	De Stelle	30.36	196900009	30.53	+0,89
6.	Marco de Bat	De Schelde	31.28	197101467	31.44	+0,79
7.	Casper van der Burgh	LZ 1886	32.34	197201413	31.57	+0,81
8.	Erik Veltman	Stadskanaal	31.86	197200941	32.37	+0,93
9.	Hans Schoenmakers	DAW	32.32	196900863	32.58	+0,91
10.	Marcel Brittijn	De Duinkickers	33.92	196900159	33.59	+0,68
11.	Tiemen Stegenga	HZ&PC Heerenveen	36.57	197101379	35.72	+0,85

Programmanr. 7, Heren, 50m vlinderslag

Masters 45+

1.	Wijam Nijenhuis	De IJssel	30.41	196400547	30.55	+0,85
2.	Phil Trethewie	Old Dutch	30.74	196501315	31.10	+0,84
3.	Jeroen den Boer	TRB-RES	30.86	196701475	31.29	+0,79
4.	Theo Bakker	TriVia	32.42	196401231	32.53	+0,75
5.	Bart van Betuw	Zegenwerp	34.82	196500087	34.52	+0,88
6.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	35.10	196501027	35.44	+0,81
DIS	Maarten de Pooter	De Schelde	33.89	196600615		VB

Masters 50+

1.	Cees van Houwelingen	De Schelde	29.32	196300351	29.15	+0,89
2.	Peter van Vuuren	Upstream Amsterdam	31.42	196000641	31.26	+0,93
3.	Robert Vink	WWV	32.05	196301075	32.83	+0,88
4.	Tom Dimmendaal	Oceanus	32.54	196301011	33.38	+0,92
5.	Rob Penninks	PSV	34.87	196000897	34.50	+0,86
6.	Mark Kas	PLONS	33.58	196100285	34.74	+0,77
7.	John Stoffer	Zoetermeer	33.72	196300725	35.11	+0,80
8.	Jan Willem Heuten	WS Twente	35.30	196000883	35.31	+0,94
9.	André Schutte	De Zeeuwse Kust (SG)	35.63	196000521	36.08	+0,94
10.	John Tersteeg	De Fuut	44.16	196001039	43.23	+1,02

Masters 55+

1.	Hugo Bregman	WVZ	27.75	195800069	27.35	+0,91
	<i>Europees Masters Record</i>					
2.	Paul Bunnik	Triton	34.89	195600413	34.23	+1,02
3.	Arthur Jansen	Gay Swim Amsterdam	34.44	195400299	35.18	+0,77
4.	Jaap de Boer	De Duinkickers	36.18	195800691	37.44	+0,83

Masters 60+

1.	Piet Schop	De Bevelanders	34.18	195000109	33.90	+0,75
2.	Ruud Ruiter	WWV	35.09	195300169	34.78	+1,11

Masters 65+

1.	Jaap Kwakkel	DAW	35.70	194700157	38.74	+0,96
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Masters 70+

1.	Frans van Enst	WS Twente	37.70	194000011	38.88	+1,02
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Programmanr. 8
25-01-2013 - 14:57

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1.	Marloes Erkens	DWK	2:28.22 199300234	2:30.71	+0,81	32.01	1:10.91	1:55.84	2:30.71
2.	Nina Ferreira	WVZ	2:33.75 198901196	2:33.95	+0,82	32.48	1:13.55	1:57.24	2:33.95
3.	Mea Ferreira	WVZ	2:34.01 198901194	2:36.82	+0,87	32.68	1:14.53	1:59.86	2:36.82
4.	Maaïke Vooren	DAW	2:35.21 199103324	2:37.12	+0,89	33.95	1:15.05	2:01.11	2:37.12
5.	Wendy de Bruin	ZOB'66	2:38.45 199206320	2:38.89	+0,72	33.52	1:14.86	2:01.29	2:38.89
6.	Simone de Boer	LZ 1886	2:39.49 199306858	2:40.68	+0,81	34.11	1:13.38	2:02.64	2:40.68
7.	Maaïke de Boer	De Duinkickers	2:41.28 199000362	2:46.46	+0,76	37.61	1:21.55	2:08.30	2:46.46
8.	Désirée Hulsmeyer	Het Ravijn	2:49.60 199001656	2:47.77	+0,77	34.56	1:17.09	2:07.21	2:47.77
9.	Rebecca van Eeren	SCOM	2:52.39 199306910	3:01.02	+0,81	37.08	1:22.72	2:16.07	3:01.02

Programmanr. 8, Dames, 200m wisselslag

Masters 25+

1. Stephanie Rombout	PSV	2:27.40	198803696	2:28.05	+0,84	31.36	1:10.27	1:54.71	2:28.05
2. Néle Vanbuel	Barvaux Aquatique	2:31.38	BA/010/85	2:30.02	+0,78	31.79	1:10.89	1:52.54	2:30.02
3. Samantha van Eijk	De Geul	2:35.66	198806826	2:37.82	+0,72	35.38	1:14.71	2:01.39	2:37.82
4. Marjan van der Star	WS Twente	2:42.21	198403192	2:41.55		33.60	1:16.03	2:04.02	2:41.55
5. Pauline Tieleman	De Geul	2:46.56	198403348	2:42.07	+0,82	34.67	1:16.44	2:05.12	2:42.07
6. Karin van Dijk	HZ&PC Heerenveen	2:39.36	198600850	2:44.34	+0,81	34.87	1:20.73	2:04.10	2:44.34
7. Margo Kruithof	Stadskanaal	2:51.49	198702408	2:51.33	+0,82	35.81	1:20.31	2:08.83	2:51.33
8. Maaïke van Diggele	ZPB H&L Productions	2:52.71	198700868	3:02.23	+0,87	36.38	1:21.97	2:16.19	3:02.23
DIS Liset de Veer	Aqua-Novio'94	2:49.19	198704190						
NG.ZA Serima Louise Wildvank	De Spatters	3:01.00	198604104						

RF

Masters 30+

1. Nadya Putter	ZVVS	2:32.33	198301630	2:32.05	+0,75	32.67	1:11.40	1:56.52	2:32.05
2. Bianca Cox	PSV	2:43.07	198000214	2:46.03	+0,91	36.41	1:18.57	2:06.64	2:46.03
3. Yvonne Gerritsen	WVZ	2:49.27	198000342	2:51.05	+0,88	36.51	1:23.65	2:10.98	2:51.05
4. Kristel Lips	ZV De Bron	2:56.73	197900562	2:57.56	+0,95	38.43	1:24.39	2:16.13	2:57.56
5. Carmen Haan	De Spatters	3:05.53	197901458	2:58.50	+1,03	38.17	1:22.78	2:16.87	2:58.50

Masters 35+

1. Nadège van Meeteren	De Meer	2:56.00	197400736	2:51.21	+0,82	38.48	1:23.81	2:10.36	2:51.21
2. Jolanda van Gendt	PSV	2:55.38	197800266	2:53.24	+0,81	38.65	1:20.76	2:13.20	2:53.24
3. Diane Scholing	Het Ravijn	2:55.73	197701090	2:57.56	+0,75	37.68	1:21.36	2:15.09	2:57.56
4. Margriet Leeffers	Deltasteur	3:16.23	197800448	3:19.12	+0,99	46.23	1:36.07	2:33.20	3:19.12
5. C. van Bruxvoort	ZPB H&L Productions	3:38.23	197700138	3:39.14	+0,90	47.67	1:42.00	2:50.00	3:39.14

Masters 40+

1. L. v. Bon-Rosenbrand	AZ&PC	2:44.46	197000054	2:43.52	+0,91	35.30	1:17.69	2:04.98	2:43.52
2. Annette de Visser	Oceanus	2:53.79	197100602	2:51.76	+0,84	38.50	1:25.58	2:14.43	2:51.76
3. Ilonka Hesseling	DES	3:02.98	196900958	2:57.08	+0,72	38.92	1:25.22	2:17.49	2:57.08
4. Dorette Vogels	PSV	3:08.81	197000938	3:10.17	+0,83	41.61	1:33.92	2:25.20	3:10.17
5. Mengsanne Heijnen	Zignea	3:05.19	197100878	3:10.27	+0,96	40.18	1:30.52	2:24.92	3:10.27
6. Ageeth Boomsma	Orca	3:10.76	197000826	3:13.78	+0,93	42.34	1:32.46	2:29.54	3:13.78
7. Greta Wyma	DWK	3:34.08	197100696	3:39.74	+0,97	55.33	1:47.55	2:47.98	3:39.74

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	2:45.66	196700528	2:52.05	+0,78	36.97	1:22.70	2:11.55	2:52.05
2. Ramune Ivanauskaite	Takas	3:08.41	1964IVA	3:02.07	+0,80	40.98	1:26.34	2:19.13	3:02.07
<i>Lithuanian Masters Record</i>									
3. Karin van den Heuvel	Old Dutch	3:05.63	196600188	3:07.12	+0,96	39.85	1:31.23	2:24.11	3:07.12
4. Hetty Smalheer	SCOM	3:15.39	196700352	3:13.80	+0,98	44.24	1:33.88	2:30.37	3:13.80
5. Miranda Keijl	Zignea	3:25.57	196500588	3:21.28	+0,90	43.97	1:37.82	2:37.89	3:21.28
6. Alie Visser	HZ&PC Heerenveen	3:28.88	196400494	3:45.19	+0,90	49.62	1:46.38	2:50.72	3:45.19

Masters 50+

1. Marja Bloemzaad	AZ&PC	2:46.30	196100014	2:44.55	+0,78	34.29	1:19.54	2:06.49	2:44.55
<i>Kampioenschaps Record</i>									
2. Annemarie Vuist	Swol 1894	3:00.69	196300282	3:02.65	+1,05	41.06	1:28.76	2:21.01	3:02.65
3. Patty Verhagen	PSV	3:02.27	195900146	3:06.32	+0,89	40.83	1:30.26	2:25.99	3:06.32
4. Francine Sommer	Triton	3:12.04	196200384	3:11.47	+0,83	42.31	1:31.51	2:28.32	3:11.47
5. Susanne Sailer-Lehrum	SG Neumünster	3:37.45	163629	3:28.05	+0,86	49.35	1:44.53	2:39.84	3:28.05

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:58.90	195600048	2:55.27	+0,84	37.94	1:23.93	2:16.17	2:55.27
<i>Nederlands Masters Record</i>									
2. Mies Kuipers	Old Dutch	4:21.77	195800202	4:21.05	+0,96	1:02.41	2:12.03	3:19.99	4:21.05

Programmanr. 8, Dames, 200m wisselslag

Masters 60+

1. Christien Nieuwenhuis Swol 1894 3:10.22 195100022 **3:08.39** +0,86 37.72 1:29.00 2:26.39 3:08.39
Nederlands Masters Record

Masters 65+

1. Matty van der Veen Old Dutch 3:54.02 194400020 **4:07.97** +1,07 1:00.66 2:09.03 3:13.85 4:07.97

Programmanr. 9
25-01-2013 - 15:24

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Tim Bunnik	Triton	2:17.04 199000505	2:17.27	+0,77	29.02	1:04.51	1:45.08	2:17.27
2. Dennis Wijbenga	Stadskanaal	2:12.35 199003283	2:18.30	+0,85	29.99	1:07.59	1:46.04	2:18.30
3. Maik Steenkamp	Montferland	2:23.56 199103847	2:25.88	+0,81	30.22	1:10.19	1:52.11	2:25.88
4. Matthijs van Doorn	Het Ravijn	3:24.36 199207231	3:29.27	+0,91	47.92	1:44.53	2:43.25	3:29.27

Masters 25+

1. Ralf van der Poel	Zuiderzeezwemmers	2:20.41 198401783	2:18.47	+0,73	29.60	1:07.07	1:46.59	2:18.47
2. Thommy Nickel	Van Vliet-Barracuda	2:22.48 198401627	2:23.33	+0,76	31.77	1:08.32	1:50.34	2:23.33

Masters 30+

1. Kristiaan Lenos	LZ 1886	2:14.78 198301331	2:15.67	+0,77	28.68	1:03.45	1:43.98	2:15.67
2. Freddie Geerlings	Mosaqua Gulpen	2:25.76 197900379	2:26.73	+0,83	31.27	1:11.27	1:52.55	2:26.73
3. Jos Timmermans	Stadskanaal	2:38.29 197901223	2:36.59	+0,86	32.61	1:14.50	2:00.39	2:36.59
4. Jeroen Vogelsang	DAW	2:41.62 198001645	2:36.91	+0,87	33.37	1:17.44	2:01.55	2:36.91
5. Remco Veerkamp	Zuiderzeezwemmers	3:16.67 198102311	3:08.93	+0,97	38.69	1:29.27	2:23.47	3:08.93

Masters 35+

1. Egbert Stolk	D'Elf Wave (SG)	2:18.83 197600889	2:15.52	+0,78	28.96	1:03.30	1:43.27	2:15.52
	<i>Kampioenschaps Record</i>							
2. Wouter Hulleman	ZVV	2:34.73 197401261	2:34.07	+0,87	31.96	1:10.70	1:59.04	2:34.07
3. Victor Barnar	GoSwim	2:42.09 197801805	2:36.83	+0,84	33.17	1:16.38	1:59.45	2:36.83
4. Gerard Eghuizen	HZ&PC Heerenveen	2:31.33 197400197	2:40.68	+0,94	32.09	1:12.81	2:00.51	2:40.68
NG.ZA Evgeny Ryzhov	Sprut	2:14.83 102628						

Masters 40+

1. Marcel van Winssen	De Gelenberg	2:23.67 197101477	2:24.78	+0,84	30.58	1:08.75	1:50.70	2:24.78
2. René Beetsma	HZ&PC Heerenveen	2:23.52 196900069	2:25.36	+0,79	31.10	1:09.22	1:51.80	2:25.36
3. Arjan Bellaart	Oceanus	2:29.64 196900079	2:28.31	+0,71	31.16	1:09.08	1:54.02	2:28.31
4. Agnus Gerringa	Zuiderzeezwemmers	2:36.67 197100285	2:32.26	+0,86	32.31	1:12.28	1:56.44	2:32.26
5. Richard Ricksen	HGN (SG)	2:25.53 197000841	2:32.74	+0,96	31.34	1:10.52	1:55.33	2:32.74
6. Frank v Nobelen	Sassenheim	2:32.05 196900753	2:34.55	+0,85	32.69	1:12.31	1:58.85	2:34.55
7. Paul van den Heuvel	Arethusa	2:33.76 197000441	2:36.29	+0,89	34.34	1:14.19	1:59.95	2:36.29
8. Heiner Stevens	Zignea	2:40.13 197201299	2:37.74	+0,74	32.64	1:16.18	2:02.66	2:37.74

Masters 45+

1. Arnold de Rover	De Futen	2:26.37 196400645	2:34.74	+1,02	33.82	1:13.32	1:59.05	2:34.74
2. Wiljam Nijenhuis	De IJsel	2:35.41 196400547	2:38.85	+0,89	33.55	1:15.71	2:03.25	2:38.85
3. John Stokx	DAW	2:46.74 196401341	2:41.18	+0,82	32.85	1:13.23	2:02.96	2:41.18
4. Jan Smalheer	SCOM	2:57.57 196400701	3:01.42	+1,14	38.76	1:26.52	2:20.25	3:01.42
5. Henk van Zetten	Octopus	3:17.44 196701261	3:22.00	+0,94	47.42	1:41.47	2:35.01	3:22.00
NG.ZA Konstantin Sklyar	TG Lage	2:41.35 321129						

Programmanr. 9, Heren, 200m wisselslag

Masters 50+

1. Ronald Grove	Oceanus	2:36.48	196100161	2:37.67	+0,83	33.28	1:16.73	2:02.21	2:37.67
2. Arturas Tuomas	Takas	2:42.71	1961TUO	2:38.52	+0,81	34.90	1:16.83	2:01.77	2:38.52
<i>Lithuanian Masters Record</i>									
3. John Dam	Zignea	3:11.97	196000915	3:15.11	+0,93	42.46	1:32.87	2:32.58	3:15.11
4. Michiel Tonsbeek	DWT	3:34.89	196000889	3:37.99	+1,05	50.12	1:46.21	2:47.53	3:37.99

Masters 55+

1. Paul Bunnik	Triton	2:54.89	195600413	2:53.73	+1,03	36.04	1:23.72	2:13.58	2:53.73
2. Willem Zwiers	AquAmigos	3:05.28	195800505	2:56.26	+0,94	39.82	1:30.32	2:18.18	2:56.26

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	2:31.11	195200203	2:31.77	+0,82	32.24	1:10.84	1:55.52	2:31.77
<i>tt 50m vlinder KR</i>									
2. Jos Kamps	De Amer	3:42.97	195100085	3:41.45	+1,24	45.87	1:42.59	2:53.56	3:41.45

Masters 65+

1. Donald Uijenbogaart	Het Y	2:50.71	194700107	2:54.81	+0,85	38.10	1:25.15	2:15.90	2:54.81
<i>Kampioenschaps Record</i>									
2. Viktoras Snieska	Takas	3:37.36	1947SNI	3:25.03	+0,95	49.94	1:38.18	2:37.72	3:25.03
<i>Lithuanian Masters Record</i>									

Masters 70+

1. Rob Hanou	PSV	3:09.35	194300109	3:15.56	+1,11	43.88	1:37.05	2:31.98	3:15.56
<i>Kampioenschaps Record</i>									
2. Gustave Lempereur	CHAT	3:26.87	CHAT/099/42	3:23.48	+1,04	43.00	1:37.47	2:34.31	3:23.48
<i>Belgisch Masters Record</i>									

Masters 75+

1. Nico Geers	Z&PC De Gouwe	3:31.84	193800007	3:33.71	+1,06	49.32	1:43.66	2:49.72	3:33.71
<i>Kampioenschaps Record</i>									
2. Gregor Pompen	Aqua-Novio'94	3:59.75	193700021	4:10.03	+0,91	1:02.16	2:05.54	3:16.50	4:10.03

Programmanr. 10
25-01-2013 - 15:47

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Sabine Lina	One Team Swimming	1:09.39 198902680	1:09.02	+0,76	33.67	1:09.02
2. Iris Pijtak	AZ&PC	1:09.50 199300602	1:09.20	+0,71	34.14	1:09.20
3. Kim Anne Bouw	AZ&PC	1:08.54 199000500	1:10.01	+0,82	33.68	1:10.01
4. Jen-Ai van Soelen	Zuiderzeezwemmers	1:08.84 199003510	1:10.20	+0,66	34.24	1:10.20
5. Paula van den Hoeven	De Veene	1:08.27 199303128	1:10.28	+0,82	33.86	1:10.28
6. Cynthia Grootboer	SBC2000	1:10.71 198901462	1:10.31	+0,81	33.83	1:10.31
7. Elmi Roelofsen	ZVV	1:09.51 199008198	1:10.67	+0,83	33.50	1:10.67
8. Simone de Boer	LZ 1886	1:14.07 199306858	1:13.88	+0,74	36.04	1:13.88
9. Janet van der Poel	LZ 1886	1:13.53 199301842	1:14.96	+0,79	36.25	1:14.96
10. Danica Koedoot	De Schotejil	1:13.97 199301034	1:15.68	+0,71	36.98	1:15.68
11. Maaïke de Boer	De Duinkickers	1:14.53 199000362	1:17.61	+0,81	37.90	1:17.61
12. Marijke Pras	GZVW	1:16.39 199203700	1:19.40	+0,85	38.46	1:19.40
13. Eline Schoenmaker	De Duinkickers	1:17.88 199003322	1:20.44	+0,70	39.56	1:20.44
14. Lindsey Hol	De Meer	1:19.00 199008088	1:20.58	+0,71	39.46	1:20.58
15. Liesbeth Bruinekool	Zuiderzeezwemmers	1:58.25 199007958	2:03.10	+0,75	59.80	2:03.10
DIS Relinda Baas	GZVW	1:22.69 198900144		AE		

Programmanr. 10, Dames, 100m rugslag

Masters 25+

1. Samantha van Eijk	De Geul	1:12.96	198806826	1:13.48	+0,78	36.69	1:13.48
2. Esther van Maastrigt	Montferland	1:12.61	198802836	1:13.97	+0,68	36.31	1:13.97
3. Anna Boef	LZ 1886	1:16.33	198806288	1:17.84	+0,76	37.04	1:17.84
4. Sandra Pannekeet	DAW	1:21.62	198403458	1:18.08	+0,72	37.48	1:18.08
5. Lisette Prins	WVZ	1:17.39	198803522	1:18.97	+0,72	37.89	1:18.97
6. Bianca Paape	DAW	1:23.89	198502262	1:20.68	+0,73	38.75	1:20.68
7. Marije Jansen	Montferland	1:19.90	198504088	1:22.77	+0,81	39.94	1:22.77
8. Maaïke van Diggele	ZPB H&L Productions	1:19.88	198700868	1:25.18	+0,79	40.97	1:25.18
9. Annemiek Willems	Montferland	2:30.66	198706116	2:16.94	+0,97	1:05.49	2:16.94
10. Merel Benthem	ZCNF'34	2:45.39	198706082	2:37.13 *	+1,12	1:17.05	2:37.13
11. Anne vd Besselaar	Orca	2:41.22	198504062	2:45.33	+0,80	1:18.34	2:45.33

Masters 30+

1. Roos van Esch	TRB-RES	1:10.70	198200468	1:09.60	+0,80	34.33	1:09.60
2. Carmen Haan	De Spatters	1:20.92	197901458	1:21.00	+0,83	39.50	1:21.00
3. Yvette Roozen	DWT	1:25.80	198000926	1:26.51	+0,98	42.30	1:26.51

Masters 35+

1. Petra Verstegen	WVZ	1:21.00	197700906	1:18.32	+0,85	38.22	1:18.32
2. Jolanda van Gendt	PSV	1:17.68	197800266	1:20.16	+0,73	39.30	1:20.16
3. Diane Scholing	Het Ravijn	1:20.80	197701090	1:22.57	+0,84	40.29	1:22.57
4. Nadège van Meeteren	De Meer	1:23.83	197400736	1:23.06	+0,83	41.06	1:23.06
5. Anneke de Groot	De Fuut	1:33.44	197701140	1:29.28	+0,81	43.66	1:29.28
6. Margriet Leeffers	Deltasteur	1:35.36	197800448	1:35.41	+0,85	46.37	1:35.41
7. Clementine van Bruxvoort	ZPB H&L Productions	1:36.11	197700138	1:37.17	+0,86	47.98	1:37.17

Masters 40+

1. Heidi van Stein	LZ 1886	1:17.74	196900864	1:16.63	+0,76	36.85	1:16.63
2. Henriëtte Manting	GZVW	1:23.01	197100246	1:24.54	+0,80	40.13	1:24.54
3. Greta Wyma	DWK	1:37.02	197100696	1:39.90	+0,75	50.03	1:39.90
AFGEM Françoise Duran	AZ&PC	1:19.92	196900222				

Masters 45+

1. Susanne van Hooven	De Schotejil	1:20.83	196800752	1:23.71	+0,81	40.61	1:23.71
2. Haya Mellema	Aquapoldro	1:47.37	196600482	1:48.89	+1,00	51.83	1:48.89

Masters 50+

1. Martine Bouw	DWK	1:17.55	196100368	1:16.39	+0,65	36.52	1:16.39
<i>Nederlands Masters Record, tt 50m NMR</i>							
2. Margriet Grove-Lingeman	Oceanus	1:20.82	196200080	1:21.63	+0,79	39.43	1:21.63
3. Jacqueline Rolloos-Bakker	De Lansingh	1:19.70	196300222	1:22.16	+0,76	40.26	1:22.16
4. Julia Moh-Klaren	CSAKB	1:21.74	922540	1:23.36	+0,84	40.64	1:23.36
5. Inge Wolfs	PLONS	1:28.19	196000304	1:23.52	+0,76	41.22	1:23.52
6. Annemarie Vuist	Swol 1894	1:26.36	196300282	1:28.61	+0,94	44.21	1:28.61
7. Marijke Kraak-Beckers	WS Twente	1:27.07	196000240	1:28.62	+0,79	43.81	1:28.62
8. Pia van der Molen	HZ&PC Heerenveen	1:30.18	196000116	1:31.40	+0,88	44.98	1:31.40
9. Jennie Resink-lindeboom	DWK	1:38.74	196000142	1:37.30	+0,87	48.44	1:37.30

Masters 55+

1. Mathilde Vink	Swol 1894	1:25.58	195800128	1:25.89	+0,95	42.06	1:25.89
2. Patty Krupiarz	PSV	1:34.17	195400074	1:33.83	+0,71	44.87	1:33.83

Programmanr. 10, Dames, 100m rugslag

Masters 60+

1. Ineke Meijer	HZ&PC Heerenveen	1:42.86	195200034	1:41.44	+0,89	50.25	1:41.44
2. Antoinette Gilding-Tussaud	WS Twente	1:40.06	195000038	1:45.69	+0,80	50.96	1:45.69

Masters 65+

1. Leny Kamp	Aquapoldro	2:03.67	194400008	2:04.58	+0,73	59.36	2:04.58
2. Loekie v. Huissteden	AZ&PC	1:59.77	194500002	2:04.68	+0,88	59.12	2:04.68

Masters 70+

1. Elisabeth Ketelsen	Swim Team Taastrup	1:27.06	4322AA	1:27.45	+0,88	42.95	1:27.45
<i>Europees Masters Record</i>							
2. Truus Ruiter	Old Dutch	2:03.30	194000004	2:10.52	+0,80	1:01.88	2:10.52

Masters 75+

1. Tineke de Bueger	Old Dutch	2:28.02	193700010	2:40.15	+0,89	1:12.49	2:40.15
DIS Annie de Vos	Old Dutch	2:07.86	193400004		AF		

Masters 80+

1. Anneke Logtenberg	OZ&PC	2:28.70	192900004	2:47.59	+0,84	1:15.65	2:47.59
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Programmanr. 11
25-01-2013 - 16:20

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Jos de Graaf	PSV	57.04	199106095	57.08	+0,73	27.49	57.08
2. Dennis Cramer	Appingedam	59.85	199200199	58.48	+0,66	28.49	58.48
3. Jasper de Boer	ZPC De Hof	1:03.69	199300051	1:02.09	+0,75	30.06	1:02.09
4. Jan-Willem v.d. Graaff	Het Y	1:02.24	198901023	1:02.85	+0,61	30.55	1:02.85
5. Sjoerd Sieval	LZ 1886	1:02.39	199002663	1:05.42	+0,71	32.40	1:05.42
6. Marcel Noordermeer	ZOB'66	1:05.55	199003455	1:06.45	+0,65	31.78	1:06.45
7. Erwin Sneek	De Futen	1:09.83	199102153	1:10.59	+0,75	33.91	1:10.59
8. Sven van Zanten	De Duinkickers	1:09.15	199003405	1:13.04	+0,61	33.24	1:13.04
9. Daan Anbeek	ZPC De Hof	1:15.42	199307177	1:13.66	+0,80	35.94	1:13.66
10. Ruben de Boer	De Duinkickers	1:16.31	199301419	1:17.27	+0,67	37.11	1:17.27

Masters 25+

1. Merijn Ellenkamp	DWK	58.24	198500691	58.33	+0,64	28.53	58.33
<i>Nederlands Masters Record</i>							
2. Filipp Müller	Piranha	1:02.65	198604633	1:00.89	+0,73	29.80	1:00.89
3. Floris Manni	Octopus	1:02.12	198805679	1:02.18	+0,82	30.08	1:02.18
4. Albert van Piekeren	Octopus	1:05.30	198401767	1:02.81	+0,72	30.49	1:02.81
5. Roderik Meijers	ZOB'66	1:06.81	198602063	1:05.19	+0,66	31.07	1:05.19
6. Erik van der Heide	Zuiderzeewemmers	1:03.48	198801337	1:05.40	+0,69	31.29	1:05.40
7. Thommy Nickel	Van Vliet-Barracuda	1:04.42	198401627	1:05.47	+0,81	32.25	1:05.47
8. Harmen Reemst	ZOB'66	1:13.92	198702715	1:17.26	+0,65	37.25	1:17.26
9. Wesley van Diejen	PSV	1:15.41	198604551	1:17.54	+0,91	37.90	1:17.54

Programmanr. 11, Heren, 100m rugslag

Masters 30+

1. Erik Kusters	Noord Veluwe	1:04.78	198000837	1:04.30	+0,73	30.71	1:04.30
2. Marcel Reefhuis	WS Twente	1:04.97	198101381	1:06.57	+0,66	32.30	1:06.57
3. Stan Dekker	PLONS	1:06.15	197901823	1:07.16	+0,71	32.31	1:07.16
4. Bas v.d. Laan	WVZ	1:13.89	198302471	1:13.53	+0,73	34.92	1:13.53
5. Simon van Ravesteijn	Zoetermeer	1:10.64	198002263	1:17.22	+0,83	38.60	1:17.22
6. Gino Martijn	RZ	1:15.79	197901865	1:19.21	+0,66	38.79	1:19.21
NG.ZA Hans Cligge	De Futen	1:21.68	198100315				

Masters 35+

1. Tjakko Ruinemans	De Dinkel	1:01.64	197400687	1:03.06	+0,77	30.33	1:03.06
2. Ivo Roozeboom	WVZ	1:03.03	197700801	1:03.88	+0,75	31.34	1:03.88
3. Robin Sprinkhuizen	De Zijl/LGB	1:06.44	197400767	1:04.23	+0,77	30.58	1:04.23
4. Dennis Schouten	Upstream Amsterdam	1:10.53	197501351	1:07.05	+0,75	31.73	1:07.05
5. Alex Damen	DAW	1:13.81	197501371	1:08.10	+0,77	33.36	1:08.10
6. Joost Roelofs	Upstream Amsterdam	1:09.89	197601337	1:11.71	+0,79	34.37	1:11.71
7. Gerard Eghuizen	HZ&PC Heerenveen	1:09.06	197400197	1:14.23	+0,78	35.77	1:14.23
8. Erwin Zuidervelt	De Futen	1:12.42	197501015	1:14.77	+0,77	35.37	1:14.77
9. Arjan Aalbers	Swol 1894	1:12.98	197500001	1:16.38	+0,81	37.07	1:16.38
10. Pieter Ponne	HZ&PC Heerenveen	1:18.06	197600749	1:17.06	+0,73	38.18	1:17.06

Masters 40+

1. Linas Kersevicius	Takas	1:05.18	1971KER	1:05.84	+0,72	31.70	1:05.84
2. Paul van den Heuvel	Arethusa	1:11.99	197000441	1:12.07	+0,75	35.37	1:12.07
3. Arjon de Bok	De Biesboschzwemmers	1:10.06	196900125	1:13.73	+0,78	36.41	1:13.73
4. Frank v Nobelen	Sassenheim	1:09.99	196900753	1:14.11	+0,82	36.19	1:14.11

Masters 45+

1. Guido Keutgen	De Plas	1:10.24	196801551	1:07.67	+0,81	32.53	1:07.67
2. Ron Korzelijs	AZ&PC	1:12.98	196500513	1:13.15	+0,75	36.04	1:13.15
3. Arnold de Rover	De Futen	1:11.95	196400645	1:15.53	+0,83	38.44	1:15.53
4. Hans Maas	PLONS	1:24.24	196501433	1:27.57	+0,68	42.67	1:27.57
5. Bart van Betuw	Zegenwerp	1:23.11	196500087	1:30.19	+0,84	40.22	1:30.19

Masters 50+

1. Edwin v. Norden	AZ&PC	1:15.30	196300563	1:04.22	+0,83	31.46	1:04.22
<i>Nederlands Masters Record</i>							
2. Iurii Perin	Spartak	1:11.89	030044	1:08.15	+0,81	33.13	1:08.15
3. Dmitry Kromskiy	Poseidon	1:08.97	037011	1:09.12	+0,76	34.00	1:09.12
4. Arlandas Juodeska	Takas	1:17.52	1961JUO	1:14.64	+0,72	35.57	1:14.64
<i>Lithuanian Masters Record</i>							
5. Casper Dollekamp	Steenwijk 1934	1:20.44	196301341	1:20.39	+0,85	39.00	1:20.39
6. Edzo Huisman	Aquapoldro	1:23.54	196301029	1:21.71	+0,71	39.87	1:21.71
7. Jack Barends	WS Twente	1:22.47	196201011	1:23.23	+0,97	41.34	1:23.23
8. André Schutte	De Zeeuwse Kust (SG)	1:20.21	196000521	1:24.14	+0,88	40.94	1:24.14
9. Michiel Tonsbeek	DWT	1:39.96	196000889	1:44.61	+0,82	51.33	1:44.61

Masters 55+

1. Evertjan Masurel	PSV	1:20.99	195600495	1:20.69	+0,80	39.50	1:20.69
2. Arthur Jansen	Gay Swim Amsterdam	1:30.15	195400299	1:29.59	+0,92	43.30	1:29.59

Masters 60+

1. Jean-Marie Cadiat	CNSW	1:14.38	557/53	1:13.16	+0,66	35.54	1:13.16
<i>Belgisch Masters Record</i>							
2. Ruud Ruiters	WWV	1:21.80	195300169	1:20.43	+0,77	38.43	1:20.43
3. Jos Kamps	De Amer	1:34.92	195100085	1:39.75	+0,74	47.06	1:39.75



Open Nederlandse Masters
Kampioenschappen 2013 korte baan
Nijverdal, 25-27 januari 2013



Programmanr. 11, Heren, 100m rugslag

Masters 65+

1. Mans Buis Het Ravijn 1:44.07 194700133 **1:46.48** +0,79 53.78 1:46.48

Masters 70+

1. Frans van Enst WS Twente 1:20.80 194000011 **1:22.71** +0,65 40.76 1:22.71

Masters 75+

1. Jan Eichhorn ZV Haerlem 1:44.22 193700015 **1:46.97** +0,91 50.39 1:46.97

Programmanr. 12
25-01-2013 - 16:35

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Chantal Nap	HZ&PC Heerenveen	2:09.70 198903004	2:09.57	+0,77	30.35	1:03.39	1:36.67	2:09.57
2. Iris Pijtak	AZ&PC	2:09.56 199300602	2:11.50	+0,80	30.65	1:03.89	1:37.90	2:11.50
3. Wendy de Bruin	ZOB'66	2:18.92 199206320	2:20.05	+0,69	32.10	1:07.54	1:44.20	2:20.05
4. Maaïke Vooren	DAW	2:18.69 199103324	2:20.71	+0,86	32.23	1:07.37	1:44.37	2:20.71
5. Anouk van der Pligt	ZOB'66	2:27.17 199303296	2:28.32	+0,69	33.75	1:11.32	1:49.93	2:28.32
6. Kim Wijnja	De Biesboschzwemmers	2:26.61 199107812	2:29.43	+0,75	34.10	1:12.06	1:51.65	2:29.43
7. Suzanne Robbereg	De Meer	2:30.70 199203132	2:31.30	+0,85	34.62	1:13.51	1:53.08	2:31.30
8. Désirée Hulsmeyer	Het Ravijn	2:31.17 199001656	2:33.31	+0,75	34.36	1:13.20	1:53.80	2:33.31
9. Desirée Baltes	ZPC De Hof	2:49.27 198900182	2:39.30	+0,95	36.79	1:18.03	2:00.04	2:39.30
10. Liesbeth Bruinekoel	Zuiderzeezwemmers	3:53.45 199007958	4:00.72	+0,84	53.36	1:55.41	2:59.16	4:00.72

Masters 25+

1. Pauline Gouwens	DWK	2:07.59 198400790	2:09.19	+0,76	29.78	1:02.78	1:36.60	2:09.19
2. Lisanne Andeweg	Zuiderzeezwemmers	2:13.09 198800092	2:13.08	+0,81	31.25	1:05.05	1:39.38	2:13.08
3. Sandra Zwaanswijk	DAW	2:19.24 198503934	2:20.81	+0,78	30.49	1:05.20	1:42.44	2:20.81
4. Marjan van der Star	WS Twente	2:22.45 198403192	2:21.12	+0,81	31.96	1:07.47	1:44.34	2:21.12
5. Channe Noort	DAW	2:30.73 198605032	2:28.41	+0,82	32.73	1:09.82	1:49.33	2:28.41
6. Petra Wolsing	De Futen	2:30.80 198402796	2:32.14	+0,86	34.46	1:13.41	1:53.18	2:32.14
7. Carly Noordermeer	ZOB'66	2:29.38 198702984	2:33.08	+0,68	33.23	1:10.42	1:51.90	2:33.08
8. Anna Boef	LZ 1886	2:35.05 198806288	2:35.55	+0,83	34.63	1:13.58	1:54.50	2:35.55
9. Annette Vogelsang	ZV De Bron	2:33.20 198402632	2:36.63	+0,92	34.28	1:13.29	1:54.86	2:36.63
10. Esther Steltenpohl	DAW	2:48.45 198504116	2:46.79	+0,79	35.99	1:18.41	2:02.23	2:46.79
11. Annemiek Willems	Montferland	4:18.03 198706116	4:04.35	+1,23	53.05	1:53.86	2:59.55	4:04.35
12. Anne vd Besselaar	Orca	5:03.63 198504062	5:05.61		1:11.38	2:29.82	3:48.72	5:05.61
NG.ZA Serima Louise Wildvank	De Spatters	2:40.26 198604104						
NG Karin Hovenkamp	De Spatters	2:39.10 198701850						

Masters 30+

1. Delia Badoux	Zoetermeer	2:17.89 198000042	2:12.79	+0,73	30.88	1:04.74	1:39.04	2:12.79
2. Nadya Putter	ZVVS	2:15.20 198301630	2:16.29	+0,75	32.22	1:06.17	1:40.95	2:16.29
3. Aurélie Goffin	Barvaux Aquatique	2:15.42 BA/002/79	2:16.43	+0,85	31.91	1:06.11	1:41.36	2:16.43
4. Roos van Esch	TRB-RES	2:27.04 198200468	2:19.73	+0,86	32.94	1:08.39	1:44.52	2:19.73
5. Bianca Cox	PSV	2:24.70 198000214	2:26.69	+0,92	34.37	1:11.46	1:49.46	2:26.69
6. Yvette Roozen	DWT	2:38.51 198000926	2:38.74	+0,89	35.99	1:16.21	1:57.84	2:38.74
7. Berdie Eghuizen	HZ&PC Heerenveen	2:33.24 198301388	2:40.65	+0,95	36.25	1:17.01	1:59.14	2:40.65
8. Kristel Lips	ZV De Bron	2:44.10 197900562	2:43.82	+1,04	36.56	1:17.46	2:00.59	2:43.82

Programmanr. 12, Dames, 200m vrije slag

Masters 35+

1. Inez Heideman	WS Twente	2:25.62	197500198	2:29.47	+0,90	33.42	1:11.16	1:50.78	2:29.47
2. Petra Guijt	Aqua-Novio'94	2:31.00	197600978	2:33.28	+0,94	34.68	1:14.05	1:54.58	2:33.28
3. Marian Nederlof	DWF	2:39.60	197600950	2:38.07	+0,84	35.78	1:15.33	1:56.22	2:38.07
4. Larisa Alekseeva	Sprut	2:41.84	018046	2:39.89	+0,81	36.25	1:15.93	1:57.76	2:39.89
5. Anneke de Groot	De Fuut	3:02.04	197701140	2:54.42	+0,82	38.09	1:21.72	2:07.99	2:54.42

Masters 40+

1. Heidi van Stein	LZ 1886	2:23.53	196900864	2:21.40	+0,87	31.69	1:07.31	1:44.20	2:21.40
<i>Kampioenschaps Record</i>									
2. Annette de Visser	Oceanus	2:26.00	197100602	2:26.57	+0,87	33.91	1:10.64	1:48.97	2:26.57
3. Joyce Brummelkamp	ZVVS	2:52.17	197000952	2:43.29	+0,84	37.95	1:19.83	2:02.79	2:43.29
4. Ageeth Boomsma	Orca	2:47.80	197000826	2:46.04	+0,93	37.64	1:19.42	2:03.64	2:46.04
5. Irna van der Molen	WS Twente	2:47.81	196900938	2:48.94	+0,68	37.47	1:19.54	2:04.35	2:48.94
<i>100m*</i>									
6. Annet Kootstra	Swol 1894	2:46.27	197100344	2:49.28	+0,96	38.99	1:21.99	2:06.40	2:49.28
7. Kristien Van de Moortel	Shark	2:52.43	ShaRK/315/69	2:56.70	+0,86	39.65	1:24.90	2:11.14	2:56.70

Masters 45+

1. Annette Wijnja-Visser	De Biesboschwemmers	2:30.11	196700528	2:29.67	+0,76	34.58	1:12.97	1:51.59	2:29.67
2. Katrin Pennings	PSV	2:32.63	196400570	2:30.51	+0,71	33.79	1:11.37	1:51.00	2:30.51
3. Caroline Schreuder	Triton	2:36.53	196700550	2:38.24	+0,80	35.34	1:14.73	1:56.65	2:38.24
4. Ramune Ivanauskaite	Takas	2:48.86	1964IVA	2:43.34	+0,70	38.03	1:19.24	2:01.63	2:43.34
5. Jeanette Smits	Orca	2:56.20	196600312	2:58.05	+0,91	39.77	1:25.20	2:11.78	2:58.05
6. Hetty Smalheer	SCOM	2:56.89	196700352	2:58.24	+0,99	39.85	1:25.22	2:12.21	2:58.24
7. Ingeborg Stokx	DAW	3:08.60	196700666	3:06.80	+0,75	41.79	1:29.25	2:18.87	3:06.80
8. Betty van Kemenade	PSV	3:21.52	196800832	3:20.63	+1,13	43.98	1:34.44	2:27.18	3:20.63
9. Riekie Schra	Steenwijk 1934	4:23.21	196400404	4:43.43	+1,36	55.38	2:05.70	3:26.41	4:43.43
AFGEM Marion Broekhuis	WS Twente	2:44.62	196800060						

Masters 50+

1. Jeannette Ruesink	WS Twente	2:30.29	196300212	2:33.38	+0,86	35.83	1:14.44	1:54.34	2:33.38
2. Francine Sommer	Triton	2:40.82	196200384	2:39.16	+0,87	35.14	1:14.88	1:56.09	2:39.16
3. Ada de Voogd	ZVVS	2:51.59	195900280	2:48.29	+0,82	37.60	1:20.45	2:05.35	2:48.29

Masters 55+

1. Elly Kiestra-Broertjes	Zignea	3:06.23	195600100	3:14.31	+0,98	40.93	1:29.01	2:21.51	3:14.31
2. Pauline van Loon	Aqua-Novio'94	3:24.80	195600098	3:26.70	+1,02	46.08	1:39.08	2:34.19	3:26.70
3. Mies Kuipers	Old Dutch	4:15.67	195800202	4:12.48	+0,94	57.89	2:03.33	3:11.05	4:12.48

Masters 60+

1. Conny Boer-Buys	ZVVS	2:35.38	195000006	2:38.45	+0,93	35.93	1:16.94	1:59.21	2:38.45
2. A. Gilding-Tussaud	WS Twente	3:40.95	195000038	3:33.58	+1,12	49.85	1:44.49	2:40.36	3:33.58
3. Geerdiën Meerwaldt	Van Vliet-Barracuda	4:15.52	195200058	4:19.32	+1,18	56.74	2:00.78	3:09.69	4:19.32

Masters 65+

1. Annie Smits	PSV	3:26.33	194600016	3:27.43	+1,33	48.96	1:42.10	2:36.41	3:27.43
2. Mieke Strijbis-v.d.Kroft	DAW	3:41.75	194500004	3:38.90	+1,30	52.32	1:48.62	2:44.78	3:38.90

Masters 70+

1. Truus Ruiter	Old Dutch	4:02.00	194000004	4:07.31	+0,90	54.52	1:57.31	3:02.15	4:07.31
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Programmanr. 12, Dames, 200m vrije slag

Masters 75+

1. Lottie Geurts	PSV	3:18.83	193500006	3:27.83	+1,21	48.15	1:40.68	2:34.78	3:27.83
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Programmanr. 13
25-01-2013 - 17:10

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Jos de Graaf	PSV	1:55.89	199106095	1:57.14	+0,73	27.06	57.32	1:27.71	1:57.14
2. Patrick Creemers	De Roersoppers	2:01.85	199000579	2:01.70	+0,95	28.17	58.68	1:30.48	2:01.70
3. Tim Bunnik	Triton	2:04.69	199000505	2:04.09	+0,77	27.54	58.37	1:31.08	2:04.09
4. Sjoerd Sieval	LZ 1886	2:09.51	199002663	2:08.15	+0,70	29.59	1:02.32	1:36.34	2:08.15
5. Ruben Stolk	ZOB'66	2:14.57	199005665	2:10.50	+0,75	29.16	1:02.17	1:36.60	2:10.50
6. Roel van Beek	Montferland	2:20.46	198905861	2:18.73	+0,92	32.25	1:07.38	1:43.97	2:18.73
7. Ruben de Boer	De Duinkickers	2:27.68	199301419	2:30.91	+0,82	33.41	1:10.75	1:50.60	2:30.91
AFGEM Kevin Eltink	DWK	1:54.50	199100589						

Masters 25+

1. Sander van Elburg	Het Y	2:03.50	198800937	2:01.33	+0,80	28.27	59.12	1:30.75	2:01.33
2. Daan Glorie	DAW	1:59.29	198801115	2:01.43	+0,80	28.07	58.68	1:30.36	2:01.43
3. Richard Huisken	ZPC De Hof	2:00.06	198501141	2:04.81	+0,72	27.32	58.56	1:31.55	2:04.81
4. Emiel Huisken	ZPC De Hof	2:01.76	198501139	2:08.32	+0,75	27.57	58.48	1:32.36	2:08.32
5. Remko Hooft	De Duinkickers	2:10.01	198701405	2:10.99	+0,74	30.43	1:03.88	1:37.52	2:10.99
6. Mathijs Lenos	HPC	2:12.45	198401407	2:13.39	+0,96	31.48	1:05.81	1:39.54	2:13.39
7. Rick Driezen	Steenwijk 1934	2:05.92	198600713	2:15.59	+0,84	30.98	1:04.80	1:39.86	2:15.59

Masters 30+

1. Nol van Thull	ZOB'66	1:59.08	198001513	1:57.33	+0,81	26.56	56.23	1:26.56	1:57.33
<i>Kampioenschaps Record</i>									
2. Kristiaan Lenos	LZ 1886	1:59.26	198301331	1:59.70	+0,77	26.53	56.93	1:28.22	1:59.70
3. Remco van Althuis	SBC2000	2:01.59	198300029	2:03.24	+0,89	28.69	59.85	1:31.87	2:03.24
4. Michiel Beemster	WS Twente	2:01.79	198000063	2:03.41	+0,91	27.83	59.06	1:31.55	2:03.41
5. Alexander Hulleman	Steenwijk 1934	2:03.74	198300989	2:03.60	+0,79	28.50	59.86	1:31.77	2:03.60
6. Pieter Pickhardt	ZPC De Hof	2:04.42	198301657	2:06.97	+0,92	28.87	1:00.73	1:33.92	2:06.97
7. Marcel Reefhuis	WS Twente	2:06.96	198101381	2:08.63	+0,81	29.41	1:01.96	1:35.33	2:08.63
8. Jetse Scholma	Arethusa	2:26.18	197901973	2:15.71	+0,99	31.45	1:05.63	1:40.90	2:15.71
9. Jeroen Vogelsang	DAW	2:21.18	198001645	2:16.71	+0,85	31.45	1:05.44	1:41.27	2:16.71
10. Stan Dekker	PLONS	2:19.98	197901823	2:18.16	+0,88	32.85	1:08.14	1:43.30	2:18.16
11. Remco Veerkamp	Zuiderzeewemmers	3:06.79	198102311	2:53.07	+0,99	38.30	1:21.47	2:08.13	2:53.07

Masters 35+

1. Casper Hut	HZ&PC Heerenveen	2:06.34	197800471	1:59.89	+0,70	26.72	56.64	1:28.56	1:59.89
<i>Kampioenschaps Record</i>									
2. Ivo Roozeboom	WVZ	2:02.94	197700801	2:04.21	+0,83	28.86	1:00.92	1:33.13	2:04.21
3. Roland de Jong	Eurode KZC	2:07.22	197601513	2:08.69	+0,85	30.14	1:02.87	1:36.32	2:08.69

Masters 40+

1. Richard Ricksen	HGN (SG)	2:06.70	197000841	2:10.16	+0,79	29.95	1:02.52	1:36.00	2:10.16
2. Arjan Bellaart	Oceanus	2:10.52	196900079	2:10.37	+0,62	29.14	1:02.34	1:36.32	2:10.37
3. Casper van der Burgh	LZ 1886	2:17.49	197201413	2:14.30	+0,83	30.53	1:04.56	1:39.62	2:14.30
4. Agnus Gerringa	Zuiderzeewemmers	2:08.58	197100285	2:16.10	+0,86	30.26	1:03.79	1:39.79	2:16.10
5. Kees Akershoek	De Stelle	2:16.88	196900009	2:16.90	+0,82	31.26	1:06.20	1:41.82	2:16.90
6. Hans Schoenmakers	DAW	2:23.19	196900863	2:24.53	+0,91	32.07	1:08.39	1:46.63	2:24.53
7. Tiemen Stegenga	HZ&PC Heerenveen	2:27.73	197101379	2:28.18	+0,92	33.56	1:10.42	1:49.40	2:28.18
8. Marcel Brittijn	De Duinkickers	2:36.34	196900159	2:45.91	+0,70	38.93	1:19.76	2:04.00	2:45.91
9. Arnold Jonker	HZ&PC Heerenveen	2:48.89	197000529	2:55.87	+0,91	40.05	1:24.83	2:12.41	2:55.87

Programmanr. 13, Heren, 200m vrije slag

Masters 45+

1. Geert Wijn	De Gelenberg	2:05.47	196701101	2:08.41	+0,70	28.72	1:00.79	1:34.44	2:08.41
2. Phil Trethewie	Old Dutch	2:17.99	196501315	2:17.52	+0,82	32.35	1:06.93	1:42.63	2:17.52
3. Jeroen den Boer	TRB-RES	2:31.02	196701475	2:29.35	+0,76	32.68	1:09.77	1:49.66	2:29.35
4. Theo Bakker	TriVia	2:25.74	196401231	2:32.98	+0,76	32.63	1:10.48	1:51.02	2:32.98
5. Nico Buurman	PSV	2:49.92	196401357	2:49.67	+0,78	37.58	1:20.78	2:05.80	2:49.67

Masters 50+

1. Cees van Houwelingen	De Schelde	2:03.78	196300351	2:04.85	+0,94	28.28	59.62	1:32.15	2:04.85
<i>Nederlands Masters Record</i>									
2. Peter van Vuuren	Upstream Amsterdam	2:26.98	196000641	2:22.16	+0,92	32.91	1:09.75	1:47.29	2:22.16
3. Edzo Huisman	Aquapoldro	2:18.51	196301029	2:24.51	+0,95	32.48	1:08.43	1:45.76	2:24.51
4. Menno Lomans	D'Elft WAVE (SG)	2:24.95	196101071	2:26.13	+0,75	32.87	1:09.64	1:48.41	2:26.13
5. Tom Dimmendaal	Oceanus	2:41.57	196301011	2:28.66	+0,94	34.79	1:13.30	1:52.05	2:28.66
6. Rob Penninks	PSV	2:32.93	196000897	2:31.09	+0,82	34.16	1:12.26	1:51.98	2:31.09
7. Mark Kas	PLONS	2:29.47	196100285	2:32.82	+0,83	35.47	1:14.38	1:53.90	2:32.82
8. John Stoffer	Zoetermeer	2:24.52	196300725	2:33.49	+0,79	34.33	1:12.91	1:53.40	2:33.49
9. Bart van Calker	WS Twente	2:37.91	196100067	2:39.84	+0,84	37.30	1:16.96	1:58.07	2:39.84
10. Casper Dollekamp	Steenwijk 1934	2:38.56	196301341	2:42.06	+0,84	36.88	1:18.04	2:01.32	2:42.06
11. Jan Willem Heuten	WS Twente	2:42.38	196000883	2:42.80	+0,92	36.54	1:17.83	2:01.75	2:42.80
12. John Dam	Zignea	2:41.04	196000915	2:44.90	+0,93	37.01	1:18.40	2:02.97	2:44.90
13. John Tersteeg	De Fuut	3:01.65	196001039	2:57.89	+0,91	39.14	1:23.85	2:11.86	2:57.89

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	2:09.22	195800149	2:07.86	+0,79	29.85	1:02.54	1:35.19	2:07.86
<i>Nederlands Masters Record</i>									
2. Willem Zwiers	AquaAmigos	2:27.88	195800505	2:39.26	+0,92	35.91	1:16.19	1:58.65	2:39.26

Masters 60+

1. Jean-Marie Cadiat	CNSW	2:19.06	557/53	2:20.85	+0,84	32.04	1:08.08	1:44.93	2:20.85
<i>Belgisch Masters Record</i>									
2. Piet Schop	De Bevelanders	2:38.53	195000109	2:38.52	+0,80	35.58	1:15.75	1:58.14	2:38.52

Masters 65+

1. Donald Uijtenbogaart	Het Y	2:25.87	194700107	2:29.44	+0,86	35.61	1:13.36	1:51.86	2:29.44
2. Wout Hemmes	De Plons	2:41.72	194800059	2:43.87	+0,96	35.18	1:16.12	2:00.05	2:43.87
3. Jaap Kwakkel	DAW	2:55.04	194700157	2:53.95	+0,99	38.60	1:22.66	2:08.95	2:53.95
4. Viktoras Snieska	Takas	2:51.45	1947SNI	2:54.88	+0,94	39.95	1:22.31	2:08.54	2:54.88
<i>Lithuanian Masters Record</i>									
5. Ruud Sloof	De Rijn	3:03.64	194400073	3:05.05	+1,00	39.23	1:25.68	2:16.81	3:05.05
6. Willem Putter	ZVVS	3:16.35	194500135	3:07.88	+1,13	42.09	1:28.70	2:19.47	3:07.88
7. Mar van Geel	Old Dutch	3:14.51	194700135	3:16.62	+1,14	42.55	1:31.09	2:23.46	3:16.62

Masters 70+

1. Rob Hanou	PSV	2:48.34	194300109	3:03.18	+1,06	38.36	1:25.40	2:14.85	3:03.18
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	2:42.38	193800007	2:52.26	+0,93	40.83	1:25.47	2:10.17	2:52.26
<i>Nederlands Masters Record</i>									
2. Gregor Pompen	Aqua-Novio'94	3:08.44	193700021	3:20.14	+0,91	46.11	1:36.15	2:28.82	3:20.14

Programmanr. 14
25-01-2013 - 17:43

Dames, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
100+					
1.	DAW 1 <i>Kampioenschaps Record</i>	2:12.58		2:10.62	+0,84
	Maaïke Vooren 91 +0,84 35.69 Sandra Zwaanswijk 85 +0,51 31.55				
	Laura Badoux 82 +0,39 33.76 Sandra Pannekeet 84 +0,33 29.62				
2.	WVZ 1	2:16.44		2:17.14	+0,82
	Petra Versteegen 77 +0,82 37.33 Lisette Prins 88 +0,33 34.68				
	Nina Ferreira 89 +0,15 36.04 Mea Ferreira 89 +0,26 29.09				
3.	De Schotejil 1	2:19.96		2:20.82	+0,75
	Susanne van Hooven 68 +0,75 38.16 Whitley Rens 90 +0,56 33.94				
	Eline Roeland 88 +0,44 39.57 Danica Koedoot 93 +0,52 29.15				
4.	GZVW 1	2:29.39		2:26.81	+0,78
	Marijke Pras 92 +0,78 36.41 Henriëtte Manting 71 +0,09 36.18				
	Josse van Geffen 86 +0,50 40.70 Relinda Baas 89 +0,57 33.52				
120+					
1.	PSV 1	2:13.53		2:13.49	+0,78
	Bianca Cox 80 +0,78 34.91 Nienke van Stipriaan 87 +0,49 32.89				
	Stephanie Rombout 88 +0,68 35.05 Katrin Pennings 64 +0,14 30.64				
2.	DWK 1 <i>Startzwemmer NMR</i>	2:20.56		2:17.95	+0,66
	Martine Bouw 61 +0,66 35.52 Pauline Gouwens 84 +0,58 28.96				
	Marloes Erkens 93 +0,56 37.04 Jennie Resink-lindeboom 60 +0,64 36.43				
3.	WS Twente 1	2:18.33		2:19.94	+0,84
	Jeannette Ruesink 63 +0,84 39.13 Annelette de Vries 86 +0,54 32.67				
	Inez Heideman 75 +0,48 39.20 Marjan van der Star 84 +0,74 28.94				
4.	HZ&PC Heerenveen 1	2:30.25		2:34.19	+0,75
	Alie Visser 64 +0,75 47.05 Berdie Eghuizen 83 +0,49 37.22				
	Karin van Dijk 86 +0,49 35.04 Pia van der Molen 60 +0,35 34.88				
NG.ZA	Sprut 1	2:12.00			
160+					
1.	DAW 2	2:50.54		2:46.33	+0,74
	Bianca Paape 85 +0,74 37.24 Esther Steltenpohl 85 +0,19 37.91				
	Mieke Strijbis-v.d.Kroft 45 +0,31 53.38 Ingeborg Stokx 67 37.80				
200+					
1.	WS Twente 2	2:41.21		2:42.02	+0,78
	Antoinette Gilding-Tussaud 50 +0,78 48.48 Marijke Kraak-Beckers 60 +0,59 37.40				
	Monique Gerritsen 65 +0,35 41.72 Ima van der Molen 69 +0,57 34.42				
280+					
1.	Old Dutch 1 <i>50m*</i>	3:50.10		4:18.32	+0,75
	Annie de Vos 34 +0,75 59.12 Matty van der Veen 44 +0,63 57.91				
	Tineke de Bueger 37 1:06.42 Annie de Vos 34 1:14.87				

Programmanr. 15
25-01-2013 - 17:51

Heren, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+					
1.	LZ 1886	2:01.31		1:56.53	+0,69
	Sjoerd Sieval 90 +0,69 30.68	Thomas Hansen 92 +0,29 27.43			
	Kristiaan Lenos 83 +0,38 31.69	Boy Heijnekamp 89 +0,32 26.73			
2.	Het Ravijn	1:59.54		1:57.79	+0,65
	Rutger Kooistra 92 +0,65 28.89	Christian Karkdijk 92 +0,20 27.50			
	Gerrit-Jan Poorte 92 +0,04 35.51	Gert-Jan Nieuwenhuis 92 +0,31 25.89			
3.	De Schoteijl	1:58.41		1:58.71	+0,66
	Niels Albrechts 88 +0,66 32.54	Mark Costeris 92 +0,49 25.35			
	Thijs Tromper 87 +0,33 34.58	Martijn van Hoorn 89 +0,75 26.24			
100+					
1.	ZOB'66	1:56.69		1:55.52	+0,69
	Marcel Noordermeer 90 +0,69 30.90	Ruben Stolk 90 +0,40 28.76			
	Roderik Meijers 86 +0,40 30.97	Anne Hollaar 83 +0,41 24.89			
2.	ZPC De Hof	1:57.89		1:56.52	+0,74
	Jasper de Boer 93 +0,74 29.62	Richard Huisken 85 +0,52 29.14			
	Pieter Pickhardt 83 +0,48 32.26	Emiel Huisken 85 +0,36 25.50			
120+					
1.	WVZ	1:54.57		1:53.12	+0,74
	Ivo Roozeboom 77 +0,74 29.54	Hugo Bregman 58 +0,44 27.74			
	Thijs van Valkengoed 83 +0,38 29.29	Bas v.d. Laan 83 +0,42 26.55			
2.	Octopus	2:00.22		1:59.87	+0,72
	Floris Manni 88 +0,72 28.91	Emile Manni 90 +0,36 26.01			
	Albert van Piekeren 84 +0,55 30.96	Henk van Zetten 67 +0,26 33.99			
3.	DAW	2:03.12		2:00.03	+0,70
	John Stokx 64 +0,70 32.79	Kars Luttk 78 +0,20 29.31			
	Ron Langelaan 78 +0,35 31.83	Alex Damen 75 +0,22 26.10			
4.	De Futen	2:02.59		2:07.39	+0,72
	Erwin Zuidervelt 75 +0,72 34.04	Erwin Sheek 91 +0,29 28.73			
	Bas Spoelstra 77 +0,46 35.98	Arnold de Rover 64 +0,35 28.64			
5.	Steenwijk 1934	2:07.08		2:07.56	+0,77
	Casper Dollekamp 63 +0,77 36.95	Rick Driezen 86 +0,27 28.39			
	Huyb Stegeman 67 +0,46 37.54	Lauren Vis 82 +0,29 24.68			
6.	De Duinkickers	2:11.98		2:16.95	+0,73
	Ruben de Boer 93 +0,73 36.40	Jaap de Boer 58 +0,09 37.08			
	Remko Hooft 87 +0,30 32.97	Marcel Brittijn 69 +0,43 30.50			
160+					
1.	HZ&PC Heerenveen	2:00.00		1:57.61	+0,80
	Gerard Eghuizen 74 +0,80 32.57	Casper Hut 78 +0,59 26.53			
	René Beetsma 69 +0,38 32.45	Marten de Groot 58 +0,34 26.06			
2.	Upstream Amsterdam	2:03.00		2:02.34	+0,68
	Dennis Schouten 75 +0,68 30.59	Peter van Vuuren 60 +0,28 30.77			
	Robert Weyhenke 52 +0,24 34.86	Joost Roelofs 76 +0,55 26.12			
3.	Takas	2:05.00		2:05.85	+0,72
	Linus Kersevicius 71 +0,72 31.36	Arvydas Burinskis 69 +0,42 31.35			
	Arlandas Juodeska 61 +0,23 35.36	Arturas Tuomas 61 +0,60 27.78			
4.	De Schelde	2:10.08		2:09.20	+0,68
	Bas Wesdorp 73 +0,68 36.10	Marco de Bat 71 +0,61 32.04			
	Cees van Houwelingen 63 +0,44 32.83	Maarten de Pooter 66 +0,39 28.23			
5.	WS Twente	2:12.89		2:11.99	+0,66
	Marcel Reefhuis 81 +0,66 31.07	Michiel Beemster 80 +0,37 27.51			
	Jack Barends 62 +0,53 41.17	Bart van Calker 61 +0,50 32.24			
6.	DAW	2:19.57		2:12.11	+0,83
	Daan Glorie 88 +0,83 32.39	Jeroen Vogelsang 80 +0,57 32.69			
	Hans Schoenmakers 69 +0,31 35.44	Jaap Kwakkel 47 +0,52 31.59			



Open Nederlandse Masters
Kampioenschappen 2013 korte baan
Nijverdal, 25-27 januari 2013



Programmanr. 15, Heren, 4 x 50m wisselslag

200+

1. WWV 1	WWV			2:13.01		2:10.71	+0,78
Ruud Ruiters	53	+0,78	35.41	Kees-Jan van Overbeeke	62	+0,27	29.36
Laurens Klein Breteler	54	+0,03	39.10	Robert Vink	63	+0,08	26.84

3 - ONMK 2013 kb sessie 3

26-01-2013 - 9:00

Programmanr. 17
26-01-2013 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jan-Willem v.d. Graaff	Het Y	4:13.12	198901023	4:17.14	+0,74
	50m: 29.73 29.73 100m: 1:01.93 32.20	150m: 1:34.75 32.82 200m: 2:07.98 33.23	250m: 2:40.44 32.46 300m: 3:13.06 32.62	350m: 3:45.41 32.35 400m: 4:17.14 31.73		
2.	Joost Rijntjes	LZ 1886	4:16.54	199101899	4:23.69	+0,73
	50m: 29.06 29.06 100m: 1:01.58 32.52	150m: 1:34.93 33.35 200m: 2:08.31 33.38	250m: 2:42.47 34.16 300m: 3:16.46 33.99	350m: 3:50.60 34.14 400m: 4:23.69 33.09		
3.	Dennis Wijbenga	Stadskanaal	4:21.78	199003283	4:29.48	+0,86
	50m: 30.37 30.37 100m: 1:03.57 33.20	150m: 1:37.34 33.77 200m: 2:12.59 35.25	250m: 2:47.27 34.68 300m: 3:22.51 35.24	350m: 3:56.95 34.44 400m: 4:29.48 32.53		
4.	Tim Bunnik	Triton	4:27.60	199000505	4:30.46	+0,77
	50m: 29.23 29.23 100m: 1:02.01 32.78	150m: 1:35.96 33.95 200m: 2:10.44 34.48	250m: 2:45.59 35.15 300m: 3:20.94 35.35	350m: 3:55.76 34.82 400m: 4:30.46 34.70		
5.	Wessel Everloo	De Veene	4:30.72	198906597	4:34.60	+0,86
	50m: 30.84 30.84 100m: 1:05.43 34.59	150m: 1:40.81 35.38 200m: 2:16.80 35.99	250m: 2:51.81 35.01 300m: 3:26.74 34.93	350m: 4:02.12 35.38 400m: 4:34.60 32.48		
6.	Maik Steenkamp	Montferland	4:30.05	199103847	4:36.70	+0,76
	50m: 30.49 30.49 100m: 1:04.53 34.04	150m: 1:39.54 35.01 200m: 2:14.35 34.81	250m: 2:49.45 35.10 300m: 3:25.11 35.66	350m: 4:01.30 36.19 400m: 4:36.70 35.40		
7.	Thomas Hansen	LZ 1886	4:44.39	199204327	4:40.62	+0,76
	50m: 30.66 30.66 100m: 1:05.72 35.06	150m: 1:41.22 35.50 200m: 2:17.32 36.10	250m: 2:53.29 35.97 300m: 3:29.37 36.08	350m: 4:05.24 35.87 400m: 4:40.62 35.38		
8.	Pieter Pijnenburg	De Warande	4:50.62	199305227	4:44.43	+0,71
	50m: 31.04 31.04 100m: 1:06.60 35.56	150m: 1:43.26 36.66 200m: 2:19.72 36.46	250m: 2:56.17 36.45 300m: 3:32.56 36.39	350m: 4:09.89 37.33 400m: 4:44.43 34.54		
9.	Roel van Beek	Montferland	5:25.26	198905861	5:06.87	+0,91
	50m: 34.46 34.46 100m: 1:12.01 37.55	150m: 1:49.94 37.93 200m: 2:28.90 38.96	250m: 3:07.90 39.00 300m: 3:47.70 39.80	350m: 4:27.25 39.55 400m: 5:06.87 39.62		
10.	Berné Beute	't Tolhekke	5:34.20	199100135	5:30.69	+0,96
	50m: 35.59 35.59 100m: 1:15.22 39.63	150m: 1:57.40 42.18 200m: 2:40.46 43.06	250m: 3:23.97 43.51 300m: 4:07.40 43.43	350m: 4:50.08 42.68 400m: 5:30.69 40.61		
11.	Matthijs van Doorn	Het Ravijn	6:17.77	199207231	6:22.76	+0,89
	50m: 39.81 39.81 100m: 1:24.57 44.76	150m: 2:11.82 47.25 200m: 3:00.70 48.88	250m: 3:49.97 49.27 300m: 4:40.27 50.30	350m: 5:30.72 50.45 400m: 6:22.76 52.04		
Masters 25+						
1.	Daan Glorie	DAW	4:12.57	198801115	4:15.62	+0,80
	50m: 29.05 29.05 100m: 1:00.87 31.82	150m: 1:33.26 32.39 200m: 2:05.94 32.68	250m: 2:38.45 32.51 300m: 3:11.13 32.68	350m: 3:43.47 32.34 400m: 4:15.62 32.15		
2.	Sander van Elburg	Het Y	4:23.99	198800937	4:19.85	+0,77
	50m: 29.11 29.11 100m: 1:00.76 31.65	150m: 1:33.61 32.85 200m: 2:06.78 33.17	250m: 2:39.89 33.11 300m: 3:13.40 33.51	350m: 3:46.79 33.39 400m: 4:19.85 33.06		
3.	Richard Huisken	ZPC De Hof	4:16.88	198501141	4:24.51	+0,75
	50m: 29.18 29.18 100m: 1:01.52 32.34	150m: 1:34.80 33.28 200m: 2:08.51 33.71	250m: 2:42.35 33.84 300m: 3:16.35 34.00	350m: 3:50.62 34.27 400m: 4:24.51 33.89		
4.	Emiel Huisken	ZPC De Hof	4:16.67	198501139	4:25.77	+0,76
	50m: 28.39 28.39 100m: 59.92 31.53	150m: 1:32.71 32.79 200m: 2:06.23 33.52	250m: 2:40.52 34.29 300m: 3:15.31 34.79	350m: 3:50.73 35.42 400m: 4:25.77 35.04		
5.	Ralf van der Poel	Zuiderzeewemmers	4:27.01	198401783	4:25.89	+0,74
	50m: 28.52 28.52 100m: 1:00.38 31.86	150m: 1:33.59 33.21 200m: 2:07.61 34.02	250m: 2:42.09 34.48 300m: 3:17.05 34.96	350m: 3:52.11 35.06 400m: 4:25.89 33.78		
6.	Bastian Zoon	De Gooye	4:49.12	198703929	4:37.94	+0,73
	50m: 31.19 31.19 100m: 1:06.32 35.13	150m: 1:42.20 35.88 200m: 2:18.33 36.13	250m: 2:54.07 35.74 300m: 3:30.26 36.19	350m: 4:05.17 34.91 400m: 4:37.94 32.77		
7.	Mathijs Lenos	HPC	4:44.68	198401407	4:44.41	+1,00
	50m: 32.60 32.60 100m: 1:08.46 35.86	150m: 1:44.51 36.05 200m: 2:21.26 36.75	250m: 2:57.04 35.78 300m: 3:32.82 35.78	350m: 4:08.36 35.54 400m: 4:44.41 36.05		

Programmanr. 17, Heren, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
8.	Lars Erik Beute	't Tolhekke	5:23.58	198600227	5:14.70	+0,95		
	50m: 32.89	32.89	150m: 1:48.67	38.81	250m: 3:09.41	41.01	350m: 4:33.05	41.80
	100m: 1:09.86	36.97	200m: 2:28.40	39.73	300m: 3:51.25	41.84	400m: 5:14.70	41.65

Masters 30+

1.	Kristiaan Lenos	LZ 1886	4:16.41	198301331	4:17.97	+0,79		
	<i>Kampioenschaps Record</i>							
	50m: 27.89	27.89	150m: 1:31.86	32.50	250m: 2:38.71	33.48	350m: 3:45.74	33.84
	100m: 59.36	31.47	200m: 2:05.23	33.37	300m: 3:11.90	33.19	400m: 4:17.97	32.23
2.	Alexander Hulleman	Steenwijk 1934	4:22.09	198300989	4:22.46	+0,78		
	50m: 29.32	29.32	150m: 1:34.51	33.03	250m: 2:41.40	33.44	350m: 3:49.10	33.86
	100m: 1:01.48	32.16	200m: 2:07.96	33.45	300m: 3:15.24	33.84	400m: 4:22.46	33.36
3.	Remco van Althuis	SBC2000	4:31.49	198300029	4:22.58	+0,88		
	50m: 29.79	29.79	150m: 1:35.37	33.13	250m: 2:42.94	33.65	350m: 3:50.16	33.50
	100m: 1:02.24	32.45	200m: 2:09.29	33.92	300m: 3:16.66	33.72	400m: 4:22.58	32.42
4.	Michiel Beemster	WS Twente	4:27.10	198000063	4:24.29	+0,89		
	50m: 29.09	29.09	150m: 1:34.03	32.99	250m: 2:42.13	34.19	350m: 3:50.69	34.18
	100m: 1:01.04	31.95	200m: 2:07.94	33.91	300m: 3:16.51	34.38	400m: 4:24.29	33.60
5.	Marcel Reefhuis	WS Twente	4:31.56	198101381	4:32.61	+0,81		
	50m: 30.69	30.69	150m: 1:39.20	34.50	250m: 2:48.98	34.98	350m: 3:59.11	35.05
	100m: 1:04.70	34.01	200m: 2:14.00	34.80	300m: 3:24.06	35.08	400m: 4:32.61	33.50
6.	Freddie Geerlings	Mosaqua Gulpen	4:36.67	197900379	4:44.94	+0,83		
	50m: 31.75	31.75	150m: 1:42.63	35.95	250m: 2:54.73	36.01	350m: 4:08.38	36.91
	100m: 1:06.68	34.93	200m: 2:18.72	36.09	300m: 3:31.47	36.74	400m: 4:44.94	36.56
7.	Jeroen Vogelsang	DAW	4:51.74	198001645	4:50.76	+0,88		
	50m: 31.52	31.52	150m: 1:42.68	36.18	250m: 2:56.47	37.38	350m: 4:13.38	39.07
	100m: 1:06.50	34.98	200m: 2:19.09	36.41	300m: 3:34.31	37.84	400m: 4:50.76	37.38
8.	Jetse Scholma	Arethusa	5:06.48	197901973	4:54.43	+0,92		
	50m: 33.31	33.31	150m: 1:46.30	37.05	250m: 3:01.17	37.60	350m: 4:17.02	38.15
	100m: 1:09.25	35.94	200m: 2:23.57	37.27	300m: 3:38.87	37.70	400m: 4:54.43	37.41
9.	Steven Prins	PLONS	5:18.73	197901833	5:16.80	+0,77		
	50m: 33.83	33.83	150m: 1:52.38	40.40	250m: 3:14.05	41.24	350m: 4:36.92	41.79
	100m: 1:11.98	38.15	200m: 2:32.81	40.43	300m: 3:55.13	41.08	400m: 5:16.80	39.88

Masters 35+

1.	Ivo Roozeboom	WVZ	4:28.83	197700801	4:28.93	+0,85		
	<i>Kampioenschaps Record</i>							
	50m: 30.43	30.43	150m: 1:39.35	34.77	250m: 2:49.01	34.56	350m: 3:56.87	33.50
	100m: 1:04.58	34.15	200m: 2:14.45	35.10	300m: 3:23.37	34.36	400m: 4:28.93	32.06
2.	Roland de Jong	Eurode KZC	4:29.44	197601513	4:34.74	+0,78		
	50m: 29.39	29.39	150m: 1:35.46	33.75	250m: 2:46.33	35.78	350m: 3:58.93	36.18
	100m: 1:01.71	32.32	200m: 2:10.55	35.09	300m: 3:22.75	36.42	400m: 4:34.74	35.81
3.	Markus van Rest	Zoetermeer	4:50.06	197701197	4:57.20	+0,78		
	50m: 33.66	33.66	150m: 1:49.66	38.39	250m: 3:06.89	37.81	350m: 4:21.49	37.42
	100m: 1:11.27	37.61	200m: 2:29.08	39.42	300m: 3:44.07	37.18	400m: 4:57.20	35.71
DIS	Kars Luttk AF	DAW	4:49.45	197800675				
	50m:		150m:		250m:		350m:	
	100m:		200m:		300m:		400m:	

Masters 40+

1.	Casper van der Burgh	LZ 1886	5:00.03	197201413	4:49.09	+0,84		
	50m: 32.90	32.90	150m: 1:45.23	36.21	250m: 2:57.32	36.04	350m: 4:12.57	37.76
	100m: 1:09.02	36.12	200m: 2:21.28	36.05	300m: 3:34.81	37.49	400m: 4:49.09	36.52
2.	Agnus Gerringa	Zuiderzeewimmers	4:40.94	197100285	4:54.09	+0,89		
	50m: 31.32	31.32	150m: 1:42.86	36.72	250m: 2:58.19	38.13	350m: 4:15.91	39.06
	100m: 1:06.14	34.82	200m: 2:20.06	37.20	300m: 3:36.85	38.66	400m: 4:54.09	38.18
3.	Hans Schoenmakers	DAW	5:15.83	196900863	5:06.14	+0,81		
	50m: 33.39	33.39	150m: 1:50.04	38.84	250m: 3:09.13	39.54	350m: 4:28.29	39.02
	100m: 1:11.20	37.81	200m: 2:29.59	39.55	300m: 3:49.27	40.14	400m: 5:06.14	37.85

Programmanr. 17, Heren, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Kasper van den Berghe	Swol 1894	5:11.72	197301125	5:19.63	+0,91
	50m: 35.06 35.06	150m: 1:53.29 39.65	250m: 3:13.71 40.68	350m: 4:37.13 42.33		
	100m: 1:13.64 38.58	200m: 2:33.03 39.74	300m: 3:54.80 41.09	400m: 5:19.63 42.50		
5.	Wouter van der Stelt	Den Doorn	5:11.75	197200889	5:20.11	+0,84
	50m: 33.66 33.66	150m: 1:51.49 39.88	250m: 3:13.24 41.06	350m: 4:37.60 42.39		
	100m: 1:11.61 37.95	200m: 2:32.18 40.69	300m: 3:55.21 41.97	400m: 5:20.11 42.51		
6.	Tiemen Stegenga	HZ&PC Heerenveen	5:46.97	197101379	5:20.39	+0,85
	50m: 35.26 35.26	150m: 1:54.72 40.13	250m: 3:17.06 41.09	350m: 4:40.64 41.25		
	100m: 1:14.59 39.33	200m: 2:35.97 41.25	300m: 3:59.39 42.33	400m: 5:20.39 39.75		
7.	Marcel Brittijn	De Duinkickers	6:00.31	196900159	5:56.65	+0,83
	50m: 37.35 37.35	150m: 2:05.26 45.33	250m: 3:37.62 46.43	350m: 5:13.48 48.32		
	100m: 1:19.93 42.58	200m: 2:51.19 45.93	300m: 4:25.16 47.54	400m: 5:56.65 43.17		
8.	Sander Komen	ZV De Bron	6:36.47	197201507	6:43.31	+1,19
	50m: 39.84 39.84	150m: 2:12.87 48.89	250m: 4:00.36 56.06	350m: 5:49.65 53.58		
	100m: 1:23.98 44.14	200m: 3:04.30 51.43	300m: 4:56.07 55.71	400m: 6:43.31 53.66		
NG.ZA	Richard Rickson	HGN (SG)	4:38.68	197000841		

Masters 45+

1.	Geert Wijn	De Gelenberg	4:31.76	196701101	4:43.09	+0,74
	50m: 31.48 31.48	150m: 1:42.29 35.65	250m: 2:54.09 36.02	350m: 4:06.81 36.10		
	100m: 1:06.64 35.16	200m: 2:18.07 35.78	300m: 3:30.71 36.62	400m: 4:43.09 36.28		
2.	Marcel Osse	Zoetermeer	4:58.74	196600573	4:58.85	+0,94
	50m: 33.77 33.77	150m: 1:47.93 37.34	250m: 3:03.47 37.85	350m: 4:20.47 38.66		
	100m: 1:10.59 36.82	200m: 2:25.62 37.69	300m: 3:41.81 38.34	400m: 4:58.85 38.38		
3.	Harold Matla	PSV	4:59.75	196800591	5:11.07	+0,91
	50m: 34.11 34.11	150m: 1:51.19 38.97	250m: 3:12.33 40.88	350m: 4:33.26 40.02		
	100m: 1:12.22 38.11	200m: 2:31.45 40.26	300m: 3:53.24 40.91	400m: 5:11.07 37.81		
NG.ZA	Konstantin Sklyar	TG Lage	5:04.32	321129		

Masters 50+

1.	Gert Sikkema	Zignea	4:48.16	196300687	4:59.13	+0,92
	50m: 34.33 34.33	150m: 1:49.23 37.37	250m: 3:04.85 37.41	350m: 4:20.98 38.21		
	100m: 1:11.86 37.53	200m: 2:27.44 38.21	300m: 3:42.77 37.92	400m: 4:59.13 38.15		
2.	Gustav van den Berg	TriVia	5:07.50	196100991	5:00.78	+0,97
	50m: 33.86 33.86	150m: 1:49.15 37.85	250m: 3:06.51 38.50	350m: 4:23.19 38.33		
	100m: 1:11.30 37.44	200m: 2:28.01 38.86	300m: 3:44.86 38.35	400m: 5:00.78 37.59		
3.	Marius Ros	ZCNF'34	5:09.83	195900779	5:07.35	+0,84
	50m: 36.33 36.33	150m: 1:53.61 38.84	250m: 3:11.39 38.95	350m: 4:28.99 38.95		
	100m: 1:14.77 38.44	200m: 2:32.44 38.83	300m: 3:50.04 38.65	400m: 5:07.35 38.36		
4.	Ronald Grove	Oceanus	5:23.11	196100161	5:09.18	+0,81
	50m: 32.92 32.92	150m: 1:49.18 39.04	250m: 3:08.87 40.21	350m: 4:29.55 40.31		
	100m: 1:10.14 37.22	200m: 2:28.66 39.48	300m: 3:49.24 40.37	400m: 5:09.18 39.63		
5.	Eric Langhorst	De Rijn	5:06.60	196200389	5:17.02	+0,98
	50m: 35.56 35.56	150m: 1:55.69 41.03	250m: 3:17.37 40.62	350m: 4:38.55 40.79		
	100m: 1:14.66 39.10	200m: 2:36.75 41.06	300m: 3:57.76 40.39	400m: 5:17.02 38.47		
6.	Peter Marc de Rooij	Zwemlust-den Hommel	5:15.37	196100829	5:18.45	
	50m: 34.95 34.95	150m: 1:56.69 41.06	250m: 3:17.95 40.87	350m: 4:39.53 40.70		
	100m: 1:15.63 40.68	200m: 2:37.08 40.39	300m: 3:58.83 40.88	400m: 5:18.45 38.92		
7.	John Stoffer	Zoetermeer	5:07.51	196300725	5:25.57	+0,78
	50m: 35.24 35.24	150m: 1:55.24 40.55	250m: 3:19.58 42.41	350m: 4:44.36 42.42		
	100m: 1:14.69 39.45	200m: 2:37.17 41.93	300m: 4:01.94 42.36	400m: 5:25.57 41.21		
8.	Casper Dollekamp	Steenwijk 1934	5:48.92	196301341	5:49.67	+0,85
	50m: 38.10 38.10	150m: 2:04.84 44.19	250m: 3:35.86 45.46	350m: 5:07.79 46.35		
	100m: 1:20.65 42.55	200m: 2:50.40 45.56	300m: 4:21.44 45.58	400m: 5:49.67 41.88		
9.	Bart van Calker	WS Twente	5:41.54	196100067	5:54.76	+0,85
	50m: 38.97 38.97	150m: 2:05.68 44.75	250m: 3:37.74 46.31	350m: 5:10.25 46.29		
	100m: 1:20.93 41.96	200m: 2:51.43 45.75	300m: 4:23.96 46.22	400m: 5:54.76 44.51		
10.	Jan Willem Heuten	WS Twente	5:48.97	196000883	5:54.95	+0,94
	50m: 39.02 39.02	150m: 2:07.12 44.34	250m: 3:39.13 45.72	350m: 5:11.35 45.96		
	100m: 1:22.78 43.76	200m: 2:53.41 46.29	300m: 4:25.39 46.26	400m: 5:54.95 43.60		

Programmanr. 17, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
11.	John Dam	Zignea	5:49.26	196000915	5:59.89	+0,89		
	50m: 38.10	38.10	150m: 2:07.40	46.37	250m: 3:42.34	47.55	350m: 5:18.13	48.06
	100m: 1:21.03	42.93	200m: 2:54.79	47.39	300m: 4:30.07	47.73	400m: 5:59.89	41.76

Masters 55+

1.	Marten de Groot <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	4:32.75	195800149	4:32.27	+0,83		
	50m: 31.17	31.17	150m: 1:39.52	34.47	250m: 2:48.95	34.55	350m: 3:58.75	34.93
	100m: 1:05.05	33.88	200m: 2:14.40	34.88	300m: 3:23.82	34.87	400m: 4:32.27	33.52
2.	Albert Boonstra	Aqua-Novio'94	4:59.10	195700425	4:47.84	+0,89		
	50m: 32.92	32.92	150m: 1:46.47	36.88	250m: 2:59.13	36.25	350m: 4:13.07	36.83
	100m: 1:09.59	36.67	200m: 2:22.88	36.41	300m: 3:36.24	37.11	400m: 4:47.84	34.77
3.	Wim Wijtes	Aqua-Novio'94	5:16.83	195800483	5:19.18	+0,86		
	50m: 36.38	36.38	150m: 1:56.09	40.33	250m: 3:17.62	40.47	350m: 4:38.66	40.52
	100m: 1:15.76	39.38	200m: 2:37.15	41.06	300m: 3:58.14	40.52	400m: 5:19.18	40.52
4.	Henk Slomp	De Pinquin	5:20.70	195500359	5:25.39	+0,85		
	50m: 34.85	34.85	150m: 1:55.89	41.58	250m: 3:20.89	43.07	350m: 4:45.75	41.90
	100m: 1:14.31	39.46	200m: 2:37.82	41.93	300m: 4:03.85	42.96	400m: 5:25.39	39.64
5.	Lex Hoogendam	MNC Dordrecht	5:54.11	195700541	5:53.42	+1,16		
	50m: 37.55	37.55	150m: 2:04.48	44.18	250m: 3:35.64	46.03	350m: 5:08.39	46.30
	100m: 1:20.30	42.75	200m: 2:49.61	45.13	300m: 4:22.09	46.45	400m: 5:53.42	45.03
6.	Harry Paas	ZVVS	6:00.08	195800689	5:54.12	+0,84		
	50m: 37.97	37.97	150m: 2:07.06	45.99	250m: 3:40.74	46.77	350m: 5:11.62	44.92
	100m: 1:21.07	43.10	200m: 2:53.97	46.91	300m: 4:26.70	45.96	400m: 5:54.12	42.50
7.	Frank Zwijnenberg	PSV	6:39.48	195400361	6:18.37	+0,81		
	50m: 41.14	41.14	150m: 2:14.98	48.01	250m: 3:52.76	49.42	350m: 5:31.72	49.47
	100m: 1:26.97	45.83	200m: 3:03.34	48.36	300m: 4:42.25	49.49	400m: 6:18.37	46.65
8.	Joop van Dijk <i>100m*</i>	Deltasteur	6:44.21	195700075	6:31.77	+1,34		
	50m: 40.73	40.73	150m: 2:12.55	47.45	250m: 3:55.66	52.28	350m: 5:41.49	53.82
	100m: 1:25.10	44.37	200m: 3:03.38	50.83	300m: 4:47.67	52.01	400m: 6:31.77	50.28

Masters 60+

1.	Piet Schop	De Bevelanders	5:41.30	195000109	5:55.10	+0,76		
	50m: 38.71	38.71	150m: 2:08.71	46.14	250m: 3:41.24	46.63	350m: 5:14.21	46.30
	100m: 1:22.57	43.86	200m: 2:54.61	45.90	300m: 4:27.91	46.67	400m: 5:55.10	40.89

Masters 65+

1.	Donald Uijtenbogaart	Het Y	5:06.74	194700107	5:15.63	+0,86		
	50m: 36.71	36.71	150m: 1:56.67	40.71	250m: 3:17.09	40.07	350m: 4:36.78	39.73
	100m: 1:15.96	39.25	200m: 2:37.02	40.35	300m: 3:57.05	39.96	400m: 5:15.63	38.85
2.	Wout Hemmes	De Plons	5:47.43	194800059	5:57.77	+0,91		
	50m: 37.43	37.43	150m: 2:05.38	45.66	250m: 3:40.28	47.40	350m: 5:14.25	47.25
	100m: 1:19.72	42.29	200m: 2:52.88	47.50	300m: 4:27.00	46.72	400m: 5:57.77	43.52
3.	Jaap Kwakkel	DAW	6:36.43	194700157	6:24.93	+1,08		
	50m: 41.34	41.34	150m: 2:19.18	49.88	250m: 3:59.12	49.58	350m: 5:39.76	50.45
	100m: 1:29.30	47.96	200m: 3:09.54	50.36	300m: 4:49.31	50.19	400m: 6:24.93	45.17
4.	Mar van Geel	Old Dutch	7:09.11	194700135	7:05.99	+1,16		
	50m: 44.18	44.18	150m: 2:29.80	54.22	250m: 4:21.15	55.41	350m: 6:12.56	55.62
	100m: 1:35.58	51.40	200m: 3:25.74	55.94	300m: 5:16.94	55.79	400m: 7:05.99	53.43

Masters 70+

1.	Rob Hanou	PSV	6:02.32	194300109	6:24.20	+1,08		
	50m: 41.25	41.25	150m: 2:18.93	50.11	250m: 3:59.51	50.03	350m: 5:38.95	49.56
	100m: 1:28.82	47.57	200m: 3:09.48	50.55	300m: 4:49.39	49.88	400m: 6:24.20	45.25

Programmanr. 17, Heren, 400m vrije slag

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	5:45.50	193800007	6:16.72	+0,97
	<i>Nederlands Masters Record</i>					
	50m: 42.43	42.43	150m: 2:18.20	48.05	250m: 3:56.61	49.67
	100m: 1:30.15	47.72	200m: 3:06.94	48.74	300m: 4:44.23	47.62
					350m: 5:33.08	48.85
					400m: 6:16.72	43.64
2.	Gregor Pompen	Aqua-Novio'94	6:52.84	193700021	7:08.77	+0,97
	50m: 48.33	48.33	150m: 2:34.95	54.39	250m: 4:25.24	55.30
	100m: 1:40.56	52.23	200m: 3:29.94	54.99	300m: 5:20.10	54.86
					350m: 6:15.28	55.18
					400m: 7:08.77	53.49

Programmanr. 18
26-01-2013 - 9:54

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Chantal Nap	HZ&PC Heerenveen	4:41.60	198903004	4:32.93	+0,77
	50m: 31.09	31.09	150m: 1:39.47	34.58	250m: 2:48.82	34.70
	100m: 1:04.89	33.80	200m: 2:14.12	34.65	300m: 3:23.89	35.07
					350m: 3:58.74	34.85
					400m: 4:32.93	34.19
2.	Iris Pijtak	AZ&PC	4:29.69	199300602	4:33.69	+0,74
	50m: 31.34	31.34	150m: 1:40.40	34.90	250m: 2:50.47	34.84
	100m: 1:05.50	34.16	200m: 2:15.63	35.23	300m: 3:25.65	35.18
					350m: 4:00.23	34.58
					400m: 4:33.69	33.46
3.	Yvon Versteeg	De Veene	4:33.51	199201864	4:41.50	+0,77
	50m: 31.16	31.16	150m: 1:41.71	35.83	250m: 2:54.36	36.62
	100m: 1:05.88	34.72	200m: 2:17.74	36.03	300m: 3:30.55	36.19
					350m: 4:06.30	35.75
					400m: 4:41.50	35.20
4.	Nanda de Vries	HZ&PC Heerenveen	4:51.53	199204328	4:43.79	+0,77
	50m: 31.54	31.54	150m: 1:42.30	35.75	250m: 2:54.03	35.73
	100m: 1:06.55	35.01	200m: 2:18.30	36.00	300m: 3:30.40	36.37
					350m: 4:07.45	37.05
					400m: 4:43.79	36.34
5.	Désirée Emmen	De Warande	4:39.13	199204862	4:49.90	+0,65
	50m: 31.52	31.52	150m: 1:42.49	36.26	250m: 2:56.23	37.13
	100m: 1:06.23	34.71	200m: 2:19.10	36.61	300m: 3:33.62	37.39
					350m: 4:11.66	38.04
					400m: 4:49.90	38.24
6.	Maaïke Vooren	DAW	4:54.00	199103324	4:56.32	+0,85
	50m: 33.42	33.42	150m: 1:47.78	37.43	250m: 3:03.40	37.91
	100m: 1:10.35	36.93	200m: 2:25.49	37.71	300m: 3:41.78	38.38
					350m: 4:19.42	37.64
					400m: 4:56.32	36.90
7.	Wendy de Bruin	ZOB'66	4:58.12	199206320	4:59.72	+0,69
	50m: 33.82	33.82	150m: 1:49.09	37.99	250m: 3:05.95	38.25
	100m: 1:11.10	37.28	200m: 2:27.70	38.61	300m: 3:44.30	38.35
					350m: 4:22.78	38.48
					400m: 4:59.72	36.94
8.	Cynthia Grooteboer	SBC2000	5:01.61	198901462	5:02.90	+0,82
	50m: 34.49	34.49	150m: 1:51.02	38.89	250m: 3:09.21	39.14
	100m: 1:12.13	37.64	200m: 2:30.07	39.05	300m: 3:48.10	38.89
					350m: 4:26.84	38.74
					400m: 5:02.90	36.06
9.	Anne Duijst	De Amer	5:07.37	198901030	5:05.75	+0,91
	50m: 34.39	34.39	150m: 1:49.15	37.89	250m: 3:08.22	40.01
	100m: 1:11.26	36.87	200m: 2:28.21	39.06	300m: 3:48.07	39.85
					350m: 4:28.24	40.17
					400m: 5:05.75	37.51
10.	Danica Koedoot	De Schotejil	4:59.25	199301034	5:06.35	+0,74
	50m: 33.26	33.26	150m: 1:49.65	38.51	250m: 3:07.95	39.32
	100m: 1:11.14	37.88	200m: 2:28.63	38.98	300m: 3:47.27	39.32
					350m: 4:27.33	40.06
					400m: 5:06.35	39.02
11.	Sigrit Aarten	Deltasteur	4:49.03	199302868	5:06.56	+0,98
	50m: 33.38	33.38	150m: 1:49.46	39.13	250m: 3:09.16	39.68
	100m: 1:10.33	36.95	200m: 2:29.48	40.02	300m: 3:49.27	40.11
					350m: 4:29.27	40.00
					400m: 5:06.56	37.29
12.	Simone de Boer	LZ 1886	5:14.38	199306858	5:06.66	+0,80
	50m: 33.90	33.90	150m: 1:49.53	38.40	250m: 3:08.35	39.55
	100m: 1:11.13	37.23	200m: 2:28.80	39.27	300m: 3:48.35	40.00
					350m: 4:28.48	40.13
					400m: 5:06.66	38.18
13.	Elmi Roelofsen	ZVV	5:04.16	199008198	5:12.18	+0,84
	50m: 33.52	33.52	150m: 1:48.52	37.99	250m: 3:06.81	39.59
	100m: 1:10.53	37.01	200m: 2:27.22	38.70	300m: 3:48.61	41.80
					350m: 4:31.85	43.24
					400m: 5:12.18	40.33
14.	Désirée Hulsmeyer	Het Ravijn	5:29.10	199001656	5:33.88	+0,73
	50m: 36.72	36.72	150m: 2:00.30	42.45	250m: 3:26.01	42.69
	100m: 1:17.85	41.13	200m: 2:43.32	43.02	300m: 4:09.05	43.04
					350m: 4:52.14	43.09
					400m: 5:33.88	41.74
15.	Marjan Rikken	ZVV	5:35.23	199206114	5:36.30	+0,88
	50m: 37.89	37.89	150m: 2:02.56	43.07	250m: 3:29.66	43.28
	100m: 1:19.49	41.60	200m: 2:46.38	43.82	300m: 4:12.99	43.33
					350m: 4:55.91	42.92
					400m: 5:36.30	40.39

Programmanr. 18, Dames, 400m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
16.	Desiree Baltes	ZPC De Hof	5:47.51	198900182	5:40.58	+0,97		
	50m: 38.29	38.29	150m: 2:03.38	42.65	250m: 3:30.40	43.61	350m: 4:57.76	43.56
	100m: 1:20.73	42.44	200m: 2:46.79	43.41	300m: 4:14.20	43.80	400m: 5:40.58	42.82
17.	Wieteke Jansen	Montferland	6:36.07	199001750	6:21.12	+0,96		
	50m: 39.09	39.09	150m: 2:10.74	47.09	250m: 3:50.20	50.66	350m: 5:33.39	52.36
	100m: 1:23.65	44.56	200m: 2:59.54	48.80	300m: 4:41.03	50.83	400m: 6:21.12	47.73
18.	Claudia Creemers	De Roersoppers	6:06.21	199202864	6:29.14	+0,77		
	50m: 39.88	39.88	150m: 2:14.12	48.95	250m: 3:55.82	51.44	350m: 5:38.77	51.72
	100m: 1:25.17	45.29	200m: 3:04.38	50.26	300m: 4:47.05	51.23	400m: 6:29.14	50.37

Masters 25+

1.	Marlies Reinders	De Dinkel	4:26.32	198602976	4:27.91	+0,78		
	<i>Nederlands Masters Record</i>							
	50m: 30.77	30.77	150m: 1:38.14	33.97	250m: 2:45.63	33.68	350m: 3:53.73	34.22
	100m: 1:04.17	33.40	200m: 2:11.95	33.81	300m: 3:19.51	33.88	400m: 4:27.91	34.18
2.	Lisanne Andeweg	Zuiderzeewimmers	4:39.69	198800092	4:37.29	+0,81		
	50m: 31.38	31.38	150m: 1:40.99	35.12	250m: 2:52.08	35.66	350m: 4:02.83	35.15
	100m: 1:05.87	34.49	200m: 2:16.42	35.43	300m: 3:27.68	35.60	400m: 4:37.29	34.46
3.	Laura Oosterbroek	Swol 1894	4:51.99	198803264	5:00.36	+0,71		
	50m: 33.16	33.16	150m: 1:47.43	37.21	250m: 3:04.07	38.66	350m: 4:21.79	39.30
	100m: 1:10.22	37.06	200m: 2:25.41	37.98	300m: 3:42.49	38.42	400m: 5:00.36	38.57
4.	Pauline Tieleman	De Geul	5:11.22	198403348	5:04.05	+0,83		
	50m: 33.63	33.63	150m: 1:48.90	38.18	250m: 3:07.52	39.42	350m: 4:26.21	39.24
	100m: 1:10.72	37.09	200m: 2:28.10	39.20	300m: 3:46.97	39.45	400m: 5:04.05	37.84
5.	Petra Wolsing	De Futen	5:18.02	198402796	5:20.55	+0,88		
	50m: 34.58	34.58	150m: 1:53.41	40.56	250m: 3:16.36	41.47	350m: 4:40.13	42.11
	100m: 1:12.85	38.27	200m: 2:34.89	41.48	300m: 3:58.02	41.66	400m: 5:20.55	40.42
6.	Channe Noort	DAW	5:24.10	198605032	5:21.39	+0,77		
	50m: 34.02	34.02	150m: 1:53.92	40.96	250m: 3:17.59	42.02	350m: 4:41.51	41.82
	100m: 1:12.96	38.94	200m: 2:35.57	41.65	300m: 3:59.69	42.10	400m: 5:21.39	39.88
7.	Liesbeth van Mill	DWK	6:09.46	198702786	5:38.73	+0,90		
	50m: 37.71	37.71	150m: 2:02.30	42.36	250m: 3:27.53	42.91	350m: 4:55.61	44.47
	100m: 1:19.94	42.23	200m: 2:44.62	42.32	300m: 4:11.14	43.61	400m: 5:38.73	43.12
8.	Karin van Leersum	Piranha	5:46.07	198802658	5:44.66	+0,87		
	50m: 38.28	38.28	150m: 2:05.36	44.41	250m: 3:35.04	44.98	350m: 5:03.21	43.77
	100m: 1:20.95	42.67	200m: 2:50.06	44.70	300m: 4:19.44	44.40	400m: 5:44.66	41.45

Masters 30+

1.	Aur�lie Goffin	Barvaux Aquatique	5:05.66	BA/002/79	4:47.15	+0,87		
	50m: 32.71	32.71	150m: 1:44.08	36.12	250m: 2:57.67	36.92	350m: 4:11.44	36.97
	100m: 1:07.96	35.25	200m: 2:20.75	36.67	300m: 3:34.47	36.80	400m: 4:47.15	35.71
2.	Roos van Esch	TRB-RES	4:59.15	198200468	4:59.08	+0,92		
	50m: 34.40	34.40	150m: 1:49.63	38.26	250m: 3:05.93	38.03	350m: 4:22.41	37.93
	100m: 1:11.37	36.97	200m: 2:27.90	38.27	300m: 3:44.48	38.55	400m: 4:59.08	36.67
3.	Bianca Cox	PSV	5:02.59	198000214	5:00.98	+0,89		
	50m: 33.92	33.92	150m: 1:49.30	38.02	250m: 3:06.09	38.40	350m: 4:23.19	38.72
	100m: 1:11.28	37.36	200m: 2:27.69	38.39	300m: 3:44.47	38.38	400m: 5:00.98	37.79
4.	Esther Versteeg	Van Vliet-Barracuda	5:10.21	198302112	5:07.86	+0,88		
	50m: 35.11	35.11	150m: 1:51.71	38.75	250m: 3:09.61	38.73	350m: 4:29.47	40.01
	100m: 1:12.96	37.85	200m: 2:30.88	39.17	300m: 3:49.46	39.85	400m: 5:07.86	38.39
5.	Linda Hoogendam	Zoetermeer	4:54.56	198300892	5:08.69	+0,76		
	50m: 34.02	34.02	150m: 1:51.94	39.46	250m: 3:11.06	39.28	350m: 4:30.83	39.63
	100m: 1:12.48	38.46	200m: 2:31.78	39.84	300m: 3:51.20	40.14	400m: 5:08.69	37.86
6.	Yvonne Gerritsen	WVZ	5:22.92	198000342	5:21.18	+0,87		
	50m: 35.42	35.42	150m: 1:55.30	40.38	250m: 3:17.14	40.62	350m: 4:39.86	41.19
	100m: 1:14.92	39.50	200m: 2:36.52	41.22	300m: 3:58.67	41.53	400m: 5:21.18	41.32
7.	Yvette Roozen	DWT	5:54.69	198000926	5:37.26	+0,88		
	50m: 37.16	37.16	150m: 2:02.87	43.30	250m: 3:30.36	43.81	350m: 4:56.96	43.50
	100m: 1:19.57	42.41	200m: 2:46.55	43.68	300m: 4:13.46	43.10	400m: 5:37.26	40.30
8.	Anneke Veenstra	't Tolhekke	5:34.01	197900882	5:37.84	+0,93		
	50m: 37.32	37.32	150m: 2:01.76	42.96	250m: 3:28.88	43.71	350m: 4:55.64	43.34
	100m: 1:18.80	41.48	200m: 2:45.17	43.41	300m: 4:12.30	43.42	400m: 5:37.84	42.20

Programmanr. 18, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
9.	Carmen Haan	De Spatters	6:02.82	197901458	5:41.96	+1,03
	50m: 37.74 37.74	150m: 2:03.65 43.54	250m: 3:30.96 43.65	350m: 4:59.01 43.78		
	100m: 1:20.11 42.37	200m: 2:47.31 43.66	300m: 4:15.23 44.27	400m: 5:41.96 42.95		
10.	Kristel Lips	ZV De Bron	5:37.60	197900562	5:44.49	+1,01
	50m: 38.04 38.04	150m: 2:03.06 43.32	250m: 3:30.96 43.83	350m: 5:00.56 45.07		
	100m: 1:19.74 41.70	200m: 2:47.13 44.07	300m: 4:15.49 44.53	400m: 5:44.49 43.93		
11.	Rianne van Vegchelen	Deltasteur	6:24.13	198101530	6:40.51	+1,10
	50m: 43.09 43.09	150m: 2:21.40 50.03	250m: 4:04.20 51.56	350m: 5:48.70 52.02		
	100m: 1:31.37 48.28	200m: 3:12.64 51.24	300m: 4:56.68 52.48	400m: 6:40.51 51.81		

Masters 35+

1.	Liselotte Joling	PSV	4:57.78	197500268	4:48.49	+0,91
	50m: 33.28 33.28	150m: 1:46.62 36.85	250m: 2:59.54 35.57	350m: 4:13.62 36.92		
	100m: 1:09.77 36.49	200m: 2:23.97 37.35	300m: 3:36.70 37.16	400m: 4:48.49 34.87		
2.	Petra Guijt	Aqua-Novio'94	5:27.24	197600978	5:27.41	+0,93
	50m: 35.68 35.68	150m: 1:57.62 41.54	250m: 3:21.89 42.33	350m: 4:46.72 42.13		
	100m: 1:16.08 40.40	200m: 2:39.56 41.94	300m: 4:04.59 42.70	400m: 5:27.41 40.69		
3.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	5:25.44	197400446	5:32.04	+0,84
	50m: 35.45 35.45	150m: 1:57.20 41.86	250m: 3:23.33 43.38	350m: 4:50.76 43.50		
	100m: 1:15.34 39.89	200m: 2:39.95 42.75	300m: 4:07.26 43.93	400m: 5:32.04 41.28		
4.	Diane Scholing	Het Ravijn	5:56.45	197701090	5:38.25	+0,77
	50m: 36.96 36.96	150m: 2:01.92 43.45	250m: 3:30.21 44.65	350m: 4:56.90 42.64		
	100m: 1:18.47 41.51	200m: 2:45.56 43.64	300m: 4:14.26 44.05	400m: 5:38.25 41.35		
5.	Marian Nederlof	DWF	5:48.07	197600950	5:45.26	+0,94
	50m: 38.32 38.32	150m: 2:04.06 43.33	250m: 3:31.56 44.12	350m: 5:01.05 45.29		
	100m: 1:20.73 42.41	200m: 2:47.44 43.38	300m: 4:15.76 44.20	400m: 5:45.26 44.21		
6.	Anneke de Groot	De Fuut	6:32.25	197701140	6:07.55	+0,80
	50m: 39.11 39.11	150m: 2:08.74 45.87	250m: 3:42.75 47.31	350m: 5:19.79 48.76		
	100m: 1:22.87 43.76	200m: 2:55.44 46.70	300m: 4:31.03 48.28	400m: 6:07.55 47.76		
7.	Clementine van Bruxvoort	ZPB H&L Productions	6:47.04	197700138	6:50.32	+0,93
	50m: 42.75 42.75	150m: 2:23.49 51.25	250m: 4:09.80 54.16	350m: 5:59.17 55.23		
	100m: 1:32.24 49.49	200m: 3:15.64 52.15	300m: 5:03.94 54.14	400m: 6:50.32 51.15		

Masters 40+

1.	Heidi van Stein	LZ 1886	4:59.03	196900864	4:59.95	+0,80
	50m: 33.00 33.00	150m: 1:47.59 37.55	250m: 3:04.39 38.68	350m: 4:21.85 38.99		
	100m: 1:10.04 37.04	200m: 2:25.71 38.12	300m: 3:42.86 38.47	400m: 4:59.95 38.10		
2.	Cynthia Noordermeer	Het Y	5:04.45	197000358	5:07.13	+0,89
	50m: 35.77 35.77	150m: 1:52.69 38.40	250m: 3:10.66 39.20	350m: 4:29.25 39.63		
	100m: 1:14.29 38.52	200m: 2:31.46 38.77	300m: 3:49.62 38.96	400m: 5:07.13 37.88		
3.	Annette de Visser	Oceanus	5:09.33	197100602	5:14.70	+0,87
	50m: 35.04 35.04	150m: 1:53.15 39.76	250m: 3:13.89 40.40	350m: 4:35.84 40.99		
	100m: 1:13.39 38.35	200m: 2:33.49 40.34	300m: 3:54.85 40.96	400m: 5:14.70 38.86		
4.	Joyce Brummelkamp	ZVVS	6:06.79	197000952	5:50.82	+0,86
	50m: 39.95 39.95	150m: 2:08.22 44.85	250m: 3:38.33 45.05	350m: 5:08.05 44.59		
	100m: 1:23.37 43.42	200m: 2:53.28 45.06	300m: 4:23.46 45.13	400m: 5:50.82 42.77		
5.	Annet Kootstra	Swol 1894	5:52.73	197100344	5:53.03	+1,00
	50m: 39.65 39.65	150m: 2:07.25 44.39	250m: 3:37.12 45.03	350m: 5:08.41 45.61		
	100m: 1:22.86 43.21	200m: 2:52.09 44.84	300m: 4:22.80 45.68	400m: 5:53.03 44.62		
6.	Kristien Van de Moortel	Shark	6:05.27	ShaRK/315/69	6:15.06	+0,83
	50m: 42.33 42.33	150m: 2:17.69 47.49	250m: 3:53.08 47.84	350m: 5:29.49 48.15		
	100m: 1:30.20 47.87	200m: 3:05.24 47.55	300m: 4:41.34 48.26	400m: 6:15.06 45.57		

Masters 45+

1.	Chita van der Goorbergh	Zoetermeer	5:40.05	196800762	5:32.46	+0,78
	50m: 36.54 36.54	150m: 2:01.51 43.32	250m: 3:26.80 42.77	350m: 4:51.74 42.31		
	100m: 1:18.19 41.65	200m: 2:44.03 42.52	300m: 4:09.43 42.63	400m: 5:32.46 40.72		
2.	Jantine Braakman	ZV De Bron	5:49.92	196500036	5:40.64	+0,95
	50m: 38.25 38.25	150m: 2:04.10 43.38	250m: 3:32.25 44.29	350m: 4:59.71 43.53		
	100m: 1:20.72 42.47	200m: 2:47.96 43.86	300m: 4:16.18 43.93	400m: 5:40.64 40.93		

Programmanr. 18, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
3.	Caroline Schreuder	Triton	5:36.79	196700550	5:41.22	+0,78
	50m: 36.21 36.21	150m: 2:01.40 43.13	250m: 3:28.77 43.50	350m: 4:58.06 44.85		
	100m: 1:18.27 42.06	200m: 2:45.27 43.87	300m: 4:13.21 44.44	400m: 5:41.22 43.16		
4.	Ramune Ivanauskaitė	Takas	5:59.67	1964IVA	5:50.04	+0,73
	50m: 39.55 39.55	150m: 2:06.41 43.99	250m: 3:35.92 45.23	350m: 5:07.02 45.77		
	100m: 1:22.42 42.87	200m: 2:50.69 44.28	300m: 4:21.25 45.33	400m: 5:50.04 43.02		
5.	Jeanette Smits	Orca	6:07.62	196600312	6:20.65	+0,89
	50m: 41.73 41.73	150m: 2:17.48 48.88	250m: 3:56.08 49.71	350m: 5:34.30 49.28		
	100m: 1:28.60 46.87	200m: 3:06.37 48.89	300m: 4:45.02 48.94	400m: 6:20.65 46.35		
6.	Betty van Kemenade	PSV	6:57.91	196800832	6:47.63	+1,12
	50m: 44.39 44.39	150m: 2:25.17 51.49	250m: 4:11.13 53.27	350m: 5:56.88 53.11		
	100m: 1:33.68 49.29	200m: 3:17.86 52.69	300m: 5:03.77 52.64	400m: 6:47.63 50.75		

Masters 50+

1.	Jacqueline Rolloos-Bakker	De Lansingh	5:20.88	196300222	5:26.54	+0,80
	50m: 36.15 36.15	150m: 1:58.49 42.01	250m: 3:22.84 42.22	350m: 4:47.25 42.17		
	100m: 1:16.48 40.33	200m: 2:40.62 42.13	300m: 4:05.08 42.24	400m: 5:26.54 39.29		
2.	Inge Wolfs	PLONS	5:45.50	196000304	5:31.05	+0,95
	50m: 37.29 37.29	150m: 2:00.58 41.81	250m: 3:24.14 42.14	350m: 4:48.79 42.41		
	100m: 1:18.77 41.48	200m: 2:42.00 41.42	300m: 4:06.38 42.24	400m: 5:31.05 42.26		
3.	Patty Verhagen	PSV	5:22.40	195900146	5:32.72	+0,88
	50m: 38.56 38.56	150m: 2:01.62 41.91	250m: 3:26.38 42.45	350m: 4:51.45 42.40		
	100m: 1:19.71 41.15	200m: 2:43.93 42.31	300m: 4:09.05 42.67	400m: 5:32.72 41.27		
4.	Francine Sommer	Triton	5:49.59	196200384	5:41.51	+0,85
	50m: 36.44 36.44	150m: 1:59.58 42.02	250m: 3:28.06 44.61	350m: 4:57.53 44.57		
	100m: 1:17.56 41.12	200m: 2:43.45 43.87	300m: 4:12.96 44.90	400m: 5:41.51 43.98		
5.	Ada de Voogd	ZVVS	5:59.79	195900280	5:48.62	+0,76
	50m: 39.27 39.27	150m: 2:08.43 45.64	250m: 3:37.37 43.74	350m: 5:07.95 45.53		
	100m: 1:22.79 43.52	200m: 2:53.63 45.20	300m: 4:22.42 45.05	400m: 5:48.62 40.67		
6.	Marijke Kraak-Beckers	WS Twente	5:47.57	196000240	5:56.33	+1,07
	50m: 39.06 39.06	150m: 2:06.07 44.50	250m: 3:37.19 45.84	350m: 5:10.19 46.59		
	100m: 1:21.57 42.51	200m: 2:51.35 45.28	300m: 4:23.60 46.41	400m: 5:56.33 46.14		

Masters 55+

1.	Margriet Pasma	De Pinquin	5:59.37	195500088	6:03.21	+0,98
	50m: 40.06 40.06	150m: 2:10.43 46.06	250m: 3:43.37 46.97	350m: 5:17.19 47.01		
	100m: 1:24.37 44.31	200m: 2:56.40 45.97	300m: 4:30.18 46.81	400m: 6:03.21 46.02		
2.	Rona Eijkelhoff	Aqua-Novio'94	6:30.51	195600026	6:31.42	+0,92
	50m: 45.13 45.13	150m: 2:23.35 49.66	250m: 4:03.76 50.42	350m: 5:43.64 49.57		
	100m: 1:33.69 48.56	200m: 3:13.34 49.99	300m: 4:54.07 50.31	400m: 6:31.42 47.78		
3.	Elly Kiestra-Broertjes	Zignea	6:36.99	195600100	6:47.15	+1,08
	50m: 44.86 44.86	150m: 2:25.02 51.52	250m: 4:11.32 53.63	350m: 5:57.95 54.44		
	100m: 1:33.50 48.64	200m: 3:17.69 52.67	300m: 5:03.51 52.19	400m: 6:47.15 49.20		

Masters 60+

1.	Ineke Weekers	PSV	5:59.01	195300050	5:37.88	+0,85
	50m: 39.23 39.23	150m: 2:04.80 43.67	250m: 3:29.82 42.39	350m: 4:56.11 43.17		
	100m: 1:21.13 41.90	200m: 2:47.43 42.63	300m: 4:12.94 43.12	400m: 5:37.88 41.77		
2.	Gonnie Bak	PSV	7:23.17	195100064	7:10.82	+0,91
	50m: 46.10 46.10	150m: 2:32.88 54.46	250m: 4:24.74 56.07	350m: 6:17.95 56.62		
	100m: 1:38.42 52.32	200m: 3:28.67 55.79	300m: 5:21.33 56.59	400m: 7:10.82 52.87		
DIS	Conny Boer-Buys	ZVVS	5:32.34	195000006		AA
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 65+

1.	Matty van der Veen	Old Dutch	7:02.10	194400020	7:03.40	+1,13
	50m: 46.43 46.43	150m: 2:30.45 53.10	250m: 4:17.89 54.10	350m: 6:08.52 55.33		
	100m: 1:37.35 50.92	200m: 3:23.79 53.34	300m: 5:13.19 55.30	400m: 7:03.40 54.88		

Programmanr. 18, Dames, 400m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	Annie Smits	PSV	7:06.82	194600016	7:36.83	+1,25
	50m: 47.67	47.67	150m: 2:38.64	59.17	250m: 4:39.65	1:01.07
	100m: 1:39.47	51.80	200m: 3:38.58	59.94	300m: 5:40.17	1:00.52
					350m: 6:40.00	59.83
					400m: 7:36.83	56.83

Masters 75+

1.	Lottie Geurts	PSV	7:22.74	193500006	7:28.95	+1,13
	50m: 49.75	49.75	150m: 2:44.26	57.38	250m: 4:39.53	57.52
	100m: 1:46.88	57.13	200m: 3:42.01	57.75	300m: 5:38.02	58.49
					350m: 6:35.64	57.62
					400m: 7:28.95	53.31

Programmanr. 19
26-01-2013 - 10:52

Heren, 200m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1.	Jos de Graaf	PSV	1:59.73	199106095	2:04.83	+0,70	29.06	1:00.39	1:33.34	2:04.83
2.	Dennis Cramer	Appingedam	2:12.86	199200199	2:11.27	+0,69	29.99	1:02.74	1:37.05	2:11.27
3.	Emile Manni	Octopus	2:10.24	199001901	2:13.27	+0,78	30.08	1:03.49	1:38.13	2:13.27
4.	Jan-Willem v.d. Graaff	Het Y	2:15.00	198901023	2:18.42	+0,63	33.48	1:09.44	1:44.67	2:18.42
5.	Raoul Engelenburg	Het Y	2:17.36	198900843	2:20.66	+0,64	33.46	1:09.72	1:46.44	2:20.66
6.	Sjoerd Sieval	LZ 1886	2:13.11	199002663	2:20.76	+0,70	33.04	1:08.85	1:45.04	2:20.76
7.	Tim Bunnik	Triton	2:21.46	199000505	2:23.04	+0,85	33.01	1:08.61	1:46.98	2:23.04
8.	Dennis van Oosterhout	SBC2000	2:35.36	198902337	2:29.93	+0,69	34.91	1:12.24	1:51.02	2:29.93
9.	Marc Verhaeg	D'Eift WAVE (SG)	2:32.51	198905665	2:30.94	+0,65	34.49	1:12.32	1:51.54	2:30.94

Masters 25+

1.	Floris Manni	Octopus	2:18.73	198805679	2:17.60	+0,73	31.03	1:05.39	1:41.58	2:17.60
2.	Sander Bouts	RZ	2:19.47	198500331	2:19.50	+0,74	32.08	1:07.53	1:43.48	2:19.50
3.	Thommy Nickel	Van Vliet-Barracuda	2:20.36	198401627	2:20.09	+0,76	33.53	1:08.46	1:44.23	2:20.09
4.	Erik van der Heide	Zuiderzeewemmers	2:21.22	198801337	2:23.77	+0,66	32.05	1:07.69	1:45.08	2:23.77
5.	Rick Driezen	Steenwijk 1934	2:28.67	198600713	2:27.33	+0,95	33.90	1:10.30	1:48.78	2:27.33
6.	Niels Albrechts	De Schoteijl	2:36.08	198800039	2:33.55	+0,67	36.91	1:15.36	1:54.64	2:33.55

Masters 30+

1.	Nol van Thull	ZOB'66	2:23.74	198001513	2:18.01	+0,84	32.41	1:06.80	1:42.37	2:18.01
2.	Marcel Reefhuis	WS Twente	2:19.88	198101381	2:24.66	+0,69	33.37	1:09.86	1:47.16	2:24.66
3.	Erik Kosters	Noord Veluwe	2:27.70	198000837	2:26.19	+0,73	34.06	1:11.12	1:48.62	2:26.19
4.	Stan Dekker	PLONS	2:23.87	197901823	2:26.98	+0,73	34.15	1:10.19	1:49.07	2:26.98
5.	Gino Martijn	RZ	2:57.38	197901865	2:57.05	+0,68	41.83	1:26.13	2:12.39	2:57.05

Masters 35+

1.	Egbert Stolk	D'Eift WAVE (SG)	2:24.88	197600889	2:15.55	+0,81	31.57	1:05.06	1:40.11	2:15.55
	<i>Kampioenschaps Record</i>									
2.	Ivo Roozeboom	WVZ	2:16.45	197700801	2:19.90	+0,75	32.66	1:08.68	1:44.88	2:19.90
3.	Jan Gerard Sterrenburg	RZC	2:27.70	197501349	2:27.49	+0,76	34.97	1:12.09	1:49.80	2:27.49
4.	Roger Flinterman	Zoetermeer	2:32.53	197601261	2:29.10	+0,76	33.99	1:11.33	1:50.41	2:29.10
5.	Alex Damen	DAW	2:35.70	197501371	2:30.97	+0,77	35.22	1:13.18	1:52.41	2:30.97
6.	Erwin Zuidervelt	De Futen	2:36.98	197501015	2:41.92	+0,70	37.36	1:17.26	1:59.94	2:41.92
7.	Gerard Eghuizen	HZ&PC Heerenveen	2:34.83	197400197	2:45.10	+0,78	37.61	1:18.74	2:01.11	2:45.10

Masters 40+

1.	Linas Kersevicius	Takas	2:23.30	1971KER	2:24.68	+0,65	33.56	1:09.15	1:46.74	2:24.68
2.	Arjan Bellaart	Oceanus	2:27.26	196900079	2:26.04	+0,66	33.81	1:10.19	1:47.75	2:26.04
	DIS Frank v Nobelen	Sassenheim	2:29.30	196900753		RF				

Programmanr. 19, Heren, 200m rugslag

Masters 45+

1. Bert Schlicher	RZ	2:22.48	196400669	2:25.70	+0,68	34.01	1:10.23	1:47.62	2:25.70
2. Ron Korzelius	AZ&PC	2:33.28	196500513	2:35.48	+0,73	37.07	1:16.07	1:55.99	2:35.48
3. Arnold de Rover	De Futen	2:33.74	196400645	2:37.06	+0,73	37.48	1:16.71	1:57.00	2:37.06
4. John Stokx	DAW	2:49.70	196401341	2:39.46	+0,78	37.64	1:17.83	1:59.09	2:39.46
5. Eric Blaauw 50/100m*	OEZA	3:02.95	196701619	2:54.44	+0,91	39.47	1:23.70	2:10.03	2:54.44
6. Jan Smalheer 50m*	SCOM	3:07.75	196400701	3:06.21	+0,84	42.92	1:29.61	2:18.58	3:06.21
7. Hans Maas	PLONS	3:15.68	196501433	3:19.12	+0,73	44.78	1:34.56	2:28.05	3:19.12

Masters 50+

1. Edwin v. Norden	AZ&PC	2:35.40	196300563	2:18.13	+0,76	32.52	1:07.33	1:42.78	2:18.13
<i>Nederlands Masters Record</i>									
2. Iurii Perin	Spartak	2:40.84	030044	2:27.39	+1,03	35.47	1:12.92	1:50.94	2:27.39
<i>Russian Masters Record</i>									
3. Dmitry Kromskiy	Poseidon	2:30.23	037011	2:30.90	+0,76	35.85	1:12.80	1:51.23	2:30.90
4. Menno Lomans	D'Elf WAVE (SG)	2:45.79	196101071	2:46.15	+0,77	38.20	1:19.03	2:02.84	2:46.15
5. Jack Barends	WS Twente	3:01.72	196201011	2:58.86	+0,84	42.35	1:27.46	2:13.08	2:58.86
6. André Schutte	De Zeeuwse Kust (SG)	2:53.77	196000521	3:05.30	+0,75	42.20	1:27.88	2:15.79	3:05.30

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	2:31.20	195700425	2:30.96	+0,78	36.06	1:14.98	1:54.17	2:30.96
2. Evertjan Masurel	PSV	2:58.77	195600495	2:53.26	+0,76	41.40	1:25.97	2:10.71	2:53.26
3. Wim Witjes	Aqua-Novio'94	2:56.73	195800483	2:55.36	+0,80	42.22	1:26.57	2:11.16	2:55.36
4. Henk Slomp	De Pinquin	3:01.34	195500359	3:01.44	+0,76	42.17	1:28.70	2:15.88	3:01.44
5. Paul Bunnik	Triton	3:04.69	195600413	3:05.20	+0,98	43.37	1:29.97	2:19.69	3:05.20

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	2:31.95	195200203	2:31.42	+0,79	36.25	1:14.98	1:53.74	2:31.42
<i>Europees Masters Record</i>									
2. Brend Brevé	PSV	2:47.41	195200265	2:51.19	+0,81	39.32	1:22.19	2:07.27	2:51.19
3. Ruud Ruiten	WWV	3:03.59	195300169	3:06.12	+0,80	42.81	1:30.57	2:20.36	3:06.12
4. Rob Berkhof	Swol 1894	3:10.87	195200245	3:14.02	+0,94	45.21	1:34.56	2:24.99	3:14.02

Masters 65+

DIS Viktoras Snieska Takas 3:16.81 1947SNI
RD - Left back position and made propelling movements with arms or legs without being involved in a turn

Masters 70+

1. Frans van Enst	WS Twente	3:02.12	194000011	3:06.41	+0,72	42.55	1:29.06	2:17.70	3:06.41
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	3:20.51	193800007	3:35.09	+0,81	50.24	1:44.28	2:40.19	3:35.09
<i>Kampioenschaps Record</i>									
2. Jan Eichhorn	ZV Haerlem	3:45.32	193700015	3:58.61	+0,95	53.35	1:52.62	2:55.35	3:58.61

Programmanr. 20
26-01-2013 - 11:16

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Désirée Emmen	De Warande	2:27.25 199204862	2:26.92	+0,73	33.71	1:10.39	1:48.88	2:26.92
2. Iris Pijtak	AZ&PC	2:24.66 199300602	2:28.70	+0,68	35.40	1:13.24	1:51.69	2:28.70
3. Sabine Lina	One Team Swimming	2:33.89 198902680	2:30.05	+0,78	35.02	1:12.07	1:50.48	2:30.05
4. Cynthia Grootboer	SBC2000	2:32.88 198901462	2:34.68	+0,80	36.74	1:15.60	1:55.27	2:34.68
5. Paula van den Hoeven	De Veene	2:34.71 199303128	2:35.43	+0,87	35.52	1:14.08	1:54.68	2:35.43
6. Simone de Boer	LZ 1886	2:36.98 199306858	2:38.18	+0,75	36.77	1:16.72	1:57.76	2:38.18
7. Sigrit Aarten	Deltasteur	2:38.82 199302868	2:44.39	+0,89	38.41	1:20.20	2:02.50	2:44.39
8. Maaïke de Boer	De Duinkickers	2:38.74 199000362	2:46.62	+0,88	39.34	1:21.02	2:03.61	2:46.62
9. Pauline Magnée	De Warande	3:01.46 199205434	3:03.61	+0,75	43.32	1:30.50	2:18.62	3:03.61
10. Diana Lammers	De Veene	2:55.84 198902572	3:05.33	+0,81	42.06	1:28.00	2:16.80	3:05.33
11. Eline Schoenmaker	De Duinkickers	2:50.68 199003322	3:07.27	+0,73	43.21	1:30.79	2:19.83	3:07.27
12. Jorinde Veraar	De Amer	3:40.51 199204726	3:39.67	+0,84	50.79	1:46.66	2:43.57	3:39.67
13. Liesbeth Bruinekoel	Zuiderzeewemmers	4:20.68 199007958	4:17.21	+0,79	1:00.53	2:05.88	3:12.25	4:17.21
Masters 25+								
1. Esther van Maastrigt	Montferland	2:37.42 198802836	2:36.08		37.10	1:16.67	1:56.33	2:36.08
2. Samantha van Eijk	De Geul	2:33.49 198806826	2:36.74	+0,72	37.16	1:16.87	1:57.18	2:36.74
3. Anna Boef	LZ 1886	2:49.64 198806288	2:42.75	+0,76	36.75	1:18.08	2:00.74	2:42.75
4. Lisette Prins	WVZ	2:46.33 198803522	2:48.29	+0,79	38.49	1:20.62	2:05.38	2:48.29
5. Renske Eilers	De Amer	2:53.54 198806072	2:56.43	+0,65	40.89	1:24.78	2:11.36	2:56.43
6. Maaïke van Diggele	ZPB H&L Productions	2:53.74 198700868	3:00.17	+0,83	41.78	1:26.80	2:13.29	3:00.17
7. Anne vd Besselaar	Orca	6:04.14 198504062	5:47.83	+0,85	1:21.51	2:48.22	4:18.59	5:47.83
Masters 30+								
1. Nadya Putter	ZVVS	2:33.28 198301630	2:38.41	+0,76	38.06	1:17.43	1:57.75	2:38.41
2. Bianca Cox	PSV	2:39.86 198000214	2:41.84	+0,79	38.38	1:19.38	2:01.00	2:41.84
3. Carmen Haan	De Spatters	2:57.66 197901458	2:57.84	+0,81	41.38	1:27.69	2:13.55	2:57.84
Masters 35+								
1. Jolanda van Gendt	PSV	2:46.28 197800266	2:52.07	+0,67	39.44	1:23.09	2:07.98	2:52.07
2. Diane Scholing	Het Ravijn	3:06.96 197701090	2:56.69	+0,79	41.24	1:25.76	2:11.64	2:56.69
3. Jule Verschoor-Holland	RZC	3:10.76 197500874	3:06.06	+0,86	45.19	1:32.19	2:20.14	3:06.06
4. Margriet Leeffers	Deltasteur	3:32.45 197800448	3:25.10	+0,81	46.95	1:38.49	2:32.30	3:25.10
5. C. van Bruxvoort	ZPB H&L Productions	3:22.73 197700138	3:28.66	+0,93	49.28	1:41.66	2:36.14	3:28.66
Masters 40+								
1. Heidi van Stein	LZ 1886	2:49.01 196900864	2:46.70	+0,79	38.98	1:20.43	2:03.30	2:46.70
2. Henriëtte Manting	GZVW	2:59.97 197100246	3:01.73	+0,83	41.19	1:26.93	2:14.57	3:01.73
Masters 45+								
1. Wilna Heijman	't Tolhekke	2:45.88 196400506	2:48.25	+0,82	40.15	1:22.63	2:06.08	2:48.25
2. Laura Staal	Oceanus	2:50.56 196700358	2:49.79	+0,73	40.94	1:24.07	2:06.85	2:49.79
3. Susanne van Hooven	De Schoteijl	2:55.77 196800752	2:59.56	+0,80	41.56	1:26.56	2:13.04	2:59.56
4. Ramune Ivanauskaite	Takas	3:08.86 1964IVA	3:04.65	+0,93	44.84	1:30.99	2:18.50	3:04.65
<i>Lithuanian Masters Record</i>								
5. Annemarie Smit	Gay Swim Amsterdam	3:01.76 196700440	3:06.20	+0,94	44.41	1:31.75	2:20.31	3:06.20
6. Hetty Smalheer	SCOM	3:13.98 196700352	3:15.15	+0,92	46.82	1:36.18	2:26.88	3:15.15
7. Alie Visser	HZ&PC Heerenveen	3:26.20 196400494	3:39.24	+0,77	50.12	1:46.34	2:43.67	3:39.24

Programmanr. 20, Dames, 200m rugslag

Masters 50+

1. Martine Bouw	DWK	2:49.93	196100368	2:48.54	+0,66	38.91	1:21.89	2:06.17	2:48.54
<i>Nederlands Masters Record</i>									
2. Jeannette Ruesink	WS Twente	2:52.19	196300212	2:53.91	+0,85	42.34	1:27.32	2:11.31	2:53.91
3. J. Rolloos-Bakker	De Lansingh	2:49.69	196300222	2:54.47	+0,82	40.84	1:25.55	2:11.15	2:54.47
4. M. Grove-Lingeman	Oceanus	2:56.01	196200080	2:56.30	+0,75	40.32	1:24.60	2:10.55	2:56.30
5. Inge Wolfs	PLONS	3:12.75	196000304	3:00.30	+0,84	43.58	1:29.81	2:16.65	3:00.30
6. Julia Moh-Klaren	CSAKB	2:55.91	922540	3:02.43	+0,74	41.79	1:26.51	2:14.05	3:02.43
7. Annemarie Vuist	Swol 1894	3:04.68	196300282	3:03.95	+0,99	44.71	1:31.56	2:18.57	3:03.95
8. Patty Verhagen	PSV	3:06.06	195900146	3:14.22	+1,07	48.20	1:37.10	2:26.29	3:14.22

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:57.13	195600048	2:54.89	+0,81	41.28	1:25.45	2:10.46	2:54.89
<i>Nederlands Masters Record</i>									
2. Margriet Pasma	De Pinquin	3:10.10	195500088	3:15.09	+0,81	45.10	1:34.34	2:25.70	3:15.09
3. Rona Eijkelhoff	Aqua-Novio'94	3:41.62	195600026	3:31.85	+0,84	51.66	1:45.52	2:40.46	3:31.85

Masters 60+

1. A. Gilding-Tussaud	WS Twente	3:33.62	195000038	3:46.84	+0,78	51.66	1:49.83	2:49.78	3:46.84
DIS Ineke Meijer	HZ&PC Heerenveen	3:40.00	195200034		AA				

Masters 65+

1. Loekie v. Huissteden	AZ&PC	4:20.17	194500002	4:21.65	* +0,91	59.09	2:05.38	3:13.89	4:21.65
2. Leny Kamp	Aquapoldro	4:41.81	194400008	4:32.95	+0,70	1:00.22	2:09.91	3:21.94	4:32.95

Masters 70+

1. Elisabeth Ketelsen	Swim Team Taastrup	3:14.32	4322AA	3:11.41	+0,89	45.44	1:34.11	2:24.30	3:11.41
<i>Wereld Masters Record</i>									
2. Truus Ruiter	Old Dutch	4:26.86	194000004	4:33.86	+0,76	1:03.40	2:12.31	3:23.28	4:33.86

Programmanr. 21
26-01-2013 - 11:45

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Dennis Wijbenga	Stadskanaal	30.63	199003283	31.14	+0,82
2.	Patrick Creemers	De Roersoppers	31.41	199000579	31.81	+0,89
3.	Kevin van Susteren	RZC	32.73	198903085	31.94	+0,78
4.	Mark van Damme	't Tolhekke	32.18	199100435	32.30	+0,74
5.	Marcel Noordermeer	ZOB'66	32.38	199003455	32.62	+0,63
6.	Nick Baron	WVZ	33.53	199103533	33.32	+0,72
7.	Ruben Stolk	ZOB'66	36.42	199005665	33.72	+0,74
8.	Mike Stoffer	WVZ	34.15	198903041	33.98	+0,74
9.	Pieter Pijnenburg	De Warande	33.42	199305227	34.11	+0,73
10.	Tyrick de Kort	DES	36.98	198906745	34.58	+0,75
11.	Boy Heijnekamp	LZ 1886	32.41	198901161	35.77	+0,73
12.	Roel van der Kleij	Zegenwerp	35.65	199001571	35.78	+0,67
13.	Bas Zierikzee	LZ 1886	36.55	199204321	36.84	+0,85
14.	Niels Blok	WIDEX GZC DONK	39.29	199004405	38.97	+0,84
15.	Danny Vochteloo	De Spatters	48.23	199207251	47.10	+1,05

Programmanr. 21, Heren, 50m schoolslag

Masters 25+

1.	Albert van Piekeren	Octopus	31.86	198401767	31.12	+0,72
2.	Roderik Meijers	ZOB'66	31.59	198602063	31.19	+0,77
3.	Remko Hooft	De Duinkickers	31.57	198701405	32.52	+0,71
4.	Thijs Tromper	De Schoteijl	34.07	198703407	34.42	+0,79
5.	Mathijs Lenos	HFC	34.57	198401407	34.54	+0,84
6.	Thommy Nickel	Van Vliet-Barracuda	33.98	198401627	34.75	+0,77
7.	Stefan van der Grift	Octopus	33.73	198701121	34.83	+0,83
8.	Arjen van der Boom	Zignea	35.76	198604449	36.59	+0,82
9.	Lars Erik Beute	't Tolhekke	37.54	198600227	37.61	+0,97
10.	Rian Beute	't Tolhekke	38.36	198400133	37.66	+0,86
11.	Harmen Reemst	ZOB'66	36.86	198702715	38.51	+0,78
	Robbert Hessing	De Duinkickers	39.44	198705269	38.51	+0,89
13.	Wesley Determann	De Amer	42.22	198806107	42.69	+0,91

Masters 30+

1.	Thijs van Valkengoed	WVZ	30.07	198302141	29.65	+0,69
	<i>Nederlands Masters Record</i>					
2.	Simon van Ravesteijn	Zoetermeer	31.68	198002263	31.88	+0,77
3.	Anne Hollaar	ZOB'66	33.96	198300943	32.22	+0,74
	Freddie Geerlings	Mosaqua Gulpen	32.20	197900379	32.22	+0,81
5.	Michiel Beemster	WS Twente	32.61	198000063	32.50	+0,91
6.	Mark Zwart	Zwemlust-den Hommel	32.55	197901461	32.89	+0,83
7.	Bas van den Nouwelant	ZVVS	35.92	198001103	34.20	+0,81
8.	Patrick Kleine Staarman	Het Ravijn	35.17	198000777	35.29	+0,69
9.	Frits Delicaat	DAW	36.90	197901629	35.49	+0,88
10.	Hans Cligge	De Futen	37.35	198100315	37.06	+0,83
11.	Remco Veerkamp	Zuiderzeezwemmers	42.42	198102311	42.00	+0,93
NG	Ferry Blange	ZOB'66	34.44	198300185		

Masters 35+

1.	Evgeny Ryzhov	Sprut	29.35	102628	29.92	+0,78
2.	Vincent Versteeg	Zwemlust-den Hommel	31.84	197701003	31.61	+0,77
3.	Egbert Stolk	D'Elft WAVE (SG)	31.14	197600889	32.14	+0,79
4.	Ron Langelaan	DAW	31.83	197800643	32.28	+0,72
5.	Ewoud Rupert	WS Twente	32.72	197801795	32.73	+0,82
6.	Victor Barnar	GoSwim	33.58	197801805	33.41	+0,80
7.	Joost Roelofs	Upstream Amsterdam	36.59	197601337	34.69	+0,91
8.	Okko de Haas	ZV De Bron	34.63	197801593	35.31	+0,87
9.	Bas Spoelstra	De Futen	36.33	197701573	36.03	+0,80
10.	Wibo Mooibroek	ZV De Zaan	35.67	197401339	36.24	+0,89
11.	Peter Lutjes	Stadskanaal	38.02	197601471	38.53	+0,79

Masters 40+

1.	Marcel van Winssen	De Gelenberg	33.29	197101477	32.91	+0,80
2.	René Beetsma	HZ&PC Heerenveen	33.23	196900069	33.39	+0,78
3.	Auke-Sjoerd Tolsma	WS Twente	34.13	197101553	34.50	+0,87
4.	Jan-Willem van Herpen	Arethusa	34.52	197001347	35.13	+0,72
5.	Hans Schoenmakers	DAW	36.25	196900863	35.39	+0,78
6.	Rob Janssen	De Gelenberg	35.48	197001467	35.64	+0,78
7.	Edwin Niezen	RZC	36.80	197301431	36.08	+0,84
8.	Ruud Endenburg	Gay Swim Amsterdam	37.80	196901453	38.09	+0,70
9.	Sander Komen	ZV De Bron	39.82	197201507	38.28	+0,96
10.	Arnoud van Royen	TriVia	39.51	197201515	38.96	+0,87
11.	Peter Timmerman	Het Ravijn	39.42	197201525	39.41	+1,06
12.	Marcel Brittijn	De Duinkickers	40.36	196900159	39.98	+0,79
13.	Mike Molenaar	Zoetermeer	41.43	197201493	43.34	+1,00
14.	Bas van Gool	De Geul	43.49	197201435	44.68	+0,90
15.	Marco Pijpelink	De Schelde	45.22	196901635	45.01	+0,82
NG.ZA	Richard Ricksen	HGN (SG)	32.31	197000841		

Programmanr. 21, Heren, 50m schoolslag

Masters 45+

1.	Harold Matla <i>Kampioenschaps Record</i>	PSV	30.90	196800591	31.43	+0,84
2.	Geert Wijn	De Gelenberg	33.16	196701101	33.76	+0,71
3.	Roeland van der Heijden	PSV	34.11	196701389	34.15	+0,74
4.	Ronald Stolk	De Fuut	35.01	196601253	35.04	+0,86
5.	Theo Bakker	TriVia	34.33	196401231	35.32	+0,78
6.	Geert van Duinhoven	RZC	35.86	196401263	35.49	+0,74
7.	Bert de Weerd	RZC	35.85	196701283	36.24	+0,97
8.	Rene de Jong	ZVVS	35.12	196600351	36.26	+0,86
9.	Jan Blaauw	Stadskanaal	37.86	196401139	37.58	+0,91
10.	Peter van Kemenade	PSV	39.48	196501499	37.63	+0,83
11.	Joop Weenink	WS Twente	38.39	196801535	37.87	+1,16
12.	Huyb Stegeman	Steenwijk 1934	37.60	196701535	38.08	+0,91
13.	Frank van den Haak	Gay Swim Amsterdam	38.30	196601429	39.24	+0,74
14.	Maarten de Pooter	De Schelde	38.74	196600615	40.08	+0,74
15.	Jan de Lange	WS Twente	41.76	196501273	40.64	+0,97
16.	Nico Buurman	PSV	43.32	196401357	41.06	+0,80
17.	Yves van den Berg	WIDEX GZC DONK	41.44	196601437	41.17	+0,94
18.	Bart van Betuw	Zegenwerp	41.86	196500087	41.65	+0,82
NG	Willem Jan Ribberink	WIDEX GZC DONK	39.68	196501327		

Masters 50+

1.	Cees van Houwelingen <i>Nederlands Masters Record</i>	De Schelde	32.65	196300351	32.52	+0,91
2.	Gert Sikkema	Zignea	33.39	196300687	34.90	+0,87
3.	Ralph Caster	RZ	34.55	196100069	35.47	+0,77
	Arlandas Juodeska <i>Lithuanian Masters Records</i>	Takas	35.94	1961JUO	35.47	+0,82
5.	John Stoffer	Zoetermeer	37.21	196300725	38.09	+0,74
6.	Rob van Oost	PSV	39.99	196201193	39.54	+0,95
7.	Robert Meulenbroek	Gay Swim Amsterdam	39.50	196300523	40.01	+0,84
8.	Arie van Damme	't Tolhekke	42.03	196101029	40.05	+0,82
9.	Jack Barends	WS Twente	40.93	196201011	40.09	+0,95
10.	Bart van Calker	WS Twente	40.64	196100067	40.75	+0,92
11.	Rob Segers	Aqua-Novio'94	40.28	196100971	41.04	+1,18
12.	Ton Witkamp	WVZ	46.12	196101089	41.20	+0,84
13.	Jan Willem Heuten	WS Twente	41.67	196000883	41.66	+0,92
14.	Michiel Tonsbeek	DWT	42.67	196000889	44.13	+0,97
15.	Perry Dekker	ZV De Bron	45.06	196201081	44.47	+1,08
16.	Herbert Katgert	WS Twente	45.10	195900739	47.96	+1,21
NG.ZA	Hans Luchies	De Berkelduikers	37.36	196101069		

Masters 55+

1.	Paul Bunnik	Triton	36.88	195600413	37.70	+1,02
2.	Arthur Jansen	Gay Swim Amsterdam	39.48	195400299	38.99	+0,76
3.	Bart van Doesburg	PSV	40.30	195600463	40.18	+0,83
4.	Laurens klein Breteler	WWV	43.25	195400109	40.37	+0,85
5.	Joop van Dijk	Deltasteur	40.39	195700075	41.57	+1,14
6.	Dre Klaassen	ZOB'66	44.13	195600141	44.22	+0,97
7.	Jan Timmerman	IJZPC	43.76	195700347	44.78	+0,87
8.	Frans Suijkerbuijk	PSV	1:00.64	195600499	53.16	+1,02

Masters 60+

1.	Piet Schop	De Bevelanders	40.00	195000109	40.05	+0,73
2.	Rob Berkhof	Swol 1894	45.58	195200245	47.40	+1,09
3.	Bert Veerkamp	Zuiderzeezwemmers	54.28	195200271	59.34	+1,30

Programmanr. 21, Heren, 50m schoolslag

Masters 65+

1.	Jaap Kwakkel	DAW	42.08	194700157	42.53	+0,99
2.	Willem Putter	ZVVS	45.09	194500135	43.03	+0,97
3.	Ruud Sloof	De Rijn	43.42	194400073	44.47	+1,01
4.	Mar van Geel	Old Dutch	44.19	194700135	45.23	+1,13
5.	Mans Buis	Het Ravijn	50.82	194700133	49.09	+0,98
6.	Henk Oostendorp	ZV De Bron	50.15	194800093	50.66	+0,98

Masters 70+

1.	Gustave Lempereur	CHAT	41.55	CHAT/099/42	41.37	+0,99
	<i>Belgisch Masters Record</i>					
2.	Rob Hanou	PSV	41.17	194300109	41.89	+1,01
3.	Nico Baay	Old Dutch	43.25	194200053	44.19	+0,82

Masters 75+

1.	Wieger Menonides	NZ&PC	41.84	193800035	42.05	+0,94
	<i>Nederlands Masters Record</i>					
2.	Gregor Pompen	Aqua-Novio'94	49.73	193700021	50.09	+0,93
3.	Jan Eichhorn	ZV Haerlem	48.83	193700015	50.77	+1,10
4.	Pieter Scharphorn	Neptunus	59.02	193800037	1:01.52	+1,36

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:11.65	192800001	1:16.12	
	<i>Kampioenschaps Record</i>					

Programmanr. 22
26-01-2013 - 12:06

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Isabelle Massar	WVZ	36.25	199102034	35.41	+0,79
2.	Erika Aan het Rot	Octopus	35.13	199000010	35.65	+0,77
3.	Elmi Roelofsen	ZVV	35.23	199008198	36.56	+0,85
4.	Paula van den Hoeven	De Veene	36.77	199303128	37.11	+0,82
5.	Nanda de Vries	HZ&PC Heerenveen	37.72	199204328	37.67	+0,74
6.	Anne Duijst	De Amer	37.90	198901030	37.84	+0,91
7.	Zarife Gela	D'Elft WAVE (SG)	36.09	199200584	38.11	+0,66
8.	Désirée Hulsmeijer	Het Ravijn	37.26	199001656	38.85	+0,76
9.	Maaïke de Boer	De Duinkickers	38.63	199000362	40.17	+0,82
10.	Leonie Versteeg	De Veene	38.51	199003962	40.23	+0,91
11.	Tessa Verheijdt	WVZ	41.76	198904290	42.26	+0,79
12.	Fleur Maas	Zoetermeer	42.04	198902768	42.35	+1,00
13.	Rowie Hoof	De Duinkickers	45.22	199301988	43.19	+0,78
14.	Janneke Wynia	WS Twente	44.07	199005500	43.35	+1,02
15.	Claudia Creemers	De Roersoppers	45.80	199202864	46.89	+0,84
16.	Laura van Dijk	Aquarijn	45.50	198905642	47.10	+0,86

Masters 25+

1.	Néle Vanbuel	Barvaux Aquatique	33.75	BA/010/85	34.15	+0,79
2.	Karin van Dijk	HZ&PC Heerenveen	35.52	198600850	35.47	+0,80
3.	Roshendra Vrolijk	DES	37.93	198403268	36.32	+0,73
4.	Esther van Maastrigt	Montferland	36.06	198802836	37.27	+0,82
5.	Sandra Zwaanswijk	DAW	37.55	198503934	38.21	+0,70
6.	Roos Lemmen	Eurode KZC	38.87	198403078	38.25	+0,80
7.	Margot Stenveld	SBC2000	38.64	198804170	38.94	+0,76
8.	Margo Kruihof	Stadskanaal	40.20	198702408	39.36	+0,81
9.	Bianca Paape	DAW	41.69	198502262	39.96	+0,83

Programmanr. 22, Dames, 50m schoolslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
10.	Eline Roeland	De Schotejil	40.36	198805970	40.72	+0,87
11.	Annette Vogelsang	ZV De Bron	41.92	198402632	41.06	+0,77
12.	Channe Noort	DAW	41.65	198605032	41.26	+0,77
13.	Renee de Kok	PSV	39.12	198403350	41.49	+0,84
14.	Patricia Becks	Zegenwerp	41.99	198705946	41.63	+0,87
15.	Liesbeth van Mill	DWK	44.02	198702786	42.88	+0,98
16.	Margriet Aan het Rot	Octopus	42.72	198603088	42.96	+0,76
17.	Maaike van Diggele	ZPB H&L Productions	41.75	198700868	43.45	+0,50
18.	Melissa van der Zande	Zegenwerp	49.06	198806832	50.48	+0,92

Masters 30+

1.	Laura Badoux	DAW	33.87	198200038	34.12	+0,82
2.	Yvonne Gerritsen	WVZ	38.20	198000342	37.93	+0,84
3.	Yvette Roozen	DWT	39.47	198000926	39.85	+0,87
4.	Anneke Veenstra	't Tolhekke	40.03	197900882	41.29	+0,90
5.	Kristel Lips	ZV De Bron	41.22	197900562	41.36	+0,98

Masters 35+

1.	Nadège van Meeteren	De Meer	39.71	197400736	38.13	+0,85
2.	Inez Heideman	WS Twente	38.67	197500198	38.88	+0,86
3.	Miranda Straetemans	Zignea	40.79	197400514	40.97	+0,86
4.	Petra Verstegen	WVZ	42.05	197700906	41.89	+0,86
5.	Marian Nederlof	DWF	41.82	197600950	42.83	+0,83
6.	Kim Brokelman	WS Twente	44.48	197500788	44.29	+0,89

Masters 40+

1.	Marjo Goelema-Koek	De Biesboschwimmers	35.64	196900192	35.89	+0,76
	<i>Nederlands Masters Record</i>					
2.	Dorette Vogels	PSV	39.43	197000938	39.84	+0,82
3.	Esther Mijnen	ZV De Zaan	41.18	196900846	41.02	+0,82
4.	Tony de Groot	De Futen	42.94	197300758	42.57	+0,87
5.	Ilonka Hesseling	DES	43.02	196900958	42.79	+0,69
6.	Pascalie Neiss-Janssen	De Roersoppers	42.92	197300852	43.61	+0,94
7.	Mengsanne Heijnen	Zignea	43.23	197100878	43.84	+0,84
8.	Irna van der Molen	WS Twente	45.57	196900938	45.52	+0,92
9.	Rinette van der Vliet	Swol 1894	45.22	197300518	45.99	+0,96
10.	Evelien Naatje	WS Twente	47.41	197200838	48.55	+0,94
11.	Claudia Sutin	De Schelde	49.24	197200908	50.06	+0,83
12.	Klasien Blankestijn	De Duinkickers	59.83	196900934	56.78	+1,06

Masters 45+

1.	Annette Wijnja-Visser	De Biesboschwimmers	38.21	196700528	39.58	+0,80
2.	Yolanda Mante	Gay Swim Amsterdam	41.63	196600432	41.01	+0,74
3.	Monique Gerritsen	WS Twente	41.39	196500188	41.76	+0,75
4.	Jeanette Smits	Orca	46.76	196600312	48.54	+0,94
5.	Ingeborg Stokx	DAW	50.88	196700666	48.56	+0,78
6.	Riekie Schra	Steenwijk 1934	58.11	196400404	59.48	+1,36
DIS	Remona Dekker	ZV De Bron	45.06	196600620		AA

Masters 50+

1.	Marijke Kraak-Beckers	WS Twente	42.73	196000240	42.52	+0,96
2.	Annemarie Vuist	Swol 1894	42.58	196300282	43.20	+0,93
3.	Francine Sommer	Triton	43.50	196200384	44.08	+0,84
4.	Susanne Sailer-Lehrum	SG Neumünster	47.52	163629	45.10	+0,83
5.	Gonnie Paas	ZVVS	45.23	196200418	45.12	+1,02
6.	Marjan Spoelstra	Swol 1894	46.62	196000236	48.07	+0,93
7.	Jacqueline Brouwer	ZV De Bron	50.04	196100296	50.07	+0,96

Programmanr. 22, Dames, 50m schoolslag

Masters 55+

1.	Patty Krupiarz	PSV	46.28	195400074	45.13	+0,79
2.	Simonet Schroot	Gay Swim Amsterdam	57.22	195800108	57.70	+1,19
3.	Mies Kuipers	Old Dutch	51.42	195800202	57.72	+0,88

Masters 60+

1.	Bea Swijnenberg	Swol 1894	43.12	194900010	44.94	+0,78
2.	Geerdien Meerwaldt	Van Vliet-Barracuda	56.84	195200058	57.23	+1,34
3.	Anna de Weert	Gay Swim Amsterdam	1:00.23	194900020	1:03.51	
4.	Adrie Oostendorp	ZV De Bron	1:08.10	194900024	1:08.63	+1,17

Masters 65+

1.	Annet Verhoeven	De Duinkickers	52.38	194600024	52.47	+1,11
2.	Matty van der Veen	Old Dutch	51.20	194400020	52.53	+1,10
3.	Mieke Strijbis-v.d.Kroft	DAW	54.53	194500004	56.14	+1,12

Masters 75+

1.	Tineke de Bueger	Old Dutch	1:02.15	193700010	1:07.81	+1,22
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Masters 80+

1.	Anneke Logtenberg	OZ&PC	1:07.14	192900004	1:15.44	+1,16
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Masters 85+

NG.ZA	Marianne Maandonks	PSV	1:29.00	192600004		
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Programmanr. 23
26-01-2013 - 12:28

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	Octopus	4:48.82		4:55.93	+0,79
	<i>Nederlands Masters Record</i>				
	Marloes Resink	+0,79 35.18 1:12.39	Miriam Visserman	+0,24 34.75 1:16.32	
	Erika Aan het Rot	+0,36 36.18 1:18.27	Irmgard van Weeghel	+0,34 32.82 1:08.95	
2.	De Veene	4:58.06		5:04.68	+0,79
	Diana Lammers	+0,79 40.83 1:24.57	Yvon Versteeg	+0,26 30.93 1:09.16	
	Leonie Versteeg	+0,59 40.97 1:28.32	Paula van den Hoeven	+0,28 29.31 1:02.63	
80+, Heren					
1.	Octopus	4:05.77		4:03.16	+0,73
	<i>Nederlands Masters Record</i>				
	Albert van Piekeren	+0,73 30.46 1:02.92	Emile Manni	+0,22 26.30 57.96	
	Roald Blok	+0,50 30.91 1:06.28	Floris Manni	+0,35 26.65 56.00	
2.	LZ 1886	4:21.51		4:27.37	+0,73
	Sjoerd Sieval	+0,73 32.02 1:05.39	Joost Rijntjes	+0,41 27.09 1:00.79	
	Bas Zierikzee	+0,41 37.01 1:22.66	Thomas Hansen	+0,36 27.44 58.53	
3.	De Gelenberg	4:58.00		5:00.62	+0,76
	Wout Hees	+0,76 41.90 1:30.49	Ferrie van Ingen	+0,27 31.19 1:08.52	
	Gijs Haerkens	+0,72 33.61 1:12.14	Ramon Gielen	+0,49 32.44 1:09.47	

Programmanr. 23, 4 x 100m wisselslag

80+, Gemengd

1. ZOB'66 1 <i>Nederlands Masters Record</i>	ZOB'66		4:37.93		4:35.56	+0,66
Wendy de Bruin	+0,66	36.82	1:15.17	Ruben Stolk	+0,47	29.87 1:06.05
Marcel Noordermeer	+0,05	32.85	1:10.04	Carly Noordermeer	+0,04	30.39 1:04.30
2. De Duinkickers 1	De Duinkickers		4:43.74		4:54.08	+0,76
Eline Schoenmaker	+0,76	38.94	1:20.11	Sven van Zanten	+0,35	31.16 1:11.43
Remko Hoofst	+0,44	34.10	1:14.49	Maaïke de Boer	+0,58	32.26 1:08.05
3. De Schotelijl 1	De Schotelijl		4:54.22		4:57.43	+0,80
Whitley Rens	+0,80	39.66	1:20.23	Martijn van Hoom	+0,54	30.93 1:08.50
Eline Roeland	+0,53	41.76	1:28.90	Niels Albrechts	+0,47	28.55 59.80

100+, Dames

1. De Dinkel 1 <i>Wereld Masters Record</i>	De Dinkel		4:41.65		4:33.55	+0,85
Franca Willeme	+0,85	35.59	1:14.30	Anique Willeme	+0,34	31.02 1:06.47
Karin Hidding		33.38	1:14.29	Marlies Reinders	+0,39	27.94 58.49
2. WVZ 1	WVZ		4:55.83		4:53.76	+0,82
Nina Ferreira	+0,82	36.22	1:15.52	Mea Ferreira	+0,02	31.75 1:10.95
Yvonne Gerritsen	+0,72	39.03	1:24.91	Isabelle Massar	+0,54	29.68 1:02.38
3. DAW 1	DAW		4:57.62		4:57.01	+0,75
Sandra Pannekeet	+0,75	37.07	1:17.88	Sandra Zwaanswijk	+0,42	33.01 1:14.76
Laura Badoux	+0,66	36.12	1:18.21	Bianca Paape	+0,54	31.39 1:06.16
4. Deltasteur 1	Deltasteur		5:51.60		5:59.55	+0,84
Sigrit Aarten	+0,84	37.43	1:17.85	Rianne van Vegchelen		49.65 1:50.67
Gerlinde van de Wetering	+0,51	43.80	1:33.78	Margriet Leeffers	+0,68	36.76 1:17.25

100+, Heren

1. WVZ 2 <i>Nederlands Masters Record</i>	WVZ		4:15.94		4:15.00	+0,76
Ivo Roozeboom	+0,76	31.00	1:03.86	Rens Post	+0,52	30.41 1:08.96
Thijs van Valkengoed	+0,26	30.18	1:04.74	Nick Baron	+0,53	27.00 57.44
2. ZPC De Hof 1	ZPC De Hof		4:15.70		4:18.44	+0,79
Jasper de Boer	+0,79	30.22	1:03.16	Richard Huisken	+0,14	29.10 1:07.23
Pieter Pickhardt	+0,36	32.97	1:11.39	Emiel Huisken	+0,29	26.75 56.66

100+, Gemengd

1. Zuiderzeezwimmers 1 <i>Nederlands Masters Record</i>	Zuiderzeezwimmers		4:23.95		4:25.80	+0,71
Erik van der Heide	+0,71	32.16	1:05.84	Jen-Ai van Soelen	+0,24	30.71 1:08.20
Ralf van der Poel	+0,20	32.13	1:09.07	Lisanne Andeweg	+0,32	30.15 1:02.69
2. SBC2000 1	SBC2000		4:32.45		4:35.82	+0,82
Cynthia Grootboer	+0,82	34.90	1:12.51	Dennis van Oosterhout	+0,42	28.80 1:03.46
Margot Stenveld	+0,36	38.69	1:22.87	Remco van Althuis	+0,28	27.21 56.98
3. RZC 1	RZC		4:45.96		4:39.05	+0,73
Pascal Timmermans	+0,73	27.93	58.63	Marieke van Dodeweerd	+0,70	34.56 1:18.71
Kevin van Susteren	+0,24	32.92	1:13.69	Rita van der Horst	+0,17	31.03 1:08.02
4. Montferland 2	Montferland		4:36.26		5:03.62	+0,75
Martijn Giezen	+0,75	31.84	1:04.82	Kevin Dieker	+0,41	32.63 1:13.83
Wieteke Jansen	+0,78	45.79	1:39.79	Marije Jansen	+0,53	30.72 1:05.18

Programmanr. 23, 4 x 100m wisselslag

120+, Dames

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV	4:53.77			4:53.07	+0,79
	Bianca Cox	+0,79	36.04	1:15.00	Stephanie Rombout	+0,38	30.91 1:07.42
	Liselotte Joling	+0,74	38.91	1:23.25	Nienke van Stipriaan	+0,18	32.05 1:07.40
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	5:00.00			5:00.04	+0,78
	Nanda de Vries	+0,78	33.98	1:10.09	Chantal Nap	+0,37	29.62 1:03.76
	Karin van Dijk	+0,43	36.15	1:17.70	Ineke Meijer	+0,46	42.50 1:28.49
3.	Zoetermeer 1	Zoetermeer	5:18.30			5:17.19	+0,82
	Fleur Maas	+0,82	41.84	1:28.10	Delia Badoux	+0,37	31.77 1:09.23
	Chita van der Goorbergh	+0,38	43.71	1:32.31	Linda Hoogendam	+0,52	31.89 1:07.55
4.	De Dinkel 2	De Dinkel	5:31.01			5:31.59	+0,84
	Marieke Langendonk	+0,84	42.94	1:28.61	Patricia Strohm	+0,44	34.76 1:16.17
	Ellen Lubben	+0,36	41.81	1:28.82	Natasja van de Schaaf	+0,40	37.76 1:17.99
DIS	Den Doorn 1 <i>dis 3e zwemmer</i>	Den Doorn	6:14.92			EA	+0,65
	Antoinette Kant	+0,65	44.71	1:33.95	Sanne van der Stelt	-0,10	
	Mandy Erkelens	+0,56	49.63	1:46.43	Ineke Branderhorst		

120+, Heren

1.	Zoetermeer 1	Zoetermeer	4:25.33			4:24.40	+0,73
	Roger Flinterman	+0,73	32.15	1:07.50	Markus van Rest	+0,25	30.24 1:04.86
	Simon van Ravesteijn	+0,40	32.55	1:09.71	Marcel Osse	+0,06	29.75 1:02.33
2.	Het Y 1	Het Y	4:27.27			4:27.51	+0,59
	Jan-Willem v.d. Graaff	+0,59	30.85	1:03.40	Raoul Engelenburg	+0,55	29.47 1:02.47
	Donald Lijtenbogaart	+0,55	41.62	1:27.30	Sander van Elburg	+0,19	25.89 54.34
3.	D'EIfT WAVE (SG) 1	D'EIfT WAVE (SG)	4:31.31			4:30.25	+0,64
	Marc Verhaeg	+0,64	33.85	1:10.30	Egbert Stolk	+0,53	29.15 1:03.76
	Victor den Heijer	0,00	32.89	1:12.38	Menno Lomans	+0,53	30.15 1:03.81
4.	Steenwijk 1934 1	Steenwijk 1934	4:43.93			4:44.62	+0,84
	Casper Dollekamp	+0,84	39.94	1:21.76	Rick Driezen	+0,35	28.62 1:01.79
	Huyb Stegeman	+0,44	38.44	1:25.42	Lauren Vis	+0,30	26.56 55.65
5.	De Futen 1	De Futen	4:30.69			4:45.06	+0,80
	Erwin Zuidervelt	+0,80	35.53	1:15.46	Erwin Sheek	+0,16	29.62 1:07.04
	Bas Spoelstra	+0,29	37.61	1:20.25	Arnold de Rover	+0,23	29.83 1:02.31
NG	ZOB'66 1	ZOB'66	5:00.21				
NG	Den Doorn 1	Den Doorn	4:53.48				

120+, Gemengd

1.	LZ 1886 2	LZ 1886	4:42.56			4:41.67	+0,72
	Anna Boef	+0,72	36.41	1:15.61	Casper van der Burgh	+0,80	32.06 1:11.94
	Kristiaan Lenos	+0,43	32.51	1:10.07	Heidi van Stein	+0,34	30.67 1:04.05
2.	Montferland 1	Montferland	4:53.44			4:42.55	+0,65
	Esther van Maastricht	+0,65	35.96	1:13.23	Roel van Beek	+0,59	30.77 1:07.95
	Maik Steenkamp	+0,54	33.44	1:12.24	Wilma van Velsen	+0,50	32.41 1:09.13
DIS	't Tolhekke 1	't Tolhekke	5:23.73			VC	+0,86
	Wilna Heijman	+0,86	40.64	1:22.53	Berné Beute		
	Anneke Veenstra	+0,41	43.51	1:35.39	Mark van Damme		

160+, Heren

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	4:28.00			4:22.61	+0,75
	Gerard Eghuizen	+0,75	33.53	1:09.39	Casper Hut	+0,48	29.01 1:00.77
	René Beetsma	+0,43	33.43	1:13.00	Marten de Groot	+0,38	27.75 59.45
2.	RZ 1	RZ	4:27.19			4:32.45	+0,71
	Bert Schlicher	+0,71	31.72	1:05.35	Sander Bouts	+0,34	28.66 1:02.24
	Ralph Caster	+0,49	36.07	1:19.69	Gino Martijn	+0,38	30.46 1:05.17
3.	Takas 1 <i>Lithuanian Masters Record</i>	Takas	4:50.00			4:39.62	+0,72
	Linas Kersevicius	+0,72	32.13	1:06.13	Arturas Tuomas	+0,42	34.08 1:11.36
	Arlandas Juodeska	+0,40	37.20	1:20.94	Arvydas Burinskas	+0,45	28.99 1:01.19

Programmanr. 23, Heren, 4 x 100m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Oceanus	4:38.26		4:41.59	+0,66
	Arjan Bellaart +0,66 33.06 1:08.18	Richard Tates +0,45 31.73 1:09.35			
	Ronald Grove +0,47 37.26 1:21.65	Frank Corveleijn +0,67 29.61 1:02.41			
5.	RZC	4:50.57		4:46.58	+0,72
	Jan Gerard Sterrenburg +0,72 33.42 1:08.26	Geert van Duinhoven +0,33 32.54 1:15.20			
	Edwin Niezen +0,36 37.35 1:21.39	Bert de Weerd +0,14 28.88 1:01.73			
6.	Upstream Amsterdam	4:40.00		4:53.93	+0,70
	Dennis Schouten +0,70 34.00 1:10.50	Peter van Vuuren +0,39 36.35 1:18.97			
	Robert Weyhenke +0,66 39.95 1:24.57	Joost Roelofs +0,63 28.59 59.89			
7.	De Schelde	4:54.03		4:55.88	+0,76
	Bas Westdorp +0,76 37.97 1:17.88	Marco de Bat +0,62 37.22 1:20.73			
	Cees van Houwelingen +0,49 33.77 1:13.19	Maarten de Pooter +0,34 30.20 1:04.08			
8.	DAW	4:59.62		5:04.02	+0,84
	Alex Damen +0,84 34.99 1:11.80	Jeroen Vogelsang +0,44 34.08 1:15.71			
	Frits Delicaat +0,39 36.80 1:19.80	Jaap Kwakkel +0,11 35.16 1:16.71			
DIS	De Gelenberg	4:34.64		SR	+0,87
	John Cobussen +0,87 33.51 1:11.63	Marcel van Winssen			
	Rob Janssen	Geert Wijn			

160+, Gemengd

1.	AZ&PC	5:01.28		5:04.61	+0,79
	Henriëtte v. Norden +0,79 38.81 1:21.70	Jeroen Zelsmann -0,02 30.15 1:04.59			
	Françoise Duran +0,37 40.87 1:27.18	David Blom +0,52 33.39 1:11.14			
2.	Triton	5:02.54		5:10.09	+0,86
	Caroline Schreuder +0,86 39.74 1:22.15	Tim Bunnik +0,39 30.17 1:05.33			
	Paul Bunnik +0,53 40.82 1:28.04	Francine Sommer +0,63 35.13 1:14.57			
AFGEM	WIDEX GZC DONK 1	5:57.53			
	WIDEX GZC DONK				

200+, Dames

1.	Old Dutch	6:23.33		7:30.34	+0,76
	<i>Kampioenschaps Record</i>				
	Mies Kuipers +0,76 1:05.38 2:09.78	Karin van den Heuvel +0,51 42.47 1:32.05			
	Ingrid ten Horn +0,59 56.79 2:01.38	Karien Musters +0,68 49.74 1:47.13			

200+, Gemengd

1.	AZ&PC	4:46.12		4:46.07	+0,73
	<i>Nederlands Masters Record</i>				
	Ron Korzelius +0,73 35.38 1:13.42	Edwin v. Norden +0,15 29.17 1:03.33			
	Marja Bloemzaad +0,45 37.93 1:21.57	Atie Pijtak-Radersma +0,16 32.10 1:07.75			

240+, Gemengd

1.	PSV	5:40.19		5:40.80	+0,79
	<i>Nederlands Masters Record</i>				
	Brend Brevé +0,79 37.27 1:16.67	Patty Verhagen +0,53 39.90 1:26.29			
	Michiel Klaren +0,54 41.45 1:26.57	Lottie Geurts +0,72 44.57 1:31.27			

280+, Dames

1.	Old Dutch	8:17.67		9:28.26	+0,78
	<i>50m*</i>				
	Truus Ruitter +0,78 1:00.87 2:07.20	Matty van der Veen +0,66 1:00.47 2:09.90			
	Tineke de Bueger -0,73 1:07.98 2:24.63	Annie de Vos 1:19.72 2:46.53			

280+, Gemengd

DIS	PSV 2	7:49.23		SK	+0,79
	Bart van Doesburg +0,79 43.55 1:29.60	Rob Hanou			
	Marianne Maandonks	Annie Smits			

4 - ONMK 2013 kb sessie 4

26-01-2013 - 13:40

Programmanr. 25
26-01-2013 - 13:40

Heren, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+					
1.	LZ 1886	1:42.34		1:41.06	+0,80
	Kristiaan Lenos 83 +0,80 25.21 Sjoerd Sieval 90 +0,37 25.37				
	Joost Rijntjes 91 +0,62 24.74 Thomas Hansen 92 +0,12 25.74				
2.	Merlet	1:43.28		1:43.67	+0,78
	Mark Effing 86 +0,78 27.92 Joppe Schuurmans 89 +0,23 25.76				
	Ronald Vullings 87 +0,12 25.03 Jette Schuurmans 91 +0,29 24.96				
3.	Het Ravijn	1:43.79		1:43.99	+0,64
	Christian Karkdijk 92 +0,64 25.77 Gert-Jan Nieuwenhuis 92 +0,30 25.86				
	Patrick Kleine Staarman 80 +0,41 27.70 Rutger Kooistra 92 +0,31 24.66				
4.	Octopus	1:46.42		1:44.00	+0,75
	Floris Manni 88 +0,75 26.31 Roald Blok 93 +0,36 26.33				
	Albert van Piekeren 84 +0,33 27.09 Emile Manni 90 +0,19 24.27				
5.	De Schotejil	1:44.38		1:44.04	+0,84
	Martijn van Hoom 89 +0,84 25.95 Niels Albrechts 88 +0,31 26.64				
	Thijs Tromper 87 +0,31 28.55 Mark Costeris 92 +0,27 22.90				
6.	Montferland	1:50.21		1:48.28	+0,76
	Maik Steenkamp 91 +0,76 27.35 Roel van Beek 89 +0,42 26.90				
	Kevin Dieker 91 +0,47 27.85 Martijn Giezen 85 +0,30 26.18				
7.	De Gelenberg	1:55.50		1:53.01	+0,93
	Wout Hees 90 +0,93 28.53 Ferrie van Ingen 90 +0,34 27.78				
	Ramon Gielen 91 +0,57 30.72 Gijs Haerkens 91 +0,43 25.98				
100+					
1.	ZOB'66	1:49.27		1:39.96	+0,66
	Anne Hollaar 83 +0,66 25.34 Marcel Noordermeer 90 +0,20 25.69				
	Nol van Thull 80 +0,41 24.17 Roderik Meijers 86 +0,44 24.76				
2.	ZPC De Hof	1:44.85		1:43.73	+0,81
	Jasper de Boer 93 +0,81 26.33 Pieter Pickhardt 83 +0,59 26.57				
	Emiel Huisken 85 +0,26 25.53 Richard Huisken 85 +0,35 25.30				
3.	WVZ	1:43.19		1:43.88	+0,76
	Bas v.d. Laan 83 +0,76 27.58 Nick Baron 91 +0,38 25.66				
	Mike Stoffer 89 +0,19 25.37 Thijs van Valkengoed 83 +0,37 25.27				
4.	De Duinkickers	1:54.19		1:56.82	+0,79
	Marcel Brittijn 69 +0,79 30.53 Sven van Zanten 90 +0,24 28.25				
	Robbert Hessing 87 +0,54 30.89 Remko Hooft 87 +0,39 27.15				
120+					
1.	DES	1:49.24		1:44.76	+0,73
	Peter Hesseling 64 +0,73 27.90 Eric Bisslik 84 +0,41 26.65				
	Tyrick de Kort 89 +0,13 25.01 Jean Pierre Bisslik 87 +0,43 25.20				
2.	Zuiderzeewimmers	1:47.46		1:45.26	+0,76
	Erik van der Heide 88 +0,76 26.00 Agnus Gerringa 71 +0,35 25.89				
	Gerko Versluis 69 +0,58 27.93 Ralf van der Poel 84 +0,19 25.44				
3.	RZC	1:47.64		1:46.17	+0,74
	Pascal Timmermans 92 +0,74 23.90 Bert de Weerd 67 +0,43 27.08				
	Kevin van Susteren 89 +0,33 25.44 Geert van Duinhoven 64 +0,57 29.75				
4.	Het Y	1:49.04		1:47.87	+0,84
	Donald Uijtenbogaart 47 +0,84 32.31 Raoul Engelenburg 89 +0,40 25.27				
	Jan-Willem v.d. Graaff 89 +0,29 25.18 Sander van Elburg 88 +0,31 25.11				
5.	Zoetermeer	1:49.81		1:49.31	+0,82
	Simon van Ravesteijn 80 +0,82 27.40 Patrick Kers 72 +0,55 26.80				
	Roger Flinterman 76 +0,42 28.00 Markus van Rest 77 +0,32 27.11				
6.	D'Eift WAVE (SG)	1:51.01		1:49.37	+0,72
	Victor den Heijer 83 +0,72 26.32 Marc Verhaeg 89 +0,27 28.12				
	Menno Lomans 61 +0,48 29.23 Egbert Stolk 76 +0,39 25.70				

Programmanr. 25, Heren, 4 x 50m vrije slag, 120+

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
7.	De Futen 1	De Futen	1:48.87		1:52.98 +0,77	
	Erwin Sneek	91 +0,77	26.66	Erwin Zuidervelt	75 +0,57	28.18
	Bas Spoelstra	77 +0,36	29.21	Arnold de Rover	64 +0,55	28.93
8.	't Tolhekke 1	't Tolhekke	2:00.37		2:00.76 +0,89	
	Arie van Damme	61 +0,89	34.46	Lars Erik Beute	86 +0,67	28.96
	Berné Beute	91 +0,75	30.35	Mark van Damme	91 +0,48	26.99
NG	Den Doorn 1	Den Doorn	1:52.63			

160+

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	1:46.50		1:45.26 +0,77	
	René Beetsma	69 +0,77	26.63	Marten de Groot	58 +0,43	27.24
	Gerard Eghuizen	74 +0,58	27.36	Casper Hut	78 +0,37	24.03
2.	AZ&PC 1	AZ&PC	1:44.92		1:48.51 +0,70	
	Jeroen Zelsmann	77 +0,70	24.82	David Blom	70 +0,39	30.87
	Edwin v. Norden	63 +0,11	25.46	Ron Korzelius	65 +0,24	27.36
3.	Upstream Amsterdam 1	Upstream Amsterdam	1:49.50		1:49.32 +0,75	
	Dennis Schouten	75 +0,75	26.80	Robert Weyhenke	52 +0,22	27.94
	Peter van Vuuren	60 +0,51	28.73	Joost Roelofs	76 +0,57	25.85
4.	De Gelenberg 1	De Gelenberg	1:48.00		1:49.86 +0,87	
	John Cobussen	75 +0,87	28.46	Marcel van Winssen	71 +0,21	26.13
	Rob Janssen	70 +0,35	29.72	Geert Wijn	67 +0,24	25.55
5.	Oceanus 1	Oceanus	1:55.00		1:50.18 +0,70	
	Arjan Bellaart	69 +0,70	26.97	Frank Corveleijn	72 +0,62	28.12
	Ronald Grove	61 +0,34	27.68	Richard Tates	72 +0,36	27.41
6.	PSV 2	PSV	1:52.54		1:51.61 +0,69	
	Jos de Graaf	91 +0,69	24.46	Michiel Klaren	62 +0,58	30.57
	Harold Matla	68 +0,49	28.00	Roeland van der Heijden	67 +0,36	28.58
7.	RZ 1	RZ	1:53.00		1:53.17 +0,80	
	Ralph Caster	61 +0,80	31.18	Sander Bouts	85 +0,38	26.71
	Gino Martijn	79 +0,48	28.23	Bert Schlicher	64 +0,36	27.05
8.	De Schelde 1	De Schelde	1:51.29		1:53.84 +0,75	
	Marco de Bat	71 +0,75	30.48	Cees van Houwelingen	63 +0,36	25.75
	Bas Wesdorp	73	29.20	Maarten de Pooter	66 +0,37	28.41
9.	DAW 1	DAW	1:54.57		1:54.76 +0,83	
	Alex Damen	75 +0,83	27.00	John Stokx	64 +0,39	28.29
	Jaap Kwakkel	47 +0,34	32.54	Kars Luttk	78 +0,40	26.93
10.	ZVVS 1	ZVVS	1:55.41		1:56.73 +0,84	
	Harry Paas	58 +0,84	32.73	Danny Zulver	67 +0,31	28.83
	Rene de Jong	66 +0,37	28.27	Bas van den Nouweland	80 +0,48	26.90
11.	WVZ 2	WVZ	2:03.72		1:57.13 +0,79	
	Ton Witkamp	61 +0,79	34.86	Ivo Roozeboom	77 +0,33	25.52
	Richard Koudijs	63 +0,12	30.18	Rens Post	91 +0,46	26.57
12.	Stadskanaal 1	Stadskanaal	2:01.07		1:58.75 +0,95	
	Alex Hagedoorn	71 +0,95	30.47	Erik Veltman	72 +0,33	29.39
	Jan Blaauw	64 +0,52	30.42	Peter Luitjes	76 +0,49	28.47
13.	De Dinkel 1	De Dinkel	1:56.97		2:00.62 +1,14	
	Edwin Hagel	55 +1,14	34.77	Rogier Becker	73 +0,36	29.03
	Tijn Huttenhuis	83 +0,22	31.87	Tjakko Ruinemans	74 +0,23	24.95
14.	Zoetermeer 2	Zoetermeer	2:04.45		2:02.73 +0,76	
	John Stoffer	63 +0,76	30.10	Marcel Osse	66 +0,05	28.29
	Mike Molenaar	72 +0,83	34.54	Marcel van Lochem	65 +0,56	29.80

Programmanr. 25, Heren, 4 x 50m vrije slag

200+

1.	WWV 1	WWV		1:55.94		1:54.17	+0,94	
	Jan Lammers	60	+0,94	30.19	Robert Vink	63	+0,36	27.63
	Ruud Ruiters	53	+0,35	29.62	Kees-Jan van Overbeeke	62	+0,27	26.73
2.	PSV 1	PSV		2:01.45		1:58.47	+0,87	
	Peter van Kemenade	65	+0,87	29.88	Rob Penninks	60	+0,40	30.22
	Rob van Oost	62	+0,29	29.08	Marc Wouters	65	+0,51	29.29
AFGEM	WIDEX GZC DONK 1	WIDEX GZC DONK		2:08.23				

240+

1.	Steenwijk 1934 1	Steenwijk 1934		2:47.63		2:39.39	+1,32	
	Klaas Prins	28	+1,32	1:02.04	Sierd Tilma	53	+0,49	33.88
	Huyb Stegeman	67	+0,64	31.11	Casper Dollekamp	63	+0,47	32.36
DIS	PSV 3	PSV		2:07.69			EA	+0,69
	<i>dis 3e zwemmer</i>							
	Brend Brevé	52	+0,69	30.72	Jan Tinholt	50	-0,41	
	Rob Hanou	43	+0,68	35.41	Bart van Doesburg	56		

Programmanr. 26
26-01-2013 - 13:54

Dames, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT			
80+								
1.	WVZ 1	WVZ		1:57.72	1:57.08	+0,77		
	Monique Pronk	88	+0,77	30.68	Nina Ferreira	89	+0,25	29.00
	Mea Ferreira	89	+0,29	29.12	Isabelle Massar	91	+0,50	28.28
2.	De Veene 1	De Veene		2:01.80	2:04.80	+0,83		
	Paula van den Hoeven	93	+0,83	28.48	Diana Lammers	89	+0,43	33.42
	Leonie Versteeg	90	+0,63	34.95	Yvon Versteeg	92	+0,37	27.95
3.	Octopus 1	Octopus		2:02.07	2:08.39	+0,79		
	Miriam Visserman	87	+0,79	31.84	Margriet Aan het Rot	86	+0,43	34.69
	Irgard van Weeghel	92	+0,44	32.21	Marloes Resink	90	+0,43	29.65
100+								
1.	De Dinkel 1	De Dinkel		1:56.56	1:52.43	+0,77		
	<i>Kampioenschaps Record</i>							
	Karin Hidding	84	+0,77	27.73	Franca Willeme	84	+0,59	29.40
	Anique Willeme	86	+0,24	28.33	Marlies Reinders	86	+0,41	26.97
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		2:00.00	1:57.46	+0,76		
	Nanda de Vries	92	+0,76	27.98	Chantal Nap	89	+0,25	28.21
	Karin van Dijk	86	+0,45	30.93	Berdie Eghuizen	83	+0,28	30.34
3.	DAW 1	DAW		1:56.89	1:58.21	+0,74		
	Sandra Zwaanswijk	85	+0,74	28.58	Sandra Pannekeet	84	+0,34	30.16
	Maaïke Vooren	91	+0,54	30.03	Laura Badoux	82	+0,47	29.44
4.	De Schotejil 1	De Schotejil		2:07.01	2:07.41	+0,91		
	Susanne van Hooven	68	+0,91	33.39	Whitley Rens	90	+0,66	31.31
	Eline Roeland	88	+0,55	33.67	Danica Koedoot	93	+0,29	29.04
5.	WVZ 2	WVZ		2:08.50	2:09.43	+0,83		
	Petra Versteegen	77	+0,83	32.62	Lisette Prins	88	+0,32	32.04
	Tessa Verheijdt	89	+0,45	33.19	Yvonne Gerritsen	80	+0,65	31.58

Programmanr. 26, Dames, 4 x 50m vrije slag

120+

1.	PSV 2 Stephanie Rombout Liselotte Joling	PSV 88 +0,72 75 +0,70	27.95 30.85	1:58.09 Katrin Pennings Nienke van Stipriaan	64 +0,31 87 +0,33	30.27 29.31	1:58.38	+0,72
2.	Zoetermeer 1 Delia Badoux Chita van der Goorbergh	Zoetermeer 80 +0,72 68 +0,38	28.71 31.18	2:01.97 Linda Hoogendam Sanne van Dijk	83 +0,43 90 +0,53	31.04 30.37	2:01.30	+0,72
3.	Montferland 1 Kelly Bockting Wilma van Velsen	Montferland 91 +0,92 64 +0,42	33.72 30.17	2:04.94 Marije Jansen Wieteke Jansen	85 +0,52 90 +0,65	29.93 33.52	2:07.34	+0,92
4.	De Dinkel 3 Natasja van de Schaaf Marieke Langendonk	De Dinkel 82 +0,90 79 +0,41	35.17 34.47	2:17.47 Patricia Strohm Ellen Lubben	81 +0,34 84 +0,32	30.96 31.25	2:11.85	+0,90
5.	Den Doorn 1 Sanne van der Stelt Ineke Branderhorst	Den Doorn 93 +0,92 69 +0,56	29.41 42.09	2:20.28 Mandy Erkelens Antoinette Kant	87 +0,38 69 +0,59	36.06 35.03	2:22.59	+0,92
NG.ZA	Sprut 1	Sprut		2:00.13				

160+

1.	De Dinkel 2 Karin Rikhof Natasja Kooiker	De Dinkel 66 +0,92 75 +0,45	36.63 35.94	2:15.81 Judith Heijdens-Schasfoort Anja Tijink	65 +0,27 64	31.39 29.70	2:13.66	+0,92
2.	ZVVS 1 Paula 't Hart Gonnie Paas	ZVVS 77 +0,80 62 +0,73	36.02 36.47	2:25.99 Joyce Brummelkamp Ada de Voogd	70 +0,50 59 +0,24	33.96 35.07	2:21.52	+0,80
3.	DAW 2 Channe Noort Mieke Strijbis-v.d.Kroft	DAW 86 +0,76 45 +0,59	31.34 47.71	2:28.90 Ingeborg Stokx Bianca Paape	67 +0,38 85 +0,29	37.69 29.39	2:26.13	+0,76

200+

1.	AZ&PC 1 Marja Bloemzaad Henriëtte v. Norden	AZ&PC 61 +0,72 68 +0,38	29.65 31.54	2:23.27 Loekie v. Huissteden Françoise Duran	45 +0,28 69 +0,25	47.90 34.87	2:23.96	+0,72
2.	Old Dutch 1 100m* Karien Musters Ingrid ten Horn	Old Dutch 58 +0,78 61 +0,59	48.00 45.07	2:55.82 Mies Kuipers Karin van den Heuvel	58 66 +0,52	51.52 38.40	3:02.99	+0,78

280+

1.	PSV 1 <i>Nederlands Masters Record</i> Marianne Maandonks Lottie Geurts	PSV 26 +1,15 35 +0,41	1:13.90 40.48	3:08.12 Annie Smits Patty Verhagen	46 +0,64 59 +0,24	43.60 35.81	3:13.79	+1,15
2.	Old Dutch 2 50m* Truus Ruiters Annie de Vos	Old Dutch 40 34	52.45 1:16.39	3:34.56 Tineke de Bueger Matty van der Veen	37 +0,86 44 +0,85	1:10.08 47.64	4:06.56	

Programmanr. 27
26-01-2013 - 14:09

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Emile Manni	Octopus	2:12.78 199001901	2:13.65	+0,71	29.69	1:04.35	1:39.37	2:13.65
2. Maik Steenkamp	Montferland	2:19.29 199103847	2:21.11	+0,75	30.75	1:07.25	1:44.16	2:21.11
3. Tim Bunnik	Triton	2:23.78 199000505	2:26.78	+0,80	30.83	1:08.73	1:47.24	2:26.78
4. Pieter Pijnenburg	De Warande	2:34.89 199305227	2:30.39	+0,70	32.62	1:10.69	1:50.60	2:30.39
DIS Ruben Stolk	ZOB'66	2:27.15 199005665		VH				
Masters 25+								
1. Daan Glorie	DAW	2:13.72 198801115	2:13.28	+0,84	30.20	1:04.14	1:38.40	2:13.28
2. Sander Bouts	RZ	2:17.98 198500331	2:22.07	+0,92	31.44	1:07.55	1:44.35	2:22.07
3. Rick Driezen	Steenwijk 1934	2:25.51 198600713	2:27.98	+0,92	32.60	1:10.26	1:48.64	2:27.98
Masters 30+								
1. Alexander Hulleman	Steenwijk 1934	2:23.34 198300989	2:22.15	+0,80	31.29	1:06.87	1:43.66	2:22.15
2. Erik Kusters	Noord Veluwe	2:27.91 198000837	2:28.03	+0,88	30.77	1:06.52	1:45.14	2:28.03
3. Jeroen Vogelsang	DAW	2:48.62 198001645	2:49.69	+0,86	35.55	1:18.79	2:05.86	2:49.69
Masters 35+								
1. Ron Langelaan	DAW	2:41.20 197800643	2:36.57	+0,77	32.88	1:11.85	1:53.84	2:36.57
2. Wouter Hulleman	ZVV	2:42.90 197401261	2:44.13	+0,83	32.91	1:11.40	1:53.22	2:44.13
3. Erwin Zuijdervelt	De Futen	2:58.70 197501015	3:02.80	+0,83	36.02	1:21.05	2:11.32	3:02.80
Masters 40+								
1. René Beetsma	HZ&PC Heerenveen	2:23.46 196900069	2:29.71	+0,81	32.37	1:10.84	1:50.46	2:29.71
2. Arvydas Burinskas	Takas	2:48.53 1969BUR	2:42.71	+0,91	36.44	1:18.39	2:01.24	2:42.71
3. Frank v Nobelen	Sassenheim	2:34.73 196900753	2:46.73	+0,86	33.97	1:14.59	1:58.10	2:46.73
4. Hans Schoenmakers	DAW	2:51.91 196900863	2:47.93	+0,88	35.16	1:18.58	2:03.48	2:47.93
5. Heiner Stevens	Zignea	2:50.16 197201299	2:49.06	+0,73	34.41	1:15.76	2:00.72	2:49.06
Masters 50+								
1. Arturas Tuomas	Takas	2:54.86 1961TUO	2:45.56	+0,85	38.04	1:20.90	2:05.57	2:45.56
2. Jan Willem Heuten	WS Twente	3:17.91 196000883	3:24.64	+0,99	44.45	1:37.86	2:33.26	3:24.64
Masters 55+								
1. Hugo Bregman	WVZ	2:17.84 195800069	2:15.97	+0,94	30.15	1:05.20	1:40.71	2:15.97
<i>Wereld Masters Record, tt 100m NMR</i>								
Masters 70+								
1. Gustave Lempereur	CHAT	3:31.36 CHAT/099/42	3:30.24	+1,04	48.42	1:42.29	2:37.07	3:30.24
<i>Belgisch Masters Record</i>								
2. Rob Hanou	PSV	3:24.44 194300109	3:39.37	+1,11	48.24	1:44.98	2:43.49	3:39.37

Programmanr. 28
26-01-2013 - 14:19

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Chantal Nap	HZ&PC Heerenveen	2:19.02 198903004	2:21.33	+0,79	31.49	1:07.01	1:43.54	2:21.33
<i>Kampioenschaps Record</i>								
2. Mea Ferreira	WVZ	2:36.50 198901194	2:37.68	+0,83	33.43	1:12.96	1:55.00	2:37.68
Masters 25+								
1. Anique Willeme	De Dinkel	2:30.61 198604106	2:30.96	+0,80	32.62	1:10.40	1:49.58	2:30.96
2. Stephanie Rombout	PSV	2:32.10 198803696	2:35.81	+0,83	32.42	1:10.43	1:51.71	2:35.81
3. Samantha van Eijk	De Geul	2:47.84 198806826	2:48.45	+0,84	37.59	1:20.50	2:04.92	2:48.45
Masters 30+								
1. Roos van Esch	TRB-RES	2:33.42 198200468	2:33.40		34.61	1:13.82	1:53.19	2:33.40
2. Nadya Putter	ZVVS	2:33.03 198301630	2:35.14	+0,76	34.38	1:13.21	1:53.57	2:35.14
3. Esther Versteeg	Van Vliet-Barracuda	2:46.45 198302112	2:45.27	+0,89	35.12	1:15.95	1:59.88	2:45.27
4. Kristel Lips	ZV De Bron	3:05.13 197900562	3:16.32	+1,00	39.40	1:26.84	2:19.37	3:16.32
Masters 35+								
1. Liselotte Joling	PSV	2:54.92 197500268	2:39.89	+0,95	35.47	1:16.00	1:57.57	2:39.89
Masters 45+								
1. Laura Staal	Oceanus	2:59.39 196700358	3:04.56	+0,83	38.86	1:24.21	2:12.72	3:04.56
2. Karin van den Heuvel	Old Dutch	3:12.05 196600188	3:17.83	+0,91	42.50	1:32.98	2:28.10	3:17.83
3. Caroline Schreuder	Triton	3:16.39 196700550	3:21.10	+0,87	43.35	1:34.74	2:28.37	3:21.10
4. Hetty Smalheer	SCOM	3:27.06 196700352	3:35.29	+1,04	47.15	1:42.91	2:39.14	3:35.29
Masters 50+								
1. M. Grove-Lingeman	Oceanus	2:53.54 196200080	3:01.01	+0,80	38.01	1:23.66	2:11.46	3:01.01
Masters 55+								
1. Mathilde Vink	Swol 1894	2:50.47 195800128	2:54.09	+0,96	38.78	1:22.25	2:06.93	2:54.09
<i>Nederlands Masters Record</i>								

Programmanr. 29
26-01-2013 - 14:27

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Mark Costeris	De Schotejil	51.43 199202327	52.02	+0,70	25.28	52.02
2. Pascal Timmermans	RZC	52.13 199202349	52.12	+0,75	24.94	52.12
3. Jos de Graaf	PSV	53.26 199106095	53.85	+0,69	25.62	53.85
4. Joost Rijntjes	LZ 1886	54.52 199101899	55.05	+0,76	25.94	55.05
5. Raoul Engelenburg	Het Y	54.96 198900843	55.46	+0,75	27.14	55.46
6. Mike Stoffer	WVZ	56.93 198903041	56.34	+0,74	27.34	56.34
7. Sjoerd Sieval	LZ 1886	54.16 199002663	56.57	+0,73	27.44	56.57
8. Dennis van Oosterhout	SBC2000	57.80 198902337	57.75	+0,85	27.65	57.75
9. Thomas Hansen	LZ 1886	57.78 199204327	57.87	+0,71	27.74	57.87
10. Tyrick de Kort	DES	1:01.55 198906745	58.37	+0,71	27.98	58.37
11. Ruben Stolk	ZOB'66	59.13 199005665	58.42	+0,74	27.43	58.42
12. Martijn van Hoorn	De Schotejil	57.42 198901343	58.62	+0,84	28.50	58.62
13. Roel van der Kleij	Zegenwerp	56.81 199001571	58.96	+0,67	28.44	58.96

Programmanr. 29, Heren, 100m vrije slag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
14. Erwin Sneek	De Futen	58.89 199102153	59.56	+0,79	28.01	59.56
15. Roel van Beek	Montferland	1:00.54 198905861	59.83	+0,85	28.46	59.83
16. Jelte Schuurmans	Merlet	56.04 199104841	59.88	+0,79	28.74	59.88
17. Kevin van Susteren	RZC	1:01.80 198903085	59.92	+0,77	26.88	59.92
18. Rens Post	WVZ	59.84 199101827	1:00.09	+0,71	28.37	1:00.09
19. Boy Heijnekamp	LZ 1886	59.99 198901161	1:01.20	+0,72	28.69	1:01.20
20. Kevin Dieker	Montferland	1:01.15 199100461	1:01.71	+0,78	29.30	1:01.71
21. Daan Anbeek	ZPC De Hof	1:01.32 199307177	1:02.40	+0,84	29.72	1:02.40
22. Bas Zierikzee	LZ 1886	1:04.28 199204321	1:06.52	+0,83	30.55	1:06.52
23. Jeroen Krielaart	Zegenwerp	1:03.02 199202881	1:09.13	+0,90	31.01	1:09.13
24. Niels Blok	WIDEX GZC DONK	1:10.26 199004405	1:13.18	+0,83	32.92	1:13.18

Masters 25+

1. Sander van Elburg	Het Y	56.10 198800937	55.14	+0,73	26.64	55.14
2. Jean Pierre Bisslik	DES	59.10 198705243	56.02	+0,59	26.77	56.02
3. Erik van der Heide	Zuiderzeezwemmers	55.84 198801337	56.17	+0,77	26.95	56.17
4. Jan van Opstal	Hieronimus	55.78 198602291	56.43	+0,70	26.98	56.43
5. Bastian Zoon	De Gooye	56.70 198703929	56.47	+0,73	26.99	56.47
6. Richard Huisken	ZPC De Hof	55.27 198501141	56.56	+0,72	27.10	56.56
7. Erik Verholt	Noord Veluwe	57.89 198803543	57.95	+0,81	26.99	57.95
8. Emiel Huisken	ZPC De Hof	55.44 198501139	58.33	+0,75	27.36	58.33
9. Ronald Vullings	Merlet	55.89 198703655	58.47	+0,88	27.73	58.47
10. Rick Driezen	Steenwijk 1934	56.76 198600713	59.58	+0,90	28.25	59.58
11. Rian Beute	't Tolhekke	1:01.94 198400133	1:00.65	+0,85	28.63	1:00.65
12. Mark Effing	Merlet	1:00.08 198600761	1:00.74	+0,78	28.95	1:00.74
13. Wesley van Diejen	PSV	1:00.82 198604551	1:01.08	+0,80	29.54	1:01.08
14. Arjen van der Boom	Zignea	1:01.07 198604449	1:01.57	+0,80	28.96	1:01.57
15. Robbert Hessing	De Duinkickers	1:12.01 198705269	1:11.29	+0,82	33.67	1:11.29
16. Wesley Determann	De Amer	1:18.14 198806107	1:22.33	+0,92	38.56	1:22.33
NG Tommy Uilenberg	Den Doorn	1:02.25 198603135				

Masters 30+

1. Nol van Thull	ZOB'66	53.17 198001513	52.62	+0,79	25.48	52.62
2. Kristiaan Lenos	LZ 1886	53.86 198301331	54.23	+0,78	25.81	54.23
3. Lauren Vis	Steenwijk 1934	57.36 198201883	55.16	+0,72	26.09	55.16
4. Michiel Beemster	WS Twente	54.79 198000063	55.54	+0,86	26.74	55.54
5. Anne Hollaar	ZOB'66	57.06 198300943	56.27	+0,69	26.43	56.27
6. Bas van den Nouwelant	ZVVS	58.93 198001103	57.76	+0,81	27.57	57.76
7. Remco van Althuis	SBC2000	57.42 198300029	58.50	+0,87	28.37	58.50
8. Stan Dekker	PLONS	59.14 197901823	59.29	+0,84	27.58	59.29
9. Bas v.d. Laan	WVZ	58.98 198302471	1:00.18	+0,82	28.69	1:00.18
10. Jetse Scholma	Arethusa	1:09.22 197901973	1:00.87	+1,03	29.74	1:00.87
11. Frits Delicaat	DAW	1:03.03 197901629	1:01.83	+0,87	29.59	1:01.83
12. Steven Prins	PLONS	1:03.65 197901833	1:04.01	+0,81	30.21	1:04.01
13. Hans Cligge	De Futen	1:11.43 198100315	1:11.77	+0,44	33.12	1:11.77
14. Tijn Huttenhuis	De Dinkel	1:17.25 198330249	1:13.37	+1,00	34.36	1:13.37
NG Ferry Blange	ZOB'66	59.52 198300185				

Masters 35+

1. Casper Hut	HZ&PC Heerenveen	54.32 197800471	52.94	+0,68	25.08	52.94
<i>Kampioenschaps Record</i>						
2. Tjakko Ruinemans	De Dinkel	55.28 197400687	55.43	+0,88	26.85	55.43
3. Jeroen Zelsmann	AZ&PC	58.11 197701551	56.68	+0,69	26.77	56.68
4. Roland de Jong	Eurode KZC	57.17 197601513	56.76	+0,81	26.98	56.76
5. Dennis Schouten	Upstream Amsterdam	58.72 197501351	57.81	+0,75	27.87	57.81
6. Ewoud Rupert	WS Twente	57.16 197801795	57.91	+0,81	27.01	57.91
7. Robin Sprinkhuizen	De Zijl/LGB	58.29 197400767	58.19	+0,87	27.68	58.19
8. Alex Damen	DAW	1:01.64 197501371	59.15	+0,79	28.46	59.15
9. Joost Roelofs	Upstream Amsterdam	58.56 197601337	59.38	+0,86	28.41	59.38
10. Victor Barnar	GoSwim	1:01.11 197801805	1:00.83	+0,87	28.75	1:00.83

Programmanr. 29, Heren, 100m vrije slag, Masters 35+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
11. Kars Luttk	DAW	58.52 197800675	1:01.66	+0,78	28.42	1:01.66
12. Wouter Hulleman	ZVV	59.23 197401261	1:02.98	+0,74	29.15	1:02.98
13. Wibo Mooibroek	ZV De Zaan	1:03.33 197401339	1:03.23	+0,92	29.72	1:03.23
14. Arjan Aalbers	Swol 1894	1:04.27 197500001	1:04.22	+0,94	30.24	1:04.22
15. Okko de Haas	ZV De Bron	1:03.97 197801593	1:04.42	+0,88	30.90	1:04.42

Masters 40+

1. Marcel van Winssen	De Gelenberg	57.57 197101477	58.23	+0,82	27.78	58.23
2. Arjan Bellaart	Oceanus	58.41 196900079	59.01	+0,74	28.36	59.01
3. Auke-Sjoerd Tolsma	WS Twente	1:00.80 197101553	59.03	+0,80	27.69	59.03
4. Patrick Kers	Zoetermeer	1:07.23 197200499	1:00.26	+1,04	29.04	1:00.26
5. Casper van der Burgh	LZ 1886	1:01.57 197201413	1:02.45	+0,84	30.11	1:02.45
6. Frank Corveleijn	Oceanus	1:01.55 197201523	1:02.56	+0,86	29.57	1:02.56
7. Rogier Becker	De Dinkel	1:04.05 197301439	1:04.44	+0,77	30.85	1:04.44
8. Gerko Versluis	Zuiderzeezwemmers	1:05.20 196901439	1:04.89	+0,96	31.06	1:04.89
9. Wouter van der Stelt	Den Doorn	1:03.58 197200889	1:05.70	+0,77	30.45	1:05.70
10. Tiemen Stegenga	HZ&PC Heerenveen	1:04.85 197101379	1:06.47	+0,86	30.36	1:06.47
11. Erik Veltman	Stadskanaal	1:06.89 197200941	1:06.98	+0,92	31.84	1:06.98
12. Marco de Bat	De Schelde	1:06.22 197101467	1:07.65	+0,84	32.44	1:07.65
13. Dennis van Markesteyn	TZC-Vahalis	1:08.78 197201333	1:08.81	+0,90	33.00	1:08.81
14. Ruud Enderburg	Gay Swim Amsterdam	1:08.16 196901453	1:10.10	+0,76	33.65	1:10.10
15. Marcel Brittijn	De Duinkickers	1:08.41 196900159	1:10.83	+0,78	34.24	1:10.83
16. David Blom	AZ&PC	1:07.59 197001577	1:11.68	+0,86	34.85	1:11.68
17. Sander Komen	ZV De Bron	1:24.15 197201507	1:17.72	+1,12	37.87	1:17.72
18. Bas van Gool	De Geul	1:28.15 197201435	1:22.43	+0,87	38.51	1:22.43
DIS Agnus Gerringa	Zuiderzeezwemmers	59.60 197100285		AA		
NG.ZA Richard Rickse	HGN (SG)	57.20 197000841				

Masters 45+

1. Geert Wijn	De Gelenberg	56.76 196701101	57.22	+0,67	27.50	57.22
2. Phil Trethewie	Old Dutch	1:00.65 196501315	1:00.46	+0,78	28.29	1:00.46
3. Arnold de Rover	De Futen	57.86 196400645	1:01.30	+0,93	29.95	1:01.30
4. Harold Matla	PSV	1:03.08 196800591	1:03.09	+0,87	31.13	1:03.09
5. John Stokx	DAW	1:04.23 196401341	1:03.38	+0,79	30.35	1:03.38
6. Marcel Osse	Zoetermeer	1:02.37 196600573	1:03.52	+0,96	30.42	1:03.52
7. Peter Hesseling	DES	1:05.69 196401397	1:03.66	+0,75	30.14	1:03.66
8. Maarten de Pooter	De Schelde	1:04.65 196600615	1:04.43	+0,79	31.33	1:04.43
9. Marc Wouters	PSV	1:06.76 196501501	1:07.12	+0,83	32.61	1:07.12
10. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:05.98 196501027	1:07.96	+0,82	32.56	1:07.96
11. Danny Zulver	ZVVS	1:06.77 196701617	1:08.26	+0,89	31.81	1:08.26
12. Frank van den Haak	Gay Swim Amsterdam	1:07.85 196601429	1:08.55	+0,73	32.64	1:08.55
13. Peter van Kemenade	PSV	1:08.14 196501499	1:08.74	+0,68	33.66	1:08.74
14. Jan Smalheer	SCOM	1:09.66 196400701	1:09.93	+1,13	33.58	1:09.93
15. Huyb Stegeman	Steenwijk 1934	1:10.27 196701535	1:10.92	+1,04	34.33	1:10.92
16. Yves van den Berg	WIDEX GZC DONK	1:12.52 196601437	1:11.70	+0,92	34.80	1:11.70
17. Robert Witvliet	Zoetermeer	1:23.02 196601507	1:19.16	+0,95	37.94	1:19.16
DIS Nico Buurman	PSV	1:15.60 196401357		AA		
NG Willem Jan Ribberink	WIDEX GZC DONK	1:09.05 196501327				

Masters 50+

1. Cees van Houwelingen	De Schelde	55.31 196300351	56.47	+0,93	27.51	56.47
<i>Nederlands Masters Record</i>						
2. Dmitry Kromskiy	Poseidon	57.98 037011	58.62	+0,95	28.88	58.62
3. Robert Vink	WWV	1:02.92 196301075	1:01.82	+0,88	29.62	1:01.82
4. Edwin v. Norden	AZ&PC	56.65 196300563	1:02.13	+0,77	27.81	1:02.13
5. Gert Sikkema	Zignea	58.66 196300687	1:03.56	+0,87	30.31	1:03.56
6. Menno Lomans	D'Elf WAVE (SG)	1:05.01 196101071	1:03.89	+0,74	30.14	1:03.89
7. Peter van Vuuren	Upstream Amsterdam	1:04.45 196000641	1:04.20	+0,91	31.30	1:04.20
8. Rob van Oost	PSV	1:05.46 196201193	1:06.11	+0,95	31.60	1:06.11
9. Rob Penninks	PSV	1:08.39 196000897	1:08.12	+0,82	32.43	1:08.12

Programmanr. 29, Heren, 100m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
10. John Stoffer	Zoetermeer	1:06.86	196300725	1:09.50	+0,71	33.30	1:09.50
11. Mark Kas	PLONS	1:08.54	196100285	1:09.78	+0,82	33.79	1:09.78
12. Bart van Calker	WS Twente	1:11.49	196100067	1:10.77	+0,94	34.81	1:10.77
13. John Dam	Zignea	1:10.17	196000915	1:11.59	+0,91	34.38	1:11.59
14. Jan van der Meer	Upstream Amsterdam	1:12.26	196200439	1:12.04	+0,80	34.29	1:12.04
15. Casper Dollekamp	Steenwijk 1934	1:09.82	196301341	1:15.18	+0,88	35.26	1:15.18
16. Perry Dekker	ZV De Bron	1:24.43	196201081	1:29.15	+1,12	42.58	1:29.15

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	59.70	195800149	1:00.19	+0,81	28.81	1:00.19
2. Willem Zwieters	AquaAmigos	1:07.02	195800505	1:07.75	+0,90	33.11	1:07.75
3. Evertjan Masurel	PSV	1:07.30	195600495	1:07.95	+0,86	32.60	1:07.95
4. Henk Slomp	De Pinquin	1:08.04	195500359	1:08.40	+0,86	32.59	1:08.40
5. Frank Zwijnenberg	PSV	1:20.07	195400361	1:19.62	+0,71	38.33	1:19.62
6. Joop van Dijk	Deltasteur	1:18.64	195700075	1:19.98	+1,11	36.58	1:19.98

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	1:03.86	195200203	1:03.12	+0,82	30.84	1:03.12
<i>Kampioenschaps Record</i>							
2. Brend Brevé	PSV	1:05.07	195200265	1:09.27	+0,88	34.15	1:09.27
3. Piet Schop	De Bevelanders	1:09.50	195000109	1:09.58	+0,78	33.80	1:09.58
4. Ruud Ruiters	WWV	1:09.44	195300169	1:10.32		34.11	1:10.32
5. Jan Tinholt	PSV	1:20.34	195000185	1:14.14	+1,15	35.58	1:14.14
6. Jos Kamps	De Amer	1:14.77	195100085	1:16.71	+1,13	36.84	1:16.71
7. Sierd Tilma	Steenwijk 1934	1:25.93	195300277	1:17.25	+1,28	36.65	1:17.25
8. Rob Berkhof	Swol 1894	1:17.07	195200245	1:19.76	+0,96	38.46	1:19.76

Masters 65+

1. Donald Uijtenbogaart	Het Y	1:08.58	194700107	1:10.48	+0,85	34.70	1:10.48
2. Wout Hemmes	De Plons	1:14.60	194800059	1:13.40	+0,87	34.46	1:13.40
3. Viktoras Snieska	Takas	1:12.76	1947SNI	1:14.08	+0,98	35.93	1:14.08
<i>Lithuanian Masters Record</i>							
4. Theo Schouten	WWV	1:16.53	194600161	1:14.18	+0,94	35.01	1:14.18
5. Jaap Kwakkel	DAW	1:10.10	194700157	1:17.70	+0,87	36.82	1:17.70
6. Willem Putter	ZVVS	1:21.09	194500135	1:21.18	+1,03	39.08	1:21.18
7. Ruud Sloof	De Rijn	1:19.10	194400073	1:23.41	+0,94	38.97	1:23.41
8. Mans Buis	Het Ravijn	1:26.13	194700133	1:27.84	+0,99	40.68	1:27.84
9. Mar van Geel	Old Dutch	1:25.02	194700135	1:28.92	+1,19	42.85	1:28.92
10. Henk Oostendorp	ZV De Bron	1:33.61	194800093	1:36.11	+0,96	44.47	1:36.11

Masters 70+

1. Frans van Enst	WS Twente	1:15.83	194000011	1:18.62	+1,11	37.24	1:18.62
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	1:12.85	193800007	1:20.27	+0,95	39.97	1:20.27
<i>Kampioenschaps Record</i>							
2. Gregor Pompen	Aqua-Novio'94	1:24.79	193700021	1:30.68	+0,95	43.07	1:30.68

Programmanr. 30
26-01-2013 - 15:02

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Yvon Versteeg	De Veene	59.05 199201864	58.93	+0,76	28.46	58.93
2. Nanda de Vries	HZ&PC Heerenveen	1:00.71 199204328	1:00.54	+0,73	29.28	1:00.54
3. Sabine Lina	One Team Swimming	1:01.18 198902680	1:00.60	+0,78	29.22	1:00.60
4. Linda van der Hout	Piranha	1:00.86 199300344	1:00.83	+0,71	28.94	1:00.83
5. Désirée Emmen	De Warande	1:00.79 199204862	1:02.31	+0,67	29.66	1:02.31
6. Cynthia Grootboer	SBC2000	1:03.53 198901462	1:03.03	+0,86	30.72	1:03.03
7. Nina Ferreira	WVZ	1:03.37 198901196	1:03.26	+0,85	30.50	1:03.26
8. Anouk van der Pligt	ZOB'66	1:04.30 199303296	1:03.35	+0,64	29.94	1:03.35
9. Elmi Roelofsen	ZVV	1:01.17 199008198	1:03.44	+0,87	30.12	1:03.44
10. Anne Duijst	De Amer	1:03.81 198901030	1:03.49	+0,90	30.65	1:03.49
11. Danica Koedoot	De Schotejil	1:03.42 199301034	1:04.44	+0,75	30.62	1:04.44
12. Wendy de Bruin	ZOB'66	1:04.48 199206320	1:04.72	+0,68	30.61	1:04.72
13. Sanne van der Stelt	Den Doorn	1:04.43 199303562	1:05.22	+0,93	31.22	1:05.22
14. Kim Wijnja	De Biesboschzimmers	1:05.54 199107812	1:06.65	+0,79	31.14	1:06.65
15. Sanne van Dijk	Zoetermeer	1:07.15 199000818	1:08.60	+0,89	32.45	1:08.60
16. Lindsey Hol	De Meer	1:07.34 199008088	1:09.27	+0,78	32.99	1:09.27
17. Marijke Pras	GZVW	1:08.60 199203700	1:09.47	+1,03	33.27	1:09.47
18. Suzanne Robbereg	De Meer	1:08.62 199203132	1:09.70	+0,82	33.30	1:09.70
19. Desiree Baltés	ZPC De Hof	1:21.45 198900182	1:10.93	+0,97	33.99	1:10.93
20. Marjan Rikken	ZVV	1:12.26 199206114	1:11.91	+0,92	34.34	1:11.91
21. Elske Eikholt	Merlet	1:15.98 199305032	1:13.30	+0,86	35.19	1:13.30
22. Tessa Verheijdt	WVZ	1:12.81 198904290	1:13.34	+0,80	35.27	1:13.34
23. Laura van Dijk	Aquarijn	1:14.41 198905642	1:13.55	+0,85	34.87	1:13.55
24. Kelly Bockting	Montferland	1:14.31 199104050	1:14.01	+0,96	35.21	1:14.01
25. Fleur Maas	Zoetermeer	1:14.44 198902768	1:14.46	+0,95	34.88	1:14.46
26. Rowie Hooft	De Duinkickers	1:13.34 199301988	1:14.54	+0,84	35.97	1:14.54
27. Relinda Baas	GZVW	1:13.25 198900144	1:14.91	+0,84	35.32	1:14.91
28. Janneke Wynia	WS Twente	1:17.11 199005500	1:17.64	+0,99	37.31	1:17.64
29. Veerle Hooijman	Zuiderzeezimmers	1:19.67 199101318	1:22.91	+0,68	38.11	1:22.91
30. Jorinde Veraar	De Amer	1:30.68 199204726	1:32.22	+0,95	42.65	1:32.22

Masters 25+

1. Pauline Gouwens	DWK	57.92 198400790	57.57	+0,76	27.80	57.57
<i>Nederlands Masters Record</i>						
2. Marlies Reinders	De Dinkel	58.73 198602976	58.70	+0,82	28.47	58.70
3. Lianne Andeweg	Zuiderzeezimmers	1:02.28 198800092	1:02.47	+0,79	30.45	1:02.47
4. Roshendra Vrolijk	DES	1:03.31 198403268	1:02.62	+0,71	30.26	1:02.62
5. Marjan van der Star	WS Twente	1:02.64 198403192	1:02.78	+0,83	29.86	1:02.78
6. Sandra Zwaanswijk	DAW	1:01.78 198503934	1:03.83	+0,69	30.30	1:03.83
7. Annelette de Vries	WS Twente	1:02.39 198603908	1:04.12	+0,81	30.73	1:04.12
8. Christien Kruitthof	Stadskanaal	1:05.27 198602124	1:04.23	+0,84	30.10	1:04.23
9. Sandra Pannekeet	DAW	1:07.73 198403458	1:04.92	+0,66	30.07	1:04.92
10. Pauline Tieleman	De Geul	1:06.68 198403348	1:05.94	+0,84	31.39	1:05.94
11. Nienke van Stipriaan	PSV	1:07.59 198703970	1:06.54	+0,92	32.10	1:06.54
12. Marieke van Dodeweerd	RZC	1:05.16 198600896	1:06.64	+0,91	31.27	1:06.64
13. Bianca Paape	DAW	1:07.58 198502262	1:06.69	+0,85	32.15	1:06.69
14. Carly Noordermeer	ZOB'66	1:07.15 198702984	1:06.71	+0,70	31.56	1:06.71
15. Channe Noort	DAW	1:08.91 198605032	1:08.05	+0,78	32.70	1:08.05
16. Susanne van der Linden	DIO	1:06.11 198802736	1:08.77	+0,82	32.65	1:08.77
17. Ellen Lubben	De Dinkel	1:12.12 198401568	1:09.34	+0,81	33.44	1:09.34
18. Anna Boef	LZ 1886	1:13.17 198806288	1:09.95	+0,81	33.57	1:09.95
19. Josse van Geffen	GZVW	1:10.67 198604730	1:12.03	+0,95	33.94	1:12.03
20. Liesbeth van Mill	DWK	1:12.17 198702786	1:12.60	+0,88	34.69	1:12.60
21. Renske Eilers	De Amer	1:10.56 198806072	1:13.78	+0,83	34.40	1:13.78
22. Esther Stellenpohl	DAW	1:20.08 198504116	1:13.91	+0,76	34.07	1:13.91
23. Renee de Kok	PSV	1:15.58 198403350	1:15.59	+0,83	36.34	1:15.59
24. Mandy Erkelens	Den Doorn	1:23.58 198705726	1:24.63	+0,94	38.68	1:24.63
NG.ZA Serima Louise Wildvank	De Spatters	1:13.51 198604104				

Programmanr. 30, Dames, 100m vrije slag

Masters 30+

1. Delia Badoux	Zoetermeer	1:02.42	198000042	1:01.09	+0,73	29.55	1:01.09
2. Aurélie Goffin	Barvaux Aquatique	1:05.46	BA/002/79	1:01.85	+0,82	29.66	1:01.85
3. Berdie Eghuizen	HZ&PC Heerenveen	1:08.91	198301388	1:08.64	+0,89	33.40	1:08.64
4. Yvette Roozen	DWT	1:10.90	198000926	1:10.36	+0,84	33.37	1:10.36
5. Rianne van Vegchelen	Deltasteur	1:21.92	198101530	1:29.84	+1,18	43.03	1:29.84

Masters 35+

1. Inez Heideman	WS Twente	1:04.32	197500198	1:05.10	+0,88	30.70	1:05.10
2. Petra Guijt	Aqua-Novio'94	1:08.19	197600978	1:09.80	+0,88	33.39	1:09.80
3. Marian Nederlof	DWF	1:10.18	197600950	1:10.29	+0,81	33.25	1:10.29
4. Larisa Alekseeva	Sprut	1:11.23	018046	1:10.85	+0,78	34.41	1:10.85
5. Paula 't Hart	ZVVS	1:26.12	197701132	1:19.46	+0,79	37.33	1:19.46
6. Natasja Kooiker	De Dinkel	1:22.64	197500786	1:24.75	+1,08	39.24	1:24.75
DIS J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:07.26	197400446				

AA

Masters 40+

1. Elena Babikova	Sprut	1:02.51	018010	1:02.44	+0,96	30.00	1:02.44
<i>Russian Masters Record</i>							
2. Heidi van Stein	LZ 1886	1:04.93	196900864	1:04.38	+0,83	30.97	1:04.38
3. Monique Tol-Tuijp	Ed-Vo	1:03.10	196900800	1:05.72	+0,89	30.87	1:05.72
4. Annette de Visser	Oceanus	1:06.42	197100602	1:06.68	+0,81	32.24	1:06.68
5. Alexandra de Jong	HPC	1:05.28	196900926	1:07.92	+0,93	31.95	1:07.92
6. Rita van der Horst	RZC	1:06.51	196900260	1:08.52	+0,75	31.81	1:08.52
7. Ilonka Hesseling	DES	1:14.77	196900958	1:11.08	+0,73	33.64	1:11.08
8. Tony de Groot	De Futen	1:10.62	197300758	1:11.54	+0,89	34.46	1:11.54
9. Joyce Brummelkamp	ZVVS	1:16.69	197000952	1:14.68	+0,81	35.83	1:14.68
10. Esther Mijnen	ZV De Zaan	1:12.47	196900846	1:15.01	+0,88	35.41	1:15.01
11. Ageeth Boomsma	Orca	1:17.48	197000826	1:15.15	+0,90	35.56	1:15.15
12. Irna van der Molen	WS Twente	1:15.30	196900938	1:16.13	+0,75	36.21	1:16.13
13. Klasien Blankestijn	De Duinkickers	1:50.75	196900934	1:47.55	+1,05	51.37	1:47.55
<i>50m*</i>							
DIS Evelien Naatje	WS Twente	1:21.28	197200838				
AFGEM Diana Westerdijk	De Spatters	1:22.93	197200704				

AB

Masters 45+

1. Wilma van Velsen	Montferland	1:08.87	196400444	1:07.74	+0,89	32.56	1:07.74
2. Katrin Pennings	PSV	1:08.83	196400570	1:08.11	+0,68	32.32	1:08.11
3. Anja Tijink	De Dinkel	1:07.50	196400296	1:08.85	+0,87	32.22	1:08.85
4. Henriëtte v. Norden	AZ&PC	1:08.43	196800046	1:09.61	+0,92	33.62	1:09.61
5. Chita van der Goorbergh	Zoetermeer	1:09.51	196800762	1:10.29	+0,78	33.13	1:10.29
6. Judith Heijdens-Schasfoort	De Dinkel	1:12.23	196500112	1:13.25	+0,94	34.38	1:13.25
7. Jantine Braakman	ZV De Bron	1:13.46	196500036	1:13.77	+0,86	35.16	1:13.77
8. Yolanda Mante	Gay Swim Amsterdam	1:21.94	196600432	1:14.33	+0,77	35.58	1:14.33
9. Wilna Heijman	't Tolhekke	1:12.49	196400506	1:14.46	+0,90	35.47	1:14.46
10. Annemarie Smit	Gay Swim Amsterdam	1:17.30	196700440	1:16.33	+0,86	36.74	1:16.33
11. Jeanette Smits	Orca	1:20.67	196600312	1:21.02	+0,91	38.30	1:21.02
12. Ingeborg Stokx	DAW	1:25.89	196700666	1:22.41	+0,73	40.40	1:22.41
13. Remona Dekker	ZV De Bron	1:24.62	196600620	1:24.23	+0,88	39.66	1:24.23
14. Betty van Kemenade	PSV	1:34.55	196800832	1:29.78	+1,17	42.79	1:29.78
15. Haya Mellema	Aquapoldro	1:37.88	196600482	1:40.80		46.34	1:40.80
16. Riekie Schra	Steenwijk 1934	1:55.74	196400404	2:06.99	+1,39	57.14	2:06.99

S7

Programmanr. 30, Dames, 100m vrije slag

Masters 50+

1. Jeannette Ruesink	WS Twente	1:10.28	196300212	1:11.09	+0,86	34.53	1:11.09
2. Inge Wolfs	PLONS	1:12.44	196000304	1:11.45	+0,91	34.22	1:11.45
3. Francine Sommer	Triton	1:13.08	196200384	1:13.16	+0,83	34.47	1:13.16
4. Julia Moh-Klaren	CSAKB	1:11.88	922540	1:14.38	+0,78	35.10	1:14.38
5. Marijke Kraak-Beckers	WS Twente	1:12.39	196000240	1:14.61	+1,03	35.97	1:14.61
6. Ada de Voogd	ZVVS	1:16.65	195900280	1:14.76	+0,89	36.52	1:14.76
7. Joke Burgers	Swol 1894	1:35.32	196000226	1:39.02	+0,82	45.54	1:39.02

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:07.98	195600048	1:07.80	+0,76	32.74	1:07.80
2. Karien Musters	Old Dutch	1:53.85	195800236	1:45.82	+0,64	50.24	1:45.82

Masters 60+

1. Conny Boer-Buys	ZVVS	1:10.37	195000006	1:11.69	+0,94	33.54	1:11.69
2. Alison Gilbert	De Futen	1:22.54	195300068	1:16.72	+0,93	37.03	1:16.72
3. Ineke Meijer	HZ&PC Heerenveen	1:28.48	195200034	1:29.09	+0,98	42.68	1:29.09
4. Geerdien Meerwaldt	Van Vliet-Barracuda	1:57.23	195200058	2:01.89	+1,17	56.04	2:01.89

Masters 65+

1. Annie Smits	PSV	1:34.97	194600016	1:36.64	+1,27	46.62	1:36.64
2. Mieke Strijbis-v.d.Kroft	DAW	1:45.88	194500004	1:44.02	+1,22	50.00	1:44.02

Masters 70+

1. Truus Ruiter	Old Dutch	1:52.23	194000004	1:56.50	+0,76	53.99	1:56.50
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Masters 75+

1. Lottie Geurts	PSV	1:31.16	193500006	1:36.82	+1,13	47.09	1:36.82
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Masters 80+

1. Anneke Logtenberg	OZ&PC	2:20.98	192900004	2:22.02	+1,08	1:05.29	2:22.02
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Masters 85+

1. Marianne Maandonks	PSV	2:34.96	192600004	3:02.60	+1,20	1:15.11	3:02.60
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Kampioenschaps Record

Programmanr. 31
26-01-2013 - 15:33

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jos de Graaf	PSV	27.72	199106095	27.39	+0,63
2.	Dennis Cramer	Appingedam	27.89	199200199	27.68 *	+0,71
3.	Joppe Schuurmans	Merlet	28.18	198905447	29.04	+0,75
4.	Jasper de Boer	ZPC De Hof	30.07	199300051	29.83	+0,73
5.	Jelte Schuurmans	Merlet	28.58	199104841	29.90	+0,77
6.	Jan-Willem v.d. Graaff	Het Y	29.73	198901023	30.20	+0,58
7.	Marien Willeme	De Dinkel	31.13	198903623	30.79	+0,76
8.	Sjoerd Sieval	LZ 1886	29.66	199002663	31.12	+0,70
9.	Nick Baron	WVZ	30.40	199103533	31.58	+0,72
10.	Mike Stoffer	WVZ	30.36	198903041	32.11	+0,67
11.	Erwin Sneek	De Futen	31.76	199102153	32.40	+0,69
12.	Sven van Zanten	De Duinkickers	31.34	199003405	33.12	+0,65
13.	Mark Pijtak	AZ&PC	32.23	199002287	33.63	+0,82

Programmanr. 31, Heren, 50m rugslag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
14.	Berné Beute	't Tolhekke	36.01	199100135	35.58	+0,89

Masters 25+

1.	Martijn Giezen	Montferland	28.90	198500813	28.90	+0,66
2.	Floris Manni	Octopus	29.13	198805679	29.22	+0,70
3.	Albert van Piekeren	Octopus	30.20	198401767	29.45	+0,75
4.	Roderik Meijers	ZOB'66	30.53	198602063	29.91	+0,64
5.	Jean Pierre Bisslik	DES	31.55	198705243	30.00	+0,73
6.	Sander Bouts	RZ	30.17	198500331	30.40	+0,74
7.	Emiel Huisken	ZPC De Hof	30.23	198501139	30.54	+0,73
8.	Erik van der Heide	Zuiderzeezwemmers	30.68	198801337	30.64	+0,77
9.	Richard Huisken	ZPC De Hof	29.86	198501141	30.76	+0,67
10.	Thommy Nickel	Van Vliet-Barracuda	30.48	198401627	32.91	+0,76
11.	Rian Beute	't Tolhekke	31.48	198400133	33.01	+0,75
12.	Wesley van Diejen	PSV	33.16	198604551	33.49	+0,83
13.	Harmen Reemst	ZOB'66	34.06	198702715	35.43	+0,64

Masters 30+

1.	Nol van Thull	ZOB'66	29.54	198001513	29.81	+0,82
2.	Erik Kusters	Noord Veluwe	30.13	198000837	30.00	+0,69
3.	Victor den Heijer	D'Eft WAVE (SG)	29.99	198300867	31.13	+0,60
4.	Marcel Reefhuis	WS Twente	31.13	198101381	31.25	+0,68
5.	Stan Dekker	PLONS	30.74	197901823	31.45	+0,71
6.	Leander Noordijk	De Schoteijl	30.66	198101221	32.91	+0,78
7.	Bas v.d. Laan	WVZ	35.07	198302471	33.39	+0,77
8.	Gino Martijn	RZ	33.46	197901865	35.12	+0,71

Masters 35+

1.	Tjakko Ruinemans	De Dinkel	28.30	197400687	28.73	+0,75
2.	Ivo Roozeboom	WVZ	29.44	197700801	29.64	+0,73
3.	Robin Sprinkhuizen	De Zijl/LGB	30.11	197400767	29.95	+0,82
4.	Roger Flinterman	Zoetermeer	31.48	197601261	31.42	+0,75
5.	Alex Damen	DAW	35.28	197501371	31.91	+0,69
6.	John Cobussen	De Gelenberg	32.49	197501323	32.32	+0,73
7.	Markus van Rest	Zoetermeer	33.60	197701197	33.00	+0,74
8.	Pieter Ponne	HZ&PC Heerenveen	35.20	197600749	34.54	+0,68
9.	Erwin Zuidervelt	De Futen	33.09	197501015	34.74	+0,73
10.	Gerard Eghuizen	HZ&PC Heerenveen	33.54	197400197	34.94	+0,80
11.	Arjan Aalbers	Swol 1894	34.34	197500001	35.20	+0,82

Masters 40+

1.	Linas Kersevicius	Takas	31.12	1971KER	31.16	+0,67
2.	Frank v Nobelen	Sassenheim	34.16	196900753	35.71	+0,82
3.	Alex Hagedoorn	Stadskanaal	37.70	197100319	38.05	+0,75
4.	Dennis van Markesteijn	TZC-Vahalis	37.55	197201333	38.46	+0,83
DIS	Mike Molenaar	Zoetermeer	41.13	197201493		RE

Masters 45+

1.	Guido Keutgen	De Plas	30.94	196801551	30.39	+0,70
2.	Bert Schlicher	RZ	30.40	196400669	30.62	+0,69
3.	John Stokx	DAW	33.21	196401341	32.89	+0,71
4.	Igor Penchukov	Sprut	34.44	102154	33.66	+0,74
5.	Nico Swart	Den Doorn	34.20	196801475	34.11	+0,98
6.	Jan Blaauw	Stadskanaal	37.28	196401139	36.16	+0,81
7.	Hans Maas	PLONS	37.63	196501433	37.50	+0,72
8.	Bart van Betuw	Zegenwerp	37.33	196500087	38.90	+0,84
9.	Yves van den Berg	WIDEX GZC DONK	46.81	196601437	45.22	+0,98

Programmanr. 31, Heren, 50m rugslag

Masters 50+

1. Iurii Perin	Spartak	32.65	030044	31.79	+0,99
2. Arlandas Juodeska	Takas	33.49	1961JUO	33.31	+0,69
3. Gudo Hemeltjen	De Dinkel	35.64	196100187	34.78	+0,71
4. Michiel Klaren	PSV	38.19	196201087	36.77	+0,68
5. Jack Barends	WS Twente	37.86	196201011	38.41	+0,83
6. André Schutte	De Zeeuwse Kust (SG)	38.61	196000521	38.60	+0,70
DIS Casper Dollekamp	Steenwijk 1934	36.36	196301341		RC

Masters 55+

1. Henk Slomp	De Pinquin	37.86	195500359	37.29	+0,77
2. Evertjan Masurel	PSV	37.23	195600495	37.77	+0,79

Masters 60+

1. Brend Brevé	PSV	34.31	195200265	35.34	+0,76
2. Rob Berkhof	Swol 1894	38.42	195200245	40.91	+1,00
3. Jos Kamps	De Amer	42.95	195100085	43.02	+0,76
NG.ZA Ruud Ruiter	WWV	34.61	195300169		

Masters 70+

1. Frans van Enst	WS Twente	35.71	194000011	37.58	+0,70
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Masters 75+

1. Jan Eichhorn	ZV Haerlem	47.36	193700015	51.25	+0,90
2. Pieter Scharphorn	Neptunus	59.03	193800037	1:01.41	+0,79

Masters 85+

1. Klaas Prins	Steenwijk 1934	59.94	192800001	1:04.18 *	+0,74
2. Vladas Vimbaras	Takas	1:14.50	1927VIM	1:23.41	+0,95

Programmanr. 32
26-01-2013 - 15:45

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Désirée Emmen	De Warande	31.83	199204862	31.90	+0,70
2.	Iris Pijtak	AZ&PC	32.05	199300602	32.32	+0,70
3.	Jen-Ai van Soelen	Zuiderzeezwemmers	32.28	199003510	32.54	+0,65
4.	Cynthia Grooteboer	SBC2000	32.88	198901462	33.20	+0,77
5.	Paula van den Hoeven	De Veene	33.23	199303128	33.29	+0,86
6.	Marloes Resink	Octopus	33.90	199003078	34.30	+0,80
7.	Sanne van der Stelt	Den Doorn	34.64	199303562	34.31	+0,69
8.	Danica Koedoot	De Schoteijl	33.57	199301034	34.43	+0,70
9.	Anouk van der Pligt	ZOB'66	33.89	199303296	34.86	+0,67
10.	Kim Wijnja	De Biesboschzwemmers	35.07	199107812	35.24	+0,73
11.	Eline Schoenmaker	De Duinkickers	35.81	199003322	37.55	+0,70
12.	Lindsey Hol	De Meer	39.69	199008088	37.80	+0,72
13.	Gerlinde van de Wetering	Deltasteur	36.94	198904678	38.67	+0,74
14.	Elodie Siroen	Merlet	37.32	199003414	39.24	+0,62
15.	Pauline Magnée	De Warande	38.43	199205434	39.29	+0,71
16.	Diana Lammers	De Veene	37.01	198902572	39.86	+0,82
17.	Wieteke Jansen	Montferland	40.88	199001750	40.68	+0,83
18.	Jorinde Veraar	De Amer	47.33	199204726	47.80	+0,96

Programmanr. 32, Dames, 50m rugslag

Masters 25+

1.	Merel Siroen	Merlet	34.24	198804006		33.72	+0,73
2.	Samantha van Eijk	De Geul	34.34	198806826		33.98	+0,71
3.	Anna Boef	LZ 1886	36.43	198806288		35.41	+0,74
4.	Sandra Pannekeet	DAW	37.31	198403458		35.52	+0,71
5.	Lisette Prins	WVZ	36.60	198803522		35.65	+0,74
6.	Carly Noordermeer	ZOB'66	36.15	198702984		36.16	+0,69
7.	Margo Kruihof	Stadskanaal	39.14	198702408		36.80	+0,78
8.	Marjan van der Star	WS Twente	36.68	198403192		36.91	+0,80
9.	Roos Lemmen	Eurode KZC	36.16	198403078		37.86	+0,80
10.	Maaïke van Diggele	ZPB H&L Productions	37.89	198700868		38.42	+0,80
11.	Marïje Jansen	Montferland	36.32	198504088		38.56	+0,75
12.	Miriam Visserman	Octopus	36.56	198704364		39.35	+0,80
13.	Patricia Becks	Zegenwerp	37.89	198705946		39.51	+0,73
14.	Marloes Rebel	WS Twente	47.73	198403474		50.30	+0,81
15.	Anne vd Besselaar	Orca	1:14.75	198504062	S8	1:18.66	+0,61
NG.ZA	Alexandra Romanenkova	Sprut	31.86	019003			

Masters 30+

1.	Delia Badoux	Zoetermeer	33.68	198000042		33.41	+0,72
2.	Esther Versteeg	Van Vliet-Barracuda	35.27	198302112		35.67	+0,71
3.	Patricia Strohm	De Dinkel	40.45	198102110		37.22	+0,60
4.	Marieke Langendonk	De Dinkel	41.02	197900530		41.14	+0,83

Masters 35+

1.	Petra Verstegen	WVZ	36.64	197700906		36.57	+0,77
2.	Diane Scholing	Het Ravijn	37.87	197701090		38.00	+0,87
3.	Kim Brokelman	WS Twente	40.71	197500788		40.85	+0,82
4.	Natasja Kooiker	De Dinkel	42.10	197500786		43.44	+0,89
5.	Margriet Leeffers	Deltasteur	42.89	197800448		44.21	+0,77
6.	Clementine van Bruxvoort	ZPB H&L Productions	45.09	197700138		45.07	+0,89

Masters 40+

1.	Heidi van Stein	LZ 1886	36.52	196900864		36.35	+0,76
2.	Trudie van Niejenhuis	TZC-Vahalis	35.90	197100444		38.99	+0,81
3.	Ageeth Boomsma	Orca	40.31	197000826		40.86	+0,75
4.	Mengsanne Heijnen	Zignea	40.58	197100878		41.31	+0,81
5.	Antoinette Kant	Den Doorn	41.91	196900920		42.16	+0,71
6.	Rinette van der Vliet	Swol 1894	42.87	197300518		43.37	+0,77
7.	Claudia Sutin	De Schelde	43.89	197200908		43.97	+0,72
8.	Jorga den Ouden	De Geul	44.88	197000936		45.22	+0,75
9.	Evelien Naatje	WS Twente	47.92	197200838		46.58	+0,90

Masters 45+

1.	Wilma van Velsen	Montferland	36.18	196400444		36.90	+0,81
2.	Caroline Schreuder	Triton	37.26	196700550		37.27	+0,97
3.	Wilna Heijman	't Tolhekke	35.88	196400506		37.89	+0,93
4.	Katrin Pennings	PSV	40.20	196400570		38.56	+0,78
5.	Annemarie Smit	Gay Swim Amsterdam	39.85	196700440		39.19	+0,84
6.	Ramune Ivanauskaitė	Takas	39.86	1964IVA		40.25	+0,84
7.	Karin Rikhof	De Dinkel	45.02	196600480		44.98	+0,77
8.	Jeanette Smits	Orca	43.14	196600312		45.94	+0,86
9.	Haya Mellema	Aquapoldro	50.24	196600482	S7	51.97	+0,99
10.	Riekie Schra	Steenwijk 1934	1:01.89	196400404		1:06.37	+0,75

Programmanr. 32, Dames, 50m rugslag

Masters 50+

1.	Anita Bottger <i>Nederlands Masters Record</i>	De Berkelduikers	35.27	196300498	35.49	+0,69
2.	Jacqueline Rolloos-Bakker	De Lansingh	36.78	196300222	36.87	+0,75
3.	Inge Wolfs	PLONS	39.91	196000304	38.29	+0,73
4.	Margriet Grove-Lingeman	Oceanus	37.44	196200080	38.35	+0,77
5.	Julia Moh-Klaren	CSAKB	37.25	922540	38.76	+0,85
6.	Marie-Josée Matte	WVZ	42.35	196000326	41.14	+0,71

Masters 55+

1.	Mathilde Vink	Swol 1894	40.66	195800128	38.88	+0,96
2.	Patty Krupiarz	PSV	42.76	195400074	41.52	+0,69
3.	Simonet Schroot	Gay Swim Amsterdam	58.57	195800108	1:00.70	+0,96

Masters 60+

1.	Conny Boer-Buys	ZVVS	39.04	195000006	40.20	+0,75
2.	Antoinette Gilding-Tussaud	WS Twente	45.33	195000038	47.92	+0,77
3.	Anna de Weert	Gay Swim Amsterdam	1:04.10	194900020	1:06.85	+0,85

Masters 65+

1.	Leny Kamp	Aquapoldro	54.68	194400008	56.14	+0,69
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Masters 70+

1.	Elisabeth Ketelsen <i>Wereld Masters Record</i>	Swim Team Taastrup	40.64	4322AA	39.44	+0,90
2.	Truus Ruiters	Old Dutch	56.68	194000004	1:01.26	+0,77

Masters 75+

1.	Tineke de Bueger	Old Dutch	1:04.32	193700010	1:11.09	+0,86
NG	Annie de Vos	Old Dutch	1:01.26	193400004		

Programmanr. 33
26-01-2013 - 15:59

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1.	Roald Blok	Octopus	1:06.76	199302685	1:05.94	+0,74
2.	Dennis Wijbenga	Stadskanaal	1:06.48	199003283	1:08.45	+0,84
3.	Patrick Creemers	De Roersoppers	1:07.53	199000579	1:09.73	+0,91
4.	Marcel Noordermeer	ZOB'66	1:11.01	199003455	1:11.63	+0,69
5.	Mark van Damme	't Tolhekke	1:11.94	199100435	1:12.33	+0,78
6.	Joost Rijntjes	LZ 1886	1:10.28	199101899	1:12.51	+0,73
7.	Pieter Pijnenburg	De Warande	1:12.03	199305227	1:13.38	+0,72
8.	Rens Post	WVZ	1:17.43	199101827	1:19.18	+0,66
9.	Bas Zierikzee	LZ 1886	1:21.91	199204321	1:25.20	+0,81
10.	Rens Mahler	Merlet	1:29.93	199206411	1:32.24	+0,70
11.	Matthijs van Doorn	Het Ravijn	1:38.02	199207231	SB14 1:36.99	+0,95
12.	Danny Vochtelo	De Spatters	1:41.60	199207251	1:42.69	+0,98
DIS	Jeroen Krielaart	Zegenwerp	1:23.20	199202881		

Programmanr. 33, Heren, 100m schoolslag

Masters 25+

1. Albert van Piekeren	Octopus	1:09.11	198401767	1:08.05	+0,76	31.94	1:08.05
2. Erik Verholt	Noord Veluwe	1:07.51	198803543	1:08.30	+0,77	31.59	1:08.30
3. Roderik Meijers	ZOB'66	1:10.26	198602063	1:09.24	+0,76	31.72	1:09.24
4. Remko Hoof	De Duinkickers	1:10.46	198701405	1:12.58	+0,71	33.95	1:12.58
5. Stefan van der Grift	Octopus	1:12.84	198701121	1:14.47	+0,77	34.34	1:14.47
6. Thommy Nickel	Van Vliet-Barracuda	1:13.34	198401627	1:16.44	+0,76	36.20	1:16.44
7. Harmen Reemst	ZOB'66	1:21.02	198702715	1:22.38	+0,82	38.37	1:22.38
8. Wesley Determann	De Amer	1:33.75	198806107	1:35.53	+0,95	44.54	1:35.53

Masters 30+

1. Thijs van Valkengoed	WVZ	1:06.10	198302141	1:04.32	+0,68	30.57	1:04.32
2. Simon van Ravesteijn	Zoetermeer	1:09.28	198002263	1:09.77	+0,76	33.12	1:09.77
3. Kristiaan Lenos	LZ 1886	1:08.89	198301331	1:10.93	+0,84	33.14	1:10.93
4. Michiel Beemster	WS Twente	1:11.02	198000063	1:11.25	+0,92	33.26	1:11.25
5. Freddie Geerlings	Mosaqua Gulpen	1:11.29	197900379	1:11.85	+0,85	32.84	1:11.85
6. Mark Zwart	Zwemlust-den Hommel	1:12.86	197901461	1:13.23	+0,83	34.01	1:13.23
7. Patrick Kleine Staarman	Het Ravijn	1:18.45	198000777	1:17.85	+0,68	37.18	1:17.85
8. Frits Delicaat	DAW	1:20.42	197901629	1:18.79	+0,86	36.83	1:18.79
9. Hans Cligge	De Futen	1:21.84	198100315	1:24.84	+0,71	39.89	1:24.84
NG.ZA Anne Hollaar	ZOB'66	1:13.26	198300943				
NG Ferry Blange	ZOB'66	1:19.40	198300185				

Masters 35+

1. Vincent Versteeg	Zwemlust-den Hommel	1:11.11	197701003	1:11.14	+0,80	32.31	1:11.14
2. Ron Langelaan	DAW	1:09.44	197800643	1:11.68	+0,78	33.76	1:11.68
3. Dennis Schouten	Upstream Amsterdam	1:14.31	197501351	1:12.32	+0,79	33.72	1:12.32
4. Ewoud Rupert	WS Twente	1:15.39	197801795	1:14.99	+0,83	35.16	1:14.99
5. Victor Barnar	GoSwim	1:16.23	197801805	1:15.80	+0,85	35.48	1:15.80
6. Roland de Jong	Eurode KZC	1:17.63	197601513	1:16.22	+0,75	35.34	1:16.22
7. Okko de Haas	ZV De Bron	1:15.68	197801593	1:16.85	+0,86	36.62	1:16.85
8. Bas Spoelstra	De Futen	1:18.84	197701573	1:19.98	+0,82	37.82	1:19.98
9. Wibo Mooibroek	ZV De Zaan	1:19.56	197401339	1:21.26	+0,95	37.64	1:21.26

Masters 40+

1. Richard Tates	Oceanus	1:16.63	197201505	1:16.10	+0,84	35.98	1:16.10
2. Hans Schoenmakers	DAW	1:19.58	196900863	1:18.58	+0,87	36.45	1:18.58
3. Rob Janssen	De Gelenberg	1:19.65	197001467	1:19.27	+0,84	36.86	1:19.27
4. Gerko Versluis	Zuiderzeewemmers	1:27.10	196901439	1:24.83	+1,05	40.52	1:24.83
5. Ruud Endenburg	Gay Swim Amsterdam	1:24.49	196901453	1:25.74	+0,73	40.82	1:25.74
6. Arnoud van Royen	TriVia	1:33.36	197201515	1:26.50	+0,88	40.03	1:26.50
7. Peter Timmerman	Het Ravijn	1:27.64	197201525	1:28.06	+1,03	41.10	1:28.06
8. Marcel Brittijn	De Duinkickers	1:32.03	196900159	1:32.37	+0,79	43.42	1:32.37
9. Mike Molenaar	Zoetermeer	1:32.35	197201493	1:33.73	+1,11	45.69	1:33.73
10. Bas van Gool	De Geul	1:42.09	197201435	1:43.09	+0,90	47.42	1:43.09
11. Marco Pijpelink	De Schelde	1:48.09	196901635	1:44.55	+0,88	48.97	1:44.55
DIS Sander Komen	ZV De Bron	1:26.30	197201507		SL		
NG.ZA Richard Ricksen	HGN (SG)	1:11.88	197000841				
NG Jan-Willem van Herpen	Arethusa	1:15.73	197001347				

Masters 45+

1. Harold Matla	PSV	1:09.91	196800591	1:11.56	+0,86	34.50	1:11.56
2. Roeland van der Heijden	PSV	1:16.80	196701389	1:18.21	+0,74	36.41	1:18.21
3. Theo Bakker	TriVia	1:17.11	196401231	1:19.37	+0,74	36.77	1:19.37
4. Bert de Weerd	RZC	1:20.57	196701283	1:19.40	+1,05	37.71	1:19.40
5. Ron Korzelijs	AZ&PC	1:19.01	196500513	1:20.40	+0,80	37.31	1:20.40
6. Rene de Jong	ZVVS	1:17.88	196600351	1:20.90	+0,84	38.61	1:20.90
7. Joop Weenink	WS Twente	1:22.54	196801535	1:21.87	+1,08	38.89	1:21.87
8. Huyb Stegeman	Steenwijk 1934	1:25.66	196701535	1:26.56	+0,94	41.61	1:26.56
9. Frank van den Haak	Gay Swim Amsterdam	1:27.30	196601429	1:27.07	+0,73	41.33	1:27.07

Programmanr. 33, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
10. Peter Hesseling	DES	1:24.91 196401397	1:28.22	+0,84	40.37	1:28.22
11. Jan de Lange	WS Twente	1:32.32 196501273	1:32.78	+0,97	44.95	1:32.78
AFGEM Geert van Duinhoven	RZC	1:20.54 196401263				
NG Willem Jan Ribberink	WIDEX GZC DONK	1:30.04 196501327				
NG Ronald Stolk	De Fuut	1:23.95 196601253				

Masters 50+

1. Cees van Houwelingen	De Schelde	1:11.46 196300351	1:12.63	+0,92	34.29	1:12.63
2. Edwin v. Norden	AZ&PC	1:14.23 196300563	1:13.48	+0,82	34.79	1:13.48
3. Gert Sikkema	Zignea	1:14.63 196300687	1:17.28	+0,86	36.79	1:17.28
4. Ralph Caster	RZ	1:16.59 196100069	1:20.22	+0,82	36.63	1:20.22
5. Arlandas Juodeska	Takas	1:22.28 1961JUO	1:21.27	+0,82	38.50	1:21.27
6. Ronald Grove	Oceanus	1:18.04 196100161	1:21.89	+0,73	37.46	1:21.89
7. Michiel Klaren	PSV	1:27.78 196201087	1:27.02	+0,74	42.51	1:27.02
8. Jack Barends	WS Twente	1:26.10 196201011	1:27.36	+0,97	41.96	1:27.36
9. Rob Penninks	PSV	1:26.52 196000897	1:28.02	+0,78	41.21	1:28.02
10. Robert Meulenbroek	Gay Swim Amsterdam	1:30.58 196300523	1:28.94	+0,90	42.04	1:28.94
11. Bart van Calker	WS Twente	1:28.50 196100067	1:30.49	+0,94	43.09	1:30.49
12. Jan Willem Heuten	WS Twente	1:33.16 196000883	1:34.34	+0,94	44.76	1:34.34
13. Arie van Damme	't Tolhekke	1:35.46 196101029	1:34.76	+0,84	44.27	1:34.76
14. Perry Dekker	ZV De Bron	1:37.39 196201081	1:36.92	+1,12	46.20	1:36.92
15. Michiel Tonsbeek	DWT	1:37.86 196000889	1:39.04	+0,94	47.51	1:39.04
16. Rob Segers	Aqua-Novio'94	1:33.49 196100971	1:39.05	+1,19	47.02	1:39.05
17. Herbert Katgert	WS Twente	1:39.89 195900739	1:45.02	+1,17	49.27	1:45.02

Masters 55+

1. Willem Zwiars	AquAmigos	1:25.30 195800505	1:24.60	+0,86	41.01	1:24.60
2. Paul Bunnik	Triton	1:25.00 195600413	1:26.65	+1,04	40.16	1:26.65
3. Bart van Doesburg	PSV	1:28.21 195600463	1:29.66	+0,77	41.46	1:29.66
4. Laurens klein Breteler	WWV	1:35.98 195400109	1:30.59	+0,85	42.83	1:30.59
5. Harry Paas	ZVVS	1:33.56 195800689	1:33.86	+0,82	43.57	1:33.86
6. Joop van Dijk	Deltasteur	1:36.76 195700075	1:35.66	+1,08	44.68	1:35.66
7. Jan Timmerman	IJZPC	1:41.22 195700347	1:41.37	+0,88	47.78	1:41.37
DIS Dre Klaassen	ZOB'66	1:35.02 195600141		SQ		

Masters 60+

1. Piet Schop	De Bevelanders	1:32.45 195000109	1:27.69	+0,73	41.25	1:27.69
2. Bert Veerkamp	Zuiderzeezwemmers	2:11.64 195200271	2:24.12	+1,36	1:03.94	2:24.12

Masters 65+

1. Jaap Kwakkel	DAW	1:34.75 194700157	1:40.19	+0,95	46.25	1:40.19
2. Ruud Sloof	De Rijn	1:36.76 194400073	1:41.09	+1,04	47.84	1:41.09
3. Mar van Geel	Old Dutch	1:42.31 194700135	1:50.36	+1,22	52.02	1:50.36
4. Mans Buis	Het Ravijn	1:52.24 194700133	1:50.50	+0,99	52.50	1:50.50
5. Henk Oostendorp	ZV De Bron	1:52.13 194800093	1:55.59	+1,04	55.22	1:55.59

Masters 70+

1. Rob Hanou	PSV	1:30.97 194300109	1:33.16	+1,03	44.58	1:33.16
<i>Kampioenschaps Record</i>						
2. Gustave Lempereur	CHAT	1:32.64 CHAT/099/42	1:33.99	+1,02	44.37	1:33.99
3. Nico Baay	Old Dutch	1:35.00 194200053	1:38.78	+0,84	45.85	1:38.78

Masters 75+

1. Wieger Mensonides	NZ&PC	1:35.83 193800035	1:40.83	+0,99	49.18	1:40.83
<i>Nederlands Masters Record</i>						
2. Jan Eichhorn	ZV Haerlem	1:48.32 193700015	1:55.08	+1,13	54.94	1:55.08
3. Gregor Pompen	Aqua-Novio'94	1:52.02 193700021	1:55.67	+0,92	54.59	1:55.67

Programmanr. 33, Heren, 100m schoolslag, Masters 75+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
AFGEM Pieter Scharphorn	Neptunus	2:19.51	193800037			

Masters 85+

1. Klaas Prins	Steenwijk 1934	2:54.48	192800001	3:08.32	+1,32	1:30.28	3:08.32
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Nederlands Masters Record

Programmanr. 34
26-01-2013 - 16:30

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Erika Aan het Rot	Octopus	1:15.59	199000010	1:17.97	+0,79	36.47	1:17.97
2. Isabelle Massar	WVZ	1:19.29	199102034	1:18.64	+0,81	36.18	1:18.64
3. Nina Ferreira	WVZ	1:19.41	198901196	1:19.71	+0,86	36.97	1:19.71
4. Nanda de Vries	HZ&PC Heerenveen	1:24.02	199204328	1:21.50	+0,71	37.65	1:21.50
5. Paula van den Hoeven	De Veene	1:20.59	199303128	1:22.63	+0,84	37.84	1:22.63
6. Anne Duijst	De Amer	1:21.82	198901030	1:22.85	+0,90	39.29	1:22.85
7. Elmi Roelofsen	ZVV	1:19.34	199008198	1:23.50	+0,81	37.72	1:23.50
8. Désirée Hulsmeyer	Het Ravijn	1:23.03	199001656	1:23.78	+0,75	39.21	1:23.78
9. Janet van der Poel	LZ 1886	1:21.24	199301842	1:23.89	+0,78	39.37	1:23.89
10. Leonie Versteeg	De Veene	1:28.36	199003962	1:27.92	+0,84	41.52	1:27.92
11. Marijke Pras	GZVW	1:28.94	199203700	1:28.56	+1,10	42.52	1:28.56
12. Suzanne Robberegt	De Meer	1:32.80	199203132	1:29.58	+0,86	42.34	1:29.58
13. Tessa Verheijdt	WVZ	1:31.63	198904290	1:33.01	+0,79	44.04	1:33.01
14. Fleur Maas	Zoetermeer	1:32.16	198902768	1:33.54	+0,95	43.71	1:33.54
15. Veerle Hooijman	Zuiderzeezwimmers	1:34.15	199101318	1:34.68	+0,69	44.21	1:34.68
16. Gerlinde van de Wetering	Deltasteur	1:32.75	198904678	1:34.72	+1,04	43.97	1:34.72
17. Janneke Wynia	WS Twente	1:40.60	199005500	1:38.61	+0,96	47.31	1:38.61
18. Pauline Magnée	De Warande	1:39.13	199205434	1:38.74 *	+0,72	46.98	1:38.74
19. Carmen Ensink	Piranha	1:41.08	199307842	1:42.78	+1,05	49.01	1:42.78
DIS Elske Eikholt	Merlet	1:35.04	199305032		AA		

Masters 25+

1. Néle Vanbuel	Barvaux Aquatique	1:14.50	BA/010/85	1:14.20	+0,78	34.71	1:14.20
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Belgisch Masters Record

2. Karin Hidding	De Dinkel	1:18.94	198400970	1:15.22	+0,76	34.29	1:15.22
3. Karin van Dijk	HZ&PC Heerenveen	1:16.52	198600850	1:17.50	+0,78	36.81	1:17.50
4. Susanne van der Linden	DIO	1:19.48	198802736	1:19.65	+0,85	37.93	1:19.65
5. Roshendra Vrolijk	DES	1:23.30	198403268	1:20.43	+0,72	38.05	1:20.43
6. Esther van Maastrigt	Montferland	1:20.14	198802836	1:23.01	+0,79	39.21	1:23.01
7. Sandra Zwaanswijk	DAW	1:22.56	198503934	1:23.73	+0,73	38.84	1:23.73
8. Margot Stenveld	SBC2000	1:21.81	198804170	1:24.14	+0,68	39.45	1:24.14
9. Monique Pronk	WVZ	1:21.08	198803528	1:24.36	+0,85	39.45	1:24.36
10. Pauline Tieleman	De Geul	1:27.28	198403348	1:26.73	+0,83	41.23	1:26.73
11. Bianca Paape	DAW	1:28.07	198502262	1:27.11	+0,83	41.39	1:27.11
12. Annette Vogelsang	ZV De Bron	1:28.86	198402632	1:27.43	+0,96	41.74	1:27.43
13. Roos Lemmen	Eurode KZC	1:27.51	198403078	1:28.21	+0,80	41.69	1:28.21
14. Margriet Aan het Rot	Octopus	1:31.32	198603088	1:31.98	+0,83	43.47	1:31.98
15. Patricia Becks	Zegenwerp	1:32.58	198705946	1:32.55	+0,87	44.37	1:32.55
16. Channe Noort	DAW	1:32.44	198605032	1:33.14	+0,78	43.77	1:33.14
17. Josse van Geffen	GZVW	1:31.23	198604730	1:33.38	+0,92	43.02	1:33.38
18. Renee de Kok	PSV	1:28.01	198403350	1:33.47	+0,81	43.99	1:33.47
19. Maaïke van Diggele	ZPB H&L Productions	1:30.90	198700868	1:33.77	+0,85	43.40	1:33.77
20. Liesbeth van Mill	DWK	1:33.81	198702786	1:34.39	+0,89	44.39	1:34.39
21. Anne vd Besselaar	Orca	2:54.02	198504062	SB8 2:58.02	+1,09	1:29.00	2:58.02

Programmanr. 34, Dames, 100m schoolslag

Masters 30+

1. Laura Badoux	DAW	1:14.75	198200038	1:18.21	+0,86	36.21	1:18.21
2. Yvonne Gerritsen	WVZ	1:25.12	198000342	1:27.80	+0,88	41.23	1:27.80
3. Yvette Roozen	DWT	1:25.54	198000926	1:28.85	+0,89	41.57	1:28.85
4. Kristel Lips	ZV De Bron	1:28.26	197900562	1:30.70	+1,00	42.64	1:30.70

Masters 35+

1. Nadège van Meeteren	De Meer	1:27.20	197400736	1:23.91	+0,86	39.54	1:23.91
2. Claudia van Drunen	AquAmigos	1:26.33	197700810	1:25.34	+0,78	40.20	1:25.34
3. Miranda Straetemans	Zignea	1:32.52	197400514	1:29.87	+0,89	42.21	1:29.87
4. Marian Nederlof	DWF	1:35.50	197600950	1:31.38	+0,85	43.07	1:31.38
5. Jule Verschoor-Holland	RZC	1:38.17	197500874	1:38.21	+0,97	46.83	1:38.21
6. Paula 't Hart	ZVVS	1:49.42	197701132	1:48.04	+0,82	49.56	1:48.04

Masters 40+

1. Marjo Goelema-Koek	De Biesboschzwemmers	1:20.16	196900192	1:20.39	+0,86	37.12	1:20.39
2. Françoise Duran	AZ&PC	1:23.54	196900222	1:26.83	+0,81	40.74	1:26.83
3. Dorette Vogels	PSV	1:28.56	197000938	1:27.65	+0,78	41.22	1:27.65
4. Monique Tol-Tuijpp	Ed-Vo	1:27.61	196900800	1:28.38	+0,87	41.38	1:28.38
5. Esther Mijnen	ZV De Zaan	1:31.53	196900846	1:32.30	+0,87	42.76	1:32.30
6. Ilonka Hesseling	DES	1:36.28	196900958	1:33.03	+0,68	44.20	1:33.03
7. Pascale Neiss-Janssen	De Roersoppers	1:35.72	197300852	1:35.76	+0,95	44.55	1:35.76
8. Mengsanne Heijnen	Zignea	1:34.73	197100878	1:35.88	+0,93	46.00	1:35.88
9. Inna van der Molen	WS Twente	1:37.78	196900938	1:40.02	+0,86	48.04	1:40.02

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	1:23.99	196700528	1:25.76	+0,77	40.26	1:25.76
2. Henriëtte v. Norden	AZ&PC	1:33.83	196800046	1:32.67	+0,92	43.59	1:32.67
3. Monique Gerritsen	WS Twente	1:31.99	196500188	1:33.03	+0,80	43.78	1:33.03
4. Chita van der Goorbergh	Zoetermeer	1:33.32	196800762	1:33.62	+0,74	43.72	1:33.62
5. Remona Dekker	ZV De Bron	1:42.76	196600620	1:44.95	+0,86	50.18	1:44.95
6. Ingeborg Stokx	DAW	1:49.73	196700666	1:48.70	+0,77	51.85	1:48.70

Masters 50+

1. Marijke Kraak-Beckers	WS Twente	1:35.20	196000240	1:35.94	+1,11	46.02	1:35.94
2. Francine Sommer	Triton	1:36.31	196200384	1:37.70	+0,86	45.84	1:37.70
3. Susanne Sailer-Lehrum	SG Neumünster	1:44.15	163629	1:39.60	+0,84	46.97	1:39.60
4. Gonnie Paas	ZVVS	1:44.58	196200418	1:43.23	+0,88	48.63	1:43.23
5. Marjan Spoelstra	Swol 1894	1:44.84	196000236	1:45.90	+0,86	50.41	1:45.90
6. Jacqueline Brouwer	ZV De Bron	1:51.40	196100296	1:53.62	+1,00	54.95	1:53.62

Masters 55+

1. Elly Kiestra-Broertjes	Zignea	1:48.92	195600100	1:48.48	+1,06	51.27	1:48.48
2. Mies Kuipers	Old Dutch	1:58.04	195800202	2:02.70	+0,81	59.01	2:02.70
3. Simonet Schroot	Gay Swim Amsterdam	2:04.07	195800108	2:06.64	+1,13	1:01.72	2:06.64

Masters 60+

1. Bea Swijnenberg	Swol 1894	1:40.74	194900010	1:39.51	+0,68	47.02	1:39.51
2. Geerdien Meerwaldt	Van Vliet-Barracuda	2:05.96	195200058	2:08.88	+1,12	1:02.26	2:08.88
3. Anna de Weert	Gay Swim Amsterdam	2:11.16	194900020	2:19.45		1:06.43	2:19.45
4. Adrie Oostendorp	ZV De Bron	2:24.89	194900024	2:28.48	+1,09	1:11.89	2:28.48

Programmanr. 34, Dames, 100m schoolslag

Masters 65+

1. Matty van der Veen	Old Dutch	1:50.30	194400020	1:57.30	+1,08	56.23	1:57.30
2. Loekie v. Huissteden	AZ&PC	2:00.11	194500002	1:59.82	+1,03	58.10	1:59.82
3. Mieke Strijbis-v.d.Kroft	DAW	1:57.92	194500004	2:00.70	+1,21	59.12	2:00.70
4. Annet Verhoeven	De Duinkickers	2:07.89	194600024	2:03.66	+1,08	56.85	2:03.66

Masters 75+

1. Tineke de Bueger	Old Dutch	2:11.96	193700010	2:27.73	+1,17	1:11.02	2:27.73
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Masters 80+

1. Anneke Logtenberg	OZ&PC	2:32.42	192900004	2:48.89	+1,15	1:20.41	2:48.89
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Programmanr. 35
26-01-2013 - 17:01

Gemengd, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT		
80+							
1.	Octopus 1	2:04.61		2:05.16	+0,73		
	Marloes Resink	90	34.03	Stefan van der Grift	87	+0,37	29.97
	Roald Blok	93	30.81	Erika Aan het Rot	90	+0,31	30.35
2.	LZ 1886 1	2:05.95		2:07.68	+0,79		
	Janet van der Poel	93	34.71	Joost Rijntjes	91	+0,40	26.70
	Bas Zierkzee	92	36.73	Simone de Boer	93	+0,58	29.54
3.	De Schotelij 1	2:07.02		2:09.37	+0,71		
	Danica Koedoot	93	34.81	Whitley Rens	90	+0,46	34.13
	Thijs Tromper	87	34.32	Martijn van Hoor	89	+0,71	26.11
4.	De Duinkickers 1	2:10.75		2:13.92	+0,68		
	Eline Schoenmaker	90	37.04	Sven van Zanten	90	+0,45	30.15
	Renko Hooft	87	33.62	Rowie Hooft	93	+0,49	33.11
5.	WVZ 4	2:12.31		2:15.22	+0,71		
	Tessa Verheijdt	89	39.85	Isabelle Massar	91	+0,52	33.14
	Rens Post	91	36.53	Nick Baron	91	+0,34	25.70
6.	Merlet 1	2:14.86		2:17.13	+0,73		
	Jelte Schuurmans	91	30.26	Elske Eikholt	93	+0,35	36.64
	Rens Mahler	92	40.32	Merel Siroen	88	+0,52	29.91
7.	Zegenwerp 1	2:24.32		2:25.50	+0,69		
	Patricia Becks	87	39.86	Jeroen Krielaart	92	+0,50	31.62
	Roel van der Kleij	90	35.59	Melissa van der Zande	88	+0,57	38.43
NG	Den Doorn 1	2:14.61					
100+							
1.	Zuiderzeewimmers 1	2:03.14		2:00.89	+0,72		
	Erik van der Heide	88	30.27	Jen-Ai van Soelen	90	+0,33	30.08
	Ralf van der Poel	84	31.85	Lisanne Andeweg	88	+0,25	28.69
2.	PSV 1	2:04.16		2:01.13	+0,75		
	Jos de Graaf	91	27.15	Nienke van Stipriaan	87	+0,48	32.39
	Stephanie Rombout	88	34.08	Wesley van Diejen	86	+0,67	27.51
3.	WVZ 3	2:05.40		2:03.79	+0,76		
	Nina Ferreira	89	35.32	Monique Pronk	88	+0,75	33.36
	Thijs van Valkengoed	83	29.54	Mike Stoffer	89	+0,17	25.57
4.	RZC 1	2:06.16		2:06.54	+0,78		
	Pascal Timmermans	92	27.39	Marieke van Dodeweerd	86	+0,65	33.37
	Kevin van Susteren	89	31.82	Jule Verschoor-Holland	75	+0,63	33.96
5.	ZOB'66 1	2:04.94		2:08.46	+0,68		
	Roderik Meijers	86	29.98	Anouk van der Pligt	93	+0,47	31.94
	Anne Hollaar	83	36.64	Carly Noordermeer	87	+0,18	29.90

Programmanr. 35, Gemengd, 4 x 50m wisselslag, 100+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	SBC2000 1	2:05.83		2:08.57	+0,83
	Cynthia Grootboer	89 +0,83 34.68	Dennis van Oosterhout	89 +0,44 28.67	
	Margot Stenveld	88 +0,50 38.66	Remco van Althuis	83 +0,14 26.56	
7.	Montferland 1	2:10.42		2:08.86	+0,68
	Esther van Maastrigt	88 +0,68 34.58	Roel van Beek	89 +0,42 30.13	
	Martijn Giezen	85 +0,36 34.15	Marije Jansen	85 +0,63 30.00	
8.	Octopus 2	2:08.96		2:10.64	+0,74
	Floris Manni	88 +0,74 29.41	Emile Manni	90 +0,21 25.88	
	Margriet Aan het Rot	86 +0,35 43.35	Miriam Visserman	87 +0,52 32.00	

120+

1.	Zoetermeer 2	2:04.64		2:03.40	+0,72
	Delia Badoux	80 +0,72 33.61	Patrick Kers	72 +0,69 29.04	
	Simon van Ravesteijn	80 +0,37 31.04	Sanne van Dijk	90 +0,44 29.71	
2.	WS Twente 1	2:06.76		2:04.29	+0,82
	Michiel Beemster	80 +0,82 30.55	Marjan van der Star	84 +0,66 32.82	
	Ewoud Rupert	78 +0,30 32.63	Annelette de Vries	86 +0,56 28.29	
3.	DES 1	2:13.83		2:07.57	+0,66
	Jean Pierre Bisslik	87 +0,66 30.04	Eric Bisslik	84 +0,29 28.85	
	Roshendra Vrolijk	84 +0,44 37.33	Ilonka Hesseling	69 +0,41 31.35	
4.	DAW 1	2:08.49		2:08.15	+0,74
	Sandra Pannekeet	84 +0,74 36.94	Sandra Zwaanswijk	85 +0,49 32.16	
	Ron Langelaan	78 +0,28 32.10	Frits Delicaat	79 +0,41 26.95	
5.	WVZ 2	2:09.77		2:09.81	+0,73
	Ivo Roozeboom	77 +0,73 29.68	Petra Versteegen	77 +0,50 35.24	
	Yvonne Gerritsen	80 +0,68 38.10	Bas v.d. Laan	83 +0,15 26.79	
6.	LZ 1886 2	2:11.11		2:09.95	+0,78
	Anna Boef	88 +0,78 35.52	Casper van der Burgh	72 +0,72 32.03	
	Kristiaan Lenos	83 +0,42 32.85	Heidi van Stein	69 +0,41 29.55	
7.	HZ&PC Heerenveen 1	2:15.00		2:12.88	+0,70
	Pieter Ponne	76 +0,70 34.51	Marten de Groot	58 +0,40 30.70	
	Karin van Dijk	86 +0,30 36.42	Berdie Eghuizen	83 +0,27 31.25	
8.	De Futen 1	2:12.75		2:13.13	+1,08
	Petra Wolsing	84 +1,08 37.16	Erwin Sheek	91 +0,39 28.63	
	Bas Spoelstra	77 +0,26 35.65	Tony de Groot	73 +0,32 31.69	
9.	De Schotejil 2	2:13.46		2:16.80	+0,76
	Susanne van Hooven	68 +0,76 38.95	Leander Noordijk	81 +0,51 29.91	
	Eline Roeland	88 +0,42 40.34	Niels Albrechts	88 +0,43 27.60	
10.	AZ&PC 1	2:27.56		2:20.33	+0,71
	Iris Pijtak	93 +0,71 32.77	Atie Pijtak-Radersma	56 +0,39 36.50	
	Mark Pijtak	90 +0,33 36.56	Ronald Pijtak	61 +0,42 34.50	
11.	Zignea 1	2:18.32		2:21.09	+0,82
	Mengsanne Heijnen	71 +0,82 42.09	Arjen van der Boom	86 +0,41 31.33	
	Miranda Straetemans	74 +0,27 40.72	Gert Sikkema	63 +0,33 26.95	
12.	De Dinkel 2	2:34.54		2:27.30	+0,77
	Rogier Becker	73 +0,77 37.28	Marien Willeme	89 +0,32 30.38	
	Judith Heijdens-Schasfoort	65 +0,59 43.02	Karin Rikhof	66 +0,45 36.62	
13.	Zoetermeer 1	2:26.63		2:28.37	+0,82
	Fleur Maas	89 +0,82 40.57	Roger Flinterman	76 +0,60 30.51	
	Yvette Kilian	66 +0,63 42.79	Robert Witvliet	66 +0,74 34.50	
14.	De Amer 1	2:43.61		2:45.59	+0,91
	Anne Duijst	89 +0,91 37.73	Jos Kamps	51 +0,33 45.68	
	Wesley Determann	88 +0,70 42.16	Jorinde Veraar	92 +0,32 40.02	
DIS	DAW 3	2:27.26		VI	+0,84
	Jeroen Vogelsang	80 +0,84 38.17	Esther Steltenpohl	85	
	Hans Schoenmakers	69 +0,37 36.89	Channe Noort	86	

Programmanr. 35, Gemengd, 4 x 50m wisselslag

160+

1.	De Dinkel 1 <i>Nederlands Masters Record</i>	De Dinkel	2:03.13			2:02.33	+0,72	
	Tjakko Ruinemens	74	+0,72	28.74	Anja Tijink	64	+0,38	33.11
	Karin Hidding	84	+0,33	33.00	Gudo Hemeltjen	61	+0,19	27.48
2.	AZ&PC 2	AZ&PC	2:10.91			2:07.25	+0,94	
	Henriëtte v. Norden	68	+0,94	38.14	Jeroen Zelsmann	77	+0,08	27.09
	Edwin v. Norden	63	+0,08	32.76	Lidia v. Bon-Rosenbrand	70	+0,20	29.26
3.	WS Twente 2	WS Twente	2:14.59			2:11.95	+0,66	
	Marcel Reefhuis	81	+0,66	31.26	Inez Heideman	75	+0,38	32.46
	Monique Gerritsen	65	+0,27	42.17	Auke-Sjoerd Tolsma	71	+0,30	26.06
4.	DAW 2	DAW	2:13.01			2:14.54	+0,73	
	John Stokx	64	+0,73	32.82	Kars Luttk	78	+0,25	29.48
	Laura Badoux	82	+0,44	34.13	Ingeborg Stokx	67	+0,56	38.11
5.	't Tolhekke 1	't Tolhekke	2:27.97			2:26.37	+0,88	
	Wilna Heijman	64	+0,88	38.73	Rian Beute	84	+0,56	30.93
	Arie van Damme	61	+0,76	42.43	Anneke Veenstra	79	+0,51	34.28
6.	Gay Swim Amsterdam 1	Gay Swim Amsterdam	2:29.24			2:29.39	+0,93	
	Yolanda Mante	66	+0,93	41.37	Annemarie Smit	67	+0,45	38.55
	Ruud Endenburg	69	+0,68	39.10	Frank van den Haak	66	+0,52	30.37
7.	WS Twente 3	WS Twente	2:32.98			2:35.64	+0,76	
	Jack Barends	62	+0,76	39.42	Kim Brokelman	75	+0,78	40.84
	Bart van Calker	61	+0,29	40.24	Evelien Naatje	72	+0,64	35.14
8.	Den Doorn 2	Den Doorn	2:35.92			2:37.24	+0,71	
	Nico Swart	68	+0,71	34.50	Wouter van der Stelt	72	+0,20	34.47
	Antoinette Kant	69	+0,70	46.50	Ineke Branderhorst	69	+0,45	41.77
AFGEM	WIDEX GZC DONK 1	WIDEX GZC DONK	2:38.02					

200+

1.	WVZ 1	WVZ	2:37.86			2:32.03	+0,65	
	Marie-Josée Matte	60	+0,65	41.71	Monica Heinsbroek	60	+0,62	39.22
	Ton Witkamp	61	+0,64	41.42	Richard Koudijs	63	+0,32	29.68
2.	DAW 4	DAW	2:39.19			2:38.42	+0,73	
	Alex Damen	75	+0,73	32.33	Jaap Kwakkel	47	+0,34	40.98
	Mieke Stribis-v.d.Kroft	45	+0,70	55.03	Bianca Paape	85	+0,40	30.08
3.	PSV 3	PSV	2:49.16			2:45.42	+0,67	
	Patty Krupiarz	54	+0,67	42.28	Bart van Doesburg	56	+0,44	37.21
	Frans Suijkerbuijk	56	+0,54	52.60	Renee de Kok	84	+0,35	33.33

240+

1.	WS Twente 4	WS Twente	2:34.41			2:46.68	+0,80	
	Antoinette Gilding-Tussaud	50	+0,80	48.46	Frans van Enst	40	+0,76	41.08
	Jan Willem Heuten	60	+0,56	42.75	Marijke Kraak-Beckers	60	+0,51	34.39
2.	Takas 1 <i>Lithuanian Masters Record</i>	Takas	3:50.00			3:00.26	+0,90	
	Ramune Ivanauskaitė	64	+0,90	42.28	Loreta Kabasinskiene	63	+0,44	40.00
	Viktoras Snieska	47	+0,71	45.42	Vladas Virnbaras	27	+0,75	52.56
3.	Old Dutch 1	Old Dutch	3:05.37			3:27.82	+0,95	
	Nico Baay	42	+0,95	50.97	Mar van Geel	47	+0,82	57.05
	Ingrid ten Horn	61	+0,42	52.18	Karien Musters	58	+0,85	47.62

280+

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV	3:14.21			3:23.27	+0,88	
	Lottie Geurts	35	+0,88	52.27	Rob Hanou	43	+0,74	43.74
	Harold Matla	68	+0,37	31.81	Marianne Maandonks	26	+0,62	1:15.45

Programmanr. 37
26-01-2013 - 17:21

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	4:40.65	199003283	4:51.77	+0,83		
	50m: 32.36	32.36	150m: 1:48.89	38.76	250m: 3:04.76	37.13	350m: 4:19.89	34.33
	100m: 1:10.13	37.77	200m: 2:27.63	38.74	300m: 3:45.56	40.80	400m: 4:51.77	31.88
2.	Jan-Willem v.d. Graaff	Het Y	4:50.06	198901023	4:57.57	+0,74		
	50m: 30.46	30.46	150m: 1:44.30	37.87	250m: 3:06.16	45.16	350m: 4:25.42	34.10
	100m: 1:06.43	35.97	200m: 2:21.00	36.70	300m: 3:51.32	45.16	400m: 4:57.57	32.15
3.	Tim Bunnik	Triton	5:01.31	199000505	4:58.69	+0,82		
	50m: 30.76	30.76	150m: 1:47.16	38.87	250m: 3:09.21	43.28	350m: 4:27.02	32.70
	100m: 1:08.29	37.53	200m: 2:25.93	38.77	300m: 3:54.32	45.11	400m: 4:58.69	31.67
4.	Maik Steenkamp	Montferland	5:00.64	199103847	5:13.45	+0,74		
	50m: 31.27	31.27	150m: 1:49.82	41.07	250m: 3:15.34	44.34	350m: 4:37.63	37.14
	100m: 1:08.75	37.48	200m: 2:31.00	41.18	300m: 4:00.49	45.15	400m: 5:13.45	35.82
Masters 25+								
1.	Daan Glorie	DAW	4:51.30	198801115	4:56.06	+0,86		
	50m: 30.52	30.52	150m: 1:46.30	40.65	250m: 3:07.49	43.31	350m: 4:25.33	33.93
	100m: 1:05.65	35.13	200m: 2:24.18	37.88	300m: 3:51.40	43.91	400m: 4:56.06	30.73
2.	Ralf van der Poel	Zuiderzeewemmers	4:59.28	198401783	4:56.37	+0,77		
	50m: 31.45	31.45	150m: 1:48.86	40.36	250m: 3:08.33	40.52	350m: 4:24.73	34.82
	100m: 1:08.50	37.05	200m: 2:27.81	38.95	300m: 3:49.91	41.58	400m: 4:56.37	31.64
3.	Niels Albrechts	De Schotejil	5:55.51	198800039	5:38.08	+0,91		
	50m: 36.00	36.00	150m: 2:01.36	42.09	250m: 3:35.39	52.91	350m: 5:04.21	35.41
	100m: 1:19.27	43.27	200m: 2:42.48	41.12	300m: 4:28.80	53.41	400m: 5:38.08	33.87
Masters 30+								
1.	Pieter Pickhardt	ZPC De Hof	4:56.19	198301657	4:59.91	+0,95		
	50m: 31.56	31.56	150m: 1:48.55	40.64	250m: 3:09.18	41.04	350m: 4:26.44	35.41
	100m: 1:07.91	36.35	200m: 2:28.14	39.59	300m: 3:51.03	41.85	400m: 4:59.91	33.47
2.	Alexander Hulleman	Steenwijk 1934	5:02.92	198300989	5:05.67	+0,80		
	50m: 31.62	31.62	150m: 1:48.53	40.49	250m: 3:12.64	43.73	350m: 4:31.90	35.21
	100m: 1:08.04	36.42	200m: 2:28.91	40.38	300m: 3:56.69	44.05	400m: 5:05.67	33.77
3.	Marcel Reefhuis	WS Twente	5:13.20	198101381	5:19.59	+0,83		
	50m: 33.21	33.21	150m: 1:56.14	42.48	250m: 3:23.01	45.54	350m: 4:46.32	37.02
	100m: 1:13.66	40.45	200m: 2:37.47	41.33	300m: 4:09.30	46.29	400m: 5:19.59	33.27
4.	Freddie Geerlings	Mosaqua Gulpen	5:14.92	197900379	5:20.14	+0,85		
	50m: 34.90	34.90	150m: 2:00.80	43.45	250m: 3:25.25	42.42	350m: 4:46.13	37.57
	100m: 1:17.35	42.45	200m: 2:42.83	42.03	300m: 4:08.56	43.31	400m: 5:20.14	34.01
5.	Leander Noordijk	De Schotejil	5:29.85	198101221	5:33.95	+0,96		
	50m: 33.12	33.12	150m: 1:59.18	42.86	250m: 3:29.31	48.02	350m: 4:56.33	38.24
	100m: 1:16.32	43.20	200m: 2:41.29	42.11	300m: 4:18.09	48.78	400m: 5:33.95	37.62
Masters 35+								
1.	Evgeny Ryzhov <i>Russian Masters Record</i>	Sprut	4:43.20	102628	4:48.35	+0,81		
	50m: 29.17	29.17	150m: 1:41.67	39.52	250m: 3:00.36	40.61	350m: 4:15.65	34.69
	100m: 1:02.15	32.98	200m: 2:19.75	38.08	300m: 3:40.96	40.60	400m: 4:48.35	32.70
2.	Egbert Stolk <i>Kampioenschaps Record</i>	D'Eift WAVE (SG)	5:02.60	197600889	4:54.14	+0,81		
	50m: 31.20	31.20	150m: 1:46.96	38.48	250m: 3:05.66	41.15	350m: 4:21.72	33.63
	100m: 1:08.48	37.28	200m: 2:24.51	37.55	300m: 3:48.09	42.43	400m: 4:54.14	32.42
3.	Markus van Rest	Zoetermeer	5:41.52	197701197	5:41.90	+0,95		
	50m: 33.09	33.09	150m: 2:00.44	46.82	250m: 3:37.31	52.52	350m: 5:08.31	38.52
	100m: 1:13.62	40.53	200m: 2:44.79	44.35	300m: 4:29.79	52.48	400m: 5:41.90	33.59
4.	Gerard Eghuizen	HZ&PC Heerenveen	5:45.71	197400197	5:42.46	+1,00		
	50m: 35.15	35.15	150m: 2:03.47	45.96	250m: 3:36.47	48.74	350m: 5:05.78	40.13
	100m: 1:17.51	42.36	200m: 2:47.73	44.26	300m: 4:25.65	49.18	400m: 5:42.46	36.68

Programmanr. 37, Heren, 400m wisselslag

Masters 40+

1. René Beetsma	HZ&PC Heerenveen	5:09.60	196900069	5:14.36	+0,80
50m: 32.28 32.28	150m: 1:53.62 41.38	250m: 3:18.41 44.86	350m: 4:39.88 36.18		
100m: 1:12.24 39.96	200m: 2:33.55 39.93	300m: 4:03.70 45.29	400m: 5:14.36 34.48		
2. Marcel van Winssen	De Gelenberg	5:19.48	197101477	5:25.80	+0,93
50m: 33.52 33.52	150m: 1:55.02 42.59	250m: 3:23.60 46.04	350m: 4:48.17 38.19		
100m: 1:12.43 38.91	200m: 2:37.56 42.54	300m: 4:09.98 46.38	400m: 5:25.80 37.63		
3. Heiner Stevens	Zignea	5:44.54	197201299	5:47.98	+0,75
50m: 35.35 35.35	150m: 2:04.55 46.20	250m: 3:39.68 49.13	350m: 5:10.37 41.38		
100m: 1:18.35 43.00	200m: 2:50.55 46.00	300m: 4:28.99 49.31	400m: 5:47.98 37.61		
4. Kasper van den Berghe	Swol 1894	5:49.06	197301125	5:49.50	+0,90
50m: 36.44 36.44	150m: 2:03.94 44.05	250m: 3:38.58 52.03	350m: 5:11.09 41.41		
100m: 1:19.89 43.45	200m: 2:46.55 42.61	300m: 4:29.68 51.10	400m: 5:49.50 38.41		

Masters 45+

1. Arnold de Rover	De Futen	5:25.10	196400645	5:37.00	+0,95
50m: 35.60 35.60	150m: 2:01.01 43.87	250m: 3:32.79 49.18	350m: 5:00.37 38.11		
100m: 1:17.14 41.54	200m: 2:43.61 42.60	300m: 4:22.26 49.47	400m: 5:37.00 36.63		
2. Marcel van Lochem	Zoetermeer	6:12.77	196500581	6:10.37	+1,03
50m: 37.07 37.07	150m: 2:11.75 48.38	250m: 3:51.43 51.64	350m: 5:28.14 44.52		
100m: 1:23.37 46.30	200m: 2:59.79 48.04	300m: 4:43.62 52.19	400m: 6:10.37 42.23		
3. Jan Smalheer	SCOM	6:28.08	196400701	6:40.20	+1,20
50m: 42.83 42.83	150m: 2:26.76 53.89	250m: 4:16.18 58.75	350m: 5:58.25 43.09		
100m: 1:32.87 50.04	200m: 3:17.43 50.67	300m: 5:15.16 58.98	400m: 6:40.20 41.95		

NG.ZA Konstantin Sklyar TG Lage 5:52.34 321129

Masters 50+

1. Ronald Grove	Oceanus	5:35.59	196100161	5:42.17	+0,80
50m: 34.86 34.86	150m: 2:04.93 46.05	250m: 3:38.07 47.42	350m: 5:04.85 38.13		
100m: 1:18.88 44.02	200m: 2:50.65 45.72	300m: 4:26.72 48.65	400m: 5:42.17 37.32		

DIS Arturas Tuomas Takas 5:39.38 1961TUO
VH - Did not touch turn or finish simultaneously with two hands

250m: 350m:
300m: 400m:

Masters 55+

1. Hugo Bregman	WVZ	5:16.23	195800069	5:07.99	+1,02
<i>Nederlands Masters Record</i>	150m: 1:47.26 40.14	250m: 3:12.51 45.43	350m: 4:34.06 36.23		
50m: 31.31 31.31	200m: 2:27.08 39.82	300m: 3:57.83 45.32	400m: 5:07.99 33.93		
100m: 1:07.12 35.81					
2. Bart van Doesburg	PSV	6:21.88	195600463	6:16.30	+0,85
50m: 41.69 41.69	150m: 2:21.52 50.28	250m: 4:02.50 52.23	350m: 5:35.90 42.03		
100m: 1:31.24 49.55	200m: 3:10.27 48.75	300m: 4:53.87 51.37	400m: 6:16.30 40.40		
3. Paul Bunnik	Triton	6:20.04	195600413	6:23.94	+1,02
50m: 39.04 39.04	150m: 2:20.65 52.18	250m: 4:04.12 53.01	350m: 5:42.16 43.15		
100m: 1:28.47 49.43	200m: 3:11.11 50.46	300m: 4:59.01 54.89	400m: 6:23.94 41.78		

Masters 65+

1. Donald Uijtenbogaart	Het Y	5:59.69	194700107	6:14.70	+0,91
50m: 38.97 38.97	150m: 2:16.02 50.83	250m: 3:58.92 53.13	350m: 5:35.18 41.98		
100m: 1:25.19 46.22	200m: 3:05.79 49.77	300m: 4:53.20 54.28	400m: 6:14.70 39.52		
2. Viktoras Snieska	Takas	7:41.03	1947SNI	7:23.42	+1,06
<i>Lithuanian Masters Record</i>	150m: 2:45.70 52.69	250m: 4:43.07 1:04.24	350m: 6:35.06 49.17		
50m: 51.79 51.79	200m: 3:38.83 53.13	300m: 5:45.89 1:02.82	400m: 7:23.42 48.36		
100m: 1:53.01 1:01.22					

Programmanr. 37, Heren, 400m wisselslag

Masters 75+

1. Nico Geers	Z&PC De Gouwe	7:22.20	193800007	8:17.29	+1,04
<i>Nederlands Masters Record</i>					
50m: 53.05	53.05	150m: 2:59.48	1:05.67	250m: 5:19.12	1:16.75
100m: 1:14.95	1:00.76	200m: 4:02.37	1:02.89	300m: 6:33.49	1:14.37
				350m: 7:28.23	54.74
				400m: 8:17.29	49.06

Programmanr. 38
26-01-2013 - 17:47

Dames, 400m wisselslag

Masters Open
Resultaten

rang naam vereniging inschrijftijd startnr. tijd RT

Masters 20+

1. Chantal Nap	HZ&PC Heerenveen	5:13.42	198903004	5:06.81	+0,81
<i>Nederlands Masters Record</i>					
50m: 31.67	31.67	150m: 1:49.63	40.77	250m: 3:13.33	45.03
100m: 1:08.86	37.19	200m: 2:28.30	38.67	300m: 3:58.09	44.76
				350m: 4:33.08	34.99
				400m: 5:06.81	33.73
2. Maaïke Vooren	DAW	5:36.02	199103324	5:37.09	+0,83
50m: 34.77	34.77	150m: 2:00.89	43.71	250m: 3:31.59	47.52
100m: 1:17.18	42.41	200m: 2:44.07	43.18	300m: 4:19.88	48.29
				350m: 4:58.47	38.59
				400m: 5:37.09	38.62
3. Wendy de Bruin	ZOB'66	5:40.80	199206320	5:38.15	+0,68
50m: 33.78	33.78	150m: 1:59.79	44.84	250m: 3:31.17	47.76
100m: 1:14.95	41.17	200m: 2:43.41	43.62	300m: 4:20.53	49.36
				350m: 4:59.84	39.31
				400m: 5:38.15	38.31
4. Simone de Boer	LZ 1886	5:32.36	199306858	5:42.53	+0,83
50m: 34.91	34.91	150m: 1:58.75	42.67	250m: 3:33.03	51.28
100m: 1:16.08	41.17	200m: 2:41.75	43.00	300m: 4:24.61	51.58
				350m: 5:03.61	39.00
				400m: 5:42.53	38.92
5. Désirée Hulsmeyer	Het Ravijn	6:12.94	199001656	6:02.20	+0,80
50m: 35.79	35.79	150m: 2:06.98	46.57	250m: 3:43.97	51.72
100m: 1:20.41	44.62	200m: 2:52.25	45.27	300m: 4:36.29	52.32
				350m: 5:19.78	43.49
				400m: 6:02.20	42.42
6. Irmgard van Weeghel	Octopus	5:58.67	199204834	6:06.38	+0,72
50m: 38.30	38.30	150m: 2:13.19	47.57	250m: 3:51.06	52.81
100m: 1:25.62	47.32	200m: 2:58.25	45.06	300m: 4:44.01	52.95
				350m: 5:26.31	42.30
				400m: 6:06.38	40.07
7. Desiree Baltes	ZPC De Hof	6:11.08	198900182	6:26.34	+0,96
50m: 40.51	40.51	150m: 2:18.01	51.66	250m: 4:01.17	55.57
100m: 1:26.35	45.84	200m: 3:05.60	47.59	300m: 4:57.88	56.71
				350m: 5:42.06	44.18
				400m: 6:26.34	44.28

Masters 25+

1. Stephanie Rombout	PSV	5:12.16	198803696	5:19.49	+0,82
50m: 31.64	31.64	150m: 1:52.88	43.68	250m: 3:20.84	44.95
100m: 1:09.20	37.56	200m: 2:35.89	43.01	300m: 4:06.96	46.12
				350m: 4:44.06	37.10
				400m: 5:19.49	35.43
2. Néle Vanbuel	Barvaux Aquatique	5:35.60	BA/010/85	5:20.64	+0,76
50m: 32.92	32.92	150m: 1:53.80	42.69	250m: 3:20.80	44.80
100m: 1:11.11	38.19	200m: 2:36.00	42.20	300m: 4:06.71	45.91
				350m: 4:44.22	37.51
				400m: 5:20.64	36.42
3. Margot Stenveld	SBC2000	5:36.21	198804170	5:33.80	+0,71
50m: 37.50	37.50	150m: 2:04.09	42.09	250m: 3:31.62	46.65
100m: 1:22.00	44.50	200m: 2:44.97	40.88	300m: 4:18.83	47.21
				350m: 4:57.08	38.25
				400m: 5:33.80	36.72
4. Liset de Veer	Aqua-Novio'94	6:04.08	198704190	6:08.10	+0,86
50m: 38.16	38.16	150m: 2:11.27	47.43	250m: 3:51.88	53.25
100m: 1:23.84	45.68	200m: 2:58.63	47.36	300m: 4:45.67	53.79
				350m: 5:27.88	42.21
				400m: 6:08.10	40.22

Masters 30+

1. Roos van Esch	TRB-RES	5:38.45	198200468	5:31.04	+0,87
50m: 35.09	35.09	150m: 1:57.09	42.15	250m: 3:27.65	48.79
100m: 1:14.94	39.85	200m: 2:38.86	41.77	300m: 4:16.09	48.44
				350m: 4:54.53	38.44
				400m: 5:31.04	36.51
2. Nadya Putter	ZVVS	5:23.37	198301630	5:31.23	+0,74
50m: 33.87	33.87	150m: 1:54.55	42.35	250m: 25.30	3:24.69
100m: 1:12.20	38.33	200m: 2:36.21	41.66	300m: 4:15.07	50.38
				350m: 4:55.13	40.06
				400m: 5:31.23	36.10
3. Yvonne Gerritsen	WVZ	6:09.42	198000342	6:07.33	+0,88
50m: 38.60	38.60	150m: 2:14.18	49.11	250m: 3:52.67	49.32
100m: 1:25.07	46.47	200m: 3:03.35	49.17	300m: 4:42.39	49.72
				350m: 5:25.23	42.84
				400m: 6:07.33	42.10

Programmanr. 38, Dames, 400m wisselslag, Masters 30+

rang	naam	vereniging	inschrijftijd			startnr.	tijd			RT
4.	Linda Hoogendam	Zoetermeer	5:55.73			198300892	6:14.36			+0,79
	50m: 40.02	40.02	150m: 2:16.64	47.92	250m: 3:59.60	56.97	350m: 5:35.91	40.09		
	100m: 1:28.72	48.70	200m: 3:02.63	45.99	300m: 4:55.82	56.22	400m: 6:14.36	38.45		

Masters 35+

1.	Liselotte Joling	PSV	5:42.82			197500268	5:33.64			+0,95
	<i>Nederlands Masters Record</i>									
	50m: 35.30	35.30	150m: 2:00.08	43.85	250m: 3:29.80	47.26	350m: 4:56.77	38.60		
	100m: 1:16.23	40.93	200m: 2:42.54	42.46	300m: 4:18.17	48.37	400m: 5:33.64	36.87		
2.	Nadège van Meeteren	De Meer	6:24.42			197400736	6:14.49			+0,91
	50m: 39.96	39.96	150m: 2:18.83	48.69	250m: 3:56.92	49.01	350m: 5:30.03	44.01		
	100m: 1:30.14	50.18	200m: 3:07.91	49.08	300m: 4:46.02	49.10	400m: 6:14.49	44.46		
3.	Diane Scholing	Het Ravijn	6:42.22			197701090	6:27.13			+0,79
	50m: 39.07	39.07	150m: 2:16.34	48.39	250m: 4:00.88	56.98	350m: 5:43.32	46.11		
	100m: 1:27.95	48.88	200m: 3:03.90	47.56	300m: 4:57.21	56.33	400m: 6:27.13	43.81		

Masters 40+

1.	Lidia v. Bon-Rosenbrand	AZ&PC	6:01.39			197000054	5:59.85			+0,90
	50m: 36.62	36.62	150m: 2:06.03	47.64	250m: 3:43.59	49.21	350m: 5:17.37	42.90		
	100m: 1:18.39	41.77	200m: 2:54.38	48.35	300m: 4:34.47	50.88	400m: 5:59.85	42.48		

Masters 45+

1.	Karin van den Heuvel	Old Dutch	6:26.85			196600188	6:31.20			+1,00
	50m: 41.42	41.42	150m: 2:24.96	53.89	250m: 4:08.65	52.07	350m: 5:46.92	45.56		
	100m: 1:31.07	49.65	200m: 3:16.58	51.62	300m: 5:01.36	52.71	400m: 6:31.20	44.28		
2.	Ramune Ivanauskaitė	Takas	6:45.46			1964IVA	6:36.39			+0,78
	<i>Lithuanian Masters Record</i>									
	50m: 44.35	44.35	150m: 2:25.34	50.09	250m: 4:08.85	55.36	350m: 5:51.52	46.80		
	100m: 1:35.25	50.90	200m: 3:13.49	48.15	300m: 5:04.72	55.87	400m: 6:36.39	44.87		
3.	Hetty Smalheer	SCOM	6:47.02			196700352	6:54.21			+1,03
	50m: 45.79	45.79	150m: 2:33.72	52.44	250m: 4:25.89	59.16	350m: 6:08.75	45.10		
	100m: 1:41.28	55.49	200m: 3:26.73	53.01	300m: 5:23.65	57.76	400m: 6:54.21	45.46		
4.	Miranda Keijl	Zignea	7:26.92			196500588	7:15.51			+0,88
	50m: 44.00	44.00	150m: 2:35.98	57.72	250m: 4:34.55	1:02.40	350m: 6:29.46	51.95		
	100m: 1:38.26	54.26	200m: 3:32.15	56.17	300m: 5:37.51	1:02.96	400m: 7:15.51	46.05		

Masters 65+

1.	Matty van der Veen	Old Dutch	8:32.02			194400020	8:44.64			+1,14
	50m: 1:00.69	1:00.69	150m: 3:23.91	1:12.37	250m: 5:42.64	1:08.10	350m: 7:48.31	56.02		
	100m: 2:11.54	1:10.85	200m: 4:34.54	1:10.63	300m: 6:52.29	1:09.65	400m: 8:44.64	56.33		

5 - ONMK 2013 kb sessie 5

27-01-2013 - 9:00

Programmanr. 40
27-01-2013 - 9:00

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Irmgard van Weeghel	Octopus	20:08.32	199204834	20:51.46	+0,80		
	50m: 35.26	35.26	450m: 6:05.77	42.84	850m: 11:44.86	42.60	1250m: 17:23.83	42.24
	100m: 1:14.42	39.16	500m: 6:47.76	41.99	900m: 12:27.16	42.30	1300m: 18:06.47	42.64
	150m: 1:54.83	40.41	550m: 7:30.26	42.50	950m: 13:09.69	42.53	1350m: 18:48.51	42.04
	200m: 2:35.68	40.85	600m: 8:12.77	42.51	1000m: 13:52.06	42.37	1400m: 19:30.49	41.98
	250m: 3:17.10	41.42	650m: 8:55.11	42.34	1050m: 14:34.58	42.52	1450m: 20:12.05	41.56
	300m: 3:59.02	41.92	700m: 9:37.46	42.35	1100m: 15:16.94	42.36	1500m: 20:51.46	39.41
	350m: 4:41.13	42.11	750m: 10:19.79	42.33	1150m: 15:59.47	42.53		
	400m: 5:22.93	41.80	800m: 11:02.26	42.47	1200m: 16:41.59	42.12		
2.	Sunanda van Heteren	De Geul	20:50.41	198901728	20:53.38	+0,89		
	50m: 34.96	34.96	450m: 6:03.83	42.10	850m: 11:45.07	42.60	1250m: 17:27.98	42.72
	100m: 1:13.66	38.70	500m: 6:46.23	42.40	900m: 12:27.49	42.42	1300m: 18:11.07	43.09
	150m: 1:54.01	40.35	550m: 7:28.39	42.16	950m: 13:10.50	43.01	1350m: 18:53.74	42.67
	200m: 2:34.64	40.63	600m: 8:10.98	42.59	1000m: 13:53.42	42.92	1400m: 19:35.64	41.90
	250m: 3:15.97	41.33	650m: 8:53.68	42.70	1050m: 14:36.24	42.82	1450m: 20:15.48	39.84
	300m: 3:57.58	41.61	700m: 9:36.44	42.76	1100m: 15:19.33	43.09	1500m: 20:53.38	37.90
	350m: 4:39.80	42.22	750m: 10:19.28	42.84	1150m: 16:02.18	42.85		
	400m: 5:21.73	41.93	800m: 11:02.47	43.19	1200m: 16:45.26	43.08		
3.	Marjan Rikken	ZVV	22:44.76	199206114	22:35.55	+0,91		
	50m: 40.57	40.57	450m: 6:39.34	45.11	850m: 12:43.92	45.56	1250m: 18:51.74	46.21
	100m: 1:24.71	44.14	500m: 7:24.93	45.59	900m: 13:29.71	45.79	1300m: 19:38.24	46.50
	150m: 2:09.77	45.06	550m: 8:10.47	45.54	950m: 14:15.27	45.56	1350m: 20:23.53	45.29
	200m: 2:54.47	44.70	600m: 8:55.56	45.09	1000m: 15:01.36	46.09	1400m: 21:09.05	45.52
	250m: 3:39.20	44.73	650m: 9:41.05	45.49	1050m: 15:47.02	45.66	1450m: 21:54.23	45.18
	300m: 4:24.15	44.95	700m: 10:26.62	45.57	1100m: 16:33.38	46.36	1500m: 22:35.55	41.32
	350m: 5:09.06	44.91	750m: 11:12.35	45.73	1150m: 17:19.30	45.92		
	400m: 5:54.23	45.17	800m: 11:58.36	46.01	1200m: 18:05.53	46.23		
Masters 25+								
1.	Lisanne Andeweg	Zuiderzeewimmers	19:01.51	198800092	18:23.46	+0,93		
	50m: 33.14	33.14	450m: 5:30.44	37.22	850m: 10:28.00	36.88	1250m: 15:24.87	36.83
	100m: 1:09.45	36.31	500m: 6:07.69	37.25	900m: 11:05.27	37.27	1300m: 16:01.50	36.63
	150m: 1:46.46	37.01	550m: 6:44.85	37.16	950m: 11:42.33	37.06	1350m: 16:37.92	36.42
	200m: 2:23.85	37.39	600m: 7:22.06	37.21	1000m: 12:19.52	37.19	1400m: 17:13.82	35.90
	250m: 3:01.49	37.64	650m: 7:59.41	37.35	1050m: 12:56.58	37.06	1450m: 17:49.33	35.51
	300m: 3:38.94	37.45	700m: 8:36.54	37.13	1100m: 13:33.84	37.26	1500m: 18:23.46	34.13
	350m: 4:15.94	37.00	750m: 9:13.77	37.23	1150m: 14:10.93	37.09		
	400m: 4:53.22	37.28	800m: 9:51.12	37.35	1200m: 14:48.04	37.11		
2.	Margot Stenveld	SBC2000	19:06.22	198804170	19:14.92	+0,77		
	50m: 35.18	35.18	450m: 5:39.32	38.22	850m: 10:46.82	38.61	1250m: 16:01.03	40.13
	100m: 1:13.48	38.30	500m: 6:17.82	38.50	900m: 11:25.43	38.61	1300m: 16:40.96	39.93
	150m: 1:51.29	37.81	550m: 6:56.18	38.36	950m: 12:04.13	38.70	1350m: 17:20.29	39.33
	200m: 2:29.03	37.74	600m: 7:34.53	38.35	1000m: 12:43.01	38.88	1400m: 17:59.50	39.21
	250m: 3:07.27	38.24	650m: 8:13.19	38.66	1050m: 13:22.19	39.18	1450m: 18:38.20	38.70
	300m: 3:44.83	37.56	700m: 8:51.33	38.14	1100m: 14:01.46	39.27	1500m: 19:14.92	36.72
	350m: 4:22.91	38.08	750m: 9:29.89	38.56	1150m: 14:40.95	39.49		
	400m: 5:01.10	38.19	800m: 10:08.21	38.32	1200m: 15:20.90	39.95		
3.	Laura Oosterbroek	Swol 1894	19:46.76	198803264	19:23.54	+0,79		
	50m: 34.84	34.84	450m: 5:46.33	38.97	850m: 10:58.86	39.27	1250m: 16:12.14	39.25
	100m: 1:13.44	38.60	500m: 6:25.20	38.87	900m: 11:38.05	39.19	1300m: 16:51.31	39.17
	150m: 1:52.12	38.68	550m: 7:03.82	38.62	950m: 12:16.91	38.86	1350m: 17:29.73	38.42
	200m: 2:30.97	38.85	600m: 7:42.82	39.00	1000m: 12:56.55	39.64	1400m: 18:08.09	38.36
	250m: 3:09.73	38.76	650m: 8:21.92	39.10	1050m: 13:36.18	39.63	1450m: 18:46.53	38.44
	300m: 3:48.78	39.05	700m: 9:01.15	39.23	1100m: 14:15.14	38.96	1500m: 19:23.54	37.01
	350m: 4:27.98	39.20	750m: 9:40.42	39.27	1150m: 14:54.05	38.91		
	400m: 5:07.36	39.38	800m: 10:19.59	39.17	1200m: 15:32.89	38.84		
4.	Pauline Tieleman	De Geul	20:39.50	198403348	20:11.51	+0,84		
	50m: 34.69	34.69	450m: 5:54.14	40.69	850m: 11:20.26	40.98	1250m: 16:48.74	41.27
	100m: 1:12.68	37.99	500m: 6:34.97	40.83	900m: 12:00.84	40.58	1300m: 17:30.05	41.31
	150m: 1:52.01	39.33	550m: 7:15.58	40.61	950m: 12:41.69	40.85	1350m: 18:11.18	41.13
	200m: 2:31.78	39.77	600m: 7:56.31	40.73	1000m: 13:22.82	41.13	1400m: 18:51.95	40.77
	250m: 3:12.22	40.44	650m: 8:37.06	40.75	1050m: 14:04.09	41.27	1450m: 19:32.46	40.51
	300m: 3:52.50	40.28	700m: 9:17.98	40.92	1100m: 14:45.09	41.00	1500m: 20:11.51	39.05
	350m: 4:32.91	40.41	750m: 9:58.72	40.74	1150m: 15:26.21	41.12		
	400m: 5:13.45	40.54	800m: 10:39.28	40.56	1200m: 16:07.47	41.26		

Programmanr. 40, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Petra Wolsing	De Futen	21:18.18	198402796	21:33.22	+0,88
	50m: 38.28	38.28	450m: 6:23.21	43.21	850m: 12:12.35	43.41
	100m: 1:20.20	41.92	500m: 7:07.50	44.29	900m: 12:56.08	43.73
	150m: 2:02.66	42.46	550m: 7:51.12	43.62	950m: 13:39.33	43.25
	200m: 2:45.51	42.85	600m: 8:35.16	44.04	1000m: 14:22.51	43.18
	250m: 3:28.98	43.47	650m: 9:18.92	43.76	1050m: 15:05.72	43.21
	300m: 4:12.59	43.61	700m: 10:02.19	43.27	1100m: 15:49.78	44.06
	350m: 4:56.31	43.72	750m: 10:45.74	43.55	1150m: 16:33.28	43.50
	400m: 5:40.00	43.69	800m: 11:28.94	43.20	1200m: 17:16.56	43.28
6.	Annette Vogelsang	ZV De Bron	21:58.11	198402632	22:55.16	+0,92
	50m: 37.38	37.38	450m: 6:29.14	45.73	850m: 12:42.31	47.48
	100m: 1:17.82	40.44	500m: 7:15.48	46.34	900m: 13:29.79	47.48
	150m: 2:00.28	42.46	550m: 8:01.72	46.24	950m: 14:17.10	47.31
	200m: 2:44.22	43.94	600m: 8:47.78	46.06	1000m: 15:04.50	47.40
	250m: 3:28.24	44.02	650m: 9:34.12	46.34	1050m: 15:50.68	46.18
	300m: 4:12.76	44.52	700m: 10:20.26	46.14	1100m: 16:37.16	46.48
	350m: 4:57.96	45.20	750m: 11:07.70	47.44	1150m: 17:25.88	48.72
	400m: 5:43.41	45.45	800m: 11:54.83	47.13	1200m: 18:14.54	48.66

Masters 30+

1.	Bianca Cox	PSV	19:48.51	198000214	19:39.36	+0,92
	50m: 35.31	35.31	450m: 5:48.92	39.75	850m: 11:05.24	39.83
	100m: 1:13.39	38.08	500m: 6:28.21	39.29	900m: 11:44.94	39.70
	150m: 1:51.96	38.57	550m: 7:07.69	39.48	950m: 12:24.60	39.66
	200m: 2:31.12	39.16	600m: 7:47.19	39.50	1000m: 13:04.12	39.52
	250m: 3:10.57	39.45	650m: 8:26.76	39.57	1050m: 13:43.62	39.50
	300m: 3:50.19	39.62	700m: 9:06.27	39.51	1100m: 14:23.01	39.39
	350m: 4:29.69	39.50	750m: 9:45.75	39.48	1150m: 15:02.54	39.53
	400m: 5:09.17	39.48	800m: 10:25.41	39.66	1200m: 15:42.02	39.48
2.	Linda Hoogendam	Zoetermeer	19:46.23	198300892	21:01.23	+0,79
	50m: 34.90	34.90	450m: 6:07.18	42.58	850m: 11:46.38	42.48
	100m: 1:15.84	40.94	500m: 6:49.40	42.22	900m: 12:29.98	43.60
	150m: 1:56.44	40.60	550m: 7:32.24	42.84	950m: 13:12.71	42.73
	200m: 2:37.50	41.06	600m: 8:13.30	41.06	1000m: 13:56.22	43.51
	250m: 3:18.31	40.81	650m: 8:55.63	42.33	1050m: 14:38.55	42.33
	300m: 4:00.59	42.28	700m: 9:38.38	42.75	1100m: 15:21.62	43.07
	350m: 4:42.14	41.55	750m: 10:21.14	42.76	1150m: 16:03.62	42.00
	400m: 5:24.60	42.46	800m: 11:03.90	42.76	1200m: 16:46.56	42.94

Masters 35+

1.	Liselotte Joling	PSV	19:47.05	197500268	19:20.52	+0,95
	50m: 34.24	34.24	450m: 5:38.68	38.77	850m: 10:51.40	39.39
	100m: 1:11.56	37.32	500m: 6:17.82	39.14	900m: 11:30.95	39.55
	150m: 1:49.18	37.62	550m: 6:56.33	38.51	950m: 12:10.00	39.05
	200m: 2:27.15	37.97	600m: 7:35.58	39.25	1000m: 12:49.76	39.76
	250m: 3:05.07	37.92	650m: 8:14.97	39.39	1050m: 13:29.03	39.27
	300m: 3:43.15	38.08	700m: 8:53.81	38.84	1100m: 14:08.40	39.37
	350m: 4:21.55	38.40	750m: 9:32.79	38.98	1150m: 14:47.99	39.59
	400m: 4:59.91	38.36	800m: 10:12.01	39.22	1200m: 15:26.97	38.98

Masters 40+

1.	Grith Sigsgaard	Zwemlust-den Hommel	18:40.25	197200772	18:29.92	+0,86
	<i>Nederlands Masters Record, tt 400/800m NMR</i>					
	50m: 32.58	32.58	450m: 5:24.34	36.89	850m: 10:22.60	36.95
	100m: 1:08.68	36.10	500m: 6:01.48	37.14	900m: 11:00.19	37.59
	150m: 1:44.77	36.09	550m: 6:38.68	37.20	950m: 11:37.38	37.19
	200m: 2:21.24	36.47	600m: 7:15.81	37.13	1000m: 12:15.24	37.86
	250m: 2:57.39	36.15	650m: 7:52.96	37.15	1050m: 12:52.97	37.73
	300m: 3:33.85	36.46	700m: 8:30.48	37.52	1100m: 13:30.12	37.15
	350m: 4:10.46	36.61	750m: 9:08.06	37.58	1150m: 14:07.79	37.67
	400m: 4:47.45	36.99	800m: 9:45.65	37.59	1200m: 14:45.35	37.56
2.	Annette de Visser	Oceanus	20:21.01	197100602	20:38.71	+0,87
	50m: 36.14	36.14	450m: 6:07.50	41.72	850m: 11:41.38	41.39
	100m: 1:15.59	39.45	500m: 6:49.26	41.76	900m: 12:23.01	41.63
	150m: 1:56.76	41.17	550m: 7:31.19	41.93	950m: 13:04.40	41.39
	200m: 2:38.49	41.73	600m: 8:12.86	41.67	1000m: 13:46.34	41.94
	250m: 3:20.42	41.93	650m: 8:54.46	41.60	1050m: 14:28.13	41.79
	300m: 4:01.92	41.50	700m: 9:36.11	41.65	1100m: 15:09.71	41.58
	350m: 4:44.07	42.15	750m: 10:17.83	41.72	1150m: 15:51.46	41.75
	400m: 5:25.78	41.71	800m: 10:59.99	42.16	1200m: 16:33.34	41.88

Programmanr. 40, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Annet Kootstra	Swol 1894	24:02.26	197100344	23:17.15	+1,09		
	50m: 40.17	40.17	450m: 6:50.57	47.52	850m: 13:09.86	47.38	1250m: 19:26.10	47.16
	100m: 1:24.60	44.43	500m: 7:37.82	47.25	900m: 13:56.98	47.12	1300m: 20:13.17	47.07
	150m: 2:10.01	45.41	550m: 8:25.52	47.70	950m: 14:43.97	46.99	1350m: 21:00.11	46.94
	200m: 2:55.88	45.87	600m: 9:12.80	47.28	1000m: 15:31.60	47.63	1400m: 21:47.23	47.12
	250m: 3:42.22	46.34	650m: 10:00.00	47.20	1050m: 16:18.89	47.29	1450m: 22:32.76	45.53
	300m: 4:28.91	46.69	700m: 10:47.39	47.39	1100m: 17:04.99	46.10	1500m: 23:17.15	44.39
	350m: 5:15.79	46.88	750m: 11:35.26	47.87	1150m: 17:52.14	47.15		
	400m: 6:03.05	47.26	800m: 12:22.48	47.22	1200m: 18:38.94	46.80		
4.	Kristien Van de Moortel	Shark	24:07.70	ShaRK/315/69	24:32.66	+0,87		
	50m: 44.03	44.03	450m: 7:16.10	49.37	850m: 13:50.38	49.48	1250m: 20:27.84	49.95
	100m: 1:32.78	48.75	500m: 8:05.12	49.02	900m: 14:39.81	49.43	1300m: 21:17.84	50.00
	150m: 2:21.40	48.62	550m: 8:54.18	49.06	950m: 15:28.86	49.05	1350m: 22:08.10	50.26
	200m: 3:10.53	49.13	600m: 9:43.33	49.15	1000m: 16:18.45	49.59	1400m: 22:57.82	49.72
	250m: 3:58.98	48.45	650m: 10:32.99	49.66	1050m: 17:07.82	49.37	1450m: 23:46.37	48.55
	300m: 4:48.54	49.56	700m: 11:22.10	49.11	1100m: 17:57.82	50.00	1500m: 24:32.66	46.29
	350m: 5:37.57	49.03	750m: 12:11.55	49.45	1150m: 18:47.66	49.84		
	400m: 6:26.73	49.16	800m: 13:00.90	49.35	1200m: 19:37.89	50.23		

Masters 45+

1.	Laura Staal	Oceanus	20:49.81	196700358	21:05.53	+0,84		
	50m: 37.13	37.13	450m: 6:13.62	42.46	850m: 11:55.39	42.83	1250m: 17:37.49	42.53
	100m: 1:17.60	40.47	500m: 6:56.12	42.50	900m: 12:38.44	43.05	1300m: 18:19.84	42.35
	150m: 1:59.71	42.11	550m: 7:38.43	42.31	950m: 13:21.16	42.72	1350m: 19:02.56	42.72
	200m: 2:42.08	42.37	600m: 8:21.20	42.77	1000m: 14:03.78	42.62	1400m: 19:44.70	42.14
	250m: 3:24.01	41.93	650m: 9:04.23	43.03	1050m: 14:46.25	42.47	1450m: 20:25.91	41.21
	300m: 4:06.42	42.41	700m: 9:47.26	43.03	1100m: 15:29.31	43.06	1500m: 21:05.53	39.62
	350m: 4:48.60	42.18	750m: 10:29.72	42.46	1150m: 16:12.22	42.91		
	400m: 5:31.16	42.56	800m: 11:12.56	42.84	1200m: 16:54.96	42.74		
2.	Margreet van der Pol	Oceanus	22:28.94	196600276	22:41.94	+0,97		
	50m: 40.52	40.52	450m: 6:45.08	45.13	850m: 12:49.33	45.26	1250m: 18:57.62	46.76
	100m: 1:24.65	44.13	500m: 7:30.21	45.13	900m: 13:35.73	46.40	1300m: 19:43.55	45.93
	150m: 2:10.49	45.84	550m: 8:15.71	45.50	950m: 14:22.02	46.29	1350m: 20:29.97	46.42
	200m: 2:56.36	45.87	600m: 9:01.65	45.94	1000m: 15:07.33	45.31	1400m: 21:15.69	45.72
	250m: 3:42.18	45.82	650m: 9:47.39	45.74	1050m: 15:53.07	45.74	1450m: 21:59.78	44.09
	300m: 4:28.36	46.18	700m: 10:32.74	45.35	1100m: 16:39.07	46.00	1500m: 22:41.94	42.16
	350m: 5:14.26	45.90	750m: 11:18.39	45.65	1150m: 17:25.18	46.11		
	400m: 5:59.95	45.69	800m: 12:04.07	45.68	1200m: 18:10.86	45.68		
3.	Hetty Smalheer	SCOM	24:00.78	196700352	24:30.59	+1,10		
	50m: 42.84	42.84	450m: 7:15.98	48.85	850m: 13:50.39	49.33	1250m: 20:27.90	50.36
	100m: 1:30.93	48.09	500m: 8:05.57	49.59	900m: 14:39.65	49.26	1300m: 21:17.63	49.73
	150m: 2:20.06	49.13	550m: 8:55.02	49.45	950m: 15:29.21	49.56	1350m: 22:08.01	50.38
	200m: 3:10.37	50.31	600m: 9:43.27	48.25	1000m: 16:18.87	49.66	1400m: 22:57.55	49.54
	250m: 3:59.08	48.71	650m: 10:33.06	49.79	1050m: 17:07.86	48.99	1450m: 23:46.47	48.92
	300m: 4:48.39	49.31	700m: 11:22.15	49.09	1100m: 17:57.71	49.85	1500m: 24:30.59	44.12
	350m: 5:37.81	49.42	750m: 12:11.52	49.37	1150m: 18:47.92	50.21		
	400m: 6:27.13	49.32	800m: 13:01.06	49.54	1200m: 19:37.54	49.62		
4.	Uschi Koster	WWV	25:47.92	196400372	25:27.36	+1,16		
	50m: 44.54	44.54	450m: 7:34.88	51.24	850m: 14:26.43	50.98	1250m: 21:17.87	50.62
	100m: 1:34.62	50.08	500m: 8:25.61	50.73	900m: 15:17.85	51.42	1300m: 22:09.41	51.54
	150m: 2:26.12	51.50	550m: 9:17.71	52.10	950m: 16:09.88	52.03	1350m: 23:00.74	51.33
	200m: 3:17.54	51.42	600m: 10:09.01	51.30	1000m: 17:01.53	51.65	1400m: 23:52.27	51.53
	250m: 4:09.21	51.67	650m: 11:00.73	51.72	1050m: 17:52.95	51.42	1450m: 24:42.22	49.95
	300m: 5:00.53	51.32	700m: 11:53.78	53.05	1100m: 18:44.85	51.90	1500m: 25:27.36	45.14
	350m: 5:51.81	51.28	750m: 12:44.60	50.82	1150m: 19:36.77	51.92		
	400m: 6:43.64	51.83	800m: 13:35.45	50.85	1200m: 20:27.25	50.48		
5.	Betty van Kemenade	PSV	27:10.69	196800832	26:26.29	+1,29		
	50m: 46.45	46.45	450m: 7:51.10	53.73	850m: 14:57.81	52.25	1250m: 22:06.23	54.15
	100m: 1:37.57	51.12	500m: 8:44.01	52.91	900m: 15:50.96	53.15	1300m: 22:58.94	52.71
	150m: 2:30.06	52.49	550m: 9:36.93	52.92	950m: 16:44.28	53.32	1350m: 23:51.62	52.68
	200m: 3:23.01	52.95	600m: 10:29.97	53.04	1000m: 17:38.21	53.93	1400m: 24:44.76	53.14
	250m: 4:16.32	53.31	650m: 11:23.63	53.66	1050m: 18:31.05	52.84	1450m: 25:36.24	51.48
	300m: 5:09.71	53.39	700m: 12:18.03	54.40	1100m: 19:24.40	53.35	1500m: 26:26.29	50.05
	350m: 6:03.04	53.33	750m: 13:11.67	53.64	1150m: 20:18.61	54.21		
	400m: 6:57.37	54.33	800m: 14:05.56	53.89	1200m: 21:12.08	53.47		

AFGEM Brigitte Goossen Montferland 23:11.60 196500600

Masters 50+

Programmanr. 40, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Patty Verhagen	PSV	21:01.17	195900146	21:42.15	+0,89		
	50m: 39.61	39.61	450m: 6:24.50	43.22	850m: 12:13.30	43.76	1250m: 18:04.55	43.96
	100m: 1:22.15	42.54	500m: 7:07.93	43.43	900m: 12:56.96	43.66	1300m: 18:48.61	44.06
	150m: 2:05.00	42.85	550m: 7:51.40	43.47	950m: 13:40.99	44.03	1350m: 19:32.53	43.92
	200m: 2:47.95	42.95	600m: 8:35.10	43.70	1000m: 14:25.09	44.10	1400m: 20:16.59	44.06
	250m: 3:31.22	43.27	650m: 9:18.63	43.53	1050m: 15:08.65	43.56	1450m: 21:00.07	43.48
	300m: 4:14.42	43.20	700m: 10:02.44	43.81	1100m: 15:52.62	43.97	1500m: 21:42.15	42.08
	350m: 4:57.86	43.44	750m: 10:46.01	43.57	1150m: 16:36.51	43.89		
	400m: 5:41.28	43.42	800m: 11:29.54	43.53	1200m: 17:20.59	44.08		
2.	Ada de Voogd	ZVVS	23:05.15	195900280	22:34.14	+0,85		
	50m: 40.81	40.81	450m: 6:46.39	45.73	850m: 12:48.21	44.92	1250m: 18:52.53	45.11
	100m: 1:25.83	45.02	500m: 7:31.59	45.20	900m: 13:33.54	45.33	1300m: 19:38.18	45.65
	150m: 2:11.60	45.77	550m: 8:16.30	44.71	950m: 14:19.19	45.65	1350m: 20:23.71	45.53
	200m: 2:57.17	45.57	600m: 9:01.70	45.40	1000m: 15:05.00	45.81	1400m: 21:09.36	45.65
	250m: 3:42.67	45.50	650m: 9:47.33	45.63	1050m: 15:50.61	45.61	1450m: 21:54.75	45.39
	300m: 4:28.71	46.04	700m: 10:32.98	45.65	1100m: 16:36.29	45.68	1500m: 22:34.14	39.39
	350m: 5:14.82	46.11	750m: 11:18.13	45.15	1150m: 17:21.54	45.25		
	400m: 6:00.66	45.84	800m: 12:03.29	45.16	1200m: 18:07.42	45.88		
3.	Katinka Elders	Oceanus	24:31.95	196000292	24:53.69	+0,68		
	50m: 43.86	43.86	450m: 7:16.63	49.49	850m: 13:57.25	50.60	1250m: 20:42.11	50.77
	100m: 1:30.68	46.82	500m: 8:06.72	50.09	900m: 14:47.85	50.60	1300m: 21:34.23	52.12
	150m: 2:19.39	48.71	550m: 8:57.13	50.41	950m: 15:38.40	50.55	1350m: 22:26.26	52.03
	200m: 3:08.37	48.98	600m: 9:46.74	49.61	1000m: 16:28.80	50.40	1400m: 23:17.53	51.27
	250m: 3:58.02	49.65	650m: 10:36.40	49.66	1050m: 17:20.25	51.45	1450m: 24:07.23	49.70
	300m: 4:47.70	49.68	700m: 11:25.68	49.28	1100m: 18:10.32	50.07	1500m: 24:53.69	46.46
	350m: 5:37.26	49.56	750m: 12:16.30	50.62	1150m: 19:00.54	50.22		
	400m: 6:27.14	49.88	800m: 13:06.65	50.35	1200m: 19:51.34	50.80		

Masters 55+

1.	Margriet Pasma	De Pinquin	23:31.59	195500088	24:01.31	+1,02		
	50m: 43.08	43.08	450m: 7:10.17	48.18	850m: 13:37.08	48.20	1250m: 20:03.22	48.58
	100m: 1:29.80	46.72	500m: 7:58.66	48.49	900m: 14:24.97	47.89	1300m: 20:51.65	48.43
	150m: 2:18.82	49.02	550m: 8:47.04	48.38	950m: 15:13.39	48.42	1350m: 21:39.59	47.94
	200m: 3:07.48	48.66	600m: 9:35.93	48.89	1000m: 16:01.04	47.65	1400m: 22:27.49	47.90
	250m: 3:55.90	48.42	650m: 10:24.60	48.67	1050m: 16:49.31	48.27	1450m: 23:15.39	47.90
	300m: 4:45.13	49.23	700m: 11:12.76	48.16	1100m: 17:37.62	48.31	1500m: 24:01.31	45.92
	350m: 5:33.29	48.16	750m: 12:00.99	48.23	1150m: 18:26.16	48.54		
	400m: 6:21.99	48.70	800m: 12:48.88	47.89	1200m: 19:14.64	48.48		

Masters 60+

1.	Ineke Weekers	PSV	23:10.21	195300050	22:20.49	+0,87		
	50m: 41.34	41.34	450m: 6:37.58	45.15	850m: 12:37.56	44.77	1250m: 18:37.58	45.24
	100m: 1:25.38	44.04	500m: 7:22.42	44.84	900m: 13:22.90	45.34	1300m: 19:22.74	45.16
	150m: 2:09.61	44.23	550m: 8:07.65	45.23	950m: 14:07.91	45.01	1350m: 20:08.08	45.34
	200m: 2:54.16	44.55	600m: 8:52.59	44.94	1000m: 14:53.12	45.21	1400m: 20:53.12	45.04
	250m: 3:38.52	44.36	650m: 9:37.61	45.02	1050m: 15:37.94	44.82	1450m: 21:38.14	45.02
	300m: 4:23.02	44.50	700m: 10:22.76	45.15	1100m: 16:23.12	45.18	1500m: 22:20.49	42.35
	350m: 5:07.37	44.35	750m: 11:07.57	44.81	1150m: 17:07.56	44.44		
	400m: 5:52.43	45.06	800m: 11:52.79	45.22	1200m: 17:52.34	44.78		
2.	Ineke Meijer	HZ&PC Heerenveen	26:09.85	195200034	26:51.74	+1,01		
	50m: 47.34	47.34	450m: 7:57.34	53.80	850m: 15:11.33	54.12	1250m: 22:25.09	54.04
	100m: 1:38.97	51.63	500m: 8:50.95	53.61	900m: 16:05.73	54.40	1300m: 23:19.33	54.24
	150m: 2:32.80	53.83	550m: 9:44.85	53.90	950m: 17:00.43	54.70	1350m: 24:13.74	54.41
	200m: 3:27.32	54.52	600m: 10:39.37	54.52	1000m: 17:54.81	54.38	1400m: 25:08.03	54.29
	250m: 4:21.24	53.92	650m: 11:33.94	54.57	1050m: 18:49.33	54.52	1450m: 26:01.34	53.31
	300m: 5:15.56	54.32	700m: 12:28.66	54.72	1100m: 19:43.92	54.59	1500m: 26:51.74	50.40
	350m: 6:09.55	53.99	750m: 13:22.97	54.31	1150m: 20:36.95	53.03		
	400m: 7:03.54	53.99	800m: 14:17.21	54.24	1200m: 21:31.05	54.10		
3.	Gonnie Bak	PSV	29:05.72	195100064	28:09.38	+0,93		
	50m: 49.54	49.54	450m: 8:17.32	56.48	850m: 15:51.20	57.32	1250m: 23:28.55	56.47
	100m: 1:44.49	54.95	500m: 9:14.26	56.94	900m: 16:48.21	57.01	1300m: 24:25.44	56.89
	150m: 2:40.09	55.60	550m: 10:10.19	55.93	950m: 17:46.11	57.90	1350m: 25:21.38	55.94
	200m: 3:35.98	55.89	600m: 11:07.10	56.91	1000m: 18:42.88	56.77	1400m: 26:19.73	58.35
	250m: 4:32.02	56.04	650m: 12:03.48	56.38	1050m: 19:40.38	57.50	1450m: 27:16.99	57.26
	300m: 5:27.92	55.90	700m: 13:00.50	57.02	1100m: 20:36.75	56.37	1500m: 28:09.38	52.39
	350m: 6:24.34	56.42	750m: 13:57.41	56.91	1150m: 21:34.33	57.58		
	400m: 7:20.84	56.50	800m: 14:53.88	56.47	1200m: 22:32.08	57.75		

Programmanr. 40, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Antoinette Gilding-Tussaud	WS Twente	31:39.86	195000038	29:50.23	+1,11		
	50m: 50.43	50.43	450m: 8:41.79	59.55	850m: 16:43.69	1:01.75	1250m: 24:46.57	1:00.93
	100m: 1:47.46	57.03	500m: 9:42.13	1:00.34	900m: 17:43.19	59.50	1300m: 25:47.72	1:01.15
	150m: 2:46.50	59.04	550m: 10:41.68	59.55	950m: 18:43.81	1:00.62	1350m: 26:50.59	1:02.87
	200m: 3:44.61	58.11	600m: 11:42.41	1:00.73	1000m: 19:43.01	59.20	1400m: 27:51.43	1:00.84
	250m: 4:43.86	59.25	650m: 12:41.54	59.13	1050m: 20:43.66	1:00.65	1450m: 28:52.69	1:01.26
	300m: 5:43.99	1:00.13	700m: 13:42.32	1:00.78	1100m: 21:43.14	59.48	1500m: 29:50.23	57.54
	350m: 6:43.43	59.44	750m: 14:42.75	1:00.43	1150m: 22:45.29	1:02.15		
	400m: 7:42.24	58.81	800m: 15:41.94	59.19	1200m: 23:45.64	1:00.35		

Masters 65+

1.	Matty van der Veen	Old Dutch	27:32.59	194400020	28:11.01	+1,12		
	50m: 48.15	48.15	450m: 8:07.99	56.40	850m: 15:41.42	56.72	1250m: 23:20.64	58.57
	100m: 1:40.22	52.07	500m: 9:04.18	56.19	900m: 16:38.05	56.63	1300m: 24:19.13	58.49
	150m: 2:34.51	54.29	550m: 10:00.51	56.33	950m: 17:34.61	56.56	1350m: 25:17.52	58.39
	200m: 3:29.15	54.64	600m: 10:57.16	56.65	1000m: 18:31.50	56.89	1400m: 26:15.77	58.25
	250m: 4:24.22	55.07	650m: 11:53.89	56.73	1050m: 19:28.85	57.35	1450m: 27:13.84	58.07
	300m: 5:19.62	55.40	700m: 12:51.09	57.20	1100m: 20:26.61	57.76	1500m: 28:11.01	57.17
	350m: 6:15.43	55.81	750m: 13:47.98	56.89	1150m: 21:24.78	58.17		
	400m: 7:11.59	56.16	800m: 14:44.70	56.72	1200m: 22:22.07	57.29		
2.	Annie Smits	PSV	28:52.29	194600016	31:03.34	+1,45		
	50m: 56.78	56.78	450m: 9:19.66	1:03.09	850m: 17:41.70	1:02.22	1250m: 26:01.04	1:01.78
	100m: 1:57.74	1:00.96	500m: 10:23.19	1:03.53	900m: 18:44.70	1:03.00	1300m: 27:02.88	1:01.84
	150m: 3:01.25	1:03.51	550m: 11:25.81	1:02.62	950m: 19:48.03	1:03.33	1350m: 28:04.44	1:01.56
	200m: 4:04.16	1:02.91	600m: 12:28.59	1:02.78	1000m: 20:50.60	1:02.57	1400m: 29:06.05	1:01.61
	250m: 5:06.47	1:02.31	650m: 13:31.31	1:02.72	1050m: 21:53.52	1:02.92	1450m: 30:06.59	1:00.54
	300m: 6:10.21	1:03.74	700m: 14:34.34	1:03.03	1100m: 22:55.92	1:02.40	1500m: 31:03.34	56.75
	350m: 7:13.36	1:03.15	750m: 15:36.61	1:02.27	1150m: 23:57.87	1:01.95		
	400m: 8:16.57	1:03.21	800m: 16:39.48	1:02.87	1200m: 24:59.26	1:01.39		

Programmanr. 41
27-01-2013 - 10:56

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Jan-Willem v.d. Graaff <i>Kampioenschaps Record</i>	Het Y	8:46.26	198901023	8:57.35	+0,70		
	50m: 29.93	29.93	250m: 2:43.44	33.53	450m: 5:00.59	34.56	650m: 7:17.75	34.10
	100m: 1:03.03	33.10	300m: 3:17.43	33.99	500m: 5:34.90	34.31	700m: 7:52.15	34.40
	150m: 1:36.33	33.30	350m: 3:51.28	33.85	550m: 6:08.93	34.03	750m: 8:25.56	33.41
	200m: 2:09.91	33.58	400m: 4:26.03	34.75	600m: 6:43.65	34.72	800m: 8:57.35	31.79
2.	Raoul Engelenburg	Het Y	9:11.66	198900843	9:02.27	+0,70		
	50m: 30.83	30.83	250m: 2:49.41	34.53	450m: 5:07.26	34.59	650m: 7:22.81	33.39
	100m: 1:05.06	34.23	300m: 3:23.89	34.48	500m: 5:41.29	34.03	700m: 7:56.40	33.59
	150m: 1:39.93	34.87	350m: 3:58.29	34.40	550m: 6:15.47	34.18	750m: 8:30.21	33.81
	200m: 2:14.88	34.95	400m: 4:32.67	34.38	600m: 6:49.42	33.95	800m: 9:02.27	32.06
3.	Joost Rijntjes	LZ 1886	9:04.10	199101899	9:15.55	+0,73		
	50m: 29.43	29.43	250m: 2:45.23	34.04	450m: 5:05.35	35.15	650m: 7:28.81	36.51
	100m: 1:03.20	33.77	300m: 3:20.02	34.79	500m: 5:40.97	35.62	700m: 8:05.29	36.48
	150m: 1:36.94	33.74	350m: 3:55.01	34.99	550m: 6:16.15	35.18	750m: 8:42.07	36.78
	200m: 2:11.19	34.25	400m: 4:30.20	35.19	600m: 6:52.30	36.15	800m: 9:15.55	33.48
4.	Dennis Wijbenga	Stadskanaal	9:04.66	199003283	9:16.07	+0,83		
	50m: 29.99	29.99	250m: 2:49.72	35.69	450m: 5:13.05	35.37	650m: 7:36.03	34.29
	100m: 1:03.75	33.76	300m: 3:25.39	35.67	500m: 5:48.67	35.62	700m: 8:10.39	34.36
	150m: 1:38.72	34.97	350m: 4:01.64	36.25	550m: 6:25.03	36.36	750m: 8:44.48	34.09
	200m: 2:14.03	35.31	400m: 4:37.68	36.04	600m: 7:01.74	36.71	800m: 9:16.07	31.59
5.	Tim Bunnik	Triton	9:23.76	199000505	9:20.38	+0,79		
	50m: 29.69	29.69	250m: 2:46.78	35.68	450m: 5:11.09	35.88	650m: 7:36.03	35.55
	100m: 1:02.32	32.63	300m: 3:23.23	36.45	500m: 5:47.42	36.33	700m: 8:11.77	35.74
	150m: 1:36.41	34.09	350m: 3:58.66	35.43	550m: 6:23.83	36.41	750m: 8:46.75	34.98
	200m: 2:11.10	34.69	400m: 4:35.21	36.55	600m: 7:00.48	36.65	800m: 9:20.38	33.63
6.	Wessel Everloo <i>NR Gehandicapt</i>	De Veene	9:14.84	198906597	S14 9:25.06	+0,76		
	50m: 30.66	30.66	250m: 2:50.34	35.12	450m: 5:13.33	36.25	650m: 7:38.30	35.99
	100m: 1:04.64	33.98	300m: 3:24.54	34.20	500m: 5:49.09	35.76	700m: 8:14.59	36.29
	150m: 1:39.61	34.97	350m: 4:00.53	35.99	550m: 6:25.60	36.51	750m: 8:50.76	36.17
	200m: 2:15.22	35.61	400m: 4:37.08	36.55	600m: 7:02.31	36.71	800m: 9:25.06	34.30

Programmanr. 41, Heren, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Patrick Creemers	De Roersoppers	9:47.51	199000579	9:30.98	+0,80		
	50m: 30.57	30.57	250m: 2:54.72	36.08	450m: 5:19.99	36.17	650m: 7:43.57	36.13
	100m: 1:05.76	35.19	300m: 3:30.81	36.09	500m: 5:55.78	35.79	700m: 8:19.83	36.26
	150m: 1:42.24	36.48	350m: 4:07.46	36.65	550m: 6:31.54	35.76	750m: 8:56.03	36.20
	200m: 2:18.64	36.40	400m: 4:43.82	36.36	600m: 7:07.44	35.90	800m: 9:30.98	34.95
8.	Maik Steenkamp	Montferland	9:26.85	199103847	9:35.58	+0,77		
	50m: 31.57	31.57	250m: 2:57.04	36.82	450m: 5:23.82	36.63	650m: 7:49.64	36.44
	100m: 1:07.07	35.50	300m: 3:33.57	36.53	500m: 6:00.16	36.34	700m: 8:26.06	36.42
	150m: 1:43.46	36.39	350m: 4:10.53	36.96	550m: 6:36.50	36.34	750m: 9:02.28	36.22
	200m: 2:20.22	36.76	400m: 4:47.19	36.66	600m: 7:13.20	36.70	800m: 9:35.58	33.30
9.	Pieter Pijnenburg	De Warande	9:49.24	199305227	9:44.09	+0,73		
	50m: 30.94	30.94	250m: 2:54.24	36.54	450m: 5:21.91	37.34	650m: 7:52.48	38.06
	100m: 1:06.11	35.17	300m: 3:30.67	36.43	500m: 5:58.94	37.03	700m: 8:30.70	38.22
	150m: 1:41.67	35.56	350m: 4:07.50	36.83	550m: 6:36.38	37.44	750m: 9:08.81	38.11
	200m: 2:17.70	36.03	400m: 4:44.57	37.07	600m: 7:14.42	38.04	800m: 9:44.09	35.28
10.	Roel van Beek	Montferland	11:12.10	198905861	10:46.50	+0,88		
	50m: 35.70	35.70	250m: 3:15.02	40.63	450m: 6:00.81	41.69	650m: 8:47.88	41.59
	100m: 1:14.49	38.79	300m: 3:56.07	41.05	500m: 6:43.11	42.30	700m: 9:29.09	41.21
	150m: 1:54.30	39.81	350m: 4:37.07	41.00	550m: 7:25.11	42.00	750m: 10:08.49	39.40
	200m: 2:34.39	40.09	400m: 5:19.12	42.05	600m: 8:06.29	41.18	800m: 10:46.50	38.01
11.	Matthijs van Doorn	Het Ravijn	12:49.71	199207231	13:13.93	+0,97		
	50m: 40.46	40.46	250m: 3:55.53	50.54	450m: 7:22.65	52.20	650m: 10:48.72	51.52
	100m: 1:26.45	45.99	300m: 4:46.43	50.90	500m: 8:14.90	52.25	700m: 11:39.81	51.09
	150m: 2:15.25	48.80	350m: 5:38.31	51.88	550m: 9:06.79	51.89	750m: 12:29.45	49.64
	200m: 3:04.99	49.74	400m: 6:30.45	52.14	600m: 9:57.20	50.41	800m: 13:13.93	44.48

Masters 25+

1.	Daan Glorie	DAW	8:44.56	198801115	8:51.32	+0,82		
	50m: 30.28	30.28	250m: 2:45.47	33.97	450m: 5:00.82	33.96	650m: 7:14.41	32.58
	100m: 1:04.04	33.76	300m: 3:19.13	33.66	500m: 5:34.78	33.96	700m: 7:47.38	32.97
	150m: 1:37.79	33.75	350m: 3:52.80	33.67	550m: 6:08.85	34.07	750m: 8:20.40	33.02
	200m: 2:11.50	33.71	400m: 4:26.86	34.06	600m: 6:41.83	32.98	800m: 8:51.32	30.92
2.	Sander van Elburg	Het Y	9:16.64	198800937	9:05.34	+0,80		
	50m: 29.46	29.46	250m: 2:42.65	34.08	450m: 5:02.26	34.81	650m: 7:22.70	34.84
	100m: 1:01.61	32.15	300m: 3:17.28	34.63	500m: 5:37.19	34.93	700m: 7:57.48	34.78
	150m: 1:35.03	33.42	350m: 3:52.29	35.01	550m: 6:12.34	35.15	750m: 8:31.80	34.32
	200m: 2:08.57	33.54	400m: 4:27.45	35.16	600m: 6:47.86	35.52	800m: 9:05.34	33.54
3.	Ralf van der Poel	Zuiderzeewimmers	9:48.06	198401783	9:17.49	+0,75		
	50m: 29.03	29.03	250m: 2:46.71	35.52	450m: 5:08.59	35.63	650m: 7:32.08	35.97
	100m: 1:01.72	32.69	300m: 3:22.27	35.56	500m: 5:44.53	35.94	700m: 8:08.20	36.12
	150m: 1:36.06	34.34	350m: 3:57.37	35.10	550m: 6:20.36	35.83	750m: 8:44.20	36.00
	200m: 2:11.19	35.13	400m: 4:32.96	35.59	600m: 6:56.11	35.75	800m: 9:17.49	33.29
4.	Bastian Zoon	De Gooye	10:07.60	198703929	9:35.32	+0,74		
	50m: 31.78	31.78	250m: 2:56.84	36.58	450m: 5:24.84	36.93	650m: 7:50.56	36.00
	100m: 1:06.73	34.95	300m: 3:33.54	36.70	500m: 6:01.66	36.82	700m: 8:26.95	36.39
	150m: 1:44.02	37.29	350m: 4:10.22	36.68	550m: 6:37.80	36.14	750m: 9:02.23	35.28
	200m: 2:20.26	36.24	400m: 4:47.91	37.69	600m: 7:14.56	36.76	800m: 9:35.32	33.09

Masters 30+

1.	Alexander Hulleman	Steenwijk 1934	9:03.65	198300989	8:59.36	+0,78		
	50m: 30.56	30.56	250m: 2:45.77	33.91	450m: 5:00.89	33.75	650m: 7:17.70	34.69
	100m: 1:03.77	33.21	300m: 3:19.73	33.96	500m: 5:34.89	34.00	700m: 7:52.39	34.69
	150m: 1:38.28	34.51	350m: 3:53.33	33.60	550m: 6:09.20	34.31	750m: 8:26.79	34.40
	200m: 2:11.86	33.58	400m: 4:27.14	33.81	600m: 6:43.01	33.81	800m: 8:59.36	32.57
2.	Remco van Althuis	SBC2000	9:14.19	198300029	9:01.64	+0,92		
	50m: 30.21	30.21	250m: 2:44.94	34.07	450m: 5:02.18	34.26	650m: 7:20.37	34.56
	100m: 1:03.02	32.81	300m: 3:19.11	34.17	500m: 5:36.84	34.66	700m: 7:54.76	34.39
	150m: 1:36.83	33.81	350m: 3:53.35	34.24	550m: 6:11.33	34.49	750m: 8:29.16	34.40
	200m: 2:10.87	34.04	400m: 4:27.92	34.57	600m: 6:45.81	34.48	800m: 9:01.64	32.48
3.	Marcel Reefhuis	WS Twente	9:32.23	198101381	9:35.47	+0,78		
	50m: 31.50	31.50	250m: 2:54.33	36.11	450m: 5:20.78	36.86	650m: 7:48.59	37.04
	100m: 1:06.52	35.02	300m: 3:30.47	36.14	500m: 5:57.70	36.92	700m: 8:25.98	37.39
	150m: 1:42.20	35.68	350m: 4:06.96	36.49	550m: 6:34.80	37.10	750m: 9:02.30	36.32
	200m: 2:18.22	36.02	400m: 4:43.92	36.96	600m: 7:11.55	36.75	800m: 9:35.47	33.17

Programmanr. 41, Heren, 800m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Jeroen Vogelsang	DAW	10:13.31	198001645	9:53.75	+0,87		
	50m: 32.64	32.64	250m: 2:58.34	37.04	450m: 5:27.04	37.85	650m: 8:01.20	37.93
	100m: 1:08.13	35.49	300m: 3:35.31	36.97	500m: 6:05.68	38.64	700m: 8:39.90	38.70
	150m: 1:44.44	36.31	350m: 4:11.81	36.50	550m: 6:44.48	38.80	750m: 9:17.99	38.09
	200m: 2:21.30	36.86	400m: 4:49.19	37.38	600m: 7:23.27	38.79	800m: 9:53.75	35.76
5.	Dirkjan Beugelsdijk	De Zijl/LGB	9:36.81	198100123	9:58.41	+0,81		
	50m: 31.15	31.15	250m: 2:57.98	37.40	450m: 5:30.75	38.85	650m: 8:06.58	38.78
	100m: 1:06.46	35.31	300m: 3:35.53	37.55	500m: 6:09.77	39.02	700m: 8:45.06	38.48
	150m: 1:43.25	36.79	350m: 4:13.78	38.25	550m: 6:48.89	39.12	750m: 9:22.92	37.86
	200m: 2:20.58	37.33	400m: 4:51.90	38.12	600m: 7:27.80	38.91	800m: 9:58.41	35.49
6.	Freddie Geerlings	Mosaqua Gulpen	9:55.13	197900379	10:00.76	+0,91		
	50m: 33.79	33.79	250m: 3:03.38	37.80	450m: 5:34.81	37.80	650m: 8:06.80	38.12
	100m: 1:10.36	36.57	300m: 3:41.05	37.67	500m: 6:12.80	37.99	700m: 8:45.29	38.49
	150m: 1:47.92	37.56	350m: 4:19.08	38.03	550m: 6:50.66	37.86	750m: 9:23.25	37.96
	200m: 2:25.58	37.66	400m: 4:57.01	37.93	600m: 7:28.68	38.02	800m: 10:00.76	37.51
7.	Martin van Vaardegem	GoSwim	11:22.12	198201767	11:12.00	+0,80		
	50m: 35.99	35.99	250m: 3:18.95	41.66	450m: 6:12.00	43.68	650m: 9:06.53	43.41
	100m: 1:15.76	39.77	300m: 4:01.33	42.38	500m: 6:55.72	43.72	700m: 9:49.73	43.20
	150m: 1:56.31	40.55	350m: 4:44.90	43.57	550m: 7:39.67	43.95	750m: 10:32.32	42.59
	200m: 2:37.29	40.98	400m: 5:28.32	43.42	600m: 8:23.12	43.45	800m: 11:12.00	39.68

Masters 35+

1.	Egbert Stolk <i>Kampioenschaps Record</i>	D'Eft WAVE (SG)	9:17.80	197600889	9:06.95	+0,81		
	50m: 31.02	31.02	250m: 2:48.48	34.46	450m: 5:06.48	34.37	650m: 7:24.75	34.65
	100m: 1:04.84	33.82	300m: 3:23.10	34.62	500m: 5:40.79	34.31	700m: 7:59.58	34.83
	150m: 1:39.42	34.58	350m: 3:57.59	34.49	550m: 6:15.15	34.36	750m: 8:34.12	34.54
	200m: 2:14.02	34.60	400m: 4:32.11	34.52	600m: 6:50.10	34.95	800m: 9:06.95	32.83
2.	Erik van der Wel	SBC2000	11:03.89	197401101	10:53.50	+1,13		
	50m: 35.79	35.79	250m: 3:18.30	40.99	450m: 6:03.30	41.31	650m: 8:50.36	41.72
	100m: 1:15.42	39.63	300m: 3:59.50	41.20	500m: 6:44.86	41.56	700m: 9:32.16	41.80
	150m: 1:56.22	40.80	350m: 4:40.78	41.28	550m: 7:26.67	41.81	750m: 10:13.57	41.41
	200m: 2:37.31	41.09	400m: 5:21.99	41.21	600m: 8:08.64	41.97	800m: 10:53.50	39.93
3.	Erwin Zuidervelt	De Futen	11:20.48	197501015	11:08.96	+0,83		
	50m: 33.94	33.94	250m: 3:16.09	41.52	450m: 6:05.81	42.79	650m: 8:59.70	44.44
	100m: 1:12.62	38.68	300m: 3:57.76	41.67	500m: 6:48.63	42.82	700m: 9:43.41	43.71
	150m: 1:53.14	40.52	350m: 4:40.25	42.49	550m: 7:31.87	43.24	750m: 10:27.57	44.16
	200m: 2:34.57	41.43	400m: 5:23.02	42.77	600m: 8:15.26	43.39	800m: 11:08.96	41.39

Masters 40+

1.	Richard Rickson	HGN (SG)	10:12.66	197000841	9:52.32	+0,94		
	50m: 32.41	32.41	250m: 2:58.25	37.11	450m: 5:29.80	38.40	650m: 8:02.45	37.84
	100m: 1:08.27	35.86	300m: 3:35.32	37.07	500m: 6:07.83	38.03	700m: 8:39.25	36.80
	150m: 1:44.72	36.45	350m: 4:13.38	38.06	550m: 6:46.19	38.36	750m: 9:16.35	37.10
	200m: 2:21.14	36.42	400m: 4:51.40	38.02	600m: 7:24.61	38.42	800m: 9:52.32	35.97
2.	Casper van der Burgh	LZ 1886	10:09.17	197201413	9:56.29	+0,84		
	50m: 34.10	34.10	250m: 3:02.22	37.51	450m: 5:33.21	38.07	650m: 8:05.72	38.27
	100m: 1:10.55	36.45	300m: 3:39.76	37.54	500m: 6:11.32	38.11	700m: 8:43.92	38.20
	150m: 1:47.62	37.07	350m: 4:17.21	37.45	550m: 6:49.39	38.07	750m: 9:21.06	37.14
	200m: 2:24.71	37.09	400m: 4:55.14	37.93	600m: 7:27.45	38.06	800m: 9:56.29	35.23
3.	Arjen Kervezee	Het Y	10:15.42	197000563	10:34.49	+0,99		
	50m: 32.00	32.00	250m: 3:02.51	39.29	450m: 5:45.29	41.40	650m: 8:31.04	41.57
	100m: 1:08.26	36.26	300m: 3:42.29	39.78	500m: 6:26.87	41.58	700m: 9:12.27	41.23
	150m: 1:45.44	37.18	350m: 4:22.96	40.67	550m: 7:08.10	41.23	750m: 9:54.00	41.73
	200m: 2:23.22	37.78	400m: 5:03.89	40.93	600m: 7:49.47	41.37	800m: 10:34.49	40.49
4.	Hans Schoenmakers	DAW	10:53.69	196900863	10:40.48	+0,82		
	50m: 35.03	35.03	250m: 3:12.97	40.04	450m: 5:56.41	41.22	650m: 8:40.95	41.03
	100m: 1:13.39	38.36	300m: 3:53.73	40.76	500m: 6:37.37	40.96	700m: 9:21.82	40.87
	150m: 1:52.56	39.17	350m: 4:33.95	40.22	550m: 7:18.47	41.10	750m: 10:01.87	40.05
	200m: 2:32.93	40.37	400m: 5:15.19	41.24	600m: 7:59.92	41.45	800m: 10:40.48	38.61
5.	John Pfaff	Zwemlust-den Hommel	10:41.42	196901475	11:04.79	+0,82		
	50m: 34.53	34.53	250m: 3:18.34	42.22	450m: 6:08.11	42.51	650m: 9:00.05	43.00
	100m: 1:13.73	39.20	300m: 4:00.57	42.23	500m: 6:50.39	42.28	700m: 9:43.63	43.58
	150m: 1:54.65	40.92	350m: 4:42.80	42.23	550m: 7:33.48	43.09	750m: 10:24.98	41.35
	200m: 2:36.12	41.47	400m: 5:25.60	42.80	600m: 8:17.05	43.57	800m: 11:04.79	39.81

Programmanr. 41, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Marcel Brittijn	De Duinkickers	13:07.73	196900159	12:37.61	+0,75		
	50m: 38.50	38.50	250m: 3:43.87	47.67	450m: 6:59.84	50.02	650m: 10:18.82	50.61
	100m: 1:22.79	44.29	300m: 4:32.25	48.38	500m: 7:48.31	48.47	700m: 11:07.92	49.10
	150m: 2:09.23	46.44	350m: 5:21.10	48.85	550m: 8:38.59	50.28	750m: 11:55.97	48.05
	200m: 2:56.20	46.97	400m: 6:09.82	48.72	600m: 9:28.21	49.62	800m: 12:37.61	41.64
7.	Sander Komen	ZV De Bron	13:23.83	197201507	13:05.76	+0,95		
	50m: 40.39	40.39	250m: 3:58.04	50.19	450m: 7:17.85	50.23	650m: 10:38.61	50.13
	100m: 1:27.77	47.38	300m: 4:48.41	50.37	500m: 8:07.79	49.94	700m: 11:29.74	51.13
	150m: 2:17.49	49.72	350m: 5:38.07	49.66	550m: 8:57.88	50.09	750m: 12:20.00	50.26
	200m: 3:07.85	50.36	400m: 6:27.62	49.55	600m: 9:48.48	50.60	800m: 13:05.76	45.76

Masters 45+

1.	Johan Neevel	Deltasteur	10:05.73	196501475	9:48.69	+0,82		
	50m: 32.61	32.61	250m: 2:59.53	37.22	450m: 5:27.75	37.11	650m: 7:56.31	37.32
	100m: 1:08.78	36.17	300m: 3:36.65	37.12	500m: 6:05.15	37.40	700m: 8:34.44	38.13
	150m: 1:45.42	36.64	350m: 4:13.54	36.89	550m: 6:41.87	36.72	750m: 9:12.02	37.58
	200m: 2:22.31	36.89	400m: 4:50.64	37.10	600m: 7:18.99	37.12	800m: 9:48.69	36.67
2.	Marc van den Broeke	Deltasteur	10:12.09	196601485	10:13.76	+0,92		
	50m: 33.13	33.13	250m: 3:01.40	37.68	450m: 5:36.41	39.02	650m: 8:14.87	39.62
	100m: 1:09.44	36.31	300m: 3:39.73	38.33	500m: 6:15.69	39.28	700m: 8:54.86	39.99
	150m: 1:46.06	36.62	350m: 4:18.60	38.87	550m: 6:55.55	39.86	750m: 9:34.96	40.10
	200m: 2:23.72	37.66	400m: 4:57.39	38.79	600m: 7:35.25	39.70	800m: 10:13.76	38.80
3.	Harold Matla	PSV	10:53.08	196800591	10:51.18	+0,92		
	50m: 34.51	34.51	250m: 3:13.88	40.82	450m: 6:00.57	42.17	650m: 8:49.24	42.23
	100m: 1:12.90	38.39	300m: 3:54.79	40.91	500m: 6:42.76	42.19	700m: 9:31.34	42.10
	150m: 1:52.74	39.84	350m: 4:36.34	41.55	550m: 7:24.62	41.86	750m: 10:12.99	41.65
	200m: 2:33.06	40.32	400m: 5:18.40	42.06	600m: 8:07.01	42.39	800m: 10:51.18	38.19
4.	Joost de Kroon	AquAmigos	11:00.36	196400999	10:59.97	+1,10		
	50m: 37.63	37.63	250m: 3:20.77	41.06	450m: 6:08.83	41.34	650m: 8:58.74	42.37
	100m: 1:18.03	40.40	300m: 4:02.27	41.50	500m: 6:51.17	42.34	700m: 9:41.04	42.30
	150m: 1:58.51	40.48	350m: 4:45.05	42.78	550m: 7:34.10	42.93	750m: 10:22.84	41.80
	200m: 2:39.71	41.20	400m: 5:27.49	42.44	600m: 8:16.37	42.27	800m: 10:59.97	37.13
5.	Jan Smalheer	SCOM	11:39.82	196400701	11:57.32	+1,28		
	50m: 38.84	38.84	250m: 3:37.11	45.51	450m: 6:38.96	45.75	650m: 9:42.29	45.70
	100m: 1:21.52	42.68	300m: 4:22.48	45.37	500m: 7:25.05	46.09	700m: 10:28.24	45.95
	150m: 2:06.30	44.78	350m: 5:07.85	45.37	550m: 8:10.87	45.82	750m: 11:13.55	45.31
	200m: 2:51.60	45.30	400m: 5:53.21	45.36	600m: 8:56.59	45.72	800m: 11:57.32	43.77
NG.ZA	Konstantin Sklyar	TG Lage	10:51.22	321129				

Masters 50+

1.	Jan Brink	De Zeeuwse Kust (SG)	9:48.16	196200091	9:48.22	+0,85		
	50m: 32.31	32.31	250m: 2:56.00	36.40	450m: 5:23.60	36.87	650m: 7:54.82	38.31
	100m: 1:07.33	35.02	300m: 3:32.75	36.75	500m: 6:00.90	37.30	700m: 8:32.86	38.04
	150m: 1:43.28	35.95	350m: 4:09.71	36.96	550m: 6:38.58	37.68	750m: 9:11.26	38.40
	200m: 2:19.60	36.32	400m: 4:46.73	37.02	600m: 7:16.51	37.93	800m: 9:48.22	36.96
2.	Marius Ros	ZCNF'34	10:34.79	195900779	10:27.13	+0,84		
	50m: 37.13	37.13	250m: 3:14.24	39.57	450m: 5:52.57	39.27	650m: 8:30.76	39.26
	100m: 1:16.05	38.92	300m: 3:53.85	39.61	500m: 6:32.25	39.68	700m: 9:10.33	39.57
	150m: 1:55.48	39.43	350m: 4:33.65	39.80	550m: 7:11.95	39.70	750m: 9:50.07	39.74
	200m: 2:34.67	39.19	400m: 5:13.30	39.65	600m: 7:51.50	39.55	800m: 10:27.13	37.06
3.	Menno Lomans	D'Eift WAVE (SG)	10:53.36	196101071	10:33.84	+0,75		
	50m: 35.34	35.34	250m: 3:14.81	40.18	450m: 5:55.95	39.63	650m: 8:34.99	40.33
	100m: 1:14.40	39.06	300m: 3:55.29	40.48	500m: 6:35.16	39.21	700m: 9:15.44	40.45
	150m: 1:54.13	39.73	350m: 4:35.84	40.55	550m: 7:14.57	39.41	750m: 9:55.83	40.39
	200m: 2:34.63	40.50	400m: 5:16.32	40.48	600m: 7:54.66	40.09	800m: 10:33.84	38.01
4.	Peter Marc de Rooij	Zwemlust-den Hommel	10:50.44	196100829	10:57.25	+0,94		
	50m: 36.19	36.19	250m: 3:17.31	40.70	450m: 6:03.60	41.91	650m: 8:51.79	42.27
	100m: 1:16.03	39.84	300m: 3:58.55	41.24	500m: 6:45.64	42.04	700m: 9:34.19	42.40
	150m: 1:56.15	40.12	350m: 4:40.14	41.59	550m: 7:27.39	41.75	750m: 10:16.48	42.29
	200m: 2:36.61	40.46	400m: 5:21.69	41.55	600m: 8:09.52	42.13	800m: 10:57.25	40.77
5.	Tom Dimmendaal	Oceanus	10:59.52	196301011	11:08.51	+0,92		
	50m: 36.97	36.97	250m: 3:20.03	40.67	450m: 6:08.63	42.42	650m: 9:01.11	42.99
	100m: 1:17.31	40.34	300m: 4:01.56	41.53	500m: 6:51.74	43.11	700m: 9:43.86	42.75
	150m: 1:58.29	40.98	350m: 4:43.88	42.32	550m: 7:34.92	43.18	750m: 10:26.65	42.79
	200m: 2:39.36	41.07	400m: 5:26.21	42.33	600m: 8:18.12	43.20	800m: 11:08.51	41.86

Programmanr. 41, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Jan Willem Heuten	WS Twente	12:15.10	196000883	12:07.32	+0,93		
	50m: 38.62	38.62	250m: 3:39.68	45.84	450m: 6:47.88	46.49	650m: 9:50.92	45.31
	100m: 1:22.22	43.60	300m: 4:27.12	47.44	500m: 7:33.72	45.84	700m: 10:36.61	45.69
	150m: 2:07.46	45.24	350m: 5:14.04	46.92	550m: 8:19.78	46.06	750m: 11:23.27	46.66
	200m: 2:53.84	46.38	400m: 6:01.39	47.35	600m: 9:05.61	45.83	800m: 12:07.32	44.05
7.	Bart van Calker	WS Twente	12:03.30	196100067	12:21.62	+0,93		
	50m: 40.36	40.36	250m: 3:38.17	45.30	450m: 6:45.10	47.35	650m: 9:58.57	48.41
	100m: 1:23.76	43.40	300m: 4:23.54	45.37	500m: 7:33.74	48.64	700m: 10:47.74	49.17
	150m: 2:07.92	44.16	350m: 5:09.91	46.37	550m: 8:22.64	48.90	750m: 11:36.87	49.13
	200m: 2:52.87	44.95	400m: 5:57.75	47.84	600m: 9:10.16	47.52	800m: 12:21.62	44.75
8.	Jack Barends	WS Twente	11:41.56	196201011	12:24.51	+0,99		
	50m: 39.62	39.62	250m: 3:41.67	45.96	450m: 6:50.60	47.44	650m: 10:05.73	47.60
	100m: 1:23.94	44.32	300m: 4:28.81	47.14	500m: 7:39.13	48.53	700m: 10:53.02	47.29
	150m: 2:09.51	45.57	350m: 5:15.82	47.01	550m: 8:28.50	49.37	750m: 11:39.36	46.34
	200m: 2:55.71	46.20	400m: 6:03.16	47.34	600m: 9:18.13	49.63	800m: 12:24.51	45.15
9.	Jan de Laat	AquAmigos	12:33.65	196000861	12:54.06 *	+1,08		
	50m: 40.39	40.39	250m: 3:51.62	48.34	450m: 7:08.16	49.29	650m: 10:28.70	49.80
	100m: 1:27.05	46.66	300m: 4:40.15	48.53	500m: 7:58.14	49.98	700m: 11:18.31	49.61
	150m: 2:14.91	47.86	350m: 5:29.01	48.86	550m: 8:47.98	49.84	750m: 12:07.60	49.29
	200m: 3:03.28	48.37	400m: 6:18.87	49.86	600m: 9:38.90	50.92	800m: 12:54.06	46.46
DIS	John Dam	Zignea	11:59.82	196000915		AF		
	50m:	250m:	450m:	650m:				
	100m:	300m:	500m:	700m:				
	150m:	350m:	550m:	750m:				
	200m:	400m:	600m:	800m:				
AFGEM	Gustav van den Berg	TriVia	10:36.44	196100991				

Masters 55+

1.	Marten de Groot <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	9:43.48	195800149	9:32.21	+0,81		
	50m: 32.45	32.45	250m: 2:56.01	35.88	450m: 5:20.05	36.15	650m: 7:45.39	36.37
	100m: 1:08.05	35.60	300m: 3:31.75	35.74	500m: 5:56.24	36.19	700m: 9:11.63	36.24
	150m: 1:44.16	36.11	350m: 4:07.81	36.06	550m: 6:32.83	36.59	750m: 8:58.14	36.51
	200m: 2:20.13	35.97	400m: 4:43.90	36.09	600m: 7:09.02	36.19	800m: 9:32.21	34.07
2.	Otto Zeijpveld	Aquapoldro	10:37.86	195800497	10:27.58	+0,88		
	50m: 34.67	34.67	250m: 3:16.18	40.70	450m: 5:54.75	39.28	650m: 8:32.26	39.21
	100m: 1:14.11	39.44	300m: 3:56.15	39.97	500m: 6:34.13	39.38	700m: 9:11.18	38.92
	150m: 1:54.65	40.54	350m: 4:36.05	39.90	550m: 7:13.78	39.65	750m: 9:51.13	39.95
	200m: 2:35.48	40.83	400m: 5:15.47	39.42	600m: 7:53.05	39.27	800m: 10:27.58	36.45
3.	Henk Slomp	De Pinquin	11:13.62	195500359	11:20.18	+0,82		
	50m: 35.83	35.83	250m: 3:22.50	42.73	450m: 6:17.41	44.43	650m: 9:14.28	44.80
	100m: 1:15.66	39.83	300m: 4:05.17	42.67	500m: 7:01.31	43.90	700m: 9:58.43	44.15
	150m: 1:57.47	41.81	350m: 4:48.64	43.47	550m: 7:45.74	44.43	750m: 10:41.79	43.36
	200m: 2:39.77	42.30	400m: 5:32.98	44.34	600m: 8:29.48	43.74	800m: 11:20.18	38.39
4.	Paul Bunnik	Triton	11:15.52	195600413	11:45.62	+1,07		
	50m: 36.53	36.53	250m: 3:28.66	44.04	450m: 6:29.84	45.94	650m: 9:32.74	45.90
	100m: 1:16.67	40.14	300m: 4:12.99	44.33	500m: 7:16.40	46.56	700m: 10:18.01	45.27
	150m: 2:00.13	43.46	350m: 4:58.09	45.10	550m: 8:01.85	45.45	750m: 11:03.67	45.66
	200m: 2:44.62	44.49	400m: 5:43.90	45.81	600m: 8:46.84	44.99	800m: 11:45.62	41.95
5.	Lex Hoogendam	MNC Dordrecht	11:58.79	195700541	12:06.44	+0,98		
	50m: 38.11	38.11	250m: 3:38.59	46.13	450m: 6:44.15	46.72	650m: 9:50.19	46.61
	100m: 1:21.88	43.77	300m: 4:24.60	46.01	500m: 7:30.77	46.62	700m: 10:36.85	46.66
	150m: 2:07.06	45.18	350m: 5:11.04	46.44	550m: 8:17.25	46.48	750m: 11:23.37	46.52
	200m: 2:52.46	45.40	400m: 5:57.43	46.39	600m: 9:03.58	46.33	800m: 12:06.44	43.07

Masters 60+

1.	Piet Schop	De Bevelanders	11:56.51	195000109	12:09.26	+0,71		
	50m: 39.10	39.10	250m: 3:40.78	45.70	450m: 6:49.00	46.47	650m: 9:57.05	46.72
	100m: 1:22.70	43.60	300m: 4:28.70	47.92	500m: 7:36.14	47.14	700m: 10:43.14	46.09
	150m: 2:08.22	45.52	350m: 5:15.72	47.02	550m: 8:22.57	46.43	750m: 11:29.10	45.96
	200m: 2:55.08	46.86	400m: 6:02.53	46.81	600m: 9:10.33	47.76	800m: 12:09.26	40.16

Programmanr. 41, Heren, 800m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Hugo Staudt	WS Twente	11:50.33	195300253	12:22.67	+0,91		
	50m: 40.90	40.90	250m: 3:47.57	47.39	450m: 6:57.87	47.40	650m: 10:06.21	46.64
	100m: 1:26.23	45.33	300m: 4:35.40	47.83	500m: 7:44.87	47.00	700m: 10:53.96	47.75
	150m: 2:12.48	46.25	350m: 5:22.89	47.49	550m: 8:32.22	47.35	750m: 11:39.93	45.97
	200m: 3:00.18	47.70	400m: 6:10.47	47.58	600m: 9:19.57	47.35	800m: 12:22.67	42.74

Masters 65+

1.	Donald Uijtenbogaart	Het Y	10:25.72	194700107	10:57.02	+0,86		
	50m: 37.67	37.67	250m: 3:24.04	41.47	450m: 6:11.41	41.75	650m: 8:57.83	41.33
	100m: 1:18.69	41.02	300m: 4:05.93	41.89	500m: 6:53.27	41.86	700m: 9:38.96	41.13
	150m: 2:00.48	41.79	350m: 4:47.79	41.86	550m: 7:35.07	41.80	750m: 10:19.39	40.43
	200m: 2:42.57	42.09	400m: 5:29.66	41.87	600m: 8:16.50	41.43	800m: 10:57.02	37.63
2.	Wout Hemmes	De Plons	11:51.22	194800059	12:16.13	+0,84		
	50m: 38.54	38.54	250m: 3:39.86	46.04	450m: 6:47.70	46.65	650m: 9:56.40	46.66
	100m: 1:22.11	43.57	300m: 4:26.79	46.93	500m: 7:34.83	47.13	700m: 10:42.69	46.29
	150m: 2:08.07	45.96	350m: 5:13.91	47.12	550m: 8:22.08	47.25	750m: 11:28.96	46.27
	200m: 2:53.82	45.75	400m: 6:01.05	47.14	600m: 9:09.74	47.66	800m: 12:16.13	47.17
3.	Mar van Geel	Old Dutch	15:01.04	194700135	14:59.41	+1,19		
	50m: 46.33	46.33	250m: 4:30.38	57.02	450m: 8:20.03	57.65	650m: 12:11.72	58.47
	100m: 1:40.02	53.69	300m: 5:26.98	56.60	500m: 9:18.49	58.46	700m: 13:08.59	56.87
	150m: 2:37.08	57.06	350m: 6:24.81	57.83	550m: 10:15.86	57.37	750m: 14:05.15	56.56
	200m: 3:33.36	56.28	400m: 7:22.38	57.57	600m: 11:13.25	57.39	800m: 14:59.41	54.26

Masters 70+

1.	Rob Hanou	PSV	12:29.96	194300109	13:03.66	+1,06		
	50m: 41.63	41.63	250m: 3:59.33	49.64	450m: 7:18.80	49.74	650m: 10:39.40	50.11
	100m: 1:30.49	48.86	300m: 4:49.00	49.67	500m: 8:08.74	49.94	700m: 11:29.73	50.33
	150m: 2:20.39	49.90	350m: 5:38.76	49.76	550m: 8:58.72	49.98	750m: 12:18.26	48.53
	200m: 3:09.69	49.30	400m: 6:29.06	50.30	600m: 9:49.29	50.57	800m: 13:03.66	45.40
2.	Frans van Enst	WS Twente	12:31.50	194000011	13:22.49	+0,97		
	50m: 40.18	40.18	250m: 3:59.87	51.51	450m: 7:28.27	51.69	650m: 10:54.42	51.72
	100m: 1:28.33	48.15	300m: 4:51.87	52.00	500m: 8:19.86	51.59	700m: 11:44.85	50.43
	150m: 2:17.77	49.44	350m: 5:44.36	52.49	550m: 9:10.92	51.06	750m: 12:35.36	50.51
	200m: 3:08.36	50.59	400m: 6:36.58	52.22	600m: 10:02.70	51.78	800m: 13:22.49	47.13

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	12:09.09	193800007	13:23.26	+0,99		
	50m: 44.39	44.39	250m: 4:06.99	50.99	450m: 7:33.66	51.25	650m: 10:58.80	51.44
	100m: 1:33.74	49.35	300m: 4:58.69	51.70	500m: 8:25.25	51.59	700m: 11:49.44	50.64
	150m: 2:24.50	50.76	350m: 5:50.45	51.76	550m: 9:16.58	51.33	750m: 12:40.15	50.71
	200m: 3:16.00	51.50	400m: 6:42.41	51.96	600m: 10:07.36	50.78	800m: 13:23.26	43.11
2.	Gregor Pompen	Aqua-Novio'94	14:03.32	193700021	14:39.48	+1,01		
	50m: 48.22	48.22	250m: 4:26.83	54.62	450m: 8:08.45	55.60	650m: 11:53.35	56.28
	100m: 1:41.35	53.13	300m: 5:21.98	55.15	500m: 9:04.13	55.68	700m: 12:49.95	56.60
	150m: 2:36.46	55.11	350m: 6:17.42	55.44	550m: 10:00.30	56.17	750m: 13:45.98	56.03
	200m: 3:32.21	55.75	400m: 7:12.85	55.43	600m: 10:57.07	56.77	800m: 14:39.48	53.50

6 - ONMK 2013 kb sessie 6

27-01-2013 - 14:00

Programmanr. 43
27-01-2013 - 14:00

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Heren					
1.	WVZ 1 Thijs van Valkengoed Mike Stoffer	WVZ +0,67 27.62 57.05 +0,36 26.67 57.01	3:54.02 Nick Baron Rens Post	+0,49 27.03 57.53 +0,41 27.41 58.21	3:49.80 +0,67
80+, Gemengd					
1.	LZ 1886 1 <i>Nederlands Masters Record</i> Kristiaan Lenos Janet van der Poel	LZ 1886 +0,78 26.11 54.73 +0,33 30.19 1:03.44	3:55.74 Simone de Boer Sjoerd Sieval	+0,51 30.59 1:04.19 +0,09 26.84 56.23	3:58.59 +0,78
2.	ZOB'66 1 Ruben Stolk Wendy de Bruin	ZOB'66 +0,71 27.18 58.34 +0,34 30.51 1:04.60	4:05.93 Marcel Noordermeer Anouk van der Pliigt	+0,20 27.35 57.78 +0,37 29.67 1:03.53	4:04.25 +0,71
3.	Merlet 1 Merel Siroen Elodie Siroen	Merlet +0,81 30.69 1:05.78 +0,31 34.84 1:13.60	4:10.55 Mark Effing Joppe Schuurmans	+0,29 28.75 1:00.60 +0,19 27.63 57.57	4:17.55 +0,81
100+, Dames					
1.	WVZ 1 Petra Versteegen Tessa Verheijdt	WVZ +0,88 34.68 1:13.56 +0,46 35.25 1:13.86	4:36.48 Lisette Prins Isabelle Massar	+0,43 33.44 1:10.93 +0,52 29.42 1:02.72	4:41.07 +0,88
100+, Heren					
1.	De Schotejil 1 <i>Nederlands Masters Record</i> Martijn van Hoorn Leander Noordijk	De Schotejil +0,83 27.86 58.58 +0,26 27.90 1:00.09	3:45.93 Niels Albrechts Mark Costeris	+0,39 27.65 58.17 +0,27 24.30 51.66	3:48.50 +0,83
2.	De Duinkickers 1 Ruben de Boer Marcel Brittin	De Duinkickers +0,75 31.88 1:07.66 +0,63 34.30 1:12.38	4:18.73 Sven van Zanten Remko Hooft	+0,45 29.72 1:04.32 +0,35 28.90 1:00.76	4:25.12 +0,75
100+, Gemengd					
1.	Zuiderzeewimmers 1 <i>Nederlands Masters Record</i> Jen-Ai van Soelen Erik van der Heide	Zuiderzeewimmers +0,74 29.57 1:03.04 +0,18 26.28 55.37	3:58.55 Lisanne Andeweg Ralf van der Poel	+0,38 30.33 1:02.90 +0,14 26.32 55.69	3:57.00 +0,74
2.	Montferland 1 Wieteke Jansen Marje Jansen	Montferland +1,04 35.52 1:15.24 +0,63 31.73 1:07.89	4:18.35 Martijn Giezen Roel van Beek	+0,24 27.93 58.25 +0,59 28.19 59.65	4:21.03 +1,04
120+, Dames					
1.	DWK 1 <i>Kampioenschaps Record</i> Marloes Erkens Jennie Resink-lindeboom	DWK +0,72 28.83 1:00.66 +0,61 39.96 1:23.23	4:33.80 Iris van Aurich Pauline Gouwens	+0,57 35.02 1:13.09 +0,61 28.27 58.96	4:35.94 +0,72
2.	Zoetermeer 1 Fleur Maas Chita van der Goorbergh	Zoetermeer +0,91 35.26 1:16.84 +0,41 33.33 1:09.63	4:44.94 Yvette Kilian Linda Hoogendam	+0,71 35.79 1:15.95 +0,49 34.35 1:12.48	4:54.90 +0,91

Programmanr. 43, 4 x 100m vrije slag

120+, Heren

1. Het Y 1 Donald Uijtenbogaart Sander van Elburg	Het Y +0,86 33.96 +0,15 25.90	1:09.91 55.36	3:55.31 Jan-Willem v.d. Graaff Raoul Engelenburg	+0,37 +0,45	26.39 55.61 26.25 54.72	3:55.60	+0,86
2. SBC2000 1 Erwin van Boven Dennis van Oosterhout	SBC2000 +0,77 27.17 +0,31 26.94	56.11 56.94	4:09.56 Erik van der Wel Remco van Althuis	+0,63 +0,24	33.21 1:09.82 26.60 55.84	3:58.71	+0,77
3. Steenwijk 1934 1 Rick Driezen Casper Dollekamp	Steenwijk 1934 +0,83 27.32 +0,46 32.73	57.07 1:11.17	4:01.65 Alexander Hulleman Lauren Vis	+0,54 +0,28	27.67 58.03 25.35 54.03	4:00.30	+0,83

120+, Gemengd

1. HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i> René Beetsma Nanda de Vries	HZ&PC Heerenveen +0,78 28.37 +0,38 29.27	59.25 1:01.93	3:57.00 Chantal Nap Casper Hut	+0,16 +0,40	28.46 59.26 25.25 52.65	3:53.09	+0,78
2. PSV 1 Jos de Graaf Harold Matfa	PSV +0,70 25.51 +0,47 30.06	53.66 1:02.64	4:01.55 Liselotte Joling Stephanie Rombout	+0,62 +0,38	31.99 1:05.92 27.99 58.95	4:01.17	+0,70
3. De Amer 1 Paul de Boer Sabine Duijst	De Amer +0,81 29.76 +0,46 33.97	1:03.98 1:11.05	4:18.80 Anne Duijst Dick Kampman	+0,46 +0,41	30.44 1:03.98 28.00 58.64	4:17.65	+0,81
4. De Zijl/LGB 1 Dirkjan Beugelsdijk Andrea van Leeuwen	De Zijl/LGB +0,80 28.81 +0,70 33.71	59.70 1:11.32	4:36.33 Ingmar Kooman Mireille Esseveld	+0,40 +0,50	33.11 1:09.26 34.24 1:10.08	4:30.36	+0,80
5. 't Tolhekke 1 Anneke Veenstra Lars Erik Beute	't Tolhekke +0,93 36.62 +0,53 29.86	1:16.96 1:04.22	4:40.40 Wilna Heijman Rian Beute	+0,10 +0,28	35.32 1:14.79 28.75 1:00.85	4:36.82	+0,93

160+, Heren

1. SG Gladbeck 1 <i>German Masters Record</i> Matthias Uhlich Andreas Kaptur	SG Gladbeck +0,84 27.56 +0,45 27.56	58.57 58.35	3:57.65 Alexey Priakhin Frank Gornoll	+0,45 +0,71	30.14 1:03.45 29.83 1:01.53	4:01.90	+0,84
2. Takas 1 <i>Lithuanian Masters Record</i> Linus Kersevicius Arlandas Juodeska	Takas +0,84 29.88 +0,49 31.46	1:01.92 1:06.68	4:18.00 Arturas Tuomas Arvydas Burinskas	+0,41 +0,59	31.97 1:05.59 30.29 1:02.75	4:16.94	+0,84

160+, Gemengd

1. De Futen 1 Alison Gilbert Petra Wolsing	De Futen +0,98 36.70 +0,75 32.21	1:17.15 1:09.12	4:29.65 Arnold de Rover Erwin Sneek	+0,50 +0,63	28.71 59.26 27.88 59.77	4:25.30	+0,98
2. WWV 1 Joachim Hackler Uschi Koster	WWV +1,02 35.66 +0,11 38.11	1:14.86 1:21.03	5:00.00 Laurens klein Breteler Tanja Sterenborg	+0,17 +0,29	34.95 1:14.78 32.34 1:08.74	4:59.41	+1,02

200+, Dames

1. Old Dutch 1 <i>Kampioenschaps Record</i> Karien Musters Ingrid ten Horn	Old Dutch +0,88 48.26 +0,38 46.15	1:44.66 1:44.12	7:08.92 Mies Kuipers Karin van den Heuvel	+0,67 +0,51	56.20 1:56.28 38.78 1:21.19	6:46.25	+0,88
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200+, Heren

1. WWV 1 Jan Lammers Ruud Ruiter	WWV +0,96 33.85 +0,22 33.36	1:10.34 1:10.35	4:23.44 Robert Vink Kees-Jan van Overbeeke	+0,36 +0,32	29.72 1:02.24 28.86 1:00.81	4:23.74	+0,96
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Programmanr. 43, 4 x 100m vrije slag

200+, Gemengd

1. AZ&PC 1	AZ&PC			4:18.85			4:10.79	+0,87
<i>Europees Masters Record</i>								
Ron Korzelius	+0,87	28.26	59.69	Atie Pijtak-Radersma	+0,37	32.29	1:08.25	
Marja Bloemzaad	+0,48	30.91	1:05.73	Edwin v. Norden	+0,22	27.66	57.12	

240+, Dames

1. PSV 1	PSV			5:56.57			5:54.43	+0,91
<i>Nederlands Masters Record</i>								
Patty Verhagen	+0,91	36.47	1:14.75	Lottie Geurts	+0,76	42.98	1:29.91	
Gonnie Bak	+0,59	42.96	1:32.65	Annie Smits	+0,58	46.54	1:37.12	

Programmanr. 44
27-01-2013 - 14:28

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Nanda de Vries	HZ&PC Heerenveen	3:34.95 199204328	2:57.15	+0,76	39.22	1:24.54	2:11.03	2:57.15
2. Anne Duijst	De Amer	2:58.95 198901030	2:57.21	+0,93	40.22	1:24.89	2:10.59	2:57.21
3. Maaïke Vooren	DAW	2:58.17 199103324	2:57.62	+0,91	41.10	1:26.43	2:12.08	2:57.62
4. Maaïke de Boer	De Duinkickers	2:56.29 199000362	2:59.59	+0,80	40.62	1:26.00	2:12.35	2:59.59
5. Désirée Hulsmeyer	Het Ravijn	3:11.54 199001656	3:07.06	+0,75	40.68	1:28.35	2:17.46	3:07.06
6. Paula van den Hoeven	De Veene	3:08.33 199303128	3:08.95	+0,90	39.72	1:26.41	2:17.02	3:08.95
7. Anke Meulendijks	D'Elft WAVE (SG)	3:14.47 199108470	3:14.15	+0,82	42.54	1:32.00	2:22.93	3:14.15
8. Rowie Hoofst	De Duinkickers	3:21.26 199301988	3:22.78	+0,83	45.41	1:36.20	2:29.49	3:22.78
9. Veerle Hooijman	Zuiderzeewemmers	3:27.45 199101318	3:30.52	+0,70	45.78	1:38.31	2:34.05	3:30.52
Masters 25+								
1. Néle Vanbuel	Barvaux Aquatique	2:43.49 BA/010/85	2:45.69	+0,78	36.00	1:17.68	2:00.49	2:45.69
2. Karin van Dijk	HZ&PC Heerenveen	2:47.38 198600850	2:47.81	+0,82	37.78	1:20.54	2:04.10	2:47.81
3. Susanne van der Linden	DIO	2:52.70 198802736	2:50.89	+0,89	38.95	1:22.81	2:07.00	2:50.89
4. Margot Stenveld	SBC2000	2:53.36 198804170	2:59.89	+0,75	41.36	1:27.36	2:13.72	2:59.89
5. Sandra Zwaanswijk	DAW	3:11.82 198503934	3:03.38	+0,72	40.20	1:27.27	2:14.85	3:03.38
6. Pauline Tieleman	De Geul	3:06.70 198403348	3:03.80	+0,84	41.25	1:27.57	2:15.39	3:03.80
7. Annette Vogelsang	ZV De Bron	3:16.69 198402632	3:13.55	+0,93	43.06	1:31.22	2:22.35	3:13.55
8. Channe Noort	DAW	3:24.90 198605032	3:20.11	+0,78	44.03	1:34.42	2:27.35	3:20.11
9. Margriet Aan het Rot	Octopus	3:14.00 198603088	3:20.39	+0,84	44.21	1:34.48	2:26.95	3:20.39
10. Sabine Duijst	De Amer	3:21.16 198701032	3:22.84	+0,95	44.51	1:35.02	2:28.26	3:22.84
11. Maaïke van Diggele	ZPB H&L Productions	3:18.89 198700868	3:25.18	+0,85	43.14	1:33.61	2:28.18	3:25.18
12. Renee de Kok	PSV	3:14.17 198403350	3:25.22	+0,82	46.11	1:39.26	2:33.02	3:25.22
Masters 30+								
1. Laura Badoux	DAW	2:44.91 198200038	2:51.12	+0,83	37.95	1:22.13	2:06.85	2:51.12
2. Yvette Roozen	DWT	3:04.07 198000926	3:10.19	+0,86	42.53	1:31.18	2:20.71	3:10.19
3. Kristel Lips	ZV De Bron	3:12.90 197900562	3:14.01	+0,98	42.52	1:30.92	2:22.53	3:14.01
4. Anneke Veenstra	't Tolhekke	3:17.57 197900882	3:19.90	+0,90	44.40	1:35.21	2:27.59	3:19.90
5. Linda Hoogendam	Zoetermeer	3:31.26 198300892	3:36.34	+0,82	50.44	1:45.21	2:41.49	3:36.34
Masters 35+								
1. Liselotte Joling	PSV	3:02.61 197500268	3:00.65	+0,97	41.38	1:28.79	2:15.55	3:00.65
2. Nadège van Meeteren	De Meer	3:00.36 197400736	3:02.46	+0,86	40.63	1:26.68	2:14.13	3:02.46

Programmanr. 44, Dames, 200m schoolslag

Masters 40+

1. Marjo Goelema-Koek	De Biesboschzwemmers	2:59.98	196900192	2:58.81	+0,85	39.93	1:25.08	2:12.20	2:58.81
2. Iris van Aurich	DWK	3:23.36	196900866	3:20.68	+0,83	46.04	1:36.49	2:28.64	3:20.68
3. Esther Mijnen	ZV De Zaan	3:23.30	196900846	3:21.59	+0,87	42.96	1:33.05	2:26.00	3:21.59
4. Ilonka Hesseling	DES	3:25.93	196900958	3:23.02	+0,75	44.80	1:37.26	2:30.43	3:23.02
5. Annet Kootstra	Swol 1894	3:32.83	197100344	3:26.02	+1,02	47.79	1:39.82	2:33.04	3:26.02
6. Mengsanne Heijnen	Zignea	3:29.36	197100878	3:26.64	+0,92	46.78	1:39.01	2:32.76	3:26.64
7. Irna van der Molen	WS Twente	3:30.81	196900938	3:27.06	+0,79	47.55	1:41.21	2:34.74	3:27.06
8. Pascalle Neiss-Janssen	De Roersoppers	3:31.16	197300852	3:29.31	+0,91	45.82	1:38.75	2:33.85	3:29.31
9. Marleen Prins	De Fuut	4:08.56	197300864	3:58.71	+0,80	55.59	1:56.56	2:57.21	3:58.71

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	3:01.48	196700528	3:04.84	+0,80	40.95	1:26.99	2:15.23	3:04.84
2. Karin van den Heuvel	Old Dutch	3:18.66	196600188	3:23.24	+1,01	46.27	1:37.89	2:29.74	3:23.24
3. Monique Gerritsen	WS Twente	3:18.20	196500188	3:31.15	+0,85	47.08	1:39.40	2:34.13	3:31.15

Masters 50+

1. Annemarie Vuist	Swol 1894	3:15.03	196300282	3:14.51	+0,92	44.97	1:34.69	2:24.92	3:14.51
2. Susanne Sailer-Lehrum	SG Neumünster	3:38.83	163629	3:35.79	+0,85	47.95	1:42.12	2:38.43	3:35.79
3. Marjan Spoelstra	Swol 1894	3:45.76	196000236	3:45.92	+0,85	51.82	1:48.64	2:47.25	3:45.92
4. Jacqueline Brouwer	ZV De Bron	4:12.63	196100296	4:02.13	+1,02	55.67	1:57.88	3:01.92	4:02.13
5. Irene Hoenderdos	Aquapoldro	4:10.64	196300428	4:03.35	+1,05	54.60	1:55.32	2:58.81	4:03.35

Masters 55+

1. Monica Bakker	ZVZ	3:41.14	195600082	3:35.87	+1,14	48.48	1:42.61	2:39.23	3:35.87
2. Elly Kiestra-Broertjes	Zignea	3:53.28	195600100	3:52.50	+0,98	52.13	1:51.03	2:52.05	3:52.50
3. Mies Kuipers	Old Dutch	4:08.99	195800202	4:16.70	+0,86	1:00.26	2:05.71	3:12.41	4:16.70
4. Simonet Schroot	Gay Swim Amsterdam	4:30.33	195800108	4:37.01	+1,15	1:05.29	2:16.37	3:29.35	4:37.01

Masters 60+

1. Gonnie Bak	PSV	3:57.14	195100064	3:55.11	+0,94	55.44	1:55.58	2:57.15	3:55.11
2. Geerdien Meerwaldt	Van Vliet-Barracuda	4:42.02	195200058	4:37.94	+1,29	1:03.39	2:15.26	3:28.07	4:37.94
3. Anna de Weert	Gay Swim Amsterdam	4:41.80	194900020	4:57.29	+1,02	1:05.82	2:20.60	3:38.29	4:57.29

Masters 65+

1. Matty van der Veen	Old Dutch	4:02.17	194400020	4:10.51	+1,08	58.99	2:02.58	3:06.56	4:10.51
2. Mieke Strijbis-v.d.Kroft	DAW	4:20.56	194500004	4:16.21	+1,18	59.64	2:05.68	3:11.25	4:16.21
3. Loekie v. Huissteden	AZ&PC	4:14.72	194500002	4:19.87	+1,06	57.87	2:02.69	3:11.56	4:19.87

Masters 75+

1. Tineke de Bueger	Old Dutch	4:44.16	193700010	5:12.16	+1,22	1:12.21	2:31.70	3:54.05	5:12.16
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Programmanr. 45
27-01-2013 - 14:58

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Dennis Wijbenga	Stadskanaal	2:22.37	199003283	2:25.83	+0,81	32.50	1:10.09	1:47.84	2:25.83
2. Pieter Pijnenburg	De Warande	2:35.04	199305227	2:35.85	+0,71	36.12	1:16.19	1:55.94	2:35.85
3. Patrick Creemers	De Roersoppers	2:32.84	199000579	2:36.67	+0,95	34.37	1:14.02	1:55.09	2:36.67
4. Tim Bunnik	Triton	2:43.45	199000505	2:38.36	+0,78	34.13	1:13.45	1:56.05	2:38.36
5. Mark van Damme	't Tolhekke	2:49.41	199100435	2:50.04	+0,70	35.21	1:16.80	2:03.29	2:50.04
6. Rens Post	WVZ	2:50.09	199101827	2:51.01	+0,76	37.63	1:20.39	2:05.37	2:51.01

Programmanr. 45, Heren, 200m schoolslag

Masters 25+

1. Albert van Piekeren	Octopus	2:31.13	198401767	2:25.64	+0,76	32.86	1:09.39	1:46.70	2:25.64
<i>Nederlands Masters Record</i>									
2. Ralf van der Poel	Zuiderzeezwemmers	2:38.21	198401783	2:31.84	+0,78	32.89	1:11.02	1:51.12	2:31.84
3. Stefan van der Grift	Octopus	2:37.32	198701121	2:40.16	+0,78	35.48	1:16.47	1:57.98	2:40.16
4. Remko Hooft	De Duinkickers	2:35.29	198701405	2:41.29	+0,72	36.05	1:17.92	2:00.12	2:41.29
5. Jauke Hamstra	Deltasteur	2:39.57	198601089	2:46.34	+0,89	35.64	1:17.51	2:01.46	2:46.34
6. Harmen Reemst	ZOB'66	2:53.54	198702715	2:57.26	+0,83	38.52	1:22.81	2:09.59	2:57.26

Masters 30+

1. Thijs van Valkengoed	WVZ	2:28.23	198302141	2:24.82	+0,68	32.38	1:08.95	1:46.15	2:24.82
<i>Nederlands Masters Record</i>									
2. Kristiaan Lenos	LZ 1886	2:29.68	198301331	2:32.38	+0,81	33.23	1:11.54	1:51.56	2:32.38
3. Pieter Pickhardt	ZPC De Hof	2:33.08	198301657	2:35.09	+0,89	33.78	1:12.53	1:52.95	2:35.09
4. Freddie Geerlings	Mosaqua Gulpen	2:34.04	197900379	2:37.50	+0,84	35.42	1:14.07	1:54.68	2:37.50
5. Hans Cligge	De Futen	3:15.31	198100315	3:05.31	+0,86	40.49	1:27.39	2:17.14	3:05.31

Masters 35+

1. Ron Langelaan	DAW	2:33.57	197800643	2:37.53	+0,74	34.35	1:14.13	1:55.79	2:37.53
2. Vincent Versteeg	Zwemlust-den Hommel	2:41.82	197701003	2:39.69	+0,75	34.29	1:14.90	1:57.42	2:39.69
3. Okko de Haas	ZV De Bron	2:47.28	197801593	2:47.97	+0,80	37.88	1:20.51	2:03.57	2:47.97

Masters 40+

1. Marcel van Winssen	De Gelenberg	2:37.88	197101477	2:43.40	+0,87	36.21	1:17.61	2:00.04	2:43.40
2. Paul van den Heuvel	Arethusa	2:44.86	197000441	2:48.44	+0,86	38.03	1:21.05	2:04.63	2:48.44
3. Heiner Stevens	Zignea	2:54.45	197201299	2:54.33	+0,79	39.28	1:23.84	2:09.40	2:54.33
4. Hans Schoenmakers	DAW	2:52.72	196900863	2:57.15	+0,83	37.76	1:22.70	2:09.62	2:57.15
5. Ruud Endenburg	Gay Swim Amsterdam	3:06.26	196901453	3:09.87	+0,71	40.88	1:29.62	2:20.00	3:09.87
6. Sander Komen	ZV De Bron	3:13.67	197201507	3:10.34	+0,97	42.03	1:29.87	2:19.94	3:10.34

Masters 45+

1. Harold Matla	PSV	2:39.96	196800591	2:42.75	+0,87	36.45	1:18.02	2:00.91	2:42.75
2. Igor Penchukov	Sprut	2:52.05	102154	2:48.55	+0,81	37.90	1:20.04	2:03.78	2:48.55
3. Theo Bakker	TriVia	2:56.70	196401231	2:58.78	+0,76	38.80	1:25.40	2:12.94	2:58.78
4. Joop Weenink	WS Twente	3:03.91	196801535	3:03.00	+1,05	41.98	1:27.53	2:15.57	3:03.00
5. Eric Giling	De Fuut	2:59.57	196400237	3:05.38	+0,83	41.15	1:28.49	2:17.70	3:05.38
6. Roelof Broekman	De Spatters	3:07.62	196800155	3:12.20	+0,89	42.10	1:30.21	2:20.79	3:12.20
7. Ger de Hoop	Zwemclub Polaris	3:23.94	196401367	3:15.05	+1,21	43.84	1:33.34	2:24.52	3:15.05
<i>NR Gehandicaptten</i>									
8. Huyb Stegeman	Steenwijk 1934	3:10.65	196701535	3:18.57	+0,91	42.78	1:32.14	2:25.00	3:18.57
9. Jan Smalheer	SCOM	3:16.11	196400701	3:26.74	+1,23	47.41	1:41.33	2:35.83	3:26.74

Masters 50+

1. Edwin v. Norden	AZ&PC	2:50.03	196300563	2:38.69	+0,76	35.29	1:15.63	1:56.94	2:38.69
<i>Nederlands Masters Record</i>									
2. Cees van Houwelingen	De Schelde	2:37.74	196300351	2:42.68	+1,03	35.92	1:17.51	1:59.87	2:42.68
3. Gert Sikkema	Zignea	2:42.35	196300687	2:51.48	+0,97	37.98	1:21.00	2:06.09	2:51.48
4. Ronald Grove	Oceanus	2:53.26	196100161	2:58.65	+0,78	39.13	1:24.57	2:11.77	2:58.65
5. Jack Barends	WS Twente	3:12.82	196201011	3:11.11	+0,87	43.80	1:33.59	2:23.49	3:11.11
6. Jan Willem Heuten	WS Twente	3:26.73	196000883	3:25.06	+0,96	47.13	1:40.58	2:34.30	3:25.06
7. Bart van Calker	WS Twente	3:19.92	196100067	3:26.15	+0,91	47.79	1:41.04	2:35.46	3:26.15
8. Joachim Hackler	WWV	3:40.26	196200953	3:39.10	+0,96	47.84	1:44.35	2:44.55	3:39.10
9. Michiel Tonsbeek	DWT	3:39.16	196000889	3:42.79	+0,97	50.40	1:47.44	2:46.29	3:42.79
10. Herbert Katgert	WS Twente	3:33.42	195900739	3:49.12	+1,17	50.10	1:46.91	2:48.40	3:49.12

Programmanr. 45, Heren, 200m schoolslag

Masters 55+

1. Willem Zwierts	AquAmigos	3:13.59	195800505	3:04.40	+0,93	41.78	1:28.41	2:16.65	3:04.40
2. Laurens klein Breteler	WWV	3:27.20	195400109	3:15.92	+0,90	42.99	1:34.01	2:26.18	3:15.92
3. Paul Bunnik	Triton	3:11.51	195600413	3:18.32	+1,06	42.31	1:32.11	2:24.61	3:18.32

Masters 60+

1. Piet Schop	De Bevelanders	3:16.48	195000109	3:14.77	+0,75	42.88	1:32.37	2:24.38	3:14.77
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Masters 65+

1. Ruud Sloof	De Rijn	3:33.86	194400073	3:37.92	+1,02	48.24	1:43.93	2:41.67	3:37.92
2. Mar van Geel	Old Dutch	4:03.38	194700135	3:57.60	+1,15	53.03	1:54.45	2:57.20	3:57.60

Masters 70+

1. Rob Hanou	PSV	3:15.94	194300109	3:23.49	+1,03	45.11	1:37.05	2:31.45	3:23.49
<i>Nederlands Masters Record</i>									
2. Gustave Lempereur	CHAT	3:36.68	CHAT/099/42	3:26.39	+1,03	45.23	1:37.26	2:31.31	3:26.39
<i>Belgisch Masters Record</i>									
3. Nico Baay	Old Dutch	3:34.76	194200053	3:36.71	+0,84	47.55	1:41.85	2:38.91	3:36.71

Masters 75+

1. Jan Eichhorn	ZV Haerlem	4:03.48	193700015	4:08.07	+1,26	53.80	1:54.91	3:00.38	4:08.07
2. Gregor Pompen	Aqua-Novio'94	4:13.12	193700021	4:24.64	+0,93	59.48	2:06.32	3:15.53	4:24.64

Programmanr. 46
27-01-2013 - 15:25

Dames, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Yvon Versteeg	De Veene	1:08.42 199201864	1:06.17	+0,81	30.50	1:06.17
2. Marloes Erkens	DWK	1:08.39 199300234	1:08.23	+0,72	30.73	1:08.23
3. Sabine Lina	One Team Swimming	1:08.59 198902680	1:08.55	+0,73	31.67	1:08.55
4. Chantal Nap	HZ&PC Heerenveen	1:09.24 198903004	1:09.24	+0,81	31.19	1:09.24
5. Iris Pijtak	AZ&PC	1:10.01 199300602	1:10.22	+0,73	31.67	1:10.22
6. Isabelle Massar	WVZ	1:10.39 199102034	1:11.30	+0,78	32.58	1:11.30
7. Jen-Ai van Soelen	Zuiderzeewemmers	1:11.38 199003510	1:11.52	+0,71	30.90	1:11.52
8. Anouk van der Pligt	ZOB'66	1:10.95 199303296	1:12.85	+0,67	33.07	1:12.85
9. Janet van der Poel	LZ 1886	1:11.35 199301842	1:13.03	+0,73	33.01	1:13.03
10. Sanne van der Stelt	Den Doorn	1:13.82 199303562	1:13.70	+0,91	33.42	1:13.70
11. Wendy de Bruin	ZOB'66	1:14.30 199206320	1:14.67	+0,68	34.54	1:14.67
12. Suzanne Robberegt	De Meer	1:19.80 199203132	1:19.06	+0,82	36.22	1:19.06
13. Lindsey Hol	De Meer	1:19.19 199008088	1:19.70	+0,84	36.58	1:19.70
14. Whitley Rens	De Schotejil	1:20.34 199007520	1:20.20	+0,85	36.62	1:20.20
15. Elske Eikholt	Merlet	1:25.94 199305032	1:22.55	+0,91	38.45	1:22.55
16. Gerlinde van de Wetering	Deltasteur	1:26.71 198904678	1:24.17	+1,07	38.15	1:24.17
17. Tessa Verheijdt	WVZ	1:23.39 198904290	1:24.41	+0,81	39.97	1:24.41
18. Elodie Siroen	Merlet	1:19.80 199003414	1:24.48	+0,76	38.77	1:24.48
19. Eline Schoenmaker	De Duinkickers	1:21.13 199003322	1:24.82	+0,70	37.82	1:24.82
20. Laura van Dijk	Aquarijn	1:25.60 198905642	1:24.93	+0,81	38.02	1:24.93
21. Pauline Magnée	De Warande	1:25.84 199205434	1:25.48	+0,76	38.66	1:25.48
22. Wieteke Jansen	Montferland	1:26.39 199001750	1:26.42	+0,98	40.41	1:26.42
23. Janneke Wynia	WS Twente	1:28.34 199005500	1:28.30	+0,95	41.76	1:28.30
24. Veerle Hooijman	Zuiderzeewemmers	1:31.45 199101318	1:32.59	+0,77	43.68	1:32.59
25. Liesbeth Bruinekool	Zuiderzeewemmers	2:03.62 199007958	2:03.32	+0,88	58.97	2:03.32

Programmanr. 46, Dames, 100m wisselslag

Masters 25+

1. Stephanie Rombout	PSV	1:07.07	198803696	1:07.99	+0,73	31.23	1:07.99
<i>Nederlands Masters Record</i>							
2. Néle Vanbuel	Barvaux Aquatique	1:13.48	BA/010/85	1:09.85	+0,77	33.07	1:09.85
3. Marjan van der Star	WS Twente	1:15.32	198403192	1:13.15	+0,83	33.90	1:13.15
4. Christien Kruithof	Stadskanaal	1:14.08	198602124	1:13.31	+0,86	33.71	1:13.31
5. Esther van Maastrigt	Montferland	1:14.89	198802836	1:14.89	+0,81	34.54	1:14.89
6. Carly Noordermeer	ZOB'66	1:13.87	198702984	1:15.37	+0,66	33.90	1:15.37
7. Bianca Paape	DAW	1:17.74	198502262	1:16.29	+0,84	36.11	1:16.29
8. Sandra Pannekeet	DAW	1:18.02	198403458	1:16.45	+0,68	34.12	1:16.45
9. Margo Kruithof	Stadskanaal	1:17.37	198702408	1:16.61	+0,83	35.12	1:16.61
10. Lisette Prins	WVZ	1:18.97	198803522	1:19.33	+0,84	35.19	1:19.33
11. Siska Post	DIO	1:20.07	198805562	1:20.55	+0,83	38.47	1:20.55
12. Marije Jansen	Montferland	1:19.00	198504088	1:22.35	+0,86	38.20	1:22.35
13. Margriet Aan het Rot	Octopus	1:25.36	198603088	1:27.09	+0,90	41.41	1:27.09
14. Nicole Verweij	AquAmigos	1:31.73	198500692	1:31.29	+0,83	40.21	1:31.29
15. Anne vd Besselaar	Orca	2:42.53	198504062	2:48.69	+1,12	1:27.76	2:48.69
NG Monique Pronk	WVZ	1:14.39	198803528				

Masters 30+

1. Nadya Putter	ZVVS	1:11.51	198301630	1:11.49	+0,73	33.07	1:11.49
2. Anke Lambooj	AZL	1:14.77	198001182	1:13.91	+0,89	34.06	1:13.91
3. Mireille Esseveld	De Zijl/LGB	1:19.48	198302806	1:19.14	+0,87	36.97	1:19.14
4. Carmen Haan	De Spatters	1:24.83	197901458	1:20.55	+0,90	35.96	1:20.55
5. Andrea van Leeuwen	De Zijl/LGB	1:23.55	198100904	1:25.96	+0,94	40.08	1:25.96

Masters 35+

1. Monique Boets	Stadskanaal	1:12.65	197600230	1:12.71	+0,89	33.30	1:12.71
2. Claudia van Drunen	AquAmigos	1:15.22	197700810	1:15.94	+0,78	35.59	1:15.94
3. Nadège van Meeteren	De Meer	1:20.22	197400736	1:19.11	+0,85	38.30	1:19.11
4. Petra Verstegen	WVZ	1:20.98	197700906	1:19.73	+0,83	36.38	1:19.73
5. Diane Scholing	Het Ravijn	1:21.76	197701090	1:21.82	+0,71	36.92	1:21.82
6. Margriet Leeffers	Deltasteur	1:29.57	197800448	1:30.56	+0,99	43.04	1:30.56
7. Clementine van Bruxvoort	ZPB H&L Productions	1:41.23	197700138	1:42.07	+0,95	45.44	1:42.07

Masters 40+

1. Elena Babikova	Sprut	1:12.94	018010	1:12.32	+1,00	34.01	1:12.32
2. Lidia v. Bon-Rosenbrand	AZ&PC	1:13.80	197000054	1:14.75	+0,87	34.27	1:14.75
3. Henriëtte Manting	GZVW	1:22.02	197100246	1:20.98	+0,95	36.97	1:20.98
4. Iris van Aurich	DWK	1:22.19	196900866	1:24.05	+0,84	40.67	1:24.05
5. Mengsanne Heijnen	Zignea	1:24.76	197100878	1:26.70	+0,88	39.79	1:26.70
6. Ageeth Boomsma	Orca	1:28.09	197000826	1:26.77	+0,82	40.67	1:26.77
7. Antoinette Kant	Den Doorn	1:29.89	196900920	1:28.74	+0,92	40.82	1:28.74
8. Ineke Branderhorst	Den Doorn	1:45.38	196900918	1:44.21	+1,10	48.57	1:44.21

Masters 45+

1. Chita van der Goorbergh	Zoetermeer	1:19.98	196800762	1:19.91	+0,74	36.62	1:19.91
2. Yolanda Mante	Gay Swim Amsterdam	1:25.51	196600432	1:24.89	+0,72	40.09	1:24.89
3. Hetty Smalheer	SCOM	1:31.10	196700352	1:29.36	+0,99	42.17	1:29.36
4. Jeanette Smits	Orca	1:31.70	196600312	1:29.78	+0,78	41.48	1:29.78
5. Miranda Keijl	Zignea	1:32.26	196500588	1:31.83	+0,90	43.59	1:31.83
6. Alie Visser	HZ&PC Heerenveen	1:34.54	196400494	1:39.56	+0,80	45.40	1:39.56
7. Ingeborg Stokx	DAW	1:44.64	196700666	1:40.98	+0,74	51.38	1:40.98

Programmanr. 46, Dames, 100m wisselslag

Masters 50+

1. Marja Bloemzaad	AZ&PC	1:13.52	196100014	1:15.48	+0,80	36.00	1:15.48
<i>Kampioenschaps Record</i>							
2. Anita Bottger	De Berkelduikers	1:20.77	196300498	1:18.95	+0,79	35.57	1:18.95
3. Jacqueline Rolloos-Bakker	De Lansingh	1:19.24	196300222	1:19.74	+0,82	36.70	1:19.74
4. Jeannette Ruesink	WS Twente	1:22.77	196300212	1:22.41	+0,83	38.03	1:22.41
5. Julia Moh-Klaren	CSAKB	1:22.53	922540	1:23.79	+0,84	37.52	1:23.79
6. Annemarie Vuist	Swol 1894	1:23.11	196300282	1:23.91	+0,92	40.36	1:23.91
7. Marijke Kraak-Beckers	WS Twente	1:23.27	196000240	1:24.04	+0,96	40.28	1:24.04
8. Gonnie Paas	ZVVS	1:33.17	196200418	1:34.66	+0,91	44.91	1:34.66
9. Jennie Resink-lindeboom	DWK	1:37.36	196000142	1:36.31	+1,01	44.35	1:36.31

Masters 55+

1. Mathilde Vink	Swol 1894	1:21.99	195800128	1:22.29	+0,98	36.68	1:22.29
<i>Nederlands Masters Record</i>							
2. Patty Krupiarz	PSV	1:35.69	195400074	1:32.10	+0,83	42.10	1:32.10
3. Tatyana Shalganova	Sprut	1:45.77	018038	1:46.38	+1,12	50.69	1:46.38
4. Mies Kuipers	Old Dutch	2:01.23	195800202	2:02.02	+0,90	1:00.40	2:02.02
5. Simonet Schroot	Gay Swim Amsterdam	2:06.91	195800108	2:11.03	+1,26	1:01.61	2:11.03

Masters 60+

1. Antoinette Gilding-Tussaud	WS Twente	1:50.28	195000038	1:50.66	+1,07	50.31	1:50.66
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Masters 65+

1. Matty van der Veen	Old Dutch	1:45.41	194400020	1:54.32	+1,11	57.23	1:54.32
2. Annie Smits	PSV	1:56.53	194600016	1:57.48	+1,31	59.59	1:57.48

Masters 70+

1. Truus Ruiter	Old Dutch	2:14.54	194000004	2:18.99		1:07.44	2:18.99
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Programmanr. 47
27-01-2013 - 16:04

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Marcel Noordermeer	ZOB'66	1:03.35	199003455	1:03.25	+0,66	29.36	1:03.25
2. Jelte Schuurmans	Merlet	1:03.64	199104841	1:04.79	+0,79	28.95	1:04.79
3. Mike Stoffer	WVZ	1:05.14	198903041	1:05.01	+0,75	29.67	1:05.01
4. Thomas Hansen	LZ 1886	1:06.22	199204327	1:05.03	+0,70	29.41	1:05.03
5. Joppe Schuurmans	Merlet	1:05.80	198905447	1:07.63	+0,69	30.23	1:07.63
6. Boy Heijnekamp	LZ 1886	1:07.86	198901161	1:09.38	+0,73	31.86	1:09.38
7. Sven van Zanten	De Duinkickers	1:10.57	199003405	1:13.73	+0,74	31.52	1:13.73
8. Daan Anbeek	ZPC De Hof	1:13.81	199307177	1:15.02	+0,88	33.72	1:15.02
9. Bas Zierikzee	LZ 1886	1:12.64	199204321	1:16.38	+0,84	34.37	1:16.38
10. Berné Beute	't Tolhekke	1:16.81	199100135	1:18.52	+0,92	35.95	1:18.52
11. Ruben de Boer	De Duinkickers	1:21.92	199301419	1:21.49	+0,78	36.84	1:21.49

Masters 25+

1. Roderik Meijers	ZOB'66	1:02.74	198602063	1:02.97	+0,76	28.28	1:02.97
2. Martijn Giezen	Montferland	1:05.12	198500813	1:05.38	+0,78	28.94	1:05.38
Thommy Nickel	Van Vliet-Barracuda	1:04.97	198401627	1:05.38	+0,75	30.42	1:05.38
4. Dick Kampman	De Amer	1:08.97	198801789	1:08.65	+0,88	30.59	1:08.65
5. Rick Driezen	Steenwijk 1934	1:06.40	198600713	1:10.88	+0,87	31.04	1:10.88
6. Ronald Vullings	Merlet	1:07.34	198703655	1:11.39	+0,87	32.93	1:11.39
7. Rian Beute	't Tolhekke	1:12.72	198400133	1:11.99	+0,84	32.13	1:11.99

Programmanr. 47, Heren, 100m wisselslag, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
8. Thijs Tromper	De Schotejil	1:14.07	198703407	1:15.27	+0,81	34.75	1:15.27

Masters 30+

1. Nol van Thull	ZOB'66	1:02.97	198001513	1:01.80	+0,79	28.69	1:01.80
2. Kristiaan Lenos	LZ 1886	1:02.03	198301331	1:02.50	+0,81	28.92	1:02.50
3. Erik Kusters	Noord Veluwe	1:06.73	198000837	1:05.86	+0,85	29.87	1:05.86
4. Mark Zwart	Zwemlust-den Hommel	1:09.14	197901461	1:06.68	+0,82	31.58	1:06.68
5. Freddie Geerlings	Mosaqua Gulpen	1:05.96	197900379	1:07.35	+0,80	31.63	1:07.35
6. Marcel Reefhuis	WS Twente	1:07.23	198101381	1:07.60	+0,79	30.64	1:07.60
7. Bas v.d. Laan	WVZ	1:11.18	198302471	1:09.69	+0,78	31.82	1:09.69
8. Dirkjan Beugelsdijk	De Zijl/LGB	1:09.00	198100123	1:11.43	+0,80	33.58	1:11.43
9. Jos Timmermans	Stadskanaal	1:10.80	197901223	1:12.58	+0,89	33.89	1:12.58
10. Ingmar Kooman	De Zijl/LGB	1:20.41	197901517	1:19.56	+0,89	37.29	1:19.56

Masters 35+

1. Evgeny Ryzhov	Sprut	59.81	102628	1:00.21	+0,79	28.08	1:00.21
<i>Kampioenschaps Record</i>							
2. Egbert Stolk	D'Eift WAVE (SG)	1:04.32	197600889	1:02.37	+0,78	28.51	1:02.37
3. Dennis Schouten	Upstream Amsterdam	1:05.57	197501351	1:04.27	+0,77	29.79	1:04.27
4. Robin Sprinkhuizen	De Zijl/LGB	1:07.22	197400767	1:06.23	+0,85	29.67	1:06.23
5. Joost Roelofs	Upstream Amsterdam	1:10.86	197601337	1:09.39	+0,83	32.47	1:09.39
6. Gerard Eghuizen	HZ&PC Heerenveen	1:08.76	197400197	1:10.04	+0,90	32.37	1:10.04
7. Okko de Haas	ZV De Bron	1:11.11	197801593	1:12.57	+0,85	34.99	1:12.57

Masters 40+

1. René Beetsma	HZ&PC Heerenveen	1:07.17	196900069	1:05.91	+0,77	30.84	1:05.91
2. Richard Ricksen	HGN (SG)	1:05.48	197000841	1:06.08	+0,79	31.63	1:06.08
3. Marcel van Winssen	De Gelenberg	1:04.86	197101477	1:06.44	+0,85	30.79	1:06.44
4. Kasper van den Berghe	Swol 1894	1:13.20	197301125	1:13.99	+0,89	33.68	1:13.99
5. Wouter van der Stelt	Den Doorn	1:15.45	197200889	1:16.68	+0,78	36.17	1:16.68
6. Tiemen Stegenga	HZ&PC Heerenveen	1:23.39	197101379	1:21.26	+0,87	36.36	1:21.26
7. Marcel Brittijn	De Duinkickers	1:19.32	196900159	1:24.55	+0,77	38.66	1:24.55
8. Bas van Gool	De Geul	1:37.26	197201435	1:35.09	+0,85	44.97	1:35.09
NG Harry Cornet	De Biesboschzwemmers	1:03.12	197100175				

Masters 45+

1. Harold Matla	PSV	1:09.72	196800591	1:08.95	+0,87	35.25	1:08.95
2. Wiljam Nijenhuis	De IJsel	1:10.09	196400547	1:11.38	+0,78	33.73	1:11.38
3. John Stokx	DAW	1:12.20	196401341	1:11.71	+0,77	32.66	1:11.71
4. Danny Zulver	ZVVS	1:18.51	196701617	1:16.94	+0,85	34.80	1:16.94
5. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:18.66	196501027	1:19.13	+0,83	38.39	1:19.13
6. Bart van Betuw	Zegenwerp	1:21.19	196500087	1:23.73	+0,83	38.06	1:23.73
7. Jan de Lange	WS Twente	1:24.85	196501273	1:25.85	+0,89	38.99	1:25.85
8. Henk van Zetten	Octopus	1:27.65	196701261	1:30.14	+0,91	44.00	1:30.14
DIS Geert Wijn	De Gelenberg	1:06.74	196701101		AF		
DIS Arnold de Rover	De Futen	1:08.24	196400645		SJ		

Masters 50+

1. Gert Sikkema	Zignea	1:08.72	196300687	1:10.86	+0,82	33.89	1:10.86
2. Ronald Grove	Oceanus	1:10.77	196100161	1:11.27	+0,72	33.73	1:11.27
3. Arturas Tuomas	Takas	1:13.46	1961TUO	1:11.46	+0,82	34.36	1:11.46
<i>Lithuanian Masters Record</i>							
4. Arlandas Juodeska	Takas	1:12.82	1961JUO	1:13.18	+0,83	32.74	1:13.18
5. Evert Jan Verweij	Swol 1894	1:16.05	196301143	1:16.19	+0,86	36.27	1:16.19
6. Rudolf Meijer	De Amer	1:17.92	196000995	1:17.94	+1,02	35.95	1:17.94
7. Michiel Klaren	PSV	1:19.89	196201087	1:19.65	+0,84	38.27	1:19.65
8. Casper Dollekamp	Steenwijk 1934	1:23.50	196301341	1:24.32	+0,89	39.82	1:24.32
9. Michiel Tonsbeek	DWT	1:33.93	196000889	1:38.06	+0,98	47.65	1:38.06

Programmanr. 47, Heren, 100m wisselslag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
NG.ZA Hans Luchies	De Berkelduikers	1:16.79	196101069				

Masters 55+

1. Paul Bunnik	Triton	1:15.98	195600413	1:15.54	+0,99	36.31	1:15.54
2. Henk Slomp	De Pinquin	1:17.30	195500359	1:18.65	+0,81	35.33	1:18.65
3. Willem Zwiers	AquAmigos	1:18.91	195800505	1:19.80	+0,90	40.30	1:19.80
4. Evertjan Masurel	PSV	1:19.86	195600495	1:20.84	+0,83	37.86	1:20.84
5. Harry Paas	ZVVS	1:22.79	195800689	1:25.07	+0,85	39.17	1:25.07
6. Dre Klaassen	ZOB'66	1:34.99	195600141	1:32.15	+0,89	44.30	1:32.15

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	1:07.77	195200203	1:08.59	+0,80	31.72	1:08.59
2. Jos Kamps	De Amer	1:34.04	195100085	1:35.68	+1,12	44.88	1:35.68

Masters 65+

1. Donald Uijtenbogaart	Het Y	1:19.01	194700107	1:19.68	+0,86	38.01	1:19.68
<i>Nederlands Masters Record</i>							
2. Viktoras Snieska	Takas	1:28.03	1947SNI	1:27.05	+1,06	41.35	1:27.05
<i>Lithuanian Masters Record</i>							

Masters 70+

1. Frans van Enst	WS Twente	1:25.06	194000011	1:29.47	+0,86	40.17	1:29.47
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	1:34.05	193800007	1:40.87	+0,99	49.34	1:40.87
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Programmanr. 48
27-01-2013 - 16:23

Dames, 50m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+					
1. Marloes Erkens	DWK	27.50	199300234	27.53	+0,75
<i>Kampioenschaps Record</i>					
2. Linda van der Hout	Piranha	27.90	199300344	27.92	+0,73
3. Sabine Lina	One Team Swimming	28.18	198902680	28.06	+0,74
4. Nanda de Vries	HZ&PC Heerenveen	27.97	199204328	28.24	+0,74
5. Désirée Emmen	De Warande	27.92	199204862	28.40	+0,65
6. Paula van den Hoeven	De Veene	28.44	199303128	28.59	+0,79
7. Anouk van der Pligt	ZOB'66	28.55	199303296	28.68	+0,65
8. Isabelle Massar	WVZ	28.39	199102034	28.79	+0,79
9. Iris Pijtak	AZ&PC	28.66	199300602	29.02	+0,70
10. Anne Duijst	De Amer	28.76	198901030	29.09	+0,89
11. Cynthia Grooteboer	SBC2000	29.32	198901462	29.29	+0,79
12. Danica Koedoot	De Schoteijl	28.80	199301034	29.47	+0,75
13. Sanne van der Stelt	Den Doorn	28.68	199303562	29.55	+0,91
14. Kim Wijnja	De Biesboschzwemmers	29.54	199107812	29.98	+0,69
15. Maaïke de Boer	De Duinkickers	29.60	199000362	30.89	+0,77
16. Nynke de Pijper	De Veene	31.53	199300600	31.55	+0,87
17. Lindsey Hol	De Meer	31.10	199008088	31.79	+0,82
18. Suzanne Robbereg	De Meer	31.90	199203132	32.18	+0,80
19. Elske Eikholt	Merlet	35.64	199305032	32.35	+0,85
20. Diana Lammers	De Veene	31.70	198902572	32.48	+0,73
21. Wieteke Jansen	Montferland	32.36	199001750	33.52	+0,94
22. Laura van Dijk	Aquarijn	33.89	198905642	33.69	+0,79
23. Fleur Maas	Zoetermeer	32.70	198902768	33.76	+0,95

Programmanr. 48, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
24.	Eline Schoenmaker	De Duinkickers	33.08	199003322	34.59	+0,68
25.	Gerlinde van de Wetering	Deltasteur	32.97	198904678	34.78	+1,05
26.	Liesbeth Bruinekoel	Zuiderzeezwemmers	48.27	199007958	50.06	+0,77

Masters 25+

1.	Pauline Gouwens	DWK	26.13	198400790	26.46	+0,79
	<i>Nederlands Masters Record</i>					
2.	Roshendra Vrolijk	DES	29.04	198403268	28.36	+0,72
3.	Marjan van der Star	WS Twente	28.43	198403192	28.37	+0,84
4.	Sandra Zwaanswijk	DAW	28.29	198503934	28.80	+0,76
5.	Annelette de Vries	WS Twente	28.27	198603908	28.87	+0,79
6.	Merel Siroen	Merlet	28.79	198804006	29.22	+0,84
7.	Sandra Pannekeet	DAW	30.18	198403458	29.28	+0,70
8.	Bianca Paape	DAW	30.42	198502262	30.07	+0,83
9.	Carly Noordermeer	ZOB'66	29.91	198702984	30.17	+0,67
10.	Nienke van Stipriaan	PSV	29.79	198703970	30.27	+0,96
11.	Susanne van der Linden	DIO	30.60	198802736	31.10	+0,83
12.	Channe Noort	DAW	31.53	198605032	31.44	+0,79
13.	Esther Steltenpohl	DAW	31.82	198504116	32.04	+0,76
14.	Siska Post	DIO	31.31	198805562	32.10	+0,81
15.	Renee de Kok	PSV	31.05	198403350	32.42	+0,78
16.	Nicole Verweij	AquAmigos	35.44	198500692	37.17	+0,81
17.	Merel Benthem	ZCNF'34	1:03.14	198706082	S7 1:01.51	
18.	Anne vd Besselaar	Orca	1:01.22	198504062	S8 1:05.94	+1,17
DIS	Marloes Rebel	WS Twente	39.98	198403474		AA
DIS	Roos Lemmen	Eurode KZC	29.54	198403078		AA

Masters 30+

1.	Anke Lambooi	AZL	28.73	198001182	28.49	+0,89
2.	Aur�lie Goffin	Barvaux Aquatique	31.50	BA/002/79	28.75	+0,83
3.	Berdie Eghuizen	HZ&PC Heerenveen	31.67	198301388	30.87	+0,88
4.	Yvette Roozen	DWT	31.75	198000926	31.01	+0,82
5.	Tanja Sterenborg	WWV	31.52	198301916	31.22	+0,88
6.	Mireille Esseveld	De Zijl/LGB	30.32	198302806	31.32	+0,87
7.	Carmen Haan	De Spatters	32.70	197901458	32.09	+0,84

Masters 35+

1.	Monique Boets	Stadskanaal	29.00	197600230	29.05	+0,90
2.	Claudia van Drunen	AquAmigos	29.25	197700810	29.57	+0,75
3.	Larisa Alekseeva	Sprut	31.07	018046	30.69	+0,76
4.	Petra Verstegen	WVZ	31.88	197700906	32.08	+0,84
5.	Marian Nederlof	DWF	31.54	197600950	32.12	+0,83
6.	Kim Brokelman	WS Twente	34.34	197500788	34.26	+0,86
7.	Margriet Leeffers	Deltasteur	34.16	197800448	34.90	+1,02

Masters 40+

1.	Elena Babikova	Sprut	27.97	018010	27.96	+0,98
	<i>Russian Masters Record</i>					
2.	Marjo Goelema-Koek	De Biesboschzwemmers	29.21	196900192	29.53	+0,86
3.	Alexandra de Jong	HPC	29.70	196900926	29.99	+0,90
4.	Ilonka Hesseling	DES	34.72	196900958	31.03	+0,72
5.	Tony de Groot	De Futen	32.06	197300758	32.36	+0,84
6.	Esther Mijnen	ZV De Zaan	32.13	196900846	32.84	+0,84
7.	Henri�tte Manting	GZVW	32.44	197100246	33.02	+0,97
8.	Ageeth Boomsma	Orca	33.64	197000826	33.45	+0,87
9.	Joyce Brummelkamp	ZVVS	35.17	197000952	33.86	+0,88
10.	Antoinette Kant	Den Doorn	33.86	196900920	34.58	+0,88
11.	Irna van der Molen	WS Twente	33.84	196900938	34.66	+0,79
12.	Claudia Sutin	De Schelde	36.85	197200908	35.60	+0,81
13.	Marleen Prins	De Fuut	40.75	197300864	39.24	+0,81

Programmanr. 48, Dames, 50m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
14.	Ineke Branderhorst	Den Doorn	41.94	196900918	41.46	+1,05
15.	Jorga den Ouden	De Geul	41.10	197000936	41.78	+0,98
16.	Klasien Blankestijn	De Duinkickers	49.06	196900934	47.72	+0,99
NG.ZA	Nadezhda Blagova	Sprut	30.58	018006		

Masters 45+

1.	Annette Wijnja-Visser	De Biesboschzwemmers	30.27	196700528	31.16	+0,80
2.	Chita van der Goorbergh	Zoetermeer	31.58	196800762	31.27	+0,78
3.	Yolanda Mante	Gay Swim Amsterdam	34.13	196600432	33.88	+0,74
4.	Wilna Heijman	't Tolhekke	33.29	196400506	34.13	+0,90
5.	Annemarie Smit	Gay Swim Amsterdam	36.87	196700440	34.29	+0,96
6.	Ingeborg Stokx	DAW	37.08	196700666	36.74	+0,71
7.	Jeanette Smits	Orca	36.38	196600312	36.80	+0,82
8.	Haya Mellema	Aquapoldro	44.98	196600482	45.05	
9.	Riekie Schra	Steenwijk 1934	48.92	196400404	54.19	+1,35

Masters 50+

1.	Marja Bloemzaad	AZ&PC	29.47	196100014	29.79	+0,79
2.	Ada de Voogd	ZVVS	34.23	195900280	33.68	+0,82
3.	Marijke Kraak-Beckers	WS Twente	32.75	196000240	33.73	+0,96

Masters 55+

1.	Atie Pijtak-Radersma	AZ&PC	30.58	195600048	31.23	+0,77
2.	Patty Krupiarz	PSV	34.62	195400074	34.83	+0,76
3.	Tatyana Shalganova	Sprut	39.87	018038	40.78	+1,18
4.	Karien Musters	Old Dutch	51.34	195800236	46.71	

Masters 60+

1.	Alison Gilbert	De Futen	34.11	195300068	35.40	+0,93
2.	Geerdien Meerwaldt	Van Vliet-Barracuda	50.25	195200058	50.16	+1,13
3.	Anna de Weert	Gay Swim Amsterdam	53.46	194900020	53.42	

Masters 65+

1.	Annie Smits	PSV	42.12	194600016	43.29	+1,25
2.	Loekie v. Huissteden	AZ&PC	44.15	194500002	45.19	+0,97
3.	Mieke Strijbis-v.d.Kroft	DAW	46.97	194500004	47.12	+1,16
4.	Annet Verhoeven	De Duinkickers	48.91	194600024	48.34	+1,12

Masters 70+

1.	Truus Ruiter	Old Dutch	50.07	194000004	52.61	+0,91
AFGEM	Elisabeth Ketelsen	Swim Team Taastrup	35.38	4322AA		

Masters 75+

1.	Lottie Geurts	PSV	39.40	193500006	41.49	+1,22
2.	Tineke de Bueger	Old Dutch	1:03.50	193700010	1:07.88	+1,20

Programmanr. 49
27-01-2013 - 16:40

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris	De Schotejil	23.29	199202327	23.56	+0,69
2.	Jos de Graaf	PSV	24.60	199106095	24.49	+0,72
3.	Tyrick de Kort	DES	26.96	198906745	25.57	+0,75
4.	Patrick Creemers	De Roersoppers	25.64	199000579	25.71	+0,75
5.	Sjoerd Sieval	LZ 1886	25.36	199002663	25.74	+0,75
6.	Jelte Schuurmans	Merlet	24.97	199104841	25.98	+0,77
7.	Nick Baron	WVZ	26.08	199103533	26.30	+0,72
8.	Dennis van Oosterhout	SBC2000	25.92	198902337	26.41	+0,80
9.	Erwin Sneek	De Futen	27.07	199102153	26.57	+0,73
10.	Ruben Stolk	ZOB'66	26.83	199005665	26.60	+0,72
11.	Joppe Schuurmans	Merlet	25.86	198905447	26.80	+0,69
12.	Mike Stoffer	WVZ	25.67	198903041	26.88	+0,72
13.	Mark Pijtak	AZ&PC	26.79	199002287	27.26	+0,77
14.	Martijn van Hoorn	De Schotejil	25.73	198901343	27.30	+0,76
15.	Bas Zierikzee	LZ 1886	27.72	199204321	28.67	+0,86
16.	Rens Mahler	Merlet	29.47	199206411	29.56	+0,70
17.	Ruben de Boer	De Duinkickers	31.54	199301419	31.21	+0,77
18.	Danny Vochteloo	De Spatters	41.03	199207251	38.45	+1,05
Masters 25+						
1.	Jean Pierre Bisslik	DES	26.71	198705243	24.93	+0,62
2.	Roderik Meijers	ZOB'66	25.02	198602063	24.95	+0,76
3.	Jan van Opstal	Hieronymus	25.29	198602291	25.34	+0,66
4.	Sander van Elburg	Het Y	25.61	198800937	25.49	+0,76
5.	Bastian Zoon	De Gooye	25.83	198703929	25.71	+0,71
6.	Erik van der Heide	Zuiderzeezwemmers	25.34	198801337	25.73	+0,74
7.	Richard Huisken	ZPC De Hof	25.54	198501141	25.98	+0,73
8.	Emiel Huisken	ZPC De Hof	25.57	198501139	26.08	+0,71
9.	Ronald Vullings	Merlet	25.34	198703655	26.59	+0,90
10.	Eric Bisslik	DES	26.80	198403265	26.79	+0,65
11.	Niels Albrechts	De Schotejil	27.07	198800039	27.63	+0,84
12.	Arjen van der Boom	Zignea	27.11	198604449	27.97	+0,92
13.	Mark Effing	Merlet	27.11	198600761	28.24	+0,80
14.	Elmar Steenhof	ZVW'74	28.07	198502481	28.52	+0,80
15.	Lars Erik Beute	't Tolhekke	28.45	198600227	28.72	+0,96
16.	Robbert Hessing	De Duinkickers	31.20	198705269	31.18	+0,80
17.	Wesley Determann	De Amer	33.67	198806107	33.88	+0,90
Masters 30+						
1.	Nol van Thull	ZOB'66	24.77	198001513	24.54	+0,81
	<i>Kampioenschaps Record</i>					
2.	Lauren Vis	Steenwijk 1934	25.51	198201883	25.03	+0,71
3.	Bas van den Nouwelant	ZVVS	26.20	198001103	25.69	+0,80
4.	Mark Zwart	Zwemlust-den Hommel	26.31	197901461	26.44	+0,84
5.	Remco van Althuis	SBC2000	26.34	198300029	26.89	+0,88
6.	Rutger Stam	De Amer	27.35	198102463	27.10	+0,72
7.	Dirkjan Beugelsdijk	De Zijl/LGB	26.48	198100123	27.46	+0,76
8.	Bas v.d. Laan	WVZ	27.09	198302471	27.92	+0,82
9.	Gino Martijn	RZ	28.32	197901865	28.43	+0,74
	Joel Kapelle	ZVW'74	28.16	198200857	28.43	+0,81
11.	Jos Timmermans	Stadskanaal	28.58	197901223	28.63	+0,83
12.	Hans Cligge	De Futen	31.28	198100315	30.07	+0,72
13.	Remco Veerkamp	Zuiderzeezwemmers	34.08	198102311	34.01	+0,93

Programmanr. 49, Heren, 50m vrije slag

Masters 35+

1.	Casper Hut	HZ&PC Heerenveen	24.95	197800471	24.26	+0,69
	<i>Kampioenschaps Record</i>					
2.	Jeroen Zelsmann	AZ&PC	25.28	197701551	24.82	+0,71
3.	Roland de Jong	Eurode KZC	26.03	197601513	25.40	+0,72
4.	Robin Sprinkhuizen	De Zijl/LGB	27.30	197400767	26.36	+0,81
5.	Joost Roelofs	Upstream Amsterdam	26.14	197601337	26.46	+0,81
6.	Alex Damen	DAW	27.80	197501371	26.66	+0,73
7.	Vincent Versteeg	Zwemlust-den Hommel	26.68	197701003	26.68	+0,74
8.	Victor Barnar	GoSwim	28.35	197801805	27.63	+0,83
9.	Erwin Zuidervelt	De Futen	27.16	197501015	28.09	+0,76
10.	Bas Spoelstra	De Futen	31.58	197701573	28.60	+0,79
11.	Peter Lutjes	Stadskanaal	28.43	197601471	29.05	+0,83
12.	Pieter Ponne	HZ&PC Heerenveen	29.48	197600749	29.58	+0,78
13.	René Benne	ZVZ	31.14	197501317	31.83	+0,91

Masters 40+

1.	Rogier Becker	De Dinkel	29.70	197301439	29.25	+0,78
2.	Erik Veltman	Stadskanaal	29.58	197200941	29.70	+0,91
3.	Marco de Bat	De Schelde	29.08	197101467	29.71	+0,75
4.	Tiemen Stegenga	HZ&PC Heerenveen	29.12	197101379	29.77	+0,84
5.	Marcel Brittijn	De Duinkickers	29.22	196900159	30.26	+0,76
6.	Alex Hagedoorn	Stadskanaal	31.06	197100319	30.71	+0,89
7.	Ruud Endenburg	Gay Swim Amsterdam	29.80	196901453	30.96	+0,73
8.	Bas van Gool	De Geul	35.24	197201435	35.82	+0,93
9.	Marco Pijpelink	De Schelde	38.92	196901635	38.66	+0,82
DIS	David Blom	AZ&PC	29.50	197001577		AA
NG	Harry Cornet	De Biesboschzwemmers	25.42	197100175		

Masters 45+

1.	Geert Wijn	De Gelenberg	26.25	196701101	26.15	+0,74
2.	Igor Penchukov	Sprut	27.23	102154	27.20	+0,84
3.	Wiljam Nijenhuis	De IJsel	27.64	196400547	27.82	+0,90
4.	Maarten de Pooter	De Schelde	28.56	196600615	28.11	+0,73
5.	Peter Hesseling	DES	28.77	196401397	28.18	+0,73
6.	John Stokx	DAW	28.34	196401341	28.38	+0,75
7.	Theo Bakker	TriVia	28.30	196401231	28.59	+0,74
8.	Paul de Boer	De Amer	28.34	196801413	28.69	+0,82
9.	Nico Swart	Den Doorn	28.17	196801475	29.38	+0,87
10.	Marc Wouters	PSV	29.07	196501501	29.55	+0,83
11.	Eric Giling	De Fuut	31.02	196400237	30.17	+0,76
12.	Frank van den Haak	Gay Swim Amsterdam	29.69	196601429	30.41	+0,70
13.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	29.80	196501027	30.70	+0,83
14.	Huyb Stegeman	Steenwijk 1934	30.80	196701535	31.33	+0,85
15.	Roelof Broekman	De Spatters	30.54	196800155	31.74	+0,80
16.	Henk van Zetten	Octopus	33.13	196701261	35.74	+0,98
NG	Robert Witvliet	Zoetermeer	34.84	196601507		

Masters 50+

1.	Cees van Houwelingen	De Schelde	25.19	196300351	25.40	+0,88
	<i>Nederlands Masters Record</i>					
2.	Dmitry Kromskiy	Poseidon	26.32	037011	26.63	+0,89
3.	Iurii Perin	Spartak	29.20	030044	26.72	+0,87
4.	Robert Vink	WWV	27.79	196301075	27.87	+0,85
5.	Arlandas Juodeska	Takas	28.83	1961JJO	28.71	+0,79
6.	Tom Dimmendaal	Oceanus	29.65	196301011	30.01	+0,88
7.	Rudolf Meijer	De Amer	30.41	196000995	30.11	+0,97
8.	Michiel Klaren	PSV	30.26	196201087	30.36	+0,89
9.	Jan van der Meer	Upstream Amsterdam	32.88	196200439	31.01	+0,74
10.	Jack Barends	WS Twente	30.55	196201011	31.56	+0,89
11.	Casper Dollekamp	Steenwijk 1934	30.36	196301341	32.07	+0,86
12.	John Dam	Zignea	31.73	196000915	32.10	+0,88

Programmanr. 49, Heren, 50m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
13.	Robert Meulenbroek	Gay Swim Amsterdam	34.24	196300523	32.87	+0,86
14.	John Tersteeg	De Fuut	33.57	196001039	33.59	+0,84
15.	Arie van Damme	't Tolhekke	35.21	196101029	34.09	+0,84
16.	Ton Witkamp	WVZ	39.15	196101089	34.73	+0,84
17.	Herbert Katgert	WS Twente	34.79	195900739	36.97	+1,20
NG.ZA	Hans Luchies	De Berkelduikers	28.88	196101069		

Masters 55+

1.	Marten de Groot <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	26.47	195800149	26.88	+0,77
2.	Henk Slomp	De Pinquin	30.15	195500359	30.34	+0,83
3.	Evertjan Masurel	PSV	30.93	195600495	30.52	+0,85
4.	Fred Zanting	TriVia	30.89	195400323	31.31	+1,00

Masters 60+

1.	Ruud Ruiter	WWV	30.44	195300169	30.08	+1,03
2.	Piet Schop	De Bevelanders	31.24	195000109	31.01	+0,71
3.	Jos Kamps	De Amer	32.46	195100085	33.57	+0,95
NG	Bert Veerkamp	Zuiderzeewimmers	51.29	195200271		

Masters 65+

1.	Theo Schouten	WWV	31.73	194600161	31.53	+0,91
2.	Jaap Kwakkel	DAW	31.17	194700157	32.17	+0,84
3.	Wout Hemmes	De Plons	35.27	194800059	32.38	+0,86
4.	Viktoras Snieska <i>Lithuanian Masters Record</i>	Takas	32.98	1947SNI	32.94	+0,99
5.	Willem Putter	ZVVS	34.56	194500135	33.59	+0,96
6.	Ruud Sloof	De Rijn	34.35	194400073	35.73	+1,00
7.	Mans Buis	Het Ravijn	37.16	194700133	36.75	+0,93
8.	Mar van Geel	Old Dutch	37.54	194700135	38.35	+1,13

Masters 70+

1.	Frans van Enst	WS Twente	32.08	194000011	33.77	+1,01
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Masters 75+

1.	Nico Geers <i>Kampioenschaps Record</i>	Z&PC De Gouwe	32.70	193800007	34.61	+0,94
2.	Gregor Pompen	Aqua-Novio'94	38.45	193700021	39.77	+0,88

Masters 85+

1.	Vladas Vimbaras <i>Lithuanian Masters Record</i>	Takas	50.12	1927VIM	50.63	+1,02
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Programmanr. 50
27-01-2013 - 16:58

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Chantal Nap <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	1:03.27 198903004	1:03.20	+0,79	29.46	1:03.20
2. Yvon Versteeg	De Veene	1:07.70 199201864	1:07.29	+0,82	31.29	1:07.29
3. Jen-Ai van Soelen	Zuiderzeezwimmers	1:07.69 199003510	1:08.72	+0,68	31.72	1:08.72
4. Kim Wijnja	De Biesboschswimmers	1:12.80 199107812	1:12.60	+0,76	33.46	1:12.60
5. Désirée Emmen	De Warande	1:10.40 199204862	1:13.50	+0,68	32.93	1:13.50
6. Maaïke Vooren	DAW	1:15.69 199103324	1:14.81	+0,84	34.68	1:14.81
7. Simone de Boer	LZ 1886	1:13.96 199306858	1:14.92	+0,79	34.66	1:14.92
8. Wendy de Bruin	ZOB'66	1:15.81 199206320	1:15.68	+0,67	33.64	1:15.68
9. Whitley Rens	De Schotejil	1:16.14 199007520	1:18.96		36.77	1:18.96
10. Désirée Hulsmeyjer	Het Ravijn	1:17.30 199001656	1:19.27	+0,79	35.32	1:19.27
11. Anke Meulendijks	D'Elft WAVE (SG)	1:21.45 199108470	1:21.05	+0,86	36.53	1:21.05
12. Nynke de Pijper	De Veene	1:22.76 199300600	1:22.33	+0,83	35.35	1:22.33
13. Claudia Creemers	De Roersoppers	1:24.51 199202864	1:33.14	+0,82	40.25	1:33.14
Masters 25+						
1. Pauline Gouwens <i>Nederlands Masters Record</i>	DWK	1:04.27 198400790	1:04.04	+0,75	29.84	1:04.04
2. Stephanie Rombout	PSV	1:04.30 198803696	1:08.18	+0,80	31.20	1:08.18
3. Samantha van Eijk	De Geul	1:14.04 198806826	1:12.17	+0,74	33.95	1:12.17
4. Roshendra Vrolijk	DES	1:15.03 198403268	1:12.93	+0,73	33.51	1:12.93
5. Nienke van Stipriaan	PSV	1:14.38 198703970	1:13.79	+0,92	34.23	1:13.79
6. Christien Kruithof	Stadskanaal	1:13.36 198602124	1:14.68	+0,81	33.29	1:14.68
7. Karin van Dijk	HZ&PC Heerenveen	1:14.58 198600850	1:16.19	+0,80	34.13	1:16.19
8. Annelette de Vries	WS Twente	1:14.36 198603908	1:18.40	+0,82	35.09	1:18.40
9. Liset de Veer	Aqua-Novio'94	1:19.22 198704190	1:20.70	+0,88	37.09	1:20.70
10. Maaïke van Diggele	ZPB H&L Productions	1:18.28 198700868	1:22.56	+0,86	36.72	1:22.56
11. Esther van Maastrigt	Montferland	1:20.25 198802836	1:23.25	+0,79	38.15	1:23.25
12. Sabine Duijst	De Amer	1:23.58 198701032	1:25.13	+1,00	38.68	1:25.13
13. Annette Vogelsang	ZV De Bron	1:25.36 198402632	1:25.71	+0,92	38.93	1:25.71
Masters 30+						
1. Nadya Putter	ZVVS	1:09.23 198301630	1:08.97	+0,58	32.69	1:08.97
2. Roos van Esch	TRB-RES	1:10.91 198200468	1:11.15	+0,91	33.03	1:11.15
3. Esther Versteeg	Van Vliet-Barracuda	1:10.84 198302112	1:11.42	+0,88	33.81	1:11.42
4. Kristel Lips	ZV De Bron	1:22.56 197900562	1:24.27	+0,98	38.56	1:24.27
5. Andrea van Leeuwen	De Zijl/LGB	1:25.20 198100904	1:28.09	+0,97	39.14	1:28.09
Masters 35+						
1. Diane Scholing	Het Ravijn	1:20.36 197701090	1:23.82	+0,75	38.17	1:23.82
2. Clementine van Bruxvoort	ZPB H&L Productions	1:42.53 197700138	1:48.49	+0,96	49.67	1:48.49
Masters 40+						
1. Lidia v. Bon-Rosenbrand	AZ&PC	1:14.05 197000054	1:15.25	+0,67	35.61	1:15.25
2. Cynthia Noordermeer	Het Y	1:17.07 197000358	1:18.08	+0,91	36.12	1:18.08
Masters 45+						
1. Karin van den Heuvel	Old Dutch	1:25.94 196600188	1:29.36	+1,00	41.11	1:29.36
2. Ramune Ivanauskaitė <i>Lithuanian Masters Record</i>	Takas	1:35.53 1964IVA	1:30.85	+0,79	41.24	1:30.85
3. Miranda Keijl	Zignea	1:34.06 196500588	1:33.57	+0,96	44.63	1:33.57
4. Hetty Smalheer	SCOM	1:34.98 196700352	1:39.49	+0,98	45.18	1:39.49

Programmanr. 50, Dames, 100m vlinderslag

Masters 50+

1. Anita Bottger	De Berkelduikers	1:19.75	196300498	1:18.58	+0,69	36.97	1:18.58
2. Jacqueline Rolloos-Bakker	De Lansingh	1:20.13	196300222	1:20.55	+0,89	36.85	1:20.55
3. Margriet Grove-Lingeman	Oceanus	1:18.96	196200080	1:21.31	+0,85	36.90	1:21.31
4. Loreta Kabasinskiene	Takas	1:42.45	1963KAB	1:37.61	+0,99	43.52	1:37.61
<i>Lithuanian Masters Record</i>							
5. Marjan Spoelstra	Swol 1894	1:48.35	196000236	1:46.47	+0,74	49.85	1:46.47
DIS Joke Burgers	Swol 1894	1:51.34	196000226		AF		

Masters 55+

1. Mathilde Vink	Swol 1894	1:14.38	195800128	1:17.53	+1,03	36.78	1:17.53
<i>Nederlands Masters Record</i>							
2. Monica Bakker	ZVZ	1:42.92	195600082	1:42.54	+1,14	46.41	1:42.54

Programmanr. 51
27-01-2013 - 17:11

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Jos de Graaf	PSV	1:04.46	199106095	59.11	+0,70	27.13	59.11
2. Joost Rijntjes	LZ 1886	59.43	199101899	1:00.01	+0,73	27.59	1:00.01
3. Mark Costeris	De Schotejil	59.10	199202327	1:00.66	+0,71	28.44	1:00.66
4. Raoul Engelenburg	Het Y	1:01.45	198900843	1:02.58	+0,61	29.38	1:02.58
5. Thomas Hansen	LZ 1886	1:02.22	199204327	1:02.90	+0,72	29.30	1:02.90
6. Tim Bunnik	Triton	1:04.04	199000505	1:03.00	+0,80	29.15	1:03.00
7. Ruben Stolk	ZOB'66	1:05.09	199005665	1:04.77	+0,76	30.18	1:04.77
8. Erwin Sneek	De Futen	1:05.33	199102153	1:06.22	+0,73	30.87	1:06.22
9. Rens Post	WVZ	1:08.54	199101827	1:09.88	+0,75	31.09	1:09.88
10. Pieter Pijnenburg	De Warande	1:07.78	199305227	1:10.35	+0,77	32.20	1:10.35
11. Tyrick de Kort	DES	1:17.42	198906745	1:12.12	+0,76	32.92	1:12.12
12. Sven van Zanten	De Duinkickers	1:08.92	199003405	1:17.70	+0,76	33.16	1:17.70
Masters 25+							
1. Filipp Müller	Piranha	57.90	198604633	56.62	+0,77	26.30	56.62
<i>Nederlands Masters Record</i>							
2. Jean Pierre Bisslik	DES	1:04.26	198705243	59.63	+0,59	27.69	59.63
3. Rick Driezen	Steenwijk 1934	1:00.47	198600713	1:01.41	+0,94	28.68	1:01.41
4. Daan Glorie	DAW	1:02.97	198801115	1:02.45	+0,84	29.32	1:02.45
5. Erwin van Boven	SBC2000	1:02.21	198500343	1:03.12	+0,77	29.10	1:03.12
6. Sander van Elburg	Het Y	1:03.64	198800937	1:04.04	+0,75	29.51	1:04.04
7. Jan van Opstal	Hieronymus	1:04.06	198602291	1:04.52	+0,79	30.31	1:04.52
8. Thommy Nickel	Van Vliet-Barracuda	1:04.91	198401627	1:05.75	+0,74	30.27	1:05.75
9. Jauke Hamstra	Deltasteur	1:05.57	198601089	1:06.86	+0,86	30.61	1:06.86
10. Remko Hoof	De Duinkickers	1:05.71	198701405	1:10.08	+0,73	32.09	1:10.08
11. Wesley van Diejen	PSV	1:09.88	198604551	1:11.54	+0,81	32.95	1:11.54
Masters 30+							
1. Thijs van Valkengoed	WVZ	1:02.70	198302141	1:01.00	+0,70	28.11	1:01.00
2. Lauren Vis	Steenwijk 1934	1:06.02	198201883	1:02.58	+0,70	28.54	1:02.58
3. Erik Kusters	Noord Veluwe	1:04.64	198000837	1:03.87	+0,88	29.60	1:03.87
4. Alexander Hulleman	Steenwijk 1934	1:05.14	198300989	1:05.08	+0,80	30.06	1:05.08
5. Pieter Pickhardt	ZPC De Hof	1:06.14	198301657	1:05.52	+0,88	30.16	1:05.52
6. Marcel Reefhuis	WS Twente	1:07.26	198101381	1:07.09	+0,83	30.87	1:07.09
7. Leander Noordijk	De Schotejil	1:06.10	198101221	1:07.13	+0,99	30.63	1:07.13
8. Jeroen Vogelsang	DAW	1:14.17	198001645	1:11.89	+0,87	33.69	1:11.89
9. Ingmar Kooman	De Zijl/LGB	1:14.78	197901517	1:13.71	+0,87	33.84	1:13.71

Programmanr. 51, Heren, 100m vlinderslag

Masters 35+

1. Evgeny Ryzhov	Sprut	59.17	102628	58.85	+0,69	27.13	58.85
<i>Kampioenschaps Record</i>							
2. Casper Hut	HZ&PC Heerenveen	1:02.78	197800471	59.56	+0,69	27.93	59.56
3. Egbert Stolk	D'Elft WAVE (SG)	1:02.93	197600889	1:03.36	+0,76	29.48	1:03.36
4. Dennis Schouten	Upstream Amsterdam	1:07.67	197501351	1:04.64	+0,81	30.09	1:04.64
DIS Kars Luttik	DAW	1:05.47	197800675			AB	

Masters 40+

1. René Beetsma	HZ&PC Heerenveen	1:05.60	196900069	1:05.67	+0,80	30.39	1:05.67
2. Richard Rickson	HGN (SG)	1:05.50	197000841	1:06.18	+0,88	31.02	1:06.18
3. Heiner Stevens	Zignea	1:08.15	197201299	1:08.65	+0,85	31.14	1:08.65
4. Arvydas Burinskis	Takas	1:10.53	1969BUR	1:08.71	+0,86	32.24	1:08.71
5. Paul van den Heuvel	Arethusa	1:10.36	197000441	1:09.57	+0,87	33.05	1:09.57
6. Hans Schoenmakers	DAW	1:15.15	196900863	1:15.93	+0,91	34.10	1:15.93
7. Marco de Bat	De Schelde	1:20.77	197101467	1:19.12	+0,81	36.07	1:19.12
NG Arjon de Bok	De Biesboschzweimmers	1:06.62	196900125				

Masters 45+

1. Arnold de Rover	De Futen	1:08.85	196400645	1:09.84	+0,90	32.59	1:09.84
2. Ron Korzelius	AZ&PC	1:16.54	196500513	1:13.19	+0,85	32.63	1:13.19
3. Danny Zulver	ZVVS	1:17.62	196701617	1:19.21	+0,89	34.53	1:19.21
4. Bart van Betuw	Zegenwerp	1:20.46	196500087	1:24.54	+0,84	38.14	1:24.54
5. Jan Smalheer	SCOM	1:24.79	196400701	1:24.88	+1,15	39.90	1:24.88
NG.ZA Konstantin Sklyar	TG Lage	1:11.81	321129				

Masters 50+

1. Peter van Vuuren	Upstream Amsterdam	1:19.51	196000641	1:14.08	+0,90	32.80	1:14.08
2. Evert Jan Verweij	Swol 1894	1:13.12	196301143	1:14.77	+0,83	34.78	1:14.77
3. Tom Dimmendaal	Oceanus	1:17.19	196301011	1:17.79	+0,96	34.91	1:17.79
4. Jan Willem Heuten	WS Twente	1:21.95	196000883	1:22.55	+0,94	38.78	1:22.55

Masters 55+

1. Hugo Bregman	WVZ	1:01.78	195800069	1:00.58	+0,89	28.28	1:00.58
<i>Europees Masters Record</i>							
2. Fred Zanting	TriVia	1:22.10	195400323	1:26.89	+1,11	39.84	1:26.89

Masters 60+

1. Ruud Ruiters	WWV	1:29.88	195300169	1:28.49	+1,17	40.30	1:28.49
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Masters 65+

DIS Jaap Kwakkel	DAW	1:36.18	194700157			AA	
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Masters 70+

1. Gustave Lempereur	CHAT	1:30.78	CHAT/099/42	1:32.72	+1,00	42.23	1:32.72
<i>Kampioenschaps Record</i>							
2. Rob Hanou	PSV	1:31.86	194300109	1:34.70	+1,04	44.01	1:34.70
<i>Nederlands Masters Record</i>							

Programmanr. 52
27-01-2013 - 17:31

Gemengd, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+					
1.	ZOB'66 <i>Nederlands Masters Record</i>	1:49.47		1:48.16	+0,64
	Anouk van der Pliigt 93 +0,64 28.67	Carly Noordermeer 87 +0,27 29.62			
	Roderik Meijers 86 +0,34 24.47	Marcel Noordermeer 90 +0,21 25.40			
2.	WVZ	1:52.50		1:51.29	+0,81
	Lisette Prins 88 +0,81 31.52	Thijs van Valkengoed 83 +0,39 25.31			
	Isabelle Massar 91 +1,55 28.72	Nick Baron 91 +0,45 25.74			
3.	De Schotejil 1	1:52.11		1:51.81	+0,74
	Thijs Tromper 87 +0,74 28.40	Whitley Rens 90 +0,36 30.85			
	Danica Koedoot 93 +0,45 29.49	Mark Costeris 92 +0,31 23.07			
4.	LZ 1886 1	1:52.92		1:52.09	+0,75
	Simone de Boer 93 +0,75 29.48	Janet van der Poel 93 +0,18 28.68			
	Bas Zierkzee 92 +0,21 27.87	Thomas Hansen 92 +0,26 26.06			
5.	Merlet 1	1:59.24		1:58.04	+0,86
	Elske Eikholt 93 +0,86 33.09	Merel Siroen 88 +0,66 30.18			
	Rens Mahler 92 +0,28 28.94	Ronald Vullings 87 +0,24 25.83			
100+					
1.	Zuiderzeewimmers 1	1:49.23		1:47.60	+0,79
	Lisanne Andeweg 88 +0,79 29.19	Jen-Ai van Soelen 90 +0,15 27.94			
	Ralf van der Poel 84 +0,08 25.40	Erik van der Heide 88 +0,05 25.07			
2.	PSV 1	1:50.15		1:50.32	+0,76
	Wesley van Diejen 86 +0,76 27.97	Stephanie Rombout 88 +0,42 27.47			
	Liselotte Joling 75 +0,69 30.29	Jos de Graaf 91 +0,43 24.59			
3.	SBC2000 1	1:51.46		1:52.23	+0,75
	Erwin van Boven 85 +0,75 25.97	Margot Stenveld 88 +0,40 30.75			
	Cynthia Grootenboer 89 +0,36 29.20	Dennis van Oosterhout 89 +0,41 26.31			
4.	De Amer 1	1:54.66		1:53.70	+0,75
	Rutger Stam 81 +0,75 27.20	Anne Duijst 89 +0,41 28.79			
	Sabine Duijst 87 +0,29 32.08	Dick Kampman 88 +0,25 25.63			
5.	Montferland 1	1:52.74		1:54.92	+0,75
	Martijn Giezen 85 +0,75 26.57	Roel van Beek 89 +0,46 27.05			
	Marjje Jansen 85 +0,51 29.96	Esther van Maastrigt 88 +0,32 31.34			
6.	DAW 2	2:02.17		1:59.22	+0,78
	Channe Noort 86 +0,78 31.63	Esther Steltenpohl 85 +0,43 32.13			
	Jeroen Vogelsang 80 +0,40 29.11	Daan Glorie 88 +0,24 26.35			
7.	De Duinkickers 1	1:59.64		2:02.30	+0,84
	Rowie Hooft 93 +0,84 33.29	Maaïke de Boer 90 +0,70 31.00			
	Marcel Brittin 69 +0,50 30.66	Remko Hooft 87 +0,40 27.35			
120+					
1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	1:46.50		1:44.78	+0,75
	René Beetsma 69 +0,75 26.40	Chantal Nap 89 +0,26 26.87			
	Nanda de Vries 92 +0,30 27.64	Casper Hut 78 +0,39 23.87			
2.	DAW 1	1:51.60		1:52.23	+0,69
	Ron Langelaan 78 +0,69 28.06	Laura Badoux 82 +0,50 29.23			
	Sandra Zwaanswijk 85 +0,38 28.31	Kars Luttk 78 +0,27 26.63			
3.	WS Twente 2	1:54.02		1:55.71	+0,79
	Marjan van der Star 84 +0,79 28.73	Annelette de Vries 86 +0,40 28.50			
	Joop Weenink 68 +0,46 31.73	Marcel Reefhuis 81 +0,38 26.75			
4.	HZ&PC Heerenveen 2	2:02.80		1:59.53	+0,75
	Pieter Ponne 76 +0,75 29.71	Berdie Eghuizen 83 +0,42 30.68			
	Karin van Dijk 86 +0,31 30.04	Tiemen Stegenga 71 +0,42 29.10			
5.	AZ&PC 1	2:04.03		2:00.83	+0,94
	Ronald Pijtak 61 +0,94 33.68	Iris Pijtak 93 +0,20 28.52			
	Atie Pijtak-Radersma 56 +0,26 31.15	Mark Pijtak 90 +0,24 27.48			

Programmanr. 52, Gemengd, 4 x 50m vrije slag, 120+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	De Zijl/LGB 1	1:59.80		2:01.86	+0,86
	Mireille Esseveld	83 +0,86 31.68	Andrea van Leeuwen	81 +0,62 33.12	
	Dirkjan Beugelsdijk	81 +0,04 26.43	Ingmar Kooman	79 +0,52 30.63	

160+

1.	De Futen 1	2:00.75		1:57.91	+1,00
	Alison Gilbert	53 +1,00 34.02	Tony de Groot	73 +0,46 31.63	
	Arnold de Rover	64 +0,26 26.64	Erwin Sneek	91 +0,11 25.62	
2.	DAW 3	2:06.78		2:01.48	+0,85
	Bianca Paape	85 +0,85 29.87	John Stokx	64 +0,21 28.40	
	Ingeborg Stokx	67 +0,30 36.71	Alex Damen	75 +0,27 26.50	
3.	PSV 2	2:04.10		2:03.97	+1,01
	Rob Hanou	43 +1,01 35.26	Nienke van Stipriaan	87 +0,46 29.85	
	Renee de Kok	84 +0,23 31.62	Harold Matla	68 +0,37 27.24	
4.	AquAmigos 1	2:04.00		2:04.85	+0,78
	Claudia van Drunen	77 +0,78 29.53	Joost de Kroon	64 +0,03 29.19	
	Nicole Verweij	85 +0,40 36.45	Willem Zwiers	58 +0,29 29.68	
5.	WVZ 2	2:17.33		2:06.23	+0,86
	Petra Versteegen	77 +0,86 32.58	Hugo Bregman	58 +0,21 26.70	
	Tessa Verheijdt	89 +0,46 33.11	Ton Witkamp	61 +0,65 33.84	
6.	AZ&PC 2	2:11.99		2:11.38	+0,69
	Jeroen Zelsmann	77 +0,69 24.49	Loekie v. Huissteden	45 +0,32 45.96	
	David Blom	70 +0,52 31.71	Marja Bloemzaad	61 +0,33 29.22	
7.	WS Twente 3	2:12.96		2:11.51	+0,87
	Jeannette Ruesink	63 +0,87 33.40	Ima van der Molen	69 +0,64 34.42	
	Jan de Lange	65 +0,22 32.00	Bart van Calker	61 +0,18 31.69	
8.	Swol 1894 1	2:05.79		2:12.12	+0,91
	Kasper van den Berghe	73 +0,91 29.20	Annemarie Vuist	63 +0,39 34.49	
	Marjan Spoelstra	60 +1,85 37.49	Evert Jan Verweij	63 +0,66 30.94	
9.	Den Doorn 1	2:12.79		2:17.70	+0,80
	Wouter van der Stelt	72 +0,80 30.41	Antoinette Kant	69 +0,50 35.23	
	Ineke Branderhorst	69 +0,46 42.49	Nico Swart	68 +0,38 29.57	
10.	WS Twente 4	2:15.14		2:18.27	+0,74
	Monique Gerritsen	65 +0,74 34.58	Kim Brokelman	75 +0,49 35.28	
	Herbert Katgert	59 +0,22 36.27	Jan Willem Heuten	60 +0,32 32.14	
NG	De Biesboschzwemmers 1	1:52.02			

200+

1.	ZVVS 1	2:15.91		2:13.00	+0,81
	Ada de Voogd	59 +0,81 33.19	Joyce Brummelkamp	70 +0,43 33.67	
	Willem Putter	45 +0,74 33.70	Harry Paas	58 +0,68 32.44	
2.	DAW 4	2:18.46		2:21.81	+0,92
	Jaap Kwakkel	47 +0,92 33.47	Maaikje Vooren	91 +0,46 30.61	
	Mieke Strijbis-v.d.Kroft	45 +0,49 47.12	Hans Schoenmakers	69 +0,36 30.61	
3.	Old Dutch 1	2:42.77		2:52.34	+1,13
	Mar van Geel	47 +1,13 39.27	Karin van den Heuvel	66 +0,28 34.81	
	Mies Kuipers	58 +0,74 51.38	Nico Baay	42 +0,74 46.88	

240+

1.	WS Twente 1	2:17.18		2:20.63	+0,79
	Jack Barends	62 +0,79 31.25	Antoinette Gilding-Tussaud	50 +0,62 42.65	
	Marijke Kraak-Beckers	60 33.36	Frans van Enst	40 +0,62 33.37	
2.	Takas 1	3:30.00		2:40.27	+1,08
	<i>Lithuanian Masters Record</i>				
	Ramune Ivanauskaitė	64 +1,08 38.22	Vladas Vimbaras	27 +0,63 35.29	
	Loreta Kabasinskiene	63 +0,90 52.39	Viktoras Snieska	47 +0,79 34.37	